

Self-seeding chaste tree, sometimes called hemp tree (see the leaves), attracts pollinating bees and wasps but has nothing else to add to the local natural ecosystem.

PHOTO BY KEN MOORE

## FLORA BY KEN MOORE

### More reflection on exotic invasives

I've targeted chaste tree, *Vitex agnus-castus*, (above) and crape myrtle, *Lagerstroemia indica*, (back page) to be chopped out of my landscape. You'll not be happy to read on for the reasoning.

Mention of one's position on exotic invasives usually initiates heated discussions among gardeners. While many such plants cause multi-million-dollar disruption to agriculture and natural areas, others are objects of pride in private and public gardens.

It's good to pause and recognize that no individual or organization introduced exotic plants to America intending to create the environmental and economic disasters we now have. Exotic plants date back to the pioneers' cherished herbs and medicinals from their homelands. Thomas Jefferson and other colonial horticulturists introduced exotics of beauty and culinary appeal. Some invasive plants were accidental stowaways.

Rather than feel guilty for exotic species, we can simply appreciate where we are and how to proceed.

As described in the July 8 issue of *The Citizen*, our town has taken a bold step. New developments are not allowed to include plant species that appear on the Invasive Exotic Species List, Rank I-Severe Threat, of the N.C. Native Plant Society (ncwildflower.org). Not surprisingly, that list includes plants like tree of heaven, mimosa and Chinese wisteria, already so ubiquitous that few would dare plant more, though some still plant Chinese wisteria.

SEE FLORA PAGE 8

## Pedersen announces retirement after 18 years

BY SUSAN DICKSON  
Staff Writer

Looking back on his years at the helm of the Chapel Hill-Carrboro City Schools, Superintendent Neil Pedersen said he is pleased with the work that he's done, but that there's still a long way to go.

Pedersen, who turned 60 in June, announced at a school board meeting last week that he would retire at the end of the 2010-11 school year after 18 years leading the school district. The move followed weeks of speculation that the

soft-spoken administrator would retire, since he hadn't asked the board to renew his four-year contract.

"The major focus for us when I became superintendent was to close the achievement gap ... and I am proud of the progress that we made during this time and the supports that we've put in place to increase student achievement among students of color in particular," Pedersen said. "At the same time, I will leave feeling like the goals that we set were not fully accomplished."

Pedersen is the longest-serving superintendent in the district's 100-

year history and the longest-serving superintendent currently working in North Carolina, with 17 years as superintendent under his belt. He has overseen tremendous growth, with the construction of nine new schools during his tenure, and has approached the minority achievement gap head-on, launching programs and initiatives to improve student achievement.

"I think he's been a very effective superintendent, and he's clearly been involved in every program that the school system has in place currently," school board chair Mike Kelley said.

"Almost every classroom, every program and right down to the bottom, he's been involved at some level."

In 1992, shortly after he became superintendent, Pedersen convened the Blue Ribbon Task Force to take a hard look at the achievement gap. Based on the recommendations of the task force, several programs and services were launched, including the Blue Ribbon Mentor-Advocate, a mentoring program focusing on improving the achievement of black and Latino students.

SEE PEDERSEN PAGE 3



Michelle Laws, president of the Chapel Hill-Carrboro NAACP chapter, in blue cap, shortly before her arrest at a Wake County School Board meeting on July 20. After a downtown rally and march by approximately 2,000 people opposed to the Wake board's decision to end a long-running diversity effort, many participants entered the board meeting. Laws addressed the board and at the end of her allotted two minutes, refused to step away from the microphone. Several supporters surrounded her, and 17 were arrested, including Laws, Carrboro resident Laurel Ashton and Madeline Miller and Camellia Lee of Chapel Hill. Earlier, Rev. William Barber, president of the state NAACP and Rev. Nancy Petty, of Pullen Baptist Church in Raleigh, were arrested in the parking lot outside the school board offices.

PHOTO BY AVA BARLOW

## Live outdoor music to continue in downtown Pittsboro

BY TAYLOR SISK  
Staff Writer

**PITTSBORO** – The Town of Pittsboro Board of Commissioners has issued an interim interpretation of the town's noise ordinance that management of The City Tap says will allow the bar to continue to present live music.

At primary issue was where decibel levels should be measured when police respond to a complaint. The town ordinance allows for noise levels of up to

70 decibels and states that measurement of those levels should be made "beyond the property line from which the sound originates."

City Tap co-owners Steve Cote and Steve Carr have argued that if "beyond" is interpreted as being immediately at the property line, it would be impossible to host any live music other than acoustic without regularly being in violation.

At their Monday night meeting at Town Hall, the commissioners heard

from Carr and three other Pittsboro residents – two voicing support for live music in Pittsboro and one neighbor of City Tap calling the bass lines emitted from the bar "unbelievable torture" – and from Community Policing Officer Troy Roberson. The board discussed the issue and subsequently voted unanimously to amend the ordinance with an interim interpretation, advising local law enforcement

SEE MUSIC PAGE 3

## A shared history

RECENTLY ...  
By Valarie Schwartz

Richard Ellington learned Saturday that his experience growing up white in downtown Carrboro was not all that different from that of black children growing up a few miles outside of town, where they attended school at Hickory Grove School off N.C. 54.

Ellington has learned a good deal about his hometown over the past two years, as he and Dave Otto have researched the book of contributed images they are compiling in time for Carrboro's centennial celebration in 2011. The two will no doubt share a lot of things that don't make it into the book when they begin their readings and signings next year, likely including fond memories of their time at Hickory Grove.

At 3 p.m. on a scorcher of a day, four former attendees of the school sat around tables now used by pottery students at Hickory Grove Center, owned since 1998 by Gary and Natalie Boorman. The building quit serving as a school following integration; it had been a night club, day care center and, for 22 years, a private home. With the exception of a deck that facilitates a handicap ramp, the Boormans have restored the exterior to its school roots.

Natalie Boorman hosted the gathering, attended by Vivian Burnett, her cousin George Bynum, their niece Emily Rogers (whose mother, the late Dorothy Farrington, attended school there), William "Skinny" Farrington and his cousin Louis C. "L.C." Edwards.

After Otto explained why they were all there – to help the two men capture the black experience of Carrboro – Ellington, who works in information technology at UNC, began the discussion by asking the Orange County natives if they remembered Dr. Lloyd.



Richard Ellington, left, finds new friends in former Hickory Grove School kids George Bynum, "L.C." Edwards, "Skinny" Farrington and Vivian Burnett.

PHOTO BY VALARIE SCHWARTZ

Oh, yes, they did. "He was *the* doctor!" Burnett said, adding details that proved it, as they began their journey back to a time when the only relief on a day such as that one was finding a shade tree.

"Dr. Lloyd delivered me at home," Ellington continued, sharing that he'd

learned that in 1920 the population was but 2,000. "Carrboro was very much an old Southern mill town with mill town attitudes and racial tensions."

SEE RECENTLY PAGE 2

## INSIDE

### Library moves to University Mall

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**RECENTLY**  
FROM PAGE 1

Yet, as he had looked through the census information, it showed how mixed the races were. "I grew up in one of the most integrated towns around, and everyone was in the same condition." The struggle for survival was shared by all. "It was nothin' but poor workin' people."

Burnett, a retired medical technician at UNC Hospitals, knew what he meant. "I thought we were poor, but you know what? I found out that riches are not money. Everybody was on one accord, it was good. We were a community and everybody looked out for each other. We worked the tobacco together and cooked the food together."

Farrington echoed her sentiments, saying that his father worked at the UNC Laundry for 32 years but, "he always kept a garden and chickens ..."

"Don't forget the pig," Burnett said, with Farrington confirming. "And there was molasses from the sugar cane and jelly from the orchards. Oh, we were just rich!"

And while they recounted their riches, Ellington echoed that, "Even in downtown Carrboro, in the back of the narrow lots, people kept chickens and gardens."

And he remembered the molasses from the sugar cane, even describing the sugar extraction process, ending with his favorite way to eat it.

"You take a hot biscuit," he began, using his hand to demonstrate making a tunnel-like hole in one side, to add butter, then pour in the dark molasses before devouring it. His description left us all hungry for the taste of the sharp/sweet syrup.

The talk about gardens led to the question of grocery stores, and quick as the question was asked, Ellington took us on a mental trip up and down East Main Street, saying what store was where something is today, until he'd listed

six or seven (not unlike Cliff's Meat Market) where people bought the items they could not grow.

"We were welcome in all the grocery stores," Bynum offered. But he added that there was a Rexall Drugs where the Orange County Social Club is today. "Blacks could buy ice cream but we couldn't eat it there."

"I was the first black counter girl at Sutton's Drugs," said Burnett. She was hired in 1957 and worked there four years. "I could serve blacks, but they couldn't sit there."

But at their school, they didn't know about such things. It was a two-room school with a partition in the middle to separate grades 1-3 from 4-6, a coatroom on each end and a door to the outside privy. Coal-burning pot-belly stoves on each side kept them warm and there was electricity, but no running water.

"We had to cross 54 and go to the third house on the right and take water from Miss Gates' well - until the water got wiggle worms," said Edwards, who spent his career in public transportation after working with Chapel Hill Mayor Howard Lee to bring it here. Apparently, a parasite was detected in the water and a new neighbor had to supply for the school, but the memory of the wiggle worms tickled everyone.

Burnett later told me that she had lived in the same house, up the next hill from the school all her life. "Out there in the country we were very integrated." She had not been surprised that their experience was so similar to Ellington's - a white boy growing up in town. "We knew this. We knew this!" Anyone with photos depicting old Carrboro who would like to contribute them to the book should contact Otto or Ellington right away - their deadline is next week, but they are still accepting contributions (all photos will be returned to the owner).

Contact Valarie Schwartz at 923-3746 or valariekays@mac.com

**SPOTLIGHT: 8th ANNUAL AUCTION / Independent Animal Rescue**



A table by Ron Liberti is one of many items that will be auctioned off at the eighth annual Painted Chair and More Auction benefiting Independent Animal Rescue on Saturday at the American Legion Hall. For more information, see page 4.

**MOVIES** We suggest you call for exact show times. All listings start Friday.

**CAROLINA THEATRE OF DURHAM**

309 W Morgan St., 560-3030

Summer Repertory Film Series — Sunset Boulevard, nightly at 7 p.m., Saturday and Sunday matinees at 2 p.m., and Breakfast at Tiffany's, nightly at 9:10 p.m., Saturday and Sunday matinees at 4:10 p.m.; The Kids Are All Right, nightly at 7:10 & 9:20 p.m., Saturday and Sunday matinees at 2:10 & 4:20 p.m.; Winter's Bone, nightly at 7:20 p.m., Saturday and

Sunday matinees at 2:20 p.m.; I Am Love, nightly at 9:30 p.m., Saturday and Sunday matinees at 4:30 p.m.

**CHELSEA THEATER**

Timberlyne, 1129 Weaver Dairy Road, 968-3005

I Am Love; The Kids Are All Right; Winter's Bone

**THE LUMINA**

Southern Village, 932-9000

Cats and Dogs: Revenge of Kitty Galore; Inception; Prince of Persia;

The Sands of Time; Ramona and Beezus; Despicable Me; Salt

**REGAL TIMBERLYNE 6**

120 Banks Drive, 933-8600

Cats & Dogs: Revenge of Kitty Galore; Charlie St. Cloud; Despicable Me; Ramona and Beezus; Salt; Inception

**THE VARSITY**

123 East Franklin St., 967-8865

Rear Window; The A-Team

**The CAROLINA THEATRE**  
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Breakfast At Tiffany's  
Nightly at 9:10w/Sat & Sun Matinees at 4:10w  
The Kids Are All Right  
Nightly at 7:10 & 9:20w/Sat & Sun Matinees at 2:10 & 4:20w  
Winter's Bone  
Nightly at 7:20w/Sat & Sun Matinees at 2:20w  
I Am Love  
Nightly at 9:30w/Sat & Sun Matinees at 4:30w  
309 West Morgan St. Downtown Durham  
www.carolinatheatre.org | 919.560.3030

**The ArtsCenter**  
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**UPCOMING CONCERTS:**

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**The Association of Central Carolina Middle Eastern Dancers**  
Presents: **Carolina Casbah!** • SAT 8/21  
**Beausoleil with Michael Doucet** • FRI 8/27  
Shannon Whitworth • FRI 9/3  
Shelby Lynne • WED 9/15

**5:40 Concert Series at East 54**  
Free outdoor shows at East 54, Chapel Hill. Music starts at 5:40 pm.  
Birds & Arrows • THU 7/29  
The Moaners • THU 8/12  
Mary Johnson Rockers • THU 8/26  
Jocelyn Arem • THU 9/9

**UPCOMING THEATRE:**

Talking Things Over with Chekhov.  
Free Association Theatre Ensemble. 8/26-28

**CHILDREN & FAMILY:**

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## Briefs

### Most schools make the grade under federal standard

Twelve out of 17 schools in Chapel Hill-Carrboro City Schools met standards for student achievement under federal No Child Left Behind (NCLB) rules.

The Average Yearly Progress standards, which measure how schools are progressing in dozens of areas, showed that Carrboro, Ephesus, Estes Hills, Glenwood, McDougale, Morris Grove, Rashkis, Scroggs and Seawell elementary schools; Phillips and Smith middle schools; and Carrboro High School met all 320 standards under NCLB.

The district reports that five schools failed to meet all the standards. Schools not making AYP are Frank Porter Graham Elementary School, Culbreth and McDougale middle schools and Chapel Hill and East Chapel Hill high schools.

Each school not making AYP missed on only one performance standard. Frank Porter Graham, Culbreth and East Chapel Hill did not meet the AYP standard for economically disadvantaged students in math. McDougale Middle did not meet the AYP standard for black students in math. Chapel Hill High did not meet the 95 percent participation standard for economically disadvantaged students in reading.

Because the district's secondary schools do not receive federal Title I funds, Culbreth and McDougale middle schools and East Chapel Hill and Chapel Hill high schools will face no sanctions under the NCLB legislation.

Frank Porter Graham will enter into the corrective-action phase of school improvement under NCLB. A school enters corrective action when it has not met AYP standards for four consecutive years in the same subject. Measures include additional professional development training and staff support. Parents will have the choice of moving their children to either Ephesus or Estes Hills elementary schools. Frank Porter Graham enters the school year with a new principal and assistant principal.

### Bus stops closed

Due to construction on Martin Luther King Jr. Boulevard between Estes Drive and Barclay Street, the following bus stops will be temporarily closed today (Thursday): YMCA, Martin Luther King Jr. Boulevard at Airport Drive and Martin Luther King Jr. Boulevard at Barclay Street. Passengers may board the buses at temporary bus stops located near the intersection of Estes Drive, just before the lane closures, or at Stratford Apartments, just past the intersection of Barclay Street.

The HS and NU routes will be detoured along Estes Drive and will not serve the northbound bus stops on Airport Drive. Passengers on Airport Drive may board the detoured buses on Martin Luther King Jr. Boulevard at Barclay Street.

Both southbound lanes will be closed and the center turn lane will be used for southbound traffic. Chapel Hill Transit routes operating along Martin Luther King Jr. Boulevard may experience schedule delays as a result of the lane closures.

### Man charged

A Chapel Hill man has been indicted on felony charges of statutory rape and indecent liberties with a child.

Martin Delgado-Ramirez, 32, of 591 Dalton Drive is being held in Chatham County after being indicted Monday. He is accused of having sex with the underage daughter of a woman he was living with. The mother of the girl is also facing a charge of felony child abuse.

Delgado-Ramirez was arrested in March after the Department of Social Services officials contacted the Chatham County Sheriff's office about the incident.

## Library moving to University Mall

With the decision to proceed with the expansion of the Chapel Hill Public Library now settled, Chapel Hill officials planning the process have passed at least one critical hurdle: finding the library a temporary home.

Town Manager Roger Stancil announced Wednesday that a deal with Madison Marquette for space at University Mall is close to completion.

The 11,000-square-foot loca-

tion will be situated adjacent to Deep Dish Theater and close to Southern Season's inside entrance to the mall. The new location, which will house about 70 percent of the library's collection, is also near the mall's new center stage, where many of the library's special events can be held.

"We are delighted to host the temporary library and will do all we can to help the community enjoy a seamless transition to the new

space," said Peter J. de Leon, general manager of University Mall.

Chapel Hill Mayor Mark Kleinschmidt said he has received positive responses to the idea.

"The Mall offers a centrally located site close to the original library and gives patrons the benefit of ample parking with great shops and restaurants. I know our residents will be grateful to have University Mall house our library during construction as

we look forward to our new and improved library," Kleinschmidt said in a statement accompanying the announcement.

The expansion, which will add 35,000 square feet of building space and an art garden to the existing 27,000-square-foot library, is expected to take about a year and a half to complete. Bonds for the \$16.5 million project are scheduled to go on sale in September. — *Staff Reports*

## PEDERSEN

FROM PAGE 1

Graig Meyer, program coordinator of Blue Ribbon Mentor-Advocate, pointed out that Pedersen was one of the program's original mentors.

"The way that I got to know him was not as a superintendent, but as a mentor," he said. "I could see the way that he was learning from the experiences of his mentee and really considering deeply what those experiences meant for other students."

Meyer said Pedersen has always been a very supportive superintendent who listens and tries to understand what is going on in district programs.

"I really believe that he has done a fantastic job of ... keeping our focus on the most important issues and not taking our foot off the accelerator," he said. "He's due all the credit that comes to him."

As he enters his final year as superintendent, Pedersen said he is aware of the challenges before him — in particular, another tight budget cycle.

"I certainly approach the year as my last shot to enhance our educational services and improve student achievement and I hope to make significant progress," Pedersen said.

"Preparing a budget this year will be once again quite challenging and almost certainly more challenging than it's been for the past two or three years. I hope that we can develop a budget that's lean but does not detract from the quality of education that our students receive."

"I want to make sure that we don't lose many of the programs and resources that have come about during my administration," he continued. "We certainly will stay focused on student achievement in a variety of ways."

As for the end of his final year, Pedersen has no concrete plans, other than to take a little time for himself.

"I certainly would like to have some more time for my family and for myself and for me to reflect on the experiences that I've had," he said. "And to change the pace of my life to some extent."

## OBITUARY

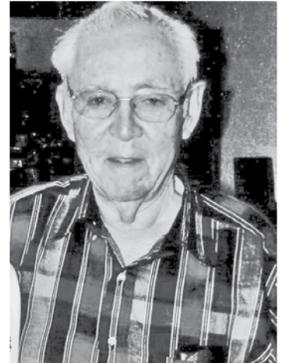
### David Roberts

David Briant Roberts passed away on July 21, 2010, surrounded by his family at Carillon Assisted Living of Hillsborough. He is survived by his wife, Louise Ray Roberts, and son, Tommy Ray Roberts, three grandchildren and six great-grandchildren, as well as nieces and nephews.

David was preceded in death by his parents, Ida Thomas Jordan Roberts and David Thomas Roberts, his infant daughter, Nancy Ray Roberts, his sisters Charlie Frances Terrell and Mary Thomas Truesdale, and a brother, Wesley Roberts.

David retired from the Town of Chapel Hill after many years of serving as the town clerk and tax collector. He was also a WWII veteran and a member of Orange United Methodist Church.

A funeral service was held on Saturday, July 24th, 2010



at Orange United Methodist Church with Rev. Ken Hall Jr. officiating. Burial followed in the church cemetery.

In lieu of flowers, memorials in his memory may be made to Hospice of Alamance, 914 Chapel Hill Road, Burlington, NC 27215 or to Orange United Methodist Church, 1220 Martin Luther King Jr. Blvd., Chapel Hill, NC 27514.

## MUSIC

FROM PAGE 1

"There's total agreement that us putting one truck on ... is not going to solve all the problems, but every bit helps," he said.

The rescue squad has relied on volunteers to provide emergency services since its establishment in 1971. Though the organization has about 80 volunteers, officials have seen a decline in the volunteer force over the past 10 years, squad Chief Matthew Mauzy said.

"We're always looking for more [volunteers]," Stipe said.

With more volunteers and a group of cadets scheduled to become certified over the next several months, the squad hopes to be able to increase its participation in the county response fleet to seven nights a week in spring 2011.

In the meantime, county EMS officials are recruiting across the country to fill its 10 new positions and working on improving the technology in its communications center. Within the next month, county EMS will again check response times, which will hopefully average closer to the 12-minute mark.

"Any improvement is a positive thing," Montes de Oca said.

that when a complaint of excessive noise is received, decibel levels should be measured at the closest residential property line.

The City Tap is located a block from the courthouse and presents live bands on its back patio during warm-weather months. The bar recently has received complaints about the noise from a neighbor who lives two blocks away.

Roberson said at Monday night's meeting that when complaints have been lodged, noise levels sometimes have been recorded in excess of 70 decibels and sometimes below. He also said that responding officers, uncertain of how to interpret "beyond the property line," have measured from various distances.

Carr told the commissioners that the issue was not just about The City Tap but about drawing people to the downtown area. Lesley Landis spoke on behalf of the Chatham County Arts Council, saying that a lively downtown was important to the town's economic vitality.

Cote and Carr have suggested raising the permissible noise level to 80 decibels and measuring at

the source of the complaint.

Commissioner Michael Fiocco said he felt the board needed to balance a concern for people in the neighborhood being disturbed with "our desire to maintain a vibrant downtown," and that he thought this amendment achieved that.

"The main objective was to address exactly what the ordinance meant and the problems that it was causing the police," Fiocco said. "We needed a clear standard at which the ordinance will be applied."

Carr was pleased with the board's decision. "I'm completely delighted that action was taken and that we have this rule," he said. He also said that information he gathered at Monday night's meeting was instructive. Gayle Hughes told the commissioners that the problem wasn't with the music per se, but with the thump of the amplified bass.

Carr said that now knowing the issue is with bass lines, he and his staff would look into ways to improve the sound shield accordingly and would ask bands to set up in such a way as to minimize how far the bass carries.

"This is new information, and it gives us something to work with," Carr said.

## EMS

FROM PAGE 1

For the 2010-11 fiscal year, county EMS requested 29 additional positions; under budget constraints, county officials were only able to fund 10 positions.

But with the help of the South Orange Rescue Squad, county EMS officials hope the department will be able to improve response time.

This isn't the first time the squad has collaborated with the county: South Orange always has provided "surge" EMS coverage when the county's resources have been overwhelmed, and until last August the squad provided an on-call ambulance and EMTs stationed on the UNC campus.

"Our agencies have been working together for 30 years, so this is just kind of a new chapter," Montes de Oca said. "We're very pleased."

Fred Stipe, chair of the South Orange Rescue Squad board of directors, said the squad is eager to help county EMS provide improved services.

## THE CARRBORO CITIZEN

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Last Call! Calling all Carrboro businesses

The Town of Carrboro will publish the 2010-11 Community Resource and Visitors Guide

in September 2010. Businesses started in the last 12 months or not included in last year's listing are invited to provide information. Home-based businesses are encouraged to participate.

Please submit the following information: industry/business type, business name, address, phone number and URL. To update listings from last year's directory, visit www.carrborocitizen.com/print/guide2009.pdf and then submit corrected information. All data should be sent to Robert Dickson at publisher@carrborocitizen.com by July 31, 2010.

For information regarding advertising in the Resource Guide, please contact Marty Cassady at marty@carrborocitizen.com or 919-942-2100.

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## Briefs

### Smith Middle School to be featured in documentary

Smith Middle School's Belgian exchange program will be featured in an hour-long documentary on UNC-TV on Aug. 5 at 10 p.m.

The documentary will showcase local middle and high school students and teachers involved in North Carolina and European Connections. It will feature American students staying with Belgian families, along with views of Paris and the beaches of Normandy and Belgian tributes to American war heroes.



### Auction to benefit animal rescue

The eighth annual Painted Chair and More Auction benefiting Independent Animal Rescue (IAR) will be held on Saturday from 5:30 to 9:30 p.m. at the American Legion Hall.

Doors open at 5:30 p.m. for an early-bird preview session, with the silent auction to follow from 6 to 7:30 p.m. The live auction will begin at 7:45 p.m. and will feature artwork by local artists that can be viewed online at [animalrescue.net/PCA2010AuctionItems](http://animalrescue.net/PCA2010AuctionItems)

All proceeds will benefit Triangle companion animals in need. IAR is a private, nonprofit rescue run solely by volunteers who rescue and care for stray, abandoned and abused companion animals in the Triangle area.

Tickets are \$15 in advance and \$20 at the door. To buy tickets, visit [animalrescue.net](http://animalrescue.net) or contact IAR at 403-2221 or [info@animalrescue.net](mailto:info@animalrescue.net). The American Legion Hall is located at 1714 Legion Road in Chapel Hill.

### Film festival call for submissions

The 5th annual Carrboro Film Festival is seeking submissions from filmmakers who have breathed in the good local air of Orange County.

The early deadline for submissions is Aug. 20. Filmmakers may submit up to four films for a \$20 entry fee. The late deadline is Sept. 30 with a \$25 fee per submission.

The rules require that the filmmaker at one time in life had a brush with Orange County and that films run no longer than 20 minutes. The festival will be held on Nov. 21 from 1 p.m. to 7 p.m. at the Carrboro Century Center. Winners receive cash prizes.

Visit [carrborofilmfestival.com](http://carrborofilmfestival.com) for more information.

### August blood drives

The Orange County Branch of the American Red Cross is holding a series of blood drives throughout the month of August, since blood supplies traditionally decline in summer. The drives will be held at the following times and locations:

- Aug. 8 – Walnut Grove United Methodist Church in Hurdle Mills from noon to 4:30 p.m.;
- Aug. 19 – the OWASA building in Carrboro from 11 a.m. to 3:30 p.m.
- Aug. 25-26 – Great Hall at the Frank Porter Graham Student Union from 9 a.m. to 6 p.m.;
- Aug. 27 – the multi-purpose room at the Frank Porter Graham Student Union on the UNC campus from 11 a.m. to 3:30 p.m.;
- Aug. 29 – Eno Presbyterian Church in Cedar Grove from 12:30 p.m. to 5 p.m.

### School sports physicals

Middle School students wishing to sign up for sports can obtain a free physical at McDougle Middle School on Aug. 14 from 10 a.m. to 1 p.m. All athletes may visit the SHAC Clinic in the Carrboro Community Health Center on Aug. 21 from 2 to 4 p.m.

More information, including the required physical form, can be obtained at [2.chccs.k12.nc.us/education/dept/dept.php?sectionid=6086](http://2.chccs.k12.nc.us/education/dept/dept.php?sectionid=6086)

### Hillsborough recognized

The Town of Hillsborough heard from the First Lady earlier this month.

Michelle Obama designated Hillsborough – along with 28 other communities across the country – as a Preserve America Community under a federal program to encourage and support preservation and enjoyment of America's cultural and natural heritage. The program recognizes and designates communities that protect and celebrate their heritage and use their historic assets for economic development and community revitalization.

"Preservation plays a vital role in shaping our town's best asset, our unique town character," Hillsborough Mayor Tom Stevens said after the announcement. "We have a better future when we're smart about preserving our past."

## HOUSE Calls

Practicing family physicians from the UNC Department of Family Medicine have teamed up with *The Carrboro Citizen* to bring you a weekly feature responding to your questions about health and medicine. Send your questions or comments to [yourhealth@unc.edu](mailto:yourhealth@unc.edu)



This week we respond to questions about endometriosis, arthritis of the knees and Lewy body disease.

**Dear HOUSE Calls,** I have recently been diagnosed with endometriosis. My husband and I plan to have a baby soon. Can you tell me if endometriosis affects fertility?

It's wonderful that you're planning in advance for a family. A relationship does exist between endometriosis and problems with conceiving. While endometriosis occurs more commonly among women with fertility problems, not all women with endometriosis have trouble getting pregnant. The problems getting pregnant may be due to changes in hormones or changes from scar tissue in organs such as ovaries and fallopian tubes. Most women with mild to moderate endometriosis will eventually conceive without treatment (as many as 70 percent in three years). Three years can be a long time when you are trying to get pregnant. A number of therapeutic options exist, including surgery, medications and assistive reproductive treatments.

**Dear HOUSE Calls,** My 62-year-old mother has had very painful osteoarthritis in both knees. So far, I don't seem to have any problems myself, but I was wondering if osteoarthritis can be prevented?

Good question. Given your mother's age, we assume you are in your early 30s, and thus you are not likely to develop osteoarthritis for 20 to 30 years. Other types of arthritis (e.g., rheumatoid arthritis) tend to be more hereditary. However, some hereditary relationship exists between weight, posture and alignment in osteoarthritis. The most important thing to do is to maintain an ideal body weight and try to prevent injuries to joints, such as broken bones and torn cartilage, by maintaining strong bones through weight-bearing exercise and appropriate levels of dietary Vitamin D and calcium.

**Dear HOUSE Calls,** My dear friend has been declining for a few years now, doing odd things and becoming forgetful. Her daughter took her to the doctor and she has a diagnosis of Lewy body disease. Can you explain what that is?

It's really hard to watch someone you really care about decline. Dementia is very scary. Lewy body disease is a type of dementia, related to Alzheimer's and Parkinson's dementia, in which Lewy bodies, or clumps of protein, are found in particular parts of the brain. People with Lewy body disease can react badly to some medicines used to treat Alzheimer's dementia, as well as to some over-the-counter medicines. Your friend will need a comprehensive treatment plan coordinated by her primary-care physician and possibly a dementia specialist, focusing on quality of life. No cure exists for this or any other form of dementia. The best thing you can do right now is support your friend and her family as they struggle with this new diagnosis and coming challenges.

*HOUSE Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf of Your Health and the UNC Department of Family Medicine.*

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## SUPER CROSSWORD THE MOTHER LODE

**ACROSS**

1 Throbbled  
6 Space traveler  
12 They may be personal  
15 Greens org.  
18 Gumshoe  
20 Tristan's toolsie  
21 Trim the turf  
22 Moray, for one  
23 Start of a remark by Milton Berle  
27 Lamb's darn  
28 Unpopular picnicer  
29 WWII gun  
30 Dear book?  
31 Taj town  
33 Fir type  
36 Toast topping  
37 Eddy  
39 Apia's locale  
40 VCR button  
42 Baller's Shearer  
43 Black or Carpenter  
44 Rotate  
45 Ample abdomen  
48 "Shook Up" (57 smash)  
49 Substantiated  
51 Part 2 of remark  
54 Bouncer  
55 Leander's love  
56 Revlon rival  
57 "M" man  
58 "Stroker..." (83 film)  
59 Prophet  
60 "Across" movement  
61 — au vin  
62 "Dragnet" star  
64 Part 3 of remark  
69 Tubercle  
72 Gobble up  
74 Without — (daringly)  
75 Spring flower  
77 Writer  
78 Wollert  
79 "Sergo" or Astaire  
80 Note  
84 Part 4 of remark  
86 Relinquishment  
88 TV's "Got a Secret?"  
89 Fitting  
90 Tiers  
91 John of Bad English  
92 Behind  
94 Conductor  
96 Civic or Accord  
97 Risk a ticket  
98 "— Baby" (60 song)  
100 Angola's capital  
102 "Across" carry it  
103 Decorate  
104 "Yo!" at the library  
105 Nav. rank  
106 TV-listing abbr.  
109 End of remark  
116 "The — Daba Honey-moon" (14 song)  
117 Pawter base  
118 A Muse  
119 Verdi opera  
120 "The Burning —" (84 film)  
121 Crane  
122 Composer  
123 Merits

**DOWN**

1 '68 US Open winner  
2 Enjoy taffy  
3 — Krishna  
4 Printer's measures  
5 Pair  
6 Freshen a fuchsia  
7 Road curve  
8 Excessively  
9 Urban transport  
10 Forsyth's "The — File"  
11 Oscar statuette  
12 Exiled dictator  
13 Comic deLuise  
14 Nobel and Garbo  
15 Pitox part  
16 Anthony of "General Hospital"  
17 Confederate river  
19 Tangie  
24 Claire or Balin  
25 Japanese dish  
26 Kharoum's river  
31 Rock's — Supply  
32 Charis  
33 Stark  
34 Congregational comeback  
35 Actor  
36 O'Casey's — art to paint  
37 Comfort  
38 Gnu  
39 Spice-rack item  
41 Bunch of oastations  
42 Brilliant bird  
43 Asian nation  
44 Actress Marisa  
45 Bonus  
46 Legendary Bruin  
47 Mac — tung  
50 Basketball's Willis  
51 Wishful winker?  
52 RN's specialty  
53 Feature  
56 Dramatist Edward  
60 Marshall or Singleton  
63 Cinderella's sortie  
65 They may be spill  
66 Mr. Khrushchev  
67 Somber  
68 Location apparatus  
70 Yearned for yumies  
71 Spud  
73 Surrey snack  
76 Juan's wrap  
78 "Goltha"  
79 Start to paint  
80 Buffalo forecast  
81 White Sox Hall of Famer  
85 Fussian river  
86 Trick stick  
87 Turturro of "The Sopranos"  
91 Finished first  
93 Neutrophil  
94 Mythological meanie  
95 Apex  
96 '62 John Wayne film  
97 Incline  
98 Hacienda material  
99 Wanderer  
101 Deplete  
102 Loser's locale  
103 Jozzebel's husband  
104 Twinge  
105 Secretary of Labor Elaine  
106 Aspen apparatus  
107 Beethoven's birthplace  
108 Pilot  
110 Vardalos of "My Big Fat Greek Wedding"  
111 "Norma..." (79 film)  
112 Explosive letters  
113 Round  
114 Archaic preposition  
115 "Jurassic Park" stuff

## CitizenCryptoquote By Martin Brody

For example, YAPHCYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc. Apostrophes, punctuation, the length and formation of the words are all hints.

**"New Yorkers"**

E C V C P Y J J S W C P U C M M C P ,  
J L C A Y C Y J J S R H B B P J ,  
Y Y P J D H G V Y J J S D G S S E A K P  
C P Z J S M S W C K S G Y J J S  
D G S P I . M U B K F B G B P ' M  
N H J M T C J J Y P V M U G S H V U .  
M U B K C Z S T M B Z Y P M U B Y G  
Y Z B P M Y M Y B J M U B F U S A B  
- N S C P D Y J E H T Y L ,  
J L C A Y C D Y S V G C T U B G  
*Find the answer in the puzzle answer section.*

**Weekly SUDOKU**  
by Linda Thistle

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| 7 |   |   |   |   | 8 | 4 |   |   |   |
|   | 9 |   | 7 | 5 |   |   |   |   | 3 |
|   |   | 5 |   | 2 |   |   | 7 |   |   |
| 1 |   |   |   | 7 |   |   |   | 3 |   |
|   | 8 |   |   |   | 2 | 6 |   |   |   |
|   |   | 4 | 6 |   |   |   |   |   | 8 |
|   |   | 9 |   | 8 |   | 2 |   |   |   |
|   | 3 |   |   |   | 4 |   |   |   | 7 |
| 2 |   |   | 1 |   |   |   |   | 6 |   |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★ ★ ★**

★ Moderate    ★ ★ Challenging  
★ ★ ★ HOO BOY!

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## PETS OF THE WEEK

**PAWS4EVER — Farrah**  
is a year and a half old. She's a red-and-black golden retriever/rottweiler. This gorgeous girl is a joy to be around. Before she came to us at P4E, she was a favorite at the Orange County shelter with the staff and volunteers alike. It is impossible to spend time with this big girl and not fall in love. She is excellent on her leash walks and can go on and on without getting tired. When she first arrived, she had a hysterical "I did my potty and now I'm VERY excited" dance, but since has learned that not everyone likes to do that jig with her. She is wonderful with all the dogs. If they want to romp and go crazy darting around the yard, that's what she is doing. On the other hand, if she is out with someone who is just chilling and enjoying the sniffs of the yard, she is content to do that as well. She quickly discovered the puppy pools and jumped in for hours of splashing and diving fun. She appears to be housetrained here – no accidents on the inside or outside of her kennel – and she is a very clean girl. Contact Paws4Ever, 6311 Nicks Road, Mebane or call 304-2300. You can also go online at [paws4ever.org](http://paws4ever.org)

**ORANGE COUNTY ANIMAL SERVICES — Say hello to Guru!** This cute mixed breed girl is around 2 years old and hoping someone will give her a new start soon. Her last family moved and couldn't take her with them, so she's a little confused as to how she ended up here and seems to miss having a family to welcome home every day. She's a gentle and calm girl who is great with people of all ages. She would be an excellent addition to a very lucky family and is waiting patiently for the perfect one to take her home! Visit her today at Orange County Animal Services, 1601 Eubanks Road in Chapel Hill. You can also see her and other adoptable animals online at [co.orange.nc.us/animalservices/adoption.asp](http://co.orange.nc.us/animalservices/adoption.asp)



## Calendar

### THURSDAY JULY 29

**Friends of the Downtown Meeting** — The speaker will be Dan Douglas, director of urban planning and urban design for Kling Stubbins, the firm hired to guide the town and development for the next five to eight years. Franklin Hotel. 9:30am

### FRIDAY JULY 30

**Art Event at the Hillsborough Gallery of Arts** — An opening reception for "Dream Nature," paintings by Jean LeCluyse and Ellie Reinhold and metal sculpture by Renee Leverty. 6-9pm. hillsborough-gallery.com

**Blue Light Special at Skylight Gallery** — To raise money for the gallery's picture-hanging system. Affordable handmade treasures and artists' flea market will be offered. Skylight Gallery, 102W King Street, Hillsborough. 6-9pm. 644-8637

**School Supplies Collection** — Hillsborough United Church of Christ will collect school supplies at their booth at Hillsborough's Last Friday. Supplies will be distributed by OCIM to children in need of these items to start the school year. 6-9pm

**"Going To Town" Exhibition by the Barn Show Folks** — An Exhibition of Eccentric and Eclectic Art will be presented at Renee Montague Studios in Hillsborough. 6:30-9:30pm. 485-9754

**Artist Reception at Hillsborough Arts Council** — Painter Jennifer Hahn and sculptor Susan Wells will display their most recent work at the Hillsborough Arts Council July 28 - August 20. The opening reception will be 6:30-9:30pm. hillsborougharts.org

**SATURDAY JULY 31 Permaculture and The Home Landscape Workshop** — With Greta Lee, certified permaculture instructor. NC Botanical Garden. 10am. Info and registration: ncbg.unc.edu or 962-0522

**Missoula Children's Theatre Production: Alice in Wonderland** — MCT returns for a sixth summer to The ArtsCenter with a cast of 60 local kids aged 6-18. Two-show passes: \$10, adults, \$5 students & members. Regular tickets: \$8, adults, \$3 students & members. 3pm and 5:30pm

**SUNDAY AUG 1 Constructing a Rain Garden Workshop** — With horticulturists Helen Kraus and Anne Spafford. NC Botanical Garden. 2pm. Info and registration: ncbg.unc.edu and or 962-0522

**Breastfeeding-Friendly Community Celebration** — Weaver Street Market. 11am-1pm

**TUESDAY AUG 3 "Live Life to the Fullest" at Cornucopia** — In support of cancer patients. This session introduces life-coaching as a means of helping individuals achieve specific goals or develop skills. 6-8pm. Free, reservation required. cancersupport4u.org



**Sherlock Holmes at Movie Nite** — At the Chapel Hill Public Library. 6:30pm. Free. 968-2780

**Goathouse Cat Refuge Fund-raiser at The General Store Cafe** — A Burrito Bash Reverse Raffle & Silent Auction. Donation of \$100 includes one burrito with all the fixings and entry into the Reverse Raffle for winner's choice of \$3,000 or two weeks accommodation in Tuscany. Only 100 raffle tickets will be sold. Additional burrito tickets \$12 in advance or \$15 at the door. 6-9pm. goathouse.org, bnorman@goathouse.org, 542-6815

**THURSDAY AUG 5 Babe at Locally Grown** — Movie night at the Wallace Parking Deck, 150 E Rosemary St. 6pm. Free

**SATURDAY AUG 7 Native Medical and Useful Plants Workshop** — With Sarah Vroom. NC Botanical Gardens. 10am. Info and registration: ncbg.unc.edu or 962-0522

**Pittsboro First Sunday on Saturday** — Pittsboro First Sunday is on Saturday this month. For August only, more than 30 local artists and craftspeople will be selling their wares in downtown Historic Pittsboro on Saturday evening. pittsboroshops.com

**Stilt Walking Workshop** — Beginning with an emphasis on safety, you will learn the rules, fundamentals and art of stilt walking. The refresher course for those who have some experience starts at 1pm. For beginners who need to be fitted for stilts, the course begins at 11am. Historic Moorefields House, 2201 Moorefield Rd, Hillsborough. \$15. Stilts can be bought at cost. hillsborougharts.org, 757-2181

**Shag Dancing** — Every Monday. Beginner class at 7pm, dance at 9pm. Free lesson first Monday of the month, 6pm. General Store Cafe.

**Tango** — Learn and practice Tango with the Triangle Tango Society. Open Eye Cafe. 8pm

**Ongoing Cancer Support** — Support groups for cancer patients and their families. comucopiahouse.org

**Carrboro Chess Club** — A casual meeting for people who like to play chess. All skill levels are welcome. Every Saturday. Jesse's Coffee and Bar. 3pm

**Compassionate Friends** — Free self-help support for all adults grieving the loss of a child or sibling. Third Mondays, 7-8:30pm, Evergreen United Methodist Church. 967-3221, chapelhillcfc.org

**Yoga for Everyone** — UNC Comprehensive Cancer Support Program presents Yoga for Everyone. Each class will include a full yoga practice as well as exploration of physical movement, meditation, breathing techniques, and relaxation. All levels are welcome. Mondays, 11am - 12:30pm. Carolina Pointe II, 6013 Farrington Road, Suite 101 in Chapel Hill. 966-3494

**Walking Group** — The Chapel Hill Area Women's Walking Group meets every Wednesday at Weaver Street Market at 9:15am. Julie (967-3221) or Marilyn (932-1411)

**Saludamos Group Walks** — Every Saturday, 9am. Front of El Futuro

**Job Search Meeting** — A networking and support group for job hunters. Wednesdays at Binkley Baptist Church, 9:30-11am

**Breastfeeding Cafe** — An informal drop-in gathering of breastfeeding moms will be held every Monday from 1-2pm at The Red Hen. A La Leche representative will provide information and answer questions.

**Tutoring** — Hillsborough Police Department and UNC Habitat for Humanity offer tutoring sessions for students in Orange County School's K-5 classes at the Community Policing Station, 501 Rainey Ave. Tutors are students from UNC. Call 732-2441, ext 26 to register

**Wish Granting Volunteers Needed** — Make-A-Wish Foundation of Eastern North Carolina needs Wish Granters to visit the family and help determine the wish of the child while explaining wish procedures and using their creative side to make the wish truly magical. Contact Lisa at 821-7111 or lbinkerhoff@eastncwish.org

**Carrboro Branch Library** — Storytime, Saturdays at 10:30am; Introductory Computer Classes for adults, Saturdays, 10am. Registration: 969-3006

**Chapel Hill Public Library** — Story Time, for ages 3-6; Junior Book Club, for readers grades 1-3; Time for Toddlers, for stories, songs and activities; Baby Time, for children between 6 and 18 months; Teen Book Club, for teens in grades 6 and up; Bookworms Club, for grades 3-6. Dates and times vary

**Depression and Bipolar Support Alliance Support Group** — Tuesdays at Binkley Baptist Church, 7:30-9pm. Free. DBSACHapelHill@ncrr.com

**Orange County Main Library Brick Paver** — Phase two of the popular brick paver campaign has begun. Proceeds will enhance the new facility and its programs. Pavers are \$100 each and tax-deductible as allowed by law. bricksforbooks@gmail.com



Rising Carrboro High School freshmen participate in the first annual Jaguar Summer Camp, held earlier this month. Thirty-eight students participated in the camp, which was created to ease the transition to high school by familiarizing students with the campus, building relationships with staff and teaching them the importance of trust and tenacity when moving to a new school. Students attended workshops on academics, extracurricular activities, administration and guidance counseling and participated in ceramics projects, service-learning assignments, team competitions and scavenger hunts.

PHOTO COURTESY OF JULIE HENNIS

**Water Your Mind-Read** — "Water Your Mind—READ" is this summer's theme at the Chapel Hill Public Library for adults ages 18 and older. The program runs through Aug. 13. Ongoing registration, sign up at the Information Desk. chapelhill-publiclibrary.org

**The Lightning Players Seeks Performers** — A small, diverse, energetic, creative team of performers get together to shoot short-form movies. Professional performers, wannabes and people with other day jobs welcome. meetup.com/lightning-Players/

**Artists/Vendors Needed for Festfall Arts and Crafts Street Fair** — C.H. Parks and Recreation Department is accepting applications for the 38th Annual Festfall to be held Oct 3. The fee is \$100 for residents of Chapel Hill or Orange County residents or \$120 for non-residents. Applications: townof-chapelhill.org/festfall

**Nature Explorer Summer Camps** — At NC Botanical Gardens. Ages 4-5, August 9-13, 9am-12pm. Info and registration: ncbg.unc.edu

**Gardening Questions?** — Ask Orange Co. Master Gardeners at Home Garden Clinic, Wed & Fri, 12-2pm. NC Botanical Garden, walk-in or call 262-0522. Hillsborough clinic weekdays, 10am-noon, call 245-2061

**Free Yoga Classes** — Support for Cancer Patients, Survivors and Caregivers. Mondays, 11am-12:30pm; Thursdays 10:30am-noon. CCSP at Carolina Pointe II, 6013 Farrington Road, Suite 101. Free parking available

**Hand in Hand Exhibit at the Carrboro Branch Library** — "Hand in Hand" is a multi media-exhibition featuring the work of 8 local artists who are lending their support to three local social action groups: the (UNC) Student Health Action Coalition (SHAC), also known as the Carrboro Free Clinic; TABLE, the children's weekend backpack feeding program; and the Orange County Literacy Council. Through Nov. 30. 969-3006

**North Carolina Crafts Gallery Monthly Shows** — "Dream Toppers" Sprit Animal Paintings by Dale A. Morgan. Aug. 1-31

**Caffe Driade Gallery** — Joan Vandermeer will display her paintings.

**Open Eye Gallery** — Brenda Schmidt will display her paintings.

**Art Exhibit at Botanical Garden** — Selected works by the 2009 and 2010 graduates of the North Carolina Botanical Garden Illustration Certificate Program. DeBerry Family Botanical Art and Illustration Gallery. Through Aug. 29

**The Red Bicycle Coffee and Cafe** — Mixed media paintings by Maggi Grace on display through Sept. 15. 2805 Homestead Road

**Brushes with Life Exhibition** — Brushes with Life: Art, Artists, and Mental Illness is a creative arts program supporting recovery for people living with severe mental illness. Brushes with Life Gallery, 3rd floor of the UNC Neuroscience Hospital. 8am-8pm, seven days a week through January 2011. besmith@med.unc.edu, 843-3794

**Hillsborough Arts Council Exhibition** — The most recent works of painter Jennifer Hahn and sculptor Susan Wells. Through Aug. 20

Send your submissions to calendar@carrborocitizen.com

## FARMERS' MARKET

Sat: 7am-Noon • Wed: Now open 3:30-6:30pm  
Southern Village open 3:30-6:30pm

### What's at Market?

Check out what's at the Carrboro Year-Round Farmers' Market . . .

**New Item this Week: APPLES**, okra, figs, watermelons, zinnias, celosia, sunflowers, tomatoes, melons, peaches, plums, corn, blackberries, raspberries, blueberries, potatoes, beets, beans, onions, garlic, red cabbage, peppers, eggplant, squash, zucchini, eggs, parsley, sun-dried tomatoes, corn-meal, green onions, mustard greens, sweet potatoes, cilantro, turnips, carrots, lettuce, arugula, wheat flour, salad mixes (spicy and non), fresh herbs, pecans, meats like goat, beef, pork, lamb, chicken, buffalo, and various specialty meats like liverwurst, bologna, hotdogs, etc, cow's and goat's milk cheeses, breads, doughnuts, tortes, pies, cakes, jams, and relishes

**Lima Bean Salad - Ensalada de Pallares** Serves 4 to 6  
by Marian Blazes, from southamericanfood.about.com, adapted by Sheri Castle

This lima bean salad is like a South American version of succotash. Lima bean salad is often served with ceviche (fish cooked in lime juice) and it makes a wonderful picnic salad. As the flavors tend to intensify and improve overnight, it's perfect for making ahead. I sometimes add cubes of feta or farmer's cheese to this salad.

### Ingredients:

- 1 pound large dried lima beans or 3 cups fresh, shelled butter beans\*
- 1 large onion, red or white\*
- 2 ripe tomatoes\*
- 1/2 cup olive oil
- 2 tablespoons vinegar
- Juice of 2 key limes
- 1/4 cup roughly chopped parsley\*
- Salt and pepper to taste

### Preparation:

For dried beans: Place the lima beans in a large pot and cover beans with at least 3 inches of water. Let soak overnight. Drain and rinse beans. Cover beans with fresh water, add 2 teaspoons salt to the water, and bring water and beans to a boil. Lower heat and cook beans at a simmer for one to two hours, checking for doneness after an hour. When they are ready, the beans should be firm but tender. Drain beans and let cool.

For fresh butter beans: Place the beans in a pot and cover the beans with at 2 inches of water. Add 1 tsp salt. Bring to a boil, skim the foam, then reduce heat to simmer and cook until barely tender, about 25-30 minutes. Remove from the heat and add 1 tsp salt. Allow the beans to cool in the water, then drain.

Slice onion into thin julienne strips. Soak the onions in salt water for 10 minutes, then drain and let dry. Dice the tomatoes. Whisk together the olive oil, vinegar, and lime juice then season with salt and pepper to taste. Toss the olive oil mixture with the lima beans, onions, and tomatoes. Garnish with chopped parsley and serve.

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† See michelinman.com for more details on the Stop Shorter benefits of specific MICHELIN® brand passenger and light truck tires.  
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## FROM THE EDITOR

### Left it better than he found it

Changing superintendents in the Chapel Hill-Carrboro school district is a big deal. In any school district, the pressure of the job and the balancing act it requires is difficult. Here, the responsibility is magnified because you're the chief educator of children in a community where the main product of the local factory is educated people.

The political part of the job is no easier, thanks to North Carolina's school funding set-up. Schools are required to meet certain performance requirements, hire so many teachers, build facilities a certain way and so on, yet the power to raise money to do so rests with the county commissioners. The system was designed to afford more checks and balances, but it is also a source of real tension between elected leaders and, occasionally, whole elected boards.

So, yes, it's kind of remarkable that anyone has held the top job as long as Neil Pedersen has. What's really remarkable is that he has seemed to enjoy it.

He has not let up in 18 years. Of course, he had no choice. Not only is this district demanding, it is also imperfect.

To his credit, Pedersen did not waste time getting at the challenge of closing the achievement gap. The Blue Ribbon Task Force came very early on in his tenure. The district also started disaggregating test scores long before the state and feds required it. Pedersen quickly admits the district is still not where it wants to be. But it has at least measured its progress and knows much more about what works and how to apply it here. That kind of foundation will serve his successor well.

The other big part of Pedersen's job for the past couple of decades has been finding enough seats for all the students in a fast-growing community. During his career as superintendent, the district averaged a new school every other year. Now, in a tough budget year, it will be a challenge to get the next one built in time.

All of these things require steady effort. So for the departing superintendent, the coming school year will hardly be a victory lap. And for the school board, the task of finding a new superintendent looms very large indeed.

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**Becky Bush, Henry Gargan, Josie Hollingsworth**, *Interns*  
**Ava Barlow, Alex Maness**, *Photographers*

### ADVERTISING

**Marty Cassady**, *Ad Director*  
marty@carrborocitizen.com

### OPERATIONS

**Anne Billings**, *Office Coordinator*  
anne@carrborocitizen.com

### DISTRIBUTION

**Chuck Morton, Wendy Wenck**  
Published Thursdays by Carrboro Citizen, LLC.



MEMBER, NC PRESS ASSOCIATION



## With citizens at the table, a new dialog begins

Facing a 300 percent increase in sewer rates, Efland families, many living in Habitat communities, want to pay their fair share – but they were unwilling to fund fiscal insolvency created from 25 years of neglect. Since their perspective was missing from county reports, many people incorrectly assumed that these families were the beneficiaries of 25 years of public assistance.

Rather than continue voicing their views at Board of County Commissioner (BoCC) meetings, the group held their own meeting and invited county officials to attend. Some officials did attend – along with nearly 100 friends and neighbors.

At their own meeting, this well-informed, well-prepared group explained years of inaction and questionable accounting – much of which occurred before their communities were built. None of this was mentioned in county reports. The community found good alternatives and asked to participate in the solution. They were clear and concise – unlike county reports which sometimes obfuscate the facts and confuse the Board and the public.

The meeting differed in many ways from a BoCC meeting. County officials sat at the same table as the citizens – an immediate equalizer and stark contrast from physical disparity that's built into council meeting halls. Despite their newfound stature, the citizens were professional and respectful.

Unlike county meetings, there were no 3-minute buzzers to interrupt an important point or disrupt a train of thought. With the benefit of visual aids and other tools, the citizen presentation had the same gravitas as a county or consultant report. Their message was finally getting across to

the county officials, the public and the press. It took less than an hour.

This time the citizens were asking the questions. They didn't always get the answers they wanted – but at least they now know where they stand. For the rest of us, this courageous group demonstrated how citizen input can change the story and open the door to a much-needed public dialog between our communities and our government.

Today, government officials devote a great deal of time listening to citizens complain in 3-minute statements that are painstakingly recorded in compliance with open meeting law and other procedural policies. In contrast, any non-citizen organization having business with the county is placed on the board's agenda where they can openly converse with board and county management.

Of course, citizens can be guilty of bombastic, inaccurate or self-serving rhetoric. But so can county officials, other organizations and politicians.

Rather than begging to save their homes and community, the Efland group wants to work with the county to shape the solutions that impact them. Isn't this exactly what's needed to eliminate hours of public outcry and debate? Might similar citizen participation have prevented protracted outrages on airports, waste facilities and services, emergency services, libraries, budget cuts, taxes and fees, and other issues?

The business of the county is our business. Without constructive citizen input, important options are routinely overlooked – and valuable county and citizen resources are wasted trying to rectify problems that could have been avoided. Given our vested interest in our communities, isn't good citizen input critical to

successful public policy?

An equal seat at the table can proactively engage citizens in the solutions that will impact us for years or decades to come. A more complete story will emerge and we're likely to discover better and more creative solutions to the difficult problems facing our communities. It would certainly be an improvement to rooms packed with anxious citizens, hours of repetitive 3-minute testimony, and inertia.

We are committed to work together and with the county to find better ways to connect our government with our communities. Our future is at stake. We are inspired by the words used by Efland resident Joann Mitchell to end their groundbreaking meeting:

*"We are not going away. We will continue to organize. We will continue to research additional possibilities. We will continue to attend meetings in numbers and speak to the media about these issues. We will continue to speak with our elected county commissioners and in the name of justice and with the aim of a win-win solution in which we the customers of the sewer system are treated with the respect and dignity that we deserve."*

Sincerely,

For Carolina Concerned Citizens,

NANCY HOLT

For Efland Communities,

ALLISON COLEMAN, SAM GHARBO AND JOANN MITCHELL

For Justice United,

STEPHANIE PERRY AND PATRICIA GALU

For Orange County Voice,

BONNIE HAUSER, MICHAEL HUGHES AND NORMA WHITE

For RENA/CEER,

ROBERT CAMPBELL

## Seeds of a solution evident in housing crisis

### ANNE EHLERS

The shadow of the housing crisis is still looming large over North Carolina. With next year's foreclosure starts projected at above 70,000 and more than two million North Carolinians still lacking quality, affordable housing, the challenge seems insurmountable at times. But, while challenges test our collective spirit, they often inspire innovative and progressive solutions.

Witness the recent decisions of the state legislature to extend and expand our state's Foreclosure Prevention Program, add greater protections for homeowners and homeowners against predatory real estate practices and create a statewide Sustainable Communities Task Force to promote connections between affordable housing, transportation and economic development.

In the same fashion, local municipalities are finding that the time is ripe to address the issue of affordable housing and the concept of providing a range of affordable choices. In Raleigh, the city is revamping its development code and has put together a group of local experts and stakeholders to investigate ways to provide incentives for developing affordable and mixed-income housing. In Charlotte, after recent heated community battles over proposed affordable-housing developments, city leaders are working to rewrite the city's "locational" policy that guides where assisted multifamily housing can be built.

While it is heartening to see affordable housing taking a higher profile in the public and political

consciousness, there remains a great need for local leaders to be bold in their decision-making. It is not enough to create policies that dictate only the location for certain types of affordable housing, as with Charlotte's locational policy. Leaders need to look at the issue of housing policy holistically and as part of a greater economic-development strategy. They need to create policies that promote the development of quality housing choices in areas where they are needed – near transit, jobs and in areas where little affordable housing is available or few safe, quality housing choices exist. Housing is inextricably connected with a community's economic well-being, its public health, the welfare of its schools, its environmental impact and its overall social harmony.

There is little reason to avoid affordable-housing developments and every reason to support, encourage and invest in their growth. The days of unattractive, obvious developments are long gone. The issue of appearance is irrelevant as today's affordable housing is thoughtfully designed to complement the existing community. Developers and property managers have set the highest standards for tenant screening and maintenance, and research shows these developments have little to no effect on surrounding home values. Residents of affordable housing include seniors living on social security, persons with disabilities, teachers, police officers, nursing assistants and young professionals just starting out.

Indeed, such developments have proven to be significant assets in community redevelopment. Invest-

ing millions of dollars in new, attractive and well-maintained developments entices other businesses and organizations to put down roots in the community as well. And, much like the domino effect, the community begins to thrive. When affordable housing is part of a comprehensive community-development strategy, it helps provide stability and economic opportunity for all.

For these and other reasons, policymakers should consider several strategies that stimulate development of affordable housing – especially in expensive, high-growth areas. One option is for counties to purchase additional land when buying space for new schools and then sell it to developers for affordable rental housing. Another option is to utilize a transit-oriented development strategy and require affordable housing to be built in proximity to transit stations. Finally, providing subsidies to assist in purchasing land in more expensive areas will help make financing more feasible.

The bottom line: All North Carolinians (regardless of status or income) deserve a safe, affordable place to lay their heads at night. Happily, well-developed, comprehensive locational policies ensure that affordable housing is an asset to its community, provides economic opportunity to its residents and gives people a choice about where they live. All that we lack is the political will to make this "win-win" solution reality on a large scale.

*Anne Ehlers is the development and communications coordinator at the N.C. Housing Coalition.*

## Floundering for a response

CHRIS FITZSIMON

Race plays a role in determining who receives the death penalty in North Carolina, specifically the race of the victim of a crime. That was the disturbingly simple and clear conclusion of a study released last week by two national scholars who examined more than 15,000 murder cases in North Carolina over 28 years, from 1980 to 2007.

The study by Michael L. Radelet at the University of Colorado and Glenn L. Pierce of Northeastern University found that the odds of someone receiving the death penalty in North Carolina are almost three times greater if the victim is white than if the victim is black.

The findings come as the Racial Justice Act, passed last year by the General Assembly to allow defendants to present evidence of racial bias, is under attack from right-wing forces. The study ought to put a damper on their efforts to repeal or significantly weaken the act, which at least provides a formal avenue for discussion of the role of race in death penalty cases.

The findings also reinforce the conclusions of a similar study released nine years ago by researchers at UNC who found that the odds of receiving the death penalty in North Carolina increase by 3.4 times if the victim of the murder is white instead of a person of color.

That study was widely reported at the time and fiercely attacked by cranks and death penalty supporters who claimed it was scientifically flawed and discounted its findings because they contradicted their own contentions that the capital punishment system was administered fairly.

Now that an expansive national study has confirmed the findings of the 2001 report, some death penalty supporters are making even more bizarre claims. The head of Raleigh's leading right-wing think tank said this week that if the race of the victim matters, the solution is to execute more people who kill blacks.

The problem of course is that race is just one of the capital punishment system's well-documented flaws. The system also discriminates based on class and is applied so arbitrarily that a former chief justice of the N.C. Supreme Court called it a lottery. That's hardly the equal justice our constitution guarantees.

Most importantly, the criminal justice system is not perfect. Widely publicized cases of wrongful convictions and exonerations have made that painfully clear in the last few years. Inmates freed from prison have been issued pardons and paid compensation for their time behind bars, but that wouldn't help much when a person was executed for a crime he did not commit.

The right's only real justification for killing someone to show that killing someone is wrong is their misinformed notion that somehow the death penalty is a deterrent that prevents other murders. The few studies that make that claim have been widely discredited.

Common sense plays a role too. North Carolina last executed a prisoner almost four years ago, but the state crime rate is at a 25-year low and the murder rate declined by almost 20 percent in 2009. Executions do not deter crime.

The new study has forced death penalty supporters to finally admit that race plays a role in who receives the death penalty. Leaving the Racial Justice Act in place and intact is the least state policymakers can do.

They need to find the courage to take the next step and join the 15 states and virtually all the rest of the western world and end capital punishment once and for all.

*Chris Fitzsimon is executive director of N.C. Policy Watch.*

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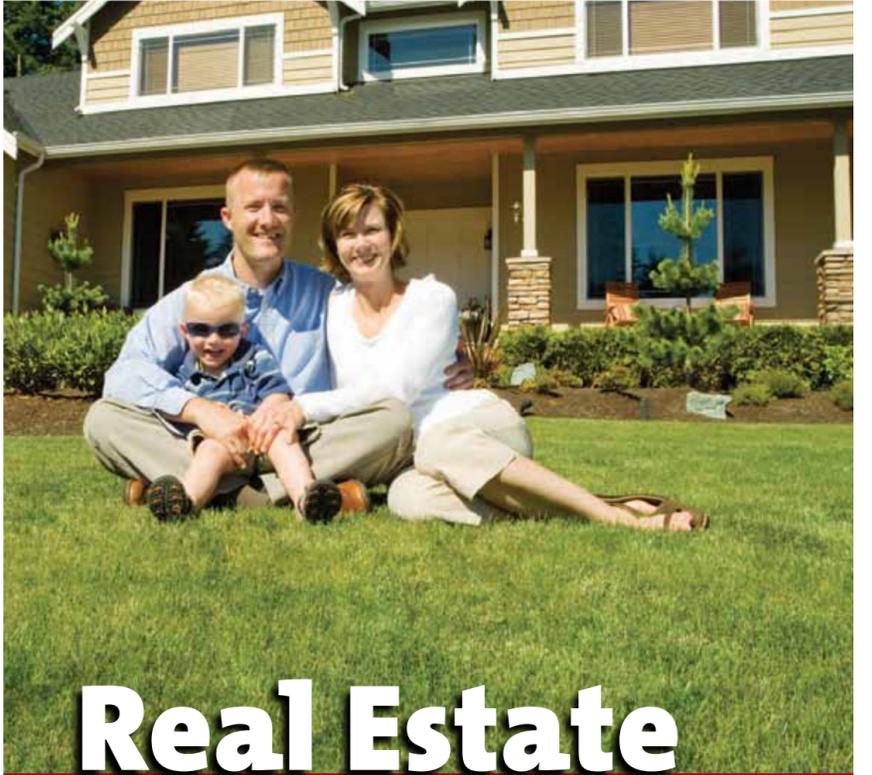
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**CRYPTOQUOTE ANSWER: New Yorkers**

Kegan is so Manjaprtar, 2cala is so Qneur, Ginsprig is so Brooklynr and totomayor is so Bronx They weren't just passing through. They adopted in their identities the whole New York sensibility. - Joan Biskupic, 2cala piogshper



Inappropriate annual pruning never allows crape myrtles, approved to meet the town's parking lot shade-tree requirement, to become shade trees.

PHOTO BY KEN MOORE

**FLORA**  
FROM PAGE 1

I am bewildered by the absence of Bradford pear on that list. Though it's listed on Rank 2 of the society's list, it is allowed for new plantings in Carrboro. That is unbelievable (see past Floras featuring the Bradford pear). Observing the flowering of trees along the N.C. 54 bypass around Carrboro, I have noted that at least 50 percent of the forest edge is filled with Bradford pear, tree of heaven, princess tree and mimosa.

Federal, state and conservation organizations have compiled numerous lists of undesirable exotics. To view those lists and understand more about exotic invasives, visit the N.C. Botanical Garden website (ncbg.unc.edu). Under "conservation" is "Invasive Exotic Plants: Publications and Resources." Among other references, you'll discover the N.C. Department of Transportation has a size-

able publication with identification guides, historical notes and eradication recommendations. Amazingly, Bradford pear is not considered a "Threat" or "Moderate Threat." Rather, it's included on its "watch" list

Why do we have to wait until plants have successfully invaded hundreds and hundreds of acres of landscape before we declare them pests to avoid?

Tree of heaven was introduced to Philadelphia in 1784. It's taken 200 years for it to reach the current level of disturbance. In contrast, the cultivar Bradford pear was introduced in the 1960s; within 40 years, it's displacing natives from local fields and roadsides.

My chaste tree, a gift from a friend, is now seeding around like a weed in less than 10 years. During that same period, my beautiful so-called dwarf cultivar of crape myrtle, now higher than 20 feet, has been reseeded for six years.

Don't know how long I can keep it confined to my yard.

The botanical garden has a list of "Plants to Avoid in the Southeastern United States." I recommend that as the list for folks to adopt as a guide. It's not perfect, because it doesn't include my chaste tree or crape myrtle, nor do any other lists.

So I am developing my own list of plants to exclude from my garden. Whatever one chooses to retain and/or introduce in a private garden is whatever one chooses. The real damage to larger landscapes is from large-scale plantings on public landscapes of exotics that eventually escape to adjoining public and private lands.

To be truly responsible, all roadways, parks and residential and commercial developments should be landscaped only with plant species indigenous to the region. Indigenous species are the natural components that thread together a healthy regional ecology.

The native plant society welcomes feedback, so I hope they will bring Bradford pear up to the "Severe Threat" list soon. I hope the Town of Carrboro will take a truly bold step and require all new landscapes to reflect only the native flora of our region.

Email Ken Moore at [flora@carrborocitizen.com](mailto:flora@carrborocitizen.com).



**Dean Smith, 1967**

Dean Smith has been much in the news here of late. So it seems appropriate for 1k Words to salute the man who has brought Tar Heel fans so much joy and pride over the years. In this previously unpublished *DTH* photograph from March 16, 1967, we see Coach Smith leading his team (and what a team: Larry Miller, Bobby Lewis, Rusty Clark, Dick Grubar, Tom Gauntlett and Donnie Moe) through a pep rally crowd outside Carmichael and Woolen gyms as they board the bus to College Park for the Eastern Regional. The Heels went on to beat Princeton and then Boston College, earning a trip to the Final Four in Louisville, where they were knocked out by Dayton. All the same, Smith was named ACC Coach of the Year for 1967 – and deservedly so. Thanks, Coach Smith, for all the magic years.



**A THOUSAND WORDS**

BY JOCK LAUTERER

Do you have an important old photo that you value? Send your 300 dpi scan to [jock@email.unc.edu](mailto:jock@email.unc.edu) and include the story behind the picture. Because every picture tells a story. And its worth? A thousand words.

**WATER WATCH** Source: [owasa.org](http://owasa.org) Tuesday July 27

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2' 5.75" inches below full  
**CANE CREEK:** 2' 5.75" below full

**CUSTOMER DEMAND**  
**Past 7 days** (average): 10.264 million gallons  
**Past 30 days** (average): 9.314 million gallons

**PRECIP THIS MONTH**  
**JONES FERRY:** 0"  
**CANE CREEK:** 0"

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| <b>7/30 FRI</b> THE TELL / SINFUL SAVAGE TIGERS  | <b>8/29 SUN</b> JON LINDSAY / THE SMALL PONDS   |
| <b>7/31 SAT</b> SON OF A BAD MAN / CALEB CAUDLE<br>& THE BAYONETS / SHAWN DEENA  | <b>8/30 MON</b> JACQUI AND THE WOODSIDES<br>THE LAKE ISLE                             |
| <b>8/1 SUN</b> THE UNKNOWN SPENCER SCHOLES   | <b>8/31 TUE</b> JOSH HOGE / KEATON SIMONS<br>MATT DUKE                                |
| <b>8/3 TUE</b> AMY ALLEY   | <b>9/1 WED</b> RUSSELL HOWARD   |
| <b>8/4 WED</b> DIZZY SMITH   | <b>9/3 FRI</b> Pre-ProgDay Show with JACK DUPON<br>KINETIC ELEMENT                    |
| <b>8/5 THU</b> WYLIE HUNTER & THE CAZADORES<br>EP Release Show w / LUEGO   | <b>9/4 SAT</b> FREE ELECTRIC STATE<br>SAINT SOLITUDE / BIRDS & ARROWS                 |
| <b>8/6 FRI</b> LIZZY ROSS BAND   | <b>9/8 WED</b> Cat's Cradle Presents<br>COLOUR REVOLT / TURBO FRUITS                  |
| <b>8/7 SAT</b> DARK WATER RISING   | <b>9/10 FRI</b> SONS OF BILL / APACHE RELAY   |
| <b>8/8 SUN</b> MIKE MAINS & THE BRANCHES   | <b>9/11 SAT</b> THE L IN JAPANESE DANCE PARTY   |
| <b>8/9 MON</b> HADWYNN   | <b>9/12 SUN</b> ANDRE WILLIAMS / THE GOLDSTARS  |
| <b>8/10 TUE</b> CRYSTAL BRIGHT &<br>THE SILVER HANDS   | <b>9/13 MON</b> THE DRUMS / SURFER BLOOD<br>THE YOUNG FRIENDS                         |
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| <b>8/12 THU</b> GABRIEL REYNOLDS   | <b>9/16 THU</b> LOWER DENS  |
| <b>8/13 FRI</b> PSEUDO BLUE AND THE MAJESTICS  | <b>9/17 FRI</b> MOBLEY  |
| <b>8/14 SAT</b> THE HELL NO / FUJIYAMA ROLL<br>BARRON  | <b>9/18 SAT</b> LAURA VEIRS & THE HALL OF FLAMES<br>THE WATSON TWINS / LED TO SEA     |
| <b>8/15 SUN</b> DELTA RAE  | <b>9/22 WED</b> BOBBY BARE, JR.   |
| <b>8/16 MON</b> THE LEGENDARY SHACK SHAKERS  | <b>9/24 FRI</b> Signalfest 2010   |
| <b>8/17 TUE</b> 506 Music Trivia Night   | <b>9/25 SAT</b> Signalfest 2010   |
| <b>8/18 WED</b> EVAN GARMON & FRIENDS  | <b>9/27 MON</b> FILM SCHOOL   |
| <b>8/19 THU</b> MILES TO THE CLOUDS  | <b>9/30 THU</b> TOBACCO / DREAMEND  |
| <b>8/20 FRI</b> SHOOT FIRST / DEAD TO SOCIETY<br>BAD IDEA  | <b>10/1 FRI</b> Closed for Private Party  |
| <b>8/21 SAT</b> WARPAINT / OLD BRICKS  | <b>10/2 SAT</b> COTTON JONES / PEPPER RABBIT  |
| <b>8/22 SUN</b> Cat's Cradle Presents<br>MINIATURE TIGERS / AMINAL<br>JORDAN & THE SPHINX                                      | <b>10/3 SUN</b> MARGOT & THE NUCLEAR SO & SO'S<br>THE LONELY FOREST                   |
| <b>8/23 MON</b> THE DELTA MIRROR   | <b>10/5 TUE</b> CAMERON MCGILL & WHAT ARMY<br>STARFUCKER / OCTOPUS PROJECT            |
| <b>8/24 TUE</b> WEMBLEY  | <b>10/7 THU</b> BORN RUFFIANS   |
| <b>8/25 WED</b> BLACK JOE LEWIS<br>& THE HONEYBEARS  | <b>10/11 MON</b> POMEGRANATES   |
| <b>8/26 THU</b> FUNKTION   | <b>10/18 MON</b> WOVEN BONES  |
| <b>8/27 FRI</b> RIO BRAVO  | <b>10/19 TUE</b> FRANKIE & THE OUTS   |
| <b>8/28 SAT</b> THE SECOND TAKE  | <b>10/22 FRI</b> SCHOOL OF SEVEN BELLS<br>ACTIVE CHILD                                |
| <b>8/29 SUN</b> A Tribute to Elvis Costello and<br>The Specials with<br>THIS YEAR'S MODELS and<br>ARCHBISHOPS OF BLOUNT STREET | <b>10/25 MON</b> NORTH ELEMENTARY<br>BETTIE SERVEERT                                  |
| <b>8/30 MON</b> MAX INDIAN   | <b>11/3 WED</b> An Evening with<br>LEGENDARY PINK DOTS                                |
| <b>8/31 TUE</b> TWELVE THOUSAND ARMIES   | <b>11/9 TUE</b> LAND OF TALK  |
| <b>9/1 WED</b> THE HOUSTON BROTHERS  | <b>11/14 SUN</b> PEELANDER-Z / TSU SHI MA MIRE  |

506 West Franklin Street ★ Chapel Hill  
919-942-5506 ★ [www.local506.com](http://www.local506.com)