This Weekend



FRIDAY 30% Chance of Rain

SATURDAY 30% Chance of Rain







carrborocitizen.com

JULY 8, 2010 ♦ LOCALLY OWNED AND OPERATED ♦ VOLUME IV NO. XVII



Swamp milkweed hosts milkweed leaf beetles. PHOTO BY KEN MOORE

FLORA by ken moore

See who's coming to dinner!

ook what's in my garden!" That email last week from friend Pete accompanied an

image of a beautiful milkweed leaf beetle.

I immediately went out to my garden, where I have two pots of swamp milkweed partially immersed in a little pool tucked in front of the veggie garden, all of which is enclosed by a curiously constructed deer-, rabbit-, groundhog- and raccoon-proof fence.

And, sure enough, there were two beautiful milkweed leaf beetles, as best I could determine with my meager references, Labidomera clivicollis. Fortunately, Pete already had led me to the likely identification of the beetle that made my investigation much easier. I am in awe of entomologists, who focus on distinguishing characteristics of the thousands and thousands of insect critters all around us. I view insect taxonomy as more complicated than plant taxonomy, but that may be because plants remain stationary. Taking closer looks at the jumping, flying, running insects is something else!

However, this orange-andblack beetle is very accommodating. It doesn't seem to mind being handled, content to walk around on hand and fingers until placed back on its milkweed. The color and patterns of the beetle are really variable. No two are exactly alike. One of my two is bright orange and the other is yellow.

SEE FLORA PAGE 10

INSIDE

One-and-done

See page 7

INDEX



UNC planning massive expansion in Bingham

BY KIRK ROSS

Staff Writer

Plans for expansion are on the grow at the university's Bingham Facility, a 57-acre research site near N.C. 54 in western Orange County.

University officials announced last year that the facility would be home to a new \$14 million project to be funded through American Recovery and Reinvestment funds, but since then the list of proposed new infrastructure and animal research labs has grown, and the university now says it will move the Carrboro-based Frances

Owen Blood Research Laboratory out ity project, told the neighbors that to Bingham as well.

Late last month, university officials briefed county officials and neighbors of the Bingham Facility on the latest plans. UNC and the site's neighbors opened a dialogue after state officials cited and fined the university for repeated wastewater spills. Residents near the facility complained that the university hasn't been forthcoming enough with its plans for the area.

Bob Lowman, UNC's associate vice chancellor for research, who was appointed by Chancellor Holden Thorp to lead the Bingham Facil-

the university wants to provide more transparency regarding the expansion.

Under the plans, the wastewater treatment system for the facility, which was shut down by UNC earlier this year, also will be revamped with a much more expanded spray irrigation field.

While Lowman did not specify the cost of the expansion, neighbors who have been in conversation with university officials say the total could range around \$55 million.

Laura Streitfeld, an organizer and board chair with Preserve Rural Orange, said the expansion has many neighbors worried, in part because they don't know the extent of any damage possibly caused by previous problems at the facility.

Streitfeld said that while neighbors are applauding the move by the university to be more transparent, they'd like to see a more public process for reviewing what happens at the site. Considering the recent problems at the site, Streitfeld said, additional testing and monitoring should be done and if damage is found near Collin Creek or other areas, the university should do the necessary remediation and provide compensation to landowners who have been affected.



It was lovely weather for a change for the Fourth of July celebration in Carrboro last weekend. These little tykes are enjoying the ride during the annual parade up Weaver Street to Town Commons.

PHOTO BY LUCY BUTCHER

Carrboro updates its invasive plants list

BY KIRK ROSS

Staff Writer

CARRBORO – English ivy? No. Chinese privet? Definitely not. Mimosa? Lovely in blossom, perhaps, but insidious. The same goes for bush honeysuckle and Chinese

These are the species at the top of Carrboro's new list of invasive plants, which was formally adopted last month.

The list comes from a recommendation by the town's Environmental Advisory Board and represents legwork on the part of landscaper and board member Matthew Arnsberger.

The town's old list, tucked away in an annex of the town's land-use plan, had a lot of serious flaws, Arnsberger said, not the least of which was that it was based on a list drawn up in New York and wasn't based on realities in North Carolina.

"It was arbitrary and unscientific," Arnsberger said. Several plants on the old list may be causing problems in New England, he said, but

The new list, he said, comes from a list published by the N.C.



PHOTO BY KIRK ROSS

Native Plant Society based on the work of Misty Buchanan, a botanist with the N.C. Natural Heritage Program and a resident of Orange County.

Buchanan said that list is based on a system developed in Tennessee that ranks plants according to their threat to native species. One big advantage of the new system, she said, is that the Native Plant Soci-

ety receives feedback on the list and keeps it updated.

"The idea was to adopt a process rather than just have a static list," Buchanan said.

The five species listed above are classified as severe threats, the top threat level. Their inclusion into the town's zoning code means that they can not be included in any plans submitted by developers.

Arnsberger said the idea of having the list isn't about telling people what they can and can't plant, but to make sure that the plants aren't introduced as a result of new projects.

Common names for other species in the severe-threat category are Tree of Heaven, Garlic-mustard, Alligatorweed, Asian bittersweet, Russian olive, Autumn olive, Bicolor lespedeza, Sericea lespedeza, Fragrant honeysuckle, Japanese honeysuckle, Japanese stilt-grass, Asian spiderwort, Parrotfeather, Princess tree, Common reed, Japanese knotweed, Kudzu, Multiflora rose, Aquarium watermoss and Beach vitex.

The society's complete list of plants, broken down by their threat level, is at newildflower. org/invasives/list.htm

Mixed news on mental health care

BY TAYLOR SISK

Staff Writer With the passing of the state bud-

get for fiscal year 2010-11, the legislature has returned \$40 million that was removed from the budget last year to help communities provide mental health care services. That's good news, as is the \$29 million being provided to local management entities for inpatient beds in local and state hospitals for those suffering mental illness.

The bad news is that if the federal government fails to come through with more than \$500 million in previously expected Medicaid funding, major additional cuts could be coming this winter.

And here in Orange County, though Carrboro's Club Nova will get the same \$99,000 it received last year from the state, it will be facing a \$25,000 reduction in funding from other sources.

Of the effect the new budget will have on mental health care services, Rep. Verla Insko said, "I'm generally pleased. But I'm concerned about shortfalls."

Insko represents Orange County and co-chairs a legislative oversight committee on mental health. She said that when cuts were made to the state Department of Health and Human Services' budget last year, certain tools could have been provided that would have helped its staff meet the new targets. Some of those tools are now available.

"We're in a better place this year to meet the targets," Insko said, citing, for example, software that will identify, before they're paid, providers that overbill. "We're getting smarter about finding ways to avoid these shortfalls."

Regarding the \$500 million in Medicaid funds that may or may not be coming from Congress, Insko said, "I think it's an election issue. I don't think we'll hear anything about that till after the election. But I think we'll get at least part of that money."

SEE MENTAL HEALTH PAGE 7

Local CHHS graduates promoting peace

BY BECKY BUSH

Staff Writer

CHAPEL HILL – Elizabeth McManus and Kirsten Leloudis have big dreams. And though their interests vary, the recent Chapel Hill High School graduates have one thing in common: They want to save lives.

After just returning from her second service trip to Africa, McManus plans to devote the rest of her life to promoting female empowerment as an educator, especially for young people in Africa. During high school, McManus was vice president of the Invisible Children branch and founded a mission's outreach, "Kicks for Kids," with which she sent soccer balls to Uganda to keep kids off the streets at night and away from gang violence.

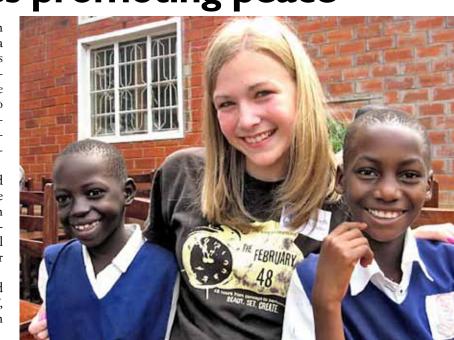
Leloudis has been involved with

People of Faith Against the Death Penalty (PFADP) since she was a sophomore in high school. She has served on PFADP's board of directors, taken two Kingian nonviolence training courses offered in Carrboro and traveled to Thailand with Leadership Now, a group based in Lancaster, Penn. that focuses on women's issues and interfaith dialogue.

In addition to the personal reward of knowing they are helping people all around the world, both women have won a \$500 scholarship recognizing their commitment to social justice and the community, and for teaching and empowering youth.

McManus said she first realized how much she loved Africa in 2007, when she took a trip to Uganda with

SEE CHHS PAGE 7



Elizabeth McManus in Africa

COURTESY OF ELIZABETH McMANUS

music calendar



THURSDAY JULY 8 Blue Bayou: West Trinity. 9pm.

The Cave: EARLY: CherryCase

City Tap: Jack Maverick and His Wild Rebels. 7pm

General Store Cafe: Jazzbeau.

Local 506: George Preston Herrett, Lactose Quervo. 9pm. \$6 Nightlight: Craig Hilton, Arte Povera, Promute, Zach Smith.

9:30pm. \$5 The Station at Southern Rail: The lackets. 10pm

Weaver Street Market: JAAFAR. 6-8pm

FRIDAY JULY 9

Blue Bayou: Haw River Rounders. 9:30pm. \$6/8

Bynum Front Porch: Hell Camino. 7-9pmCamino. Caffe Driade: Is That A Walrus? 8pm

Cat's Cradle: The Heartless Bastards, The Builders And The Butchers, Peter Wolf Crier. 9pm. \$12/14

The Cave: EARLY: Rafael Green LATE: Blag'ard, Object, Cracker Creeptacular **City Tap:** Chris Titcher. 5-7pm.

The Swang Brothers. 7-10pm General Store Cafe: Benefit for the Haw River Education Celebra-

tion with Rootzie, Milagro Saints.

8-10:30pm Jessee's Coffee and Bar: Caitlin Cary, Matt Douglas-The Small Pons/ Luego/SiMoN. 8-11pm

Local 506: David Karsten Daniels, Fight The Big Bull, Bright Young Things. 9:30pm. \$7

Nightlight: North Elementary, It's Just Vanity, Saint Solitude, Pointless Forest. 9:30pm. \$6

Open Eye Cafe: Derek Daisy, Jessica Drake. 8pm

BORIS

FR 7/9 HEARTLESS

BASTARDS

W/THE BUILDERS AND

THE BUTCHERS AND

PETER WOLF CRIER**

SA 7/10 CD RELEASE PARTY

CHATHAM

COUNTY LINE W/BIRDS

AND ARROWS**(\$12/\$15)

SU 7/11 UNREST /

TEEN-BEAT

26TH ANNIVERSARY

PERFORMANCES

BRYANT (SOMMERVILLE SPEAKOUT)**(\$15)

TU 7/13 RASPUTINA

W/LARKIN GRIMM**(\$15/\$17)
FR 7/16
EDWARD SHARPE

& THE MAGNETIC ZEROS

W/WE ARE EACH OTHER

FEATURING AARON EMBRY

SOLD OUT

SA 7/17 CD RELEASE PARTY
THE LOVE LANGUAGE

W/THE LIGHT PINES**(\$8/\$10)

WE 7/21 THE BUTCHIES

W/TAMI HART AND

PINK FLAG(\$7/\$8)**

HOSTED BY CUNTRY KINGS

TH 7/22 JOHN HIATT

AND THE COMBO**(\$35)

SA 7/24 GIRLS ROCK

SHOWCASE

TH 7/29**(\$20)
MAT KEARNEY

W/TRUE LOVE ALWAYS, DSSANOVA, MC: PATRICK

SATURDAY JULY 10

Blue Bayou: Good Rockin' Sam. 9:30pm, \$6/8

Bynum Front Porch: Pickin' and Potluck. 10am-2pml

Caffe Driade: The Sawyer-Goldberg Ensemble. 8pm

Cat's Cradle: Chatham County Line, Birds and Arrows. 9pm. \$12/15

The Cave: EARLY: The Adrian Outfit LATE: Mad Tea Party, Pinche Gringo, Now You See Them. \$7

City Tap: Altamont Social Club.

General Store Cafe: Acoustic Garage. 8-10:30pm

Jessee's Coffee and Bar: Embarrassing Fruits, Tomahawks, SiMoN Local 506: New Town Drunks, Red Hot Poker Dots, Fantastico!

Nightlight: The Weatherkings, The Julies, The Northern Howl. 10pm. \$5

Open Eye Cafe: The Drowning Lovers.8pm

SUNDAY JULY 11

10pm. \$5

Cat's Cradle: Unrest, True Love Always, Bossanova, MC: Patrick Tryant. 8:45pm. \$15

The Cave: LATE: The Torches **Local 506:** The Shivers, Kelli Scarr.

Milltown: Billy Sugarfix's Carousel.

Southern Village: The Pratie Heads. 7pm

Weaver Street Market: Sawyer-Goldberg Jazz. Ham-Ipm

MONDAY JULY 12

The Cave: LATE: Americans in France, Bandit Teeth. \$5

Local 506: Cage, Hate your Guts, Timmy Wiggins. 9:30pm. \$9/11

TUESDAY JULY 13 Cat's Cradle: Rasputina, Larkin

Grimm. 9:15pm. \$15/17 The Cave: LATE: Cutis Eller. \$5

Jack Sprat Cafe and Bar: Chris

Reynolds. 7pm Local 506: Twin Tigers, Lake infe-

rior. 9:30pm. \$8 **WEDNESDAY JULY 14**

The Cave: LATE: Dead To Society, The Independents, The Villians. \$5

Local 506: Davin McCoy, Shawn Deena. 9:30pm. \$8

THURSDAY IULY 15

Blue Bayou: Will Baker. 9pm City Tap: New Town Drunks. 7pm

The Cave: LATE: The K-Macks East 54: Hammer No More The

Fingers. 5:40-7:30pm. Free General Store Cafe: Tony Galiani

Band. 7-9pm

Local 506: Tom Maxwell, Bustello. 9pm. \$6/7

FRIDAY IULY 16

Blue Bayou: Me and My Monkey. 9:30pm

Bynum Front Porch: Great Big Gone. 7-9pm

Caffe Driade: Saludos Compay.

Cat's Cradle: Edward Sharpe and The Magnetic Zeros, We Are Each other. 9pm

The Cave: LATE: Twilighter

City Tap: Michelle Belanger, John Worthington. 5-7pm. The Bo-Stevens. 7-10pm

General Store Cafe: Bill Toms, Tom Brieding. 8-10:30pm

Jessee's Coffee and Bar: Keely Freeman Phillips, Leigh Stringfewllow

Local 506: Future Islands, Ear Pwr, Nuclear power Pants, Fat Camp. 10pm. \$7/9

Souther Village: Climb Jacob's ladder. 7-8:30pm

SATURDAY JULY 17

Blue Bayou: Gasoline Stove, Memphis the Band. 9:30pm

Caffe Driade: Kevin Masch. 8pm. \$15/17

Cat's Cradle: The Love Language, The Light Pines, Shit Horse. 9pm \$8/10

The Cave: EARLY: See No Weevil. \$5 LATE: Spider Bags, Fletcher, Last Year's Men

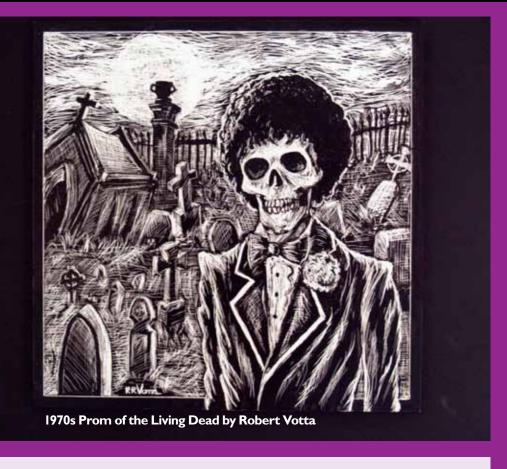
City Tap: Blood Red River. 8-10pm General Store Cafe: Hindugrass. 8-10:30pm

Jessee's Coffee and Bar: Luego, **Brett Harris**

Local 506: Swaso, 100 Yorktown. 9pm. \$5/7

Nightlight: Juan Huevos, Menya!

SPOTLIGHT: 2nd Friday Artwalk



When most people think of viewing art, they often remember standing in a moonscape of an art museum in stony silence, pausing at each piece just long enough to be courteous. Carrboro's 2ndFriday Artwalk, however, makes the practice of appreciating art a much more social and relatable experience.

Participating Carrboro venues include The ArtsCenter, Weaver Street Realty, Open Eye Café and the Carrboro Century center, among many others.

Viewers will find art ranging from the traditional (works by the Pastel Society of North Carolina, featured in The ArtsCenter's center gallery) to the avant garde (a display of Eric Knisley's toy camera photography at the Looking Glass Cafe).

This month's walk will take place on July 9 from 6 to 9 p.m. Prospective art-walkers can download a map for the July walk and learn more about the event at 2ndfridayartwalk.com

And The Beehive in Carrboro is encouraging participants to stop by Friday and view the winning entries to their "Afro" contest, which invited artists to submit their artistic interpretations of the hairstyle. The winners are as follows:

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"Country Cookin' Gone Cool ... Then:

bait shop and juke joint. Now: crazed

folk-art animals on the roof, post-grad-

uates in the kitchen. Waiters decon-

struct the War Between the States as

they serve your jalapeno-cheese hush

puppies and oyster-and-filet mignon

signature dish: Shrimp and Grits with bacon, scallions, and mushrooms.'

"Sacred ground for Southern foodies

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eservations accepted, Walk-ins welcome

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Deadline: JULY 22

Sun Brunch 10:30 am-2:00 pm

in North Carolina, and possibly on Earth"

... Part neighborhood diner, part

scalawags. Get in line for Crook's

—Travel & Leisure

a nightly celebration"

-Delta Sky Magazine

—The New York Times

Ist place: "1970s Prom Night of the Living Dead" by Robert Votta

2nd place: "The Black Elephant" by Robert Kwami Jackson

3rd place: "Mr. Afrodisiac" by Stephanie Thompson 4th place: "AFRO-KAH" by Herb Bresky

5th place: "Medusa" by Joe Brzoska

6th place: "The Circassian Beauty" by Sam Causon

7th place: "Fraux Pas" by Jodi Bock







FR 7/30 COSMIC CHARLIE**(\$10)

SA 7/31**(\$10/\$12) **MONTE** MONTGOMERY

MO 8/2 BORIS**(\$15) W/RUSSIAN CIRCLES

SA 8/7 HERE WE **GO MAGIC** W/BEACH FOSSILS**(\$10)

MO 8/9 CYNIC**(\$13/\$15) W/INTRONAUT
AND DYSRHYTHMIA

WE 8/11 DAX RIGGS(\$12)** TH 8/12 BRAVE COMBO W/KILLER FILLER**(\$12/\$15)

FR 8/13 MISSION OF BURMA**(\$16/\$18)

SU 8/15 MEMORYHOUSE W/TWIN SISTER**(\$10) WE 8/18
CHIDDY BANG

W/XV AND K.O. KID**(\$12/\$15) TH 8/19 LOU BARLOW & THE MISSINGMEN **W/WYE OAK****(\$12)

TU 8/24 THE ENGLISH BEAT / BAD MANNERS / CHRIS MURRAY**(\$18/\$20)

WE 8/25 TARRUS RILEY / GRAMPS MORGAN / DUANE STEPHENSON / DEAN FRASER & BLAK SOIL **BAND****(\$17/\$20)

FR 8/27 PAUL **THORN****(\$15) FR 9/3 AUTOLUX





TH 9/9 CORINNE **BAILEY RAE****(\$25/\$28) SA 9/11 WHO'S BAD? (MICHAEL JACKSON

TRIBUTE)**(\$15) SA 9/18 BILLY BRAGG W/DARREN HANLON**(\$25)

TH 9/23 JENNY & **JOHNNY****(\$16) MO 9/27 DAVID **BAZAN****(\$12/\$14)

WE 9/29**(\$12/\$14) ELECTRIC SIX **W/CONSTELLATIONS**

FR 10/1 STARS**(\$18/\$20) TH 10/7 MENOMENA **W/SUCKERS****(\$12/\$15)

SU 10/10**(\$20/\$23) BUILT TO SPILL

W/REVOLT REVOLT TU 10/12**(\$15/\$18)
STEPHEN KELLOGG AND THE SIXERS W/SMALL PONDS

WE 10/20 MATT & KIM**(\$16/\$20) SA 10/23 RAILROAD EARTH**(\$20/\$23)

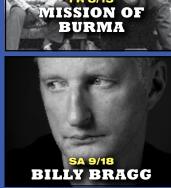
AND ROY JAY

TH 10/28**
ME FIRST AND THE
GIMME GIMMES W/TEENAGE **BOTTLEROCKET, COBRA SKULLS**

> TH 11/4 RA RA **RIOT****(\$15/\$17)









AMINAL, JORDAN & THE SPHINX **WE 9/8 COLOUR REVOLT** W/TURBO FRUITS
TU 9/14 THOSE DARLINS W/STRANGE BOYS AND **GENTLEMAN JESSE**

> **NIGHTLIGHT (CH)** TH 9/16 SEA WOLF

W/SERA CAHOONE AND **PATRICK PARK**

TH 8/5 FREEDY JOHNSTON MEMORIAL AUDITORIUM (PROG **ENERGY CENTER, RALEI**

MO 10/4 THE NATIONAL W/OWEN PALLETT **VIA TICKETMASTER**

CONTACT: Marty Cassady 942.2100 marty@ carrborocitizen.com **OPEN EYE CAFE (CARRBORO)**

JULY 29

Advertising

MOVIES We suggest you call for exact show times

CAROLINA THEATRE OF DURHAM 309 W Morgan St., 560-3030

Friday only – William Castle's 13 Ghosts, 7 p.m.; William Castle's Homicidal, 9:30pm; Saturday through Thursday only - A Clockwork Orange at 7 p.m., Saturday and Sunday at 2 p.m.: This is Spinal Tap at 9:35 p.m., Saturday and Sunday at 4:40 p.m.; Joan Rivers: A Piece of Work, nightly at 7:20 & 9:20 p.m. (no 7:20 p.m. show on Friday), Saturday and Sunday matinees at 2:20 & 4:20 p.m.; Winter's Bone, nightly at 7:20 & 9:20 p.m. (no 9:30 p.m. on Friday), Saturday and Sunday

matinees at 2:20 & 4:20 p.m. **CHELSEA THEATER**

Timberlyne, 1129 Weaver Dairy Road, 968-3005

Solitary Man; Please Give; Joan Riv-

ers: A Piece of Work THE LUMINA

Southern Village, 932-9000

The Twilight Saga: Eclipse; Knight and Day; Toy Story 3; Grown Ups; Karate Kid

REGAL TIMBERLYNE 6 120 Banks Drive, 933-8600

The Twilight Saga: Eclipse; Knight and Day; Toy Story 3; Grown Ups; Karate Kid; The Last Airbender

THE VARSITY

123 East Franklin St., 967-8865 Date Night; Harold and Maude



Friday, July 9 Only! Retrofantasma Classics by William Castle
13 Ghosts at 7PM • Homicidal at 9:30PM Saturday - Thursday Only! *A Clockwork Orange* 7pm; Sat & Sun Matinees at 2pm *This Is Spinal Tap* 9:35pm; Sat & Sun Matinees at 4:40pm

Winter's Bone Nightly at 7:10 & 9:30pm (No 9:30 on Friday); Sat & Sun Matinees at 2:10 & 4:30pm Sat & Sun Matinees at 2.10 w. 1.30 m. Rivers: A Piece of Work Nightly at 7:20 & 9:20 m (No 7:20 on Friday); Sat & Sun Matinees at 2:20 & 4:20 m 309 West Morgan St. Downtown Durham www.carolinatheatre.org | 919.560.3030

COMMUNITY RADIO

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Briefs

Town seeks Centennial **Committee volunteers**

Here's a once-in-a-lifetime opportunity: The town's Carrboro Day Steering Committee is seeking volunteers with a variety of skills to help plan the Carrboro Centennial Celebration for the year 2011.

Community members who are interested in volunteering their time are asked to contact Kim Andrews at kandrews@townofcarrboro.org for an application. The deadline for applying is Aug. 31.

N.C. 54 lot to require permits

On Aug. 15, the N.C. 54 Park-and-Ride lot off Friday Center Drive will become a university permitted lot. A valid UNC permit will be required to park in the lot. Chapel Hill Transit customers who are not eligible for a UNC permit may use other public park-and-ride lots in Chapel Hill and Carrboro, including lots at Eubanks Road, Carrboro Plaza and Southern Village, just off 15-501 South

For information on UNC parking permits, contact UNC's Department of Public Safety at 962-3951 or visit www.parking.unc.edu

Carmichael Street to close

Drivers are advised that a stretch of Carmichael Street near St. Thomas More Church will be closed until the end of the month due to construction. A detour route will be provided. Those with questions can call Ernie Rogers of Chapel Hill's traffic engineering division at 969-5085.

Orange County receives grant for healthy living

The N.C. Department of Public Health recently awarded Orange County a two-year grant to promote physical health in middle schools. "Eat Smart, Move More" seeks to combat obesity within the state, which ranks 14th in the nation for overweight adolescents. Orange County's school system and parks department are involved with the initiative and UNC Campus Recreation will provide college athletes as role models to help promote healthy living. PLAY (Preparing Lifelong Active Youth), a program instated under the provisions of the grant, will require 30 minutes or more of daily exercise for after-school programs and encourage more active approaches to teaching.

Near-record heat wave

As The Citizen goes to press, the area is engulfed in yet another heat wave, with temperatures cresting the 100 degree mark and a heat index of 105 and rising. Low humidity kept the index from rising even higher, but air quality was low enough that the state's Department of Environmental and Natural Resources issued

another Code Orange air-quality alert. Temperatures may break later in the week with the best possibility for thunderstorms predicted for Thursday and Saturday.

Chapel Hill Transit recognized

Local transit operators came home from the annual N.C. Bus and Van Rodeo victorious. The June contest gathered dozens of transit operators to determine the state's best drivers. Events included an obstacle course, pre-trip inspections of a vehicle and proper securement of a wheelchair. Chapel Hill's team of William Carter, Christa Smith and Ricky Hunter won the overall van competition. Other Chapel Hill delegates included Lafayette Poteat and Laurel Smith.

The transit system was also recently presented with the Golden Bus Award at the Annual Triangle Commuter Awards Ceremony on June 23. The award is given to the region's best transit operators each year for excellence in training and professionalism. The ceremony also included the presentation of the results of the eighth annual SmartCommute Challange, which encourages commuters to find a fuel-saving way to get to work. This year, the participation of more than 10,000 commuters saved more than 80,000 gallons of gas.

Public invited to Bill Friday's birthday party

William C. Friday, the man whose name is synonymous with North Carolina higher education during much of the 20th century, marks his 90th birthday next month and the university and the UNC General Alumni Association are hosting an open house in Friday's honor on July 13 from 4 to 6 p.m. at the Hill Alumni Center's

During his tenure as UNC system president, Friday was a supporter of academic freedom, fairness and integrity. He often served as mediator between student activists and a conservative legislature during the civil rights movement and he worked for five years to repeal the 1963 Speaker Ban Law, which made it illegal for critics of the government to appear on campus.

Friday's sphere of influence also led to the development of Research Triangle Park, the sponsorship of North Carolina public television and the formation of the expanded UNC system, which now includes 17 campuses.

Throughout his career, Friday received numerous awards, including the American Council on Education's National Distinguished Service Award for Lifetime Achievement, the National Humanities Medal, the American Academy for Liberal Education's Jacques Barzun Award and the John Hope Franklin Award.

Friday and his wife, Ida, have lived in Chapel Hill since 1946.

Community Home Trust closes on 19 units in June

BY SUSAN DICKSON

Staff Writer

The Community Home Trust closed on 19 affordable homes in Iune, about the same number that the organization usually sells in a year.

The Home Trust sales team, consisting of one full-time and two part-time employees, worked hard to close the sales before the June 30 expiration date of the federal homebuyer's tax credit. On July 1, that credit was extended until Sept. 30.

"They really got it done," executive director Robert Dowling said, adding that the Home Trust typically sells 16 to 24 homes a year. In June, staff

54, nine condos at Greenbridge and two resale townhomes.

Because Greenbridge and East 54 had been under construction for about two years, Home Trust staff had time to prepare for the sales, Dowling said.

"I think there is a segment of the population that really likes the condo notion. They typically are younger, single people," he said. "There clearly is a niche for people who want to live in condominiums.

'They're both kind of cool places to live," he added.

Orange County requires developers to set aside a portion of the homes in a development as affordable housing, and the Home

closed on eight condos at East Trust purchases these homes below market value. The Home Trust may also accept payment in lieu of the affordable units.

> Units are available to residents who earn 80 percent or less of the area median income, \$57,050 for a family of four or \$39,950 for a single person.

> The organization still has three Greenbridge condominiums and three East 54 condominiums available for qualified buyers for approximately \$100,000 each. In addition, the Home Trust has two available three-bedroom duplex units in the Claremont subdivision for about \$120,000 each.

> For more information, visit communityhometrust.org

SPOTLIGHT: 10 BY 10 FESTIVAL IN THE TRIANGLE

It's 10 by 10 season. The ninth 10 by 10 Festival in the Triangle will be performed at The ArtsCenter from July 8 (today) through July 25.

The festival features 10 new plays, each 10 minutes long, for \$10. More than 550 scripts were submitted for the festival from all over the world, including, Israel, Russia and Spain. This year's festival includes five world premieres, including Somewhere Out There by Carrboro resident David Rabinowitz, who is also a member of the Playwrights Roundtable, The ArtsCenter's resident playwrights' lab.

Other titles on the bill are Good God Enters Flossing by J. Stephen Brantley, The Miles High Club by Doug Brook, Don't Eat the Yellow Picasso by James C. Ferguson, Fighting Mr. Right by Barbara Lindsay, Stuck by Christopher Lockheardt, 30 Love by Terry McFadden, The Size of Furniture by Benjamin Adair Murphy, Closet Case by Judd Lear Silverman and The Banana *Trial* by Eddie Zipperer.

A playwrights' gala and reception will also be held this Saturday. On July 17, there will be a playwrights' discussion and reception after the show.

All shows will be performed Thursdays through Saturdays at 8 p.m. and Sundays at 3 p.m. For more information, visit artscenterlive.org

THE CARRBORO LITIZEN

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CHHS student recognized at White House

BY SUSAN DICKSON

Staff Writer

When Kristen Powers was little, her father encouraged her to turn off the lights when she left a room and to make sure the water was off while she brushed her teeth.

Those simple acts "kind of just became a habit," Powers said. A habit, though, that brought the Chapel Hill High School junior – the founder of the CHHS Green-Tiger Campaign - all the way to the White House.

One of 15 high-schoolers recognized by Vice President Joe Biden on June 23 as a member of *Parade* magazine's All-American High School Service Team, Powers realized at a young age the impact that each person could have on the environment.

"All those tiny actions ... were something that could actually change the world," she said.



Chapel Hill High School junior Kristen Powers, left of the American flag, is honored by Vice President Joe Biden as a member of Parade magazine's All-American High School Service Team. Powers was recognized for her work as the founder of the CHHS GreenTiger Campaign, a sustainability club.

PHOTO COURTESY OF WHITEHOUSE.GOV

When she arrived at Chapel Hill High, Powers was eager to get involved in environmental clubs. She found, though, that, "There were two different environmental clubs, and they weren't really achieving anything as far as membership." She worked to merge the two clubs to create the GreenTiger Campaign.

The club's biggest achievement thus far, Powers said, has been the

creation of a community garden at Chapel Hill High. Students and faculty members who volunteered in the garden took home more than 50 bags of produce this year.

The club also has sold Reduced-price reusable water bottles to students, and lobbied the school to reduce its paper use. Another of its goals is the installation of motion sensors for lights throughout the school.

HOUSE Calls

Practicing family physicians from the UNC Department of Family Medicine have teamed up with The Carrboro Citizen to bring you a weekly feature responding to your questions about health and medicine. Send your questions or comments to yourhealth@unc.edu



HOUSE Calls (week 9) This week we respond to questions about reflux

and ADHD.

Dear HOUSE Calls, I am a 30-year-old woman and have been taking prescription Prilosec for my reflux for six months. During that time, I have gained about 12 pounds I'm eating healthier, smaller meals and I continue to exercise four times a week. Could the weight gain be a side effect of the medication?

That is a tough question. In the best studies of Prilosec, weight gain was not more common than with placebo or a fake pill. But with millions of prescriptions written after marketing, there is certainly some concern among patients that Prilosec is the source of their weight gain. This is not something we have seen in our practices. Congratulations for making some lifestyle changes that may help your reflux and also make you feel better. We

gain - this is a real challenge. It is possible that your dietary changes have increased your overall dietary intake and exercise in a journal to help you gather more information. Also, if you really causing the weight gain, it would probably be OK to try a different medicine. Something like over-thepossible with the lifestyle need medicine.

Dear HOUSE Calls, Can you tell me if the symptoms of ADHD differ in boys and girls? My 7-year-old son was recently diagnosed and I have a 2-year-old daughter. I would like to know what to look

out for just in case. Good for you for getting the help that you need for your son and for thinking ahead about what to look of Your Health and the out for in your daughter. UNC Department of Family are sorry about the weight ADHD is diagnosed more Medicine.

commonly in boys, but much of that is because boys tend to have more hyperactivity and impulsivcalories. We recommend ity and girls tend to have that you write down your more difficulty with paying attention. Children with hyperactivity tend to have trouble staying in their seats and often act on a think that the medicine is thought without considering the consequences. This type of behavior more often gets the attention of teachers and parents and counter Zantac or Tums may be responsible, at might do the trick. It's also least in part, for diagnosing more ADHD in boys. Girls changes that you don't tend to struggle silently with paying attention and disorganization. Unless this leads to real academic difficulty, they may not get the school and medical attention they need. Thanks for raising this important question, and good luck with both of your children.

> House Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf

Briefs

Miniature Art Exhibition

A Miniature Art Exhibition is on display at the Hillsborough Arts Council through July 23. The show will include all media and feature 149 pieces by 40 artists.

For more information, visit hillsboroughartscouncil.org or call 643-2500.

Hillsborough holds Family Fun Day

The Alliance for Historic Hillsborough will hold the second Hillsborough Family Fun Day on Saturday. Activities include a scavenger hunt, Native Ameri-

can Day at the Orange County Historical Museum, swimming and ice skating at the Triangle SportsPlex and much more. A calendar of events and a map is available at the

Orange County Visitor Center, 150 E. King St., from 10 a.m. to 4 p.m.

Costs vary for each activity. For more information call, 732-7741 or visit visithillsboroughnc.org

Women's Chorus for cancer center

Women's Voices Chorus is performing a concert to benefit the UNC Lineberger Comprehensive Cancer Center titled "Strong, Triumphant Women-A Concert to Fight Cancer on Saturday

The concert will be performed at the United Church of Chapel Hill. Admission is free, though donations will be accepted.

For more information, call 684-3855.

Library celebrates centennial

The Orange County Public Library will hold an exhibit to celebrate 100 years of service beginning July 23 and running through October.

The exhibit will be held in the Orange County Historical Museum, 201 N. Churton St., Hills-

For more information, visit orangeNChistory.org

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Citizen **Cryptoquote** By Martin Brody For example, YAPHCYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc.. Apostrophes, punctuation, the length and formation of the words are all hints.

"Shame"

LJDSD Z 0 Y R D C U Y S S Y O O C D R L DAIZEYMDRL ВТ H B O L -LSYICYLZF 0 L S D 0 0 QZOBSQDS, OBILJ FYSBMZRY JYO ZL. - QZFP JYSHBBLMZYR, TBSCDS QDCBFSYLZF FJYZSCYR BT LJD OLYLD, BR ZLO SDFDRL HBMZLZFO. Find the answer in the puzzle answer section.

Weekly **SUDOKU**

by Linda Thistle

	4				1		7	
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that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging ★★★ HOO BOY!

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PETS OF THE WEEK

PAWS4EVER —

Schnapps is a white-and-black spotted domestic shorthair mix, and a wonderful little lady. She is quiet and causes no chaos in the cat rooms. She loves to find her spot to chill and just hangs there watching the other cats go crazy running around, playing and catching imaginary things in the air. Schnapps has very pretty markings; the striking triangle on her nose is just one of them. She is



great with all the cats, adults and children, and doesn't seem to mind dogs either. She would make an excellent addition to any type of home – maybe it is yours. Contact Paws4Ever, 6311 Nicks Road, Mebane, or call 304-2300. You can also go online at paws4ever.org

ORANGE COUNTY ANIMAL SERVICES — Say

hello to Petunia! This gorgeous little calico kitten is around 3 months old and busy playing with her siblings in our featured pet room! She is a friendly, playful girl who has a curiosity about life, but still appears to be thinking through her next move cleverly. Standing outside the room, you will be highly entertained by the games she and her siblings play. And

once inside, you'll have a pile of adorable, loving kittens on your lap, turning you into the next exciting jungle gym to explore! There's no shortage of fun with this girl and her playmates! Visit them all today at Orange County Animal Services, 1601 Eubanks Road in Chapel Hill. You can also see her and other adoptable animals online at co.orange. nc.us/animalservices/ adoption.asp



Community

Calendar

THURSDAY, JULY 8
Film "Big Fish" at Locally
Grown — Wallace Parking Deck,
150 E Rosemary. 6pm. Free

Community Independent School Field Day at Haw River

— Haw River Assembly is partnering with the Community Independent School's 2010 Summer Camp! We will conduct a "Mini-Learning Celebration" with 25-30 students. Bynum Learning Celebration Site. 10am-2pm. Info: 542-5790

FRIDAY, JULY 9 Computer Class at Chapel Hill Public Library — SocialNetworking: Learn how to interact with friends and make new ones. Chapel Hill Public

Library. 8:15-9:45am. Info: 968-4780

Haw River Assembly Benefit Concert — Two local music bands, will donate their appearance at the Pittsboro General Store to benefit the Haw River Learning Celebration! 8pm. The suggested donation is \$10

SATURDAY, JULY 10

Playwright Gala at ArtsCenter
— For the "10 By 10 Festival in the
Triangle." Chat with local, regional, and
national playwrights at apost-show
discussion and receptioncatered by
Milltown and sponsoredby Courtyard
by Marriott. Info: artscenterlive.org

Private Botanical Gardes Tour

— A free private tour of the display gardens and a behind-the-scenes tour of the Education Center—one of the greenest buildings in NC. Botanical Garden Gazebo. Ham-12:30pm. Info: 968-2780

Strong, T riumphant Women-A Concert to F ight Cancer — Free

admission with donations to benefit LinebergerComprehensive Cancer Center. United Church of Chapel Hill. pm.lnfo: 684-o3844, www.womensvoiceschorus.org

Ecotourism F ield Trip — Aquatic Species by Canoe OutingLearn about aquatic species andwhy they are important by taking a canoe outing around the Robeson Creek area just above where it joins the Haw River and Jordan Lake. The trip will include paddling and getting out of our canoes to stand in the stream where we can look for aquatic species, so wear sturdy shoes you don't mind getting wet. 9-11am. Info and registration: 542-6495, Ext 8044

Pet Adoption Day — Looking Glass Cafe in conjunction with Orange County Animal Services outreach is sponsoring a pet adoption day. Looking Glass Cafe, 601 W Main St. Ilam-2pm

SUNDAY, JULY II Abrakadoodle Presents

"Froggy Doodle!" — For ages3-5 at The Carrboro Branch Library.3pm. Registration required

"Eight Lessons in Living Together" at Flyleaf Books — Local filmmaker Jim McQuaid will be showing his latest film at 2pm

TUESDAY, JULY 13 "The Importance of Mind and Body" at Cornucopia — First of

Body" at Cornucopia — First of a 4-part series entitled "Getting Your Bearings: Mind, Body and Soul" for cancer patients. This session allows participants to get their bearings about complementary therapies and their benefits to individuals journeying with cancer. These therapies include compassionate touch, yoga, exercise, tai chi, kinesiology, stress management, and meditation and imagery. 6-8pm. Free but reservations needed. 919-401-9333. www.cancersupport4u. org

WEDNESDAY, JULY 14 "Getting Your Bearings: Mind,

Body and Soul" — Cornucopia Cancer Support Center is sponsoring a four-part education program starting July 13 and ending August 3. The sessions, "The Importance of Mind and Body," "Express Yourself," "Food and Nutrition Essential," and "Live Life to the Fullest" are free. Individuals may attent any or all of the four sessions. RSVP: 401-9333.cancersupport4u.org

Political Prisoners' Birthdays Letter Writing Night — This month's birthday cards will be sent to Bill Dunne, Rene Gonzalez, Gerardo Hernandez, Ana Gelabert, Debbie

Africa, and Dr. Mutulu Shakur. Interna-

THURSDAY JULY 15 "The Never Ending Story at Locally Grown — Wallace Parking

tionalist Books. 7pm

Deck, 150 E Rosemary St. 6pm. Free **Art Exhibit at Panzanella** — Oil paintings by Cat Moleski. Reception 5:30-7:30pm

FRIDAY JULY 16 Contra Dance at Carrboro Century Center — There will be

a newcomers' workshop at 7:30, and dancing will begin at 8:00. Please carry a pair of clean, soft-soled, smooth-soled shoes to change into after arriving inside the hall. An \$8.00 donation is requested. Bring a partner or come without! All are welcome! For further information, please call 967-9948 or visit us at www.csda-dance.org

Computer Class at Chapel Hill Public Library— Internet Basics: Participants will learn what the internet is, explore search engines, learn how they work, and discover strategies for effective searching. 8:15-9:45 am at the Chapel Hill Public Library. Call 968-2780

SATURDAY JULY 17 Meet the Artists at The

ArtsCenter — Part of the "10 By 10 2010." Mingle with the cast, directors, and production team at a post-show discussion and reception. Info: artscenterlive.org

Tomato Festival at Estes Farmers' Market— southestesfarmersmarket.com. 8am-noon

Water Wise Conservation Program— IJoin Greg Feller of OWASA for a Water Wise Conservation presentation. Chapel Hill Public Library in the Library Meeting Room. 2pm. Free. Info: 968-2780r

Dance - Participatory

Ballroom— Fourth and fifth Thursdays, 7-9:30pm. Seymour Senior Center, 2551 Homestead Road, Chapel Hill. \$2, 968-2070.

Carrboro DanceJam — Free-style dance. First Fridays, 8pm, Balanced Movement Studio, 304 W. Weaver St., upstairs. 968-8776.

Ballroom Dance — Second Saturday of every month, recorded music Triangle Stardusters, 8-IIpm, \$7 StarDusters members and students, \$12 others. Couples and singles are welcome, Fred Astaire Dance Studio, 4702 Garrett Road, Durham. 942-7232

Square Dance — NC Squares presents a square dance with live music by fiddlerWayne Martin and the Happy Valley Pals, caller Aaron Ratcliffe.. May 8, Pleasant Green Community Center, \$8/\$6 student, ncsquares.com.

Shag Dancing — Every Monday. Beginner class at 7pm, dance at 9pm. Free lesson first Monday of the month, 6pm. General Store Cafe. **Tango** — Learn and practice Tango with the Triangle Tango Society. Open Eye Cafe. 8pm

Ongoing

Cancer Support — Support groups for cancer patients and their families. cornucopiahouse.org

Compassionate Friends — Free self-help support for all adults grieving the loss of a child or sibling. Third Mondays, 7-8:30pm, Evergreen United Methodist Church. 967-3221, chapelhilltcf.org

Job Search Meeting — A networking and support group for job hunters. Wednesdays at Binkley

Baptist Church. 9:30-11am Wish Granting Volunteers

Needed — Make-A-Wish Foundation of Eastern North Carolina needs Wish Granters to visit the family and help determine the wish of the child while explaining wish procedures and using their creative side to make the wish truly magical. Wish Granters see first-hand the impact a wish can make on a child with a life-threatening medical condition. For more information, contact Lisa at 821-7111 or Ibrinker-

Depression and Bipolar Support Alliance Support Group

hoff@eastncwish.org

— Meets on Tuesdays at Binkley
Baptist Church. 7:30-9pm. Free.
DBSAChapelHill@nc.rr.com

Artists/Vendors Needed for Festifall Arts and Crafts Street

Fair — C.H. Parks and Recreation Department is accepting applications for the 38th Annual Festifall to be held Oct 3. Artists are invited to apply to showcase their artwork before more than 10,000 attendees and participate in the juried art show. The fee is \$100 for residents of Chapel Hill or Orange County residents or \$120 for non-residents. Applications: townofchapelhill.org/festifall

Nature Explorer Summer Camps — At NC Botanical Gardens. Ages 6-8, July 12-16 or July 26-30. 8:30am-4:30pm. Ages 4-5, August 9-13, 9am-12pm. Info and

registration: ncbg.unc.edu

Gardening Questions? — Ask
Orange Co. Master Gardeners at
Home Garden Clinic, Wed & Fri,
noon-2pm, NC Botanical Garden,
walk-in or call 262-0522. Hillsborough
clinic weekdays, 10am-noon, call
245-2061

Free Yoga Classes — Support for Cancer Patients, Survivors and Caregivers. Mondays Ham-12:30pm; Thursdays 10:30am-12noon. CCSP at Carolina Pointe II, 6013 Farrington Road, Suite 101. Free parking available

2010 Jaguar Baseball Camp — Camboro High School Baseball will hold its third annual baseball camp

for youths aged 10-12 on July 26-30, 2010 at Carrboro High School. The camp will run from 9:00-12:30 p.m. Monday-Friday. The camp is limited to the first 40 registrants in order to provide as much individual attention as possible. Info: natunc@aol.com

Call for Parent Workshop

Proposals —T he Family Advocacy Network (FAN), a program of the Mental Health Association in Orange County (MHAOC), is currently seeking professionals who work with families of special needs children to facilitate two-hour educational clinics for its 2010-11 calendar. Deadline to submit proposals in July 31. Info: julie@mhaorangeco.org or phone Julie Bailey at 942-8083, Ext 2

Call for Arts and CraftsVendors

— The Hillsborough Arts Council sponsored event Last Fridays is seeking arts and crafts vendors for the July 30th event. For more information and to apply for this event: hillsboroughartscouncil.org/LastFridaysVendors.html

Hand In Hand Exhibit at the Carrboro Branch Library —

"Hand in Hand" is a multi mediaexhibition featuring the work of 8 local artists who are lending their support to three local social action groups: the (UNC) Student Health Action Coalition (SHAC), also known as the Carrboro Free Clinic; TABLE, the children's weekend backpack feeding program; and the Orange County Literacy Council. These three organizations, together with the Carrboro Branch Library, impact the lives of thousands of local residents daily as they struggle to serve the public on extremely tight budgets and with limited staffing. June 19-Nov 30. Info: 969-3006

North Carolina Crafts GalleryMonthly Shows — "Faces and Forms," stoneware pottery and face jugs by Sandy Cole and Kevin Brown of North Cole Pottery. Front Gallery. "Beaches," a group show with 16 different artists' rendition of the beach. Back Gallery July 1-31

Caffe Driade Gallery — Paintings by Joan Vandermeer July 1-31

Open Eye Gallery — Photography by Matt Bachman. July 1-31

Art Exhibit at Botanical Gar-

den — Selected works by the 2009 and 2010 graduates of the North Carolina Botanical Garden Illustration Certificate Program. DeBerry Family Botanical Art and Illustration Gallery. July 1-August 29

"A Southern Summer 2010" — The Pastel Society of North Carolina

is presenting an all member show at the ArtsCenter. Through July 30

Miniatures Exhibition— The

Hillsborough Arts Council presents a Miniature Art Exhibition in all media, 149 pieces by 40 artists. Show runs through July 23. hillsboroughartscouncil. org

Send your submissions to calendar@ carrborocitizen.com

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Your bike doesn't give you exercise Problem linked to weight gain and obesity

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100 WEST MAIN ST., CARRBORO

BY ELISE GIDDINGS and STAFF

CHAPEL HILL - Recently scientists found that 68% of American adults are overweight. The problem is at epidemic proportions. Weight gain is insidious, and has been linked to health problems like heart disease, diabetes, and cancer. It also causes low self esteem and low energy.

Triangle area resident Sue discovered the solution by accident. Loosing over 77 pounds in under a year. "Most people don't get any exercise from biking, because their bike sits unused in the garage."

Her solution is a new kind of bike that is clean, low impact, and is so fun that it gets her over the activation barrier of taking the bike for a ride, nearly every day.

"I enjoy it tremendously" says the woman. "I fly up the hills easily, I don't get sweaty, and I have fun getting my exercise. It has helped me shed pounds quickly, and to get a thumbs up from my doctor."

Human-hybrid electric bikes can be plugged in to the wall to charge up for under five cents per day. They carry a rider effortlessly more than 30 miles on a charge, and the rider arrives grinning ear to ear. Carrboro bike store Cycle 9, located at 601 W Main St, is presently offering \$100 off any Ecobike electric bike and a free helmet as part of the "Get your bike out of the garage" sale. They can be contacted for more information at 919-636-5909 or on the web at www.cycle9.com.

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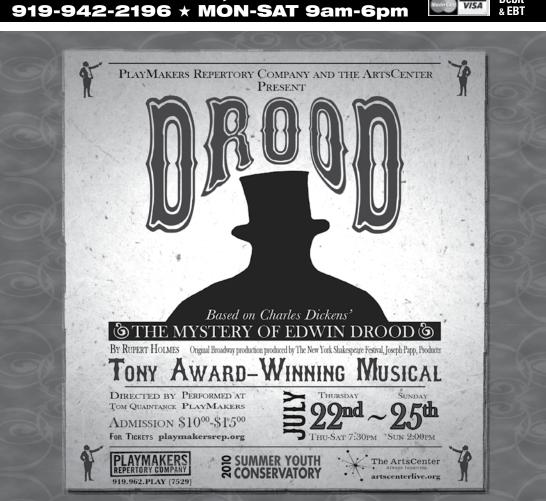


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THE CARRBORO ITIZEN

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FROM THE EDITOR

Parched

Quite warm, humid and rainless weather has returned, and with it a reminder of the importance of water this time of year. As you may have recently read in our newspaper, conservation and infrastructure demands have led the Orange Water and Sewer Authority to enact another rate increase.

While in our affluent society, water seems for most of us a fairly inexpensive commodity, there are many families who are struggling to pay their bills.

Fortunately, OWASA makes it extremely easy to help our fellow citizens. By just checking a box on your next water bill or checking in with the OWASA at 537-4343, you can help. By agreeing to let the utility round your bill up to the nearest dollar, you can make a monthly contribution to the Taste of Hope program. The funds go to the Inter-Faith Council for Social Service to help low-income families meet their water bills. Only about 1,000 of OWSA's 19,000 customers participate in the program.

You can learn more at owasa.org/right/TasteOf-Hope.aspx

We urge our readers to sign up for the Taste of Hope program and let their generosity flow.

The 7,000 Club

We didn't exactly get out the trumpets for the event, but you may have noticed a small article a couple of weeks ago in our business section about our circulation increase.

We're now printing and distributing 7,000 copies of *The Citizen*, a fact that we state with some sense of pride because that means demand for the paper is on the rise. *The Citizen* is a free newspaper distributed in about 175 locations. Unlike other local free publications, we do not "broadly cast" our paper and then claim the number as our circulation. We may have to do that someday in the future in order to compete, but our reasoning since the beginning has been that this form of getting the paper out is a much more sustainable approach, absorbing fewer resources, such as trees and gasoline.

Regardless, we seem to be getting more popular, and as a result of demand we've bumped up production and added a dozen new distribution points, among them several spots around UNC Hospitals. As always, if you can think of a place where we ought to be distributed please let us know.

We've also seen another jump in circulation of the paper online. Since we quietly started offering pdf copies of the paper on our website, downloads have jumped. Now each week more than 1,000 people take advantage of the service. You can even go back and download past issues on our print archives page at carrborocitizen.com/main/printeditions

Call for letters

All you potential letter-writers may wish to take note of the above information regarding our increase in circulation. Have something to say? Please send something printable to editor at carrborocitizen.com

Correction

We have updated last week's stories on the Strayhorn home on Jones Ferry Road and the efforts to preserve it. The original versions, published in last week's paper contained several errors, prominent among them the misspelling of Dolores Clark's first name and the misidentification of Nellie Strayhorn in a photo caption. It should also be noted that the Town of Carrboro played an important role in getting the initial funding for work on the house. We regret the errors.

New versions of the stories are available at on *The Citizen* website.

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A serious setback for N.C.'s recovery

ALEXANDRA FORTER SIROTA

As measured by gross domestic product growth alone, the recovery began nearly 10 months ago. But tell that to the more than 470,000 North Carolinians still without work. Tell the policymakers struggling to balance a budget in the face of declining revenue, and you are likely to get a chuckle.

Indeed, there are sound economic reasons to heed their skepticism. The two most significant drags on our economy continue to be slow job growth and the state fiscal crisis. If not addressed directly and immediately, both promise not only to

prolong the suffering of hundreds of thousands of families and their communities but also to undo the small gains made to date.

Late last week, the U.S. Senate failed to move a bill that would extend essential fiscal relief to states as well as fund temporary unemployment insurance provisions passed under the American Recovery and Reinvestment Act.

As a result, the Employment Security Commission estimates that 20,000 North Carolinians will lose unemployment benefits that they would have spent quickly and close to home, boosting the local econ-

omy and helping local businesses avoid layoffs.

In addition, North Carolina won't receive more than \$340 million in federal assistance, which will force even deeper spending cuts than we've already endured in the face of an unprecedented drop in revenues brought on by the recession. The

Estimates by the Center on Budget and Policy Priorities found that if it hadn't been for the contraction of state and local government spending, the economy would have grown at 3.5 percent in the first quarter instead of 3.0 percent – a \$71.5 billion difference.

result will be private- and publicsector job losses and growing risk of a double-dip recession as the loss of spending power ripples through the economy. Without more federal aid, state budget-cutting actions nationwide could cost the economy 900,000 jobs in the public and private sectors next year.

Failure to pass this jobs bill will be disastrous. We already know the potential chilling effect that state fiscal crises can have on our economic growth. Estimates by the Center on Budget and Policy Priorities found that if it hadn't been for the contraction of state and local government quarter instead of 3.0 percent – a \$71.5 billion difference.

Rather than focusing on the precarious position of our economy to-

spending, the economy would have

grown at 3.5 percent in the first

Rather than focusing on the precarious position of our economy today, the debate surrounding this bill has centered on the need to address the long-term deficit by reducing the

cost of the bill. Concessions have been made and the bill significantly pares back these muchneeded investments. We can only hope that the efficacy of these measures will not be further compromised for a less-than-1 percent impact on the long-

term budget gap.

U.S. Sen. Kay Hagan should be praised for understanding the importance of shoring up our recovery today and taking a practical approach to managing the long-term budget deficit that doesn't undermine our progress. It's too bad more of our leaders aren't able to see that without consumers spending and workers providing essential public services, there is little hope that our economic future will brighten.

Alexandra Forter Sirota is a policy analyst for the N.C. Budget & Tax Center.

In the heat of summer, a call for cooler heads in political discourse

DAMON CIRCOSTA

The culture of southern politics can be a bit perplexing to outsiders. Though advocates on all sides of any given issue can be quite passionate about their causes, there is a grand tradition of civility in our political discourse.

The hospitality and warmth of the political climate in North Caro-

the political climate in No lina is unrivaled. Across the political spectrum, and throughout the halls of government, people generally treat one another with courtesy and respect. While I have never doubted the earnestness and sincerity with which people advocate for their causes, it is

amazing that such passion can exist in such a polite society.

North Carolina is changing Peo-

North Carolina is changing. People from other parts of the country, and around the world, are moving here in vast numbers. This influx has helped fuel a solid economy and sparked technological innovations that are the envy of the rest of the world. But as North Carolina diversifies, we risk losing the tradition of civility that sets us apart.

Witness the events of this month. In the Republican runoff elections in congressional districts 8 and 13, the candidates were at each other's throats. In District 8, one candidate is suing the other for what he calls defamatory political ads that "deliberately spread lies, innuendos and false statements."

In District 13, one candidate accused the other of plagiarism. The other hit back with charges of inappropriate language towards a woman.

Some of this back and forth can be attributed to a tight election. But even for politicians not yet on the campaign trail, we see evidence of a breakdown of civil discourse. A recent skirmish between anonymous

In the early years of our republic, political duels were often waged with actual firearms, not just competing press releases.

political paparazzi and a local congressman made national headlines.

In the throes of a campaign, politicians have every incentive to take the gloves off. Civil discourse and a thorough examination of the issues might make for good governance, but they don't ignite people to get to the polls. There will always be a short-term gain from a campaign throwing off more heat than light.

Few things captivate voters better than an old-fashioned tussle. But while individual campaigns may benefit from cultivating a divided electorate, that process causes systemic problems in governance. Cross-party cooperation is almost nil, screaming at town hall meetings is on the rise and everyone suspects that everyone else is out to ruin

them. Trying to come to a sensible compromise on any of the difficult issues we face is next to impossible in such a charged environment.

Politics has always been rough. In the early years of our republic, political duels were often waged with actual firearms, not just competing press releases. No one expects election season to be a muted affair. But once upon a time there

was a season for campaigns followed by a season for governing. Now, with a 24-hour news cycle and the perpetual need for fundraising, it's a permanent campaign.

The dog days of summer used to offer a respite from the election

wars. Some say that the whole reason the South has had such congenial politics is that in the summer it just gets too darn hot to argue with people. Perhaps an unintended consequence of air conditioning is it has made us all comfortable enough to get a little hot under the collar.

With the summer sun upon us, maybe we should all step outside, breathe in some of that warm summer air and rethink the way we go about our politics.

Damon Circosta is the executive director of the N.C. Center for Voter Education, a Raleigh-based nonprofit and nonpartisan organization dedicated to helping citizens more fully participate in democracy.

LETTERS

Paved greenway has advantages

The transportation study on which Mr. Birenbach bases much of his opposition to the Greenway ("On Environment and Competing Interests," 7/1/10) was based on multilane, high-capacity, high-speed major highways. The proposed greenway will be a single lane limited to bike, wheelchair and foot traffic.

Applying this study to the proposed greenway is like applying a study on the ill effects of coal-fired power electric plants to your backyard grill! Let me rebut some of his points.

• 10-100m from a paved surface: road construction & roadside management, [increased] weeds, local pollution

The effects of local pollution and noise are generated by vehicles, emissions, brake dust and petrochemical runoff. These will not be issues with a pedestrian, non-motorized greenway. The alternative Mr. Birenbach supports, putting bikeways along existing roads, actually exposes users to these hazards.

• 100-1,000m from a paved surface: downstream pollution, erosion, stream habitat alteration, noise aversion

There would be no motorized traffic to create noise. The proposed greenway would actually improve stream quality by providing a firm, stable, well-defined surface for OWASA vehicles to perform required maintenance. Paving will prevent the rutting which provides the loose soil that washes into the creek - the major cause of stream degradation. Users will stay on the pavement, minimizing collateral damage to tree roots, shrubs and herbaceous plants.

• >1,000m from a paved surface: landscape fragmentation, local & regional extinction, weed invasions, large mammal movement ... and climate change

How is landscape fragmentation an issue? There would not be barriers such as multiple lanes of speeding cars or guard rails to hinder large mammal movement. The currently un-vegetated pathway is as wide as 25 feet in many places; a 10-foot path with restoration of indigenous vegetation on either side will reduce the heat island effect

and discourage weeds.

This is not the only plan for a paved greenway on the Bolin Creek Corridor. The 2009 Comprehensive Bicycle Plan, the 2006 Recreation & Parks Master Plans and the 1998 Facilitated Small Area Plan for the Northern Study Area all recommend a trail along Bolin Creek to meet the need for safe, off-road transportation away from major traffic patterns.

I recommend that anyone interested in the issues read the proposal (which does consider natural science) and the town staff analysis, to be found on the links page of advocatesforcarrborogreenways.org. Consider ALL of the advantages that a greenway can provide for the most citizens. Imagine a Walk for Education going from Morris Grove Elementary to University Mall without ever touching or crossing a street!!

BRUCE SINCLAIR *Carrboro*

LETTERS POLICY

Letters should be no more than 425 words in length and must be accompanied by the author's name, address and contact information.

Emailed letters are preferred. **Letters to the editor** Box 248 Carrboro, North Carolina 27510

EMAIL: editor@ carrborocitizen.com

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One-and-done: how to encourage them to stay

BY TAYLOR SISK Staff Writer

A debate has commenced among UNC basketball fans, and even in the press, over the role P.J. Hairston, a dead-eye 6-foot-5-inch wing from Greensboro, will play in his freshman year at Carolina. The fact that Hairston isn't scheduled to arrive until the 2011-12 season hasn't hindered the speculation over his expected role, with the "x" factor being whether Harrison Barnes - the nation's most sought-after high school recruit in this year's graduating class - will stay in Chapel Hill for more than one year before continuing on to the NBA. Barnes is also a wing. If he stays, will there be enough minutes for Hairston? And if there aren't, what will Hairston do?

Among those who scrutinize the world of upper-echelon adolescent athletics (lord, if only

offshore wells were half so diligently monitored), the smart money says Barnes splits campus after his freshman year. He's a "one-and-done" player, say those who consider themselves to be in the know.

One-and-done, much-heard term in college basketball these days, was the topic of a panel discussion at the 2010 Scholarly Conference on College Sport held in the spring at the William and Ida Friday Center in Chapel Hill.

One-and-done refers to a 2006 NBA rule that

stipulates that league draftees must be at least 19 years old and a year out of high school. Previously, players could enter the NBA immediately after high school. The rule doesn't mandate college, but most wouldbe NBA players see a year of NCAA ball as their best option, though a growing number are opting for a year of professional ball overseas instead.

basketball coach at the University of Maryland, chooses not generated millions of dollars of to recruit likely one-and-done revenue for the networks and players. Sitting on the Friday sold many thousands of jerseys Center panel, he stated that with any player who says while being recruited that he's leaving after one year, "You're going to get a player who probably isn't look even more favorably at an interested in school, and this upsets the professors."

But wait. That's not Harrison Barnes. Barnes is an honor student and tutor, and widely acknowledged as a well-rounded

Still, why should he sit in a classroom if his dream, and his unique talent, is to play professional basketball? Why should Barnes not be allowed to embark on his chosen career straight out of high school? He can always pursue a college degree in the offseason.

Michael McCann, a professor of law at the University of Vermont and legal analyst for Sports Illustrated magazine, told the Friday Center audience that of the 47 players who jumped

from high school directly to the NBA between 1995 and 2005, prior to the minimum-age rule, the "vast majority were drafted in the first round and they averaged more points, assists and rebounds per game than the average NBA player or the average player of any other age group in

NBA Commissioner David Stern acknowledges that the rule wasn't implemented for the sake of collegiate athletics. "This is not about the NCAA," Stern says," this is not an enforcement of some social program. This is a business decision by the NBA.... We like to see our players in competition after high school."

It's about building "basketball maturity," Stern says.

And about building a brand. After playing a couple of nationally televised games a week through the regular season

If Division I universities don't want athletes intent on only staying one year, they shouldn't sign them. But if they want players who'll stay for a while, they should compensate them.

and then in front of much of the world as a commodity for March Madness, a top-tier talent is a celebrity by the time he hits the NBA, a brand that sells big.

As for why the NCAA would prefer that 18-year-olds not be given the choice of entering the NBA, well, obviously, see above. A marquee player, in that one-and-done year, has Gary Williams, head men's helped secure a colossal TV package for his conference, with his name embroidered on the back- for which he's earned nothing. The administrators of the NCAA would age-20 minimum (which they may get), since they argue that a player passing through for a single year makes a mockery of the otion of the "student-athlete."

> Unfortunately, the NCAA does a pretty good job of that all on its own. The only amateur aspect of revenue-generating collegiate athletics is that those who generate the revenues get no paycheck.

The NCAA is understandably concerned about losing ever more players to the NBA. Which is why it needs to pay them.

If Division I universities don't want athletes intent on only staying one year, they shouldn't sign them. But if they want players who'll stay for a while,

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they should compensate them. Maybe the money is deferred until the athlete is out of school - maybe some or all of it is even contingent on graduation, a contract, with a commitment from the university to educate the kid while he works on his game. But give the players some measure of

what they're due. Very often from families of lower income than their fellow students, athletes aren't allowed even clothing or transportation allowances or work-study. "So it's a tough sell sometimes," Williams said, "when they see 18,000 people in a gym or the amount of money being talked about in TV contracts."

"If there was a way to provide a stipend for these players while they're in school," Williams added, "where they could be more comfortable on a college campus," maybe they'd be more likely to come and stay.

That stipend might not make a difference in the decision process of a can't-miss kid like Harrison Barnes. But there aren't a whole lot of can't-misses out there, and fewer than one in 100 Division I players will make it to the NBA.

I'm talking a healthy stipend. The money's there.

NCAA Former president Gene Corrigan offered another solution some years back. If a player has a "market value to the NBA of \$80 million

over the next 10 years," Corrigan said, "he should be allowed to make a deal with an NBA team, put the money into escrow, and go on with his education. Let the NBA cover his insurance."

Shane Lyons, associate compliance commissioner for the ACC, isn't a fan of the NBA's age-19-minimum rule, but is even less enthusiastic about compensating college basket-ball players. "There is a place for that," he said at the Friday Center conference, "and it's called the NBA."

"We are an amateur sports organization," Lyons said. "What's on the front of that jersey is more important to a collegiate fan than what's on the back of that jersey. If we start going down this road that we're going to pay athletes, we just became a minor league for the professional sports organizations."

Hmmm. "Just became"?

It should be noted that Gary Williams is not alone among college basketball coaches in his antipathy for the age-19-minimum rule. It's disruptive to continuity.

Which is why many fans don't like it either. Those of us who would like to see a Tar Heel squad featuring, say, Zeller, Henson, Barnes, Bullock, McAdoo and Hairston - a balance of freshman talent and experience that could make a deep run into the tournament, should encourage consideration of changes to the current arrangement.

MENTAL HEALTH

FROM PAGE I

Insko is concerned, though, about the potential for further cuts in Medicaid reimbursement rates if some or all of that money doesn't come in. "We're

in danger of losing providers," she said. Meanwhile, Club

Nova is awaiting word from Raleigh on either of two actions that could have a significant bearing on its future. Club Nova, which operates under a clubhouse model, primarily offers psychosocial rehabilitation (PSR), helping individuals diagnosed with mental illness de-

velop essential coping skills.

in its funding, Club Nova is ment rate is so low for PSR,

dealing with several developments that have threatened its viability. Changes to be implemented later this year in how mental health care services will be provided across the state mean that Club Nova most likely will no longer be allowed to provide community support that would examine and per-

Insko said that when cuts were made to the state Department of Health and Human Services' budget last year, certain tools could have been provided that would have helped its staff meet the new targets. Some of those tools are now available.

team services. These services are complementary to PSR In addition to the reduction and, because the reimburse-

have helped Club Nova stay in business. The PSR rate was reduced in October 2009 and Club Nova has scrambled to stay in business since.

It now awaits word on bills in both the state Senate and House of Representatives

> haps raise the rate at which clubhouses can be reimbursed for PSR services.

But executive director Karen Dunn said sources at the state mental health division have indicated to her that, independent of the outcome of the bills, the state may return reimbursement rates for those services to the previous rate or

perhaps a bit higher. As for now, Dunn said, "It's pretty astounding that we've been able to stay afloat."

CHHS

FROM PAGE I

"From the moment we stepped off that plane, I knew this is what I wanted to do with the rest of my life," she said.

This summer, McManus took her second trip to Africa, where she will be traveling to Ghana to work with Habitat for Humanity to build two houses. She and her father are co-leaders of the

"I think if I could tell you why I was so passionate [about Africa], I could also explain why I want to live in a third-world country with no running water, with people I don't know," Mc-Manus said. "Ghana has this inexplicable draw on me."

Although Leloudis doesn't plan to live in the third world, she hopes to bring justice to the world by continuing to fight against capital punishment and promote Kingian nonviolence, based on Martin Luther King Jr.'s philosophy and strategies of nonviolence.

"My interest in social justice,



Kirsten Leloudis at the Historic Thousands on Jones Street March in PHOTO BY SUCHIN GURANGAN

women's issues and food justice was sparked by a handful of teachers at Chapel Hill High School who shared their wisdom and got the gears in my mind turning," Leloudis said. "Education is powerful."

Leloudis said she hasn't yet

decided the exact path she wants to take in promoting nonvio-

"I, just like everyone else, have the ability to nurture growth and change in my community by teaching and being open to being taught."





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Scott Conary: barista judge

BY HENRY GARGAN Staff Writer

Scott Conary is enthusiastic about coffee, and it's not just because he has trouble waking up in the morning.

Conary's selection as head judge at the 11th annual World Barista Championship attests to this. The competition, held late last month in London, tested competitors' mastery of quickly serving well-made drinks and their ability to inflect classic concoctions with their own personal style. Competitors had 15 minutes to create 12 drinks, three for each of the four judges – a cappuccino, an espresso and a barista's choice of coffee that makes "culinary sense." Cleanliness of presentation, charisma and overall impression also contributed to the barista's final score.

The judging process, Conary said, is inherently tinged with subjectivity: "There's a very technical aspect to it, but there's largely a sensorial aspect to it as well."

Conary, who owns and runs

local coffee haunts Caffe Driade and the Open Eye Café, tries to use this experience as a judge of baristas on the world stage to better his own businesses. Perhaps in an effort to educate his customers and employees, he made sure that video coverage of the event was streamed live into Open Eye.

"The same parameters [as in competition] are in place when I'm looking for someone to serve high-quality drinks," he said.

The World Barista Championship was launched through the grassroots initiative of passionate coffee drinkers with the help of the Specialty Coffee Association of America (SCAA). Conary has been involved with the competition since 2003.

"I recognized the inherent value of it, and I said, 'Wow, this is a good thing, and this could be a



great thing, but only if somebody makes it happen," said Conary, who serves as chair of the SCAA's Barista Competition Committee and has been a judge at the championships for the past four years.

His passion for the beverage took off as he became first a casual drinker, then a curious consumer and, finally, a member of the industry, submerged in the grounds of coffee lore.

"A little bit of it is my personality," Conary said of this transformation. "When I like something, I automatically want to know more about it."

Through this desire to learn and constant involvement with the coffee world, Conary made a name for himself as an aficionado and, eventually, a judge.

"I just put myself out there, and that was really important to becoming part of the movement," he said. "Plus, it's totally volunteer-based. No one is paying us to do this."

On a larger scale, Conary hopes change the way Americans view the coffeedrinking experience, and even the product itself. His businesses and other local coffee houses, Conary said, are leading the charge in committing to bringing the sophistication to coffee-drinking they think it deserves.

"Barista should be a profession," said Conary. "It is in other countries, and there's no reason it can't be here, as long as we raise the level of awareness with consumers. We take it very seriously."

So do his customers. The local customer base is well-educated about their coffee and is in part responsible for rising standards. It's a promising sign. Still, Conary feels that the overall perception of the drink itself needs to change in America.

"There's still this disconnect on what coffee really is," he said. "And unfortunately in the U.S., it's always been considered a staple. It's not a staple; you can't always count on it being there. It's an agrarian product."

Conary hopes that through a heightened awareness of coffee's true nature—a luxury—consumers will be quicker to advocate for better and more responsible cultivation.

So he persists, a man on a mission. Conary believes that what he does has important implications.

"There's this cultural thing that comes into play," he said, describing the world championship. "Whether you're dealing with interpreters or you're just feeling the flavor and effect of the cultural experiences that they want to share with you, that's just truly awesome.

"And," he said, smiling, "we have more countries represented here than at the World Cup."

Briefs

Día del Tomate

The Carrboro Farmers' Market will hold its 13th annual Tomato Day on July 17, with a special emphasis this year on the much-honored vegetable's humble beginnings in the Americas.

The market will feature special tastings of dishes from the Americas along with lively Latin music and recipes, signs and trivia in both Spanish and English. There also will be tomato-themed face painting available for the children.

Farmers at the market grow more than 60 varieties of heirloom, grafted, seed-saved, exotic and native tomatoes. A display of all of the varieties of tomatoes grown by the farmers will be arrayed in the gazebo at Town Commons – including samples of cherry tomatoes.

Master gardener classes

Master gardener training will be held at the Orange County Extension Center, 306 Revere Road, Hillsborough. The 15-week program will be held on Wednesdays from Sept. 14 through January 2011, with sessions running from 9 a.m. until 12:30 p.m.

Master gardener is a title given to individuals who receive 40 hours of in-depth horticultural training from county extension agents and in return agree to give 40 hours of volunteer service helping their local county

Training will include topics such as basic plant botany and physiology, entomology, plant pathology, vegetable gardening, fruit culture, annuals and perennials, woody ornamentals, turf management, interior plants, pest control, basic landscaping and identification and usage of common landscape plants.

In Orange County, master gardeners help by answering telephone calls in the extension office, troubleshooting plant problems brought into the office, staffing plant clinics at farmers' markets and working with youth in 4-H.

Applications for a limited number of openings are being accepted at the county extension office until Aug. 1. For further information about the master gardener program, contact Carl Matyac at 245-2062 or send an email to carl_matyac@ncsu.edu

Farmer wanted

The Orange County Board of Commissioners is looking for an Orange County farmer to serve on the Piedmont Food and Agriculture Processing Center steering committee.

The project is a multi-county effort involving Alamance, Chatham, Durham and Orange counties and Weaver Street Market and Whole Foods. The shared-use facility located on Valley Forge Road in Hillsborough is scheduled to open in March 2011 and will provide a wide range of food-processing equipment in a commercial kitchen. Planning includes business-development education, especially for food-based businesses.

Farmers may apply online at co.orange.nc.us/boards/apply.asp or contact Donna Baker at 245-2130.

Owl Prowl on the Haw

The Haw River Assembly will hold a paddling fundraiser July 17, exploring Big Alamance Creek and the birds along its shoreline, including the many barred owls whose hoots filled the night.

Register for a canoe or kayak for the 7 to 10 p.m. paddle at hawrivercanoe.com/register

The assembly also will hold a fundraiser today (Thursday) at the Pittsboro General Store to benefit the organization's Learning Celebration. Music will be by Rootzie and Milagro Saints with a suggested donation

Not mulch

The Orange County Solid Waste Management Department announced this week that it expects to be sold out of yard-waste mulch through the end of August.

Recent maintenance down time on the yard-waste grinder combined with a high level of demand for mulch this year has led to the mulch supply being temporarily depleted. The grinder should be fully operational by early this month, at which time the department will start chipping yard waste again. However, in order to achieve a high-quality product, the fresh chips must cure for at least 45 days. Mulch sales should resume around Sept. 1.

Yard waste will continue to be collected at the landfill and convenience centers. Red mulch and compost is available at \$28 per cubic yard.



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Light Summer Pizza

Recipe Provided by: Market Customer, Sacha Knowles

I tried this one at home with an easy white flour tortilla crust. You could of course make your own dough, but the tortilla works great. I get the great big tortillas. Have fun with the toppings. I've used cooked corn, fried okra, fried eggplant, peppers, and other toppings when I want to make bigger pizzas. This is a simple and light summer version. Enjoy!

- I large head of Garlic (minced)
- 2 large onions or 4 small onions (chopped) I Tablespoon of honey
- 6-7 tomatoes (Chopped) *I used a collection of heirloom tomatoes because I had them, but paste tomatoes work great
- Olive oil
- 4 cups of grated mozzarella cheese Small bag of fresh basil (chopped or whole)
- 3 large flour tortillas (the bags usually contain 12 tortillas) Salt and pepper to taste

Over medium heat, sauté the garlic and onions in olive oil and be careful not to burn them. Add about a tablespoon of honey and cook until onions are clear. Add the tomatoes and reduce the heat to a simmer for about an hour. Salt and pepper to taste.

Coat both sides of the tortillas in fine olive oil. Broil each side in the oven until the tortilla is lightly toasted (about a minute or less on each side). The tortilla will balloon out and rise. Take out of the oven and pop the air bubbles to regain a flat surface. Spoon the sauce overtop the tortillas and cover with cheese. Stick back in the oven on broil just long enough to melt the cheese. Top with fresh whole or chopped basil. Take out of the oven and drizzle the surface of the pizza with a little olive oil and salt. Serve hot.

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CRYPTOQUOTE ANSWER: Shame

If there is an embarrassment equivalent of post-traumatic stress disorder, South Carolina has it. - Dick Harpootlian, a former Democratic chairman of the state, on its recent politics.

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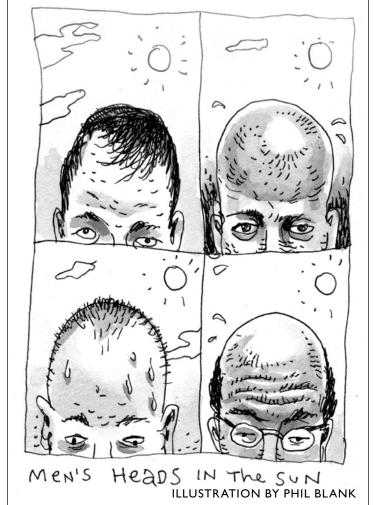
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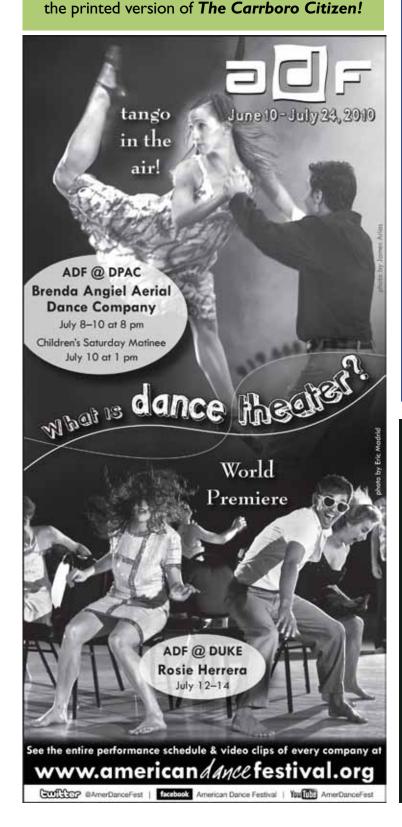
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THE CARRBORO CITIZEN **10** THURSDAY, JULY 8, 2010



Swamp milkweed makes a nice garden plant.

FLORA

FROM PAGE I

Their habit is described as feeding and mating on milkweeds. They eat both leaves and flowers, but not enough to cause any real harm. Sometimes you may notice that a leaf is partially broken. The beetles are clever in slitting a leaf vein or two to partially drain the leaf of its toxic milky sap, making the outer part of the leaf a bit tastier for ingestion. Eggs are laid on leaf undersides and larvae drop to the ground to continue their cycle. Larvae are described as sometimes staying around a while to chew on the leaves. The beetle population seems to remain low enough to be respectful of its host milkweed.



Pete Schubert's pet milkweed leaf beetle.

PHOTO BY PETE SCHUBERT.

Though the beetle will visit the common milkweed, Asclepias syriaca, it prefers the swamp milkweed, Asclepias incarnata. With vivid pink flowers, swamp milkweed occurs naturally, as its name implies, in swamps, along pond edges and in boggy areas throughout the mountains and Piedmont and less commonly in the coastal plain. Its broader distribution is from New England all the way down and around to Texas.

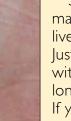


PHOTO BY KEN MOORE

Swamp milkweed makes a nice longlived garden plant. Just don't let it linger without moisture too long during droughts. If you pinch off the spent flowers, it will re-bloom several times during the growing season. In addition to the colorful beetles, it attracts butterflies and many desirable pollinators. Niche Gardens keeps it as one of their standard butterfly-attracting perennials and it is still available at the N.C. Botanical Garden.

Whether a milkweed or some other plant attracting your attention with flowers, you'll most likely find accompanying critters, in many cases, as beautiful and engaging as the flowers.

Email Ken Moore at flora@carrborocitizen.com.



Dorothea Lange at Cedar Grove, July 4, 1939

magine the surprise of this photo-geek when I discovered that Farm Security Administration photographer Dorothea Lange took photographs right here in Orange County. The world-class photographer, whose iconic image of the Great Depression (Migrant Mother) is burned on the emulsion of our national inner eye, made this haunting image up in Cedar Grove on the Fourth of July, 1939. According to several local photo-history detectives, Lange worked with UNC's Howard Odum at the Institute for Research in Social Science. From the blog "N.C. Miscellany," we learn that Lange captioned the photo simply, "near Chapel Hill." Lange made five exposures, using a ponderous and time-consuming 4x5 view camera, telling us that she spent considerable time at this country store up in northwestern Orange County. But it makes me hungry to learn the exact location, who these confident ballplayers are and what became of these boys of summer as the country tilted toward WW II.



A THOUSAND WORDS

BY JOCK LAUTERER

Do you have an important old photo that you value? Send your 300 dpi scan to jock@email.unc.edu and include the story behind the picture. Because every picture tells a story. And its worth? A thousand words.



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