

C THE CARRBORO CITIZEN



Wild camphorweed makes a nice deer-resistant garden plant. PHOTO BY KEN MOORE

FLORA BY KEN MOORE

After Joe-Pye

“After Joe-Pye weed comes *Pluchea*.” That was the declaration from gardening friend Sally several weeks ago when Joe-Pye weed flowering heads of purple gave way to seed heads of shades of brown.

Joe-Pye, commonly seen standing tall in wet meadows and roadside ditches, is familiar to many of us, but not so with the shorter flowering stems of marsh fleabane, *Pluchea camphorata*. In fact, unless it is accidentally touched, creating an unforgettable smelling experience, one most likely will never have acknowledged it.

I know this plant by the common name, camphorweed. And because of the distinctive aroma of crushed flower heads, that's the name I prefer. Upon my first encounter smelling the plant, I was impressed, but not favorably. However, like a number of so-called “connoisseur” things – vintage cigars, Scottish single malts and some of the sophisticated teas – camphorweed is something for which you could eventually acquire an affinity.

Now whenever I find camphorweed in wet ditches or along riverbanks, I reach over to crush some of the flower heads and look forward to getting a whiff of its tell-tale odor. Neophytes will undoubtedly describe it as pungent and unpleasant. However you respond, you won't forget the experience.

Though common throughout the coastal plain and the Piedmont, the delicate pink flower heads don't jump out at you. Camphorweed generally stands no higher than accompanying goldenrods and Eupatoriums and other common companions, and is easily missed when viewing the general mix of plants in ditches and along streams.

SEE FLORA PAGE 10

Town picks a new bank, delays Smith Level vote

BY KIRK ROSS
Staff Writer

CARRBORO — Just before a break in a lengthy meeting Tuesday night at Town Hall, Mayor Mark Chilton looked out at those assembled, smiled and said, “The bankers are getting quite a civics lesson.”

He was referring to representatives of BB&T and Harrington Bank,

who have been in head-to-head competition to win the town's banking contract for more than a year. It was their second appearance at Town Hall since the board of aldermen returned from summer break.

The board, which is moving its banking services from Bank of America, deadlocked Aug. 31.

Tuesday night, the protracted discussion ended with a 4-2 vote in

favor of Harrington Bank, which won the contract mainly because its local charter fit more closely with the board's effort to work with local businesses.

Board members Dan Coleman and Lydia Lavelle voted against the motion to choose Harrington, with board members Jacquie Gist, Rande Haven-O'Donnell, Sammy Slade and Chilton voting for it. Board

member Joal Hall Broun was recused from voting. Haven-O'Donnell had previously voted in favor of BB&T.

Also on Tuesday night, the board continued a public hearing on the proposed new design for Smith Level Road.

Since the board last discussed the project, the town's Transportation

SEE ALDERMEN PAGE 7



Adam Cobb of Glasshalful is one of six local chefs participating in a Carrboro Farmers' Market event on Saturday, see page 4. PHOTO BY ALEX MANESS

Local businesses support county sales-tax option

BY SUSAN DICKSON
Staff Writer

Local business leaders say they are supportive of a proposed quarter-cent sales tax that the Orange County Board of Commissioners last week voted to allocate for economic development, schools, emergency services and libraries, should voters approve the tax in November.

The board voted unanimously to dedicate 42.5 percent of the funds to economic development, 42.5 percent to schools and 15 percent to be split between EMS and library services. The funding allocation will expire after five years, at which time the funds will go toward county capital needs.

In its 2007 budget, the legislature gave counties the option of a quarter-cent sales-tax increase or a 0.4 percent land-transfer tax to help compensate for money taken away from counties when the responsibility for paying for Medicaid was turned over to the state. As a result of that budget, counties lost state-supplied school-construction money and some sales-tax revenue.

Orange County voters overwhelmingly rejected a transfer-tax referendum in May 2008.

If voters approve the sales-tax increase, the Orange County sales-tax rate, which would apply to all goods and services except food and medicine, will increase from 7.75 percent to

8 percent. According to County Manager Frank Clifton, the tax could generate \$2.3 million annually, but only about \$575,000 during the remainder of fiscal year 2010-11.

According to the board's resolution, the portion of the revenues dedicated to economic development would fund infrastructure improvements needed for economic-development initiatives that recruit new businesses, expand existing businesses and provide funding for small-business loans to grow businesses in the county.

The portion dedicated to schools would be split between the county's two school systems for facility improvements at older schools and technology improvements as determined by a list of prioritized needs submitted by both districts, with progress evaluated annually.

Several local business leaders said that given how commissioners decided to allocate the funds, they were supportive of the sales tax.

“I think because of how they have the money earmarked, that it is a good thing. With the economy having downturned and people spending less money, we're definitely losing tax dollars, so if there's some way to raise a little more tax dollars ... I think it's a good thing,” said Bridget Pemberton-Smith, co-owner of Cameron's.

SEE COMMISSIONERS PAGE 3

At the confluence of economy and elections

BY KIRK ROSS
Staff Writer

CHAPEL HILL — The August recess of the legislative branch of the federal government is in full swing and like many of his colleagues this election year, Fourth District U.S. Congressman David Price is back in his district

doing things congresspeople do.

In between town halls, meet and greets, ribbon cuttings and conference calls, he had some time for a sit-down

com campus.

The Chapel Hill Democrat, now seeking a 12th term, said he's not been treated to quite the same reception as last August, when Congress was at the height of the health care debate and the tea partiers were in full blossom.

“There are a lot of questions people have, a lot of concern about the direction of

the country, but they're certainly not all on one side nor are people trading all that much in political slogans – except maybe some of the candidates. I think most people are looking for a little more serious discussion,” he said.

Naturally, the number one topic is the economy.

Price said he does not expect something that could be tagged as a

SEE PRICE PAGE 7

A few moments with . . .
Congressman David Price

Local coalition to join march on Washington

BY TAYLOR SISK
Staff Writer

State NAACP head William Barber traveled to Chapel Hill Tuesday night to help rally support for a march on Washington, D.C. planned for next month.

A coalition of national organizations led by the AFL-CIO and the NAACP has called for an Oct. 2 march and rally at the Lincoln Memorial, and on Tuesday the state chapters of those organizations announced a pledge to mobilize their members to participate.

Saying the objective of the march and rally is to “fight to put Americans back to work, call on Congress to provide relief to our nation's communities and invest in a high-quality education for all youth,” state representatives of the coalition, called One Nation Working Together, held



Rev. William Barber PHOTO BY AVA BARLOW

an afternoon press conference on the steps of the state legislative building in Raleigh and an evening prayer meeting at Binkley Baptist Church in Chapel Hill.

According to Curtis Gatewood, a vice president of the state chapter of the NAACP and a field organizer for N.C. One Nation Working Together, the coalition has been training organizers throughout the state to mobilize individuals to gather in the nation's capital on Oct. 2; buses will be chartered across the state to carry people to the event.

Speaking at Tuesday night's meeting at Binkley Baptist, Barber said the objectives of the rally in Washington are to celebrate past victories won by the civil rights, labor and progressive communities; call on civil rights, pro-labor and other progressive organizations to unite and engage in civic action;

SEE MARCH PAGE 7

New digs, a greater capacity for care

RECENTLY . . .
By Valarie Schwartz

The evolution of a nonprofit provides an interesting look at the group it serves. Since 1996, those who have watched Cornucopia Cancer Support Center evolve saw its beginnings, when it was called Cornucopia House and operated from a tiny site, through three moves — always precipitated by the need for more space — to its new upscale digs in the first building on the right off U.S. 15-501 after crossing I-40.

Soon the building at 5517 Durham Chapel Hill Road will sport new bronze letters announcing Cornucopia, the only cancer support center in the Triangle, that will match the ones identifying Faison Gillespie Attorneys.

“We could not have made the move into this building without two major gifts of \$25,000 each,” said Mary Lawrence, president and CEO of Cornucopia House.

People who survive cancer or those left behind by loved ones frequently express their gratitude or loss through gifts to the place that provides inval-

able support to those whose journeys include the ravages of cancer. The additional generosity of Faison Hall Inc., the landlords who provided furnishings to match the scale and modernity of the space, and Perkins+Will architect firm, which designed the space pro bono, have allowed staff and clients space to spread their wings.

Throughout the flowing area, approximately three times the center's previous space, walls are adorned by appealing, comforting light boxes covered with nature-themed screens. A client donated the screens, but lead

architect Patric leBeau “purchased the lumber and in his spare time made and hung the light boxes,” Lawrence said.

Another gift, made by a former board member whose wife died of cancer, has taken one of the center's programs to new heights. Lawrence said that Robert Faucher accompanied his wife Mary Lou throughout her treatments and appointments, noticing how many other patients went through it alone.

SEE RECENTLY PAGE 7

INSIDE

Landreth on Blake

See page 7

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MUSIC CALENDAR



THOSE DARLINS
Local 506
Tuesday, September 14

THURSDAY SEPT 9
Cat's Cradle: Corinne Bailey Rae, Filtybird. 8pm. Sold out
The Cave: EARLY: Kate Edwards, Tony Raver LATE: The Underscore Orchestra. \$5
City Tap: Cortete. 7pm
East 54: Jocelyn Arem. 5:40pm. Free
General Store Cafe: Jazzbeau. 7pm
Jessee's Coffee and Bar: Susan Cowstill, Peter Holsapple. 8pm. \$5 conation

Nightlight: D-Town Brass, JazzHandzz, The Hem of His Garment. \$5
Open Eye Cafe: The Underscore Orchestra. 8pm
SATURDAY SEPT 11
Caffe Driade: Eric Thomas, Helen Wolfson. 8pm
Cat's Cradle: Who's Bad. 9:30pm. \$15
The Cave: EARLY: See No Weevil. \$5 LATE: Puritan Rodeo, Balthrop

Alabama
City Tap: Rebecca and the Hi-Tones. 8pm
General Store Cafe: Hot Tub of Grits. 8pm. \$5
Jessee's Coffee and Bar: Saludos Compay. 8pm
Local 506: L in Japanese. 9pm. \$5
Open Eye Cafe: The Reagan Project. 8pm
The Station at Southern Rail: Windy

City Slim and the Sunnyland Rhythm Kings, Matt McCulloch. 6pm
Vimala's Curryblossom Cafe: Clim Jacob's Ladder. 7pm. Free
SUNDAY SEPT 12
Local 506: Andre Williams, The Goldstars. 9:30pm. \$9/11
Southern Village: Armand and Bluesology
Weaver St Market: John Shain. 11am

MONDAY SEPT 13
The Cave: LATE: David Rynhart, Pineross
Local 506: The Drums, Surfer Blood, The Young Friends. 9pm. \$13/15

TUESDAY SEPT 14
The Cave: EARLY: Dead Heart Bloom
Jack Sprat: Chris Reynolds. 7pm
Local 506: Those Darlins, Strange Boys, Gentleman Jessee. 9pm. \$8/10
Nightlight: Alcazar Hotel, Carnivores. 9:30pm

WEDNESDAY SEPT 15
ArtsCenter: Shelby Lynne, Charlie Mars. 8:30pm. \$25/217
Caffe Driade: Johanna Jacobson. 8pm
Cat's Cradle: Jay Clifford. 9pm. \$10/\$13

Local 506: Holy Fuck, Indian Jewelry. 9pm. \$12/14
Memorial Hall: Earl Scruggs, The Red Clay Ramblers. 7:30pm.
Nightlight: Elf Power, Let's Wrestle, Major Organ and the Adding Machine. 8pm. \$10

THURSDAY SEPT 16
Cat's Cradle: Shooter Jennings and Hierophant. 9pm. \$15/18
The Cave: LATE: Crystal Bright and the Silver Hands
City Tap: New Town Drunks. 7pm
General Store Cafe: Tony Galiani Band. 7pm

Local 506: Lower Dens, Naps. 9:30pm. \$8
Nightlight: Sea Wolf, Patrick Park, Sera Cahoone. \$10/12

FRIDAY SEPT 17
Caffe Driade: Saludos Compay. 8pm
Carolina Inn: The Gravy Boys. 5pm
Cat's Cradle: The Old Ceremony, Lifted Praise Gospel Singers. 9pm. \$10/12
The Cave: LATE Joe Bell and The Stinging Blades, Left on Franklin
City Tap: Jay Manley. 5pm
East 54: John Cowan. 7pm. Free
General Store Cafe: Sinful Savage Tigers. 8pm

Jessee's Coffee and Bar: Sarah Howell, Philip Gibbs, Michael Thornton. 8pm
Local 506: Left Outlet, Mobley, Gossip Grows on Trees. 10pm. \$7
Nightlight: Le Weekend, Decoration Ghost, on The Take. 10pm. \$5

SATURDAY SEPT 18
ArtsCenter: Lise Uyanik and The Mobile City Band, Stella. 8pm. \$14
Caffe Driade: Loose Mood. 8pm
Cat's Cradle: Billy Bragg, Darren Hanlon. 8pm. \$25
The Cave: EARLY: Alex Bowers LATE: Simple
City Tap: Kitty Box and The Johnnys. 8pm
General Store Cafe: Judy Woodall and Muletrain. 8pm
Local 506: Laura Veirs and The Hall of Flames, The Watson Twins, Led To Sea. 9pm. \$10/12
Nightlight: The Moaners, Ryan Gustafson. 9pm
Open Eye Cafe: See No Weevil. 8pm
Southern Village: Once. 7:30pm. \$25/person, \$75/family
University Mall: Cliff Eberhardt. 10am. Free

Send your submissions to calendar@carrborocitizen.com

SPOTLIGHT: 2nd FRIDAY ARTWALK



The next 2ndFriday Artwalk will take place at galleries and businesses throughout Carrboro and Chapel Hill on Friday from 6 to 9 p.m.

At Town Hall, Rob Liberti curates a display of North Carolina-centric music-related t-shirts from yesterday and today in his exhibit, "Show us your tees." Carrboro Town Hall is located at 301 W. Main St.

At The ArtsCenter, participants can view ceramics by Jason Abide in the East End Gallery and mixed-media paintings by Melissa Walker in the Center Gallery. The ArtsCenter is located at 300-G E. Main St.

Down the street at the Beehive Salon, Chief (aka Joseph Brzoska) will display his "Ghosts" collection, which uses acrylic, shellac, enamel and ink on canvas and wood to reflect his fascination with the afterlife, the interpretation of heaven and the close bond shared between the living and the dead. The Beehive is located at 102 E. Weaver St.

Admission to all Artwalk events is free. Artwalk brochures, maps and information are available at any participating art location. For more information, visit 2ndfridayartwalk.com

MOVIES

We suggest you call for exact show times



CAROLINA THEATRE OF DURHAM
309 W. Morgan St., 560-3030
Escapism Fundraiser: Friday only: Ed Wood, 7 p.m.; Plan 9 from Outer Space, 9:30 p.m.; Mao's Last Dancer, nightly at 7 & 9:20 p.m., Saturday and Sunday matinees at 2 & 4:20 p.m.; Get Low, nightly at 7:15 & 9:25 p.m., Saturday and Sunday matinees at 2:15 & 4:25 p.m.

CHELSEA THEATER
Timberlyne, 1129 Weaver Dairy Road, 968-3005
Mao's Last Dancer; The American; Get Low

THE LUMINA
Southern Village, 932-9000
Going the Distance; Legendary; Resident Evil: Afterlife; Grown Ups; Nanny McPhee Returns; The American

REGAL TIMBERLYNE 6
120 Banks Drive, 933-8600
Eat Pray Love; Inception; Machete; The American; Resident Evil: Afterlife; Going the Distance

THE VARSITY
123 E. Franklin St., 967-8865
Good Will Hunting

The CAROLINA THEATRE
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ESCAPISM FUNDRAISER FRIDAY 9/10
Tim Burton's Ed Wood 7pm
Ed Wood's Plan 9 From Outer Space 9:30pm
GET LOW Nightly at 7:15 & 9:25pm
Sat & Sun Matinees at 2:15 & 4:25pm
MAO'S LAST DANCER
Nightly at 7 & 9:20pm
Sat & Sun Matinees at 2 & 4:20pm
309 WEST MORGAN ST., DOWNTOWN DURHAM
CAROLINATHEATRE.ORG ~ 919.560.3030

 MO 10/4 THE NATIONAL MEMORIAL AUDITORIUM - RALEIGH		 SA 9/18 BILLY BRAGG	 SU 10/10 BUILT TO SPILL
 SA 10/2 ROGUE WAVE AND MIDLAKE	 TU 9/14 THOSE DARLINS LOCAL 506	 SA 9/11 WHO'S BAD	 SU 9/19 J.P. CHRISSE & THE FAIRGROUND BOYS
 TH 9/23 JENNY & JOHNNY	 WE 10/20 MATT & KIM	 SU 10/31 CARIBOU	 FR 10/8 ANOOP DESAI
 FR 9/10 MATT HIRES	 SA 9/25 SIGNAL 2010 LE CASTLE VANIA, TITTSWORTH, NICK CATCH-DUBS	 TU 10/12 STEPHEN KELLOGG AND THE SIXERS W/SMALL PONDS AND ROY JAY	 WE 10/27 HIGH ON FIRE / TORCHE / KYLESA
 TH 9/9 CORINNE BAILEY RAE W/FILTHY BIRD	 SU 9/26 CARRBORO MUSIC FESTIVAL 3PM-MIDNIGHT - FREE!	 TH 10/14 PERPETUAL GROOVE W/KITE TO THE MOON	 TH 10/28 ME FIRST AND THE GIMME GIMMES W/TEENAGE BOTTLEROCKET, COBRA SKULLS
 FR 9/10 MATT HIRES W/WAKEY! WAKEY!	 MO 9/27 DAVID BAZAN W/MYNABIRDS	 FR 10/15 SARA BAREILLES W/GREG LASWELL AND HOLLY CONLAN	 FR 10/29 CROCODILES W/GOLDEN TRIANGLE AND DIRTY BEACHES
 SA 9/11 WHO'S BAD? (MICHAEL JACKSON TRIBUTE)	 TU 9/28 PHANTOGRAM W/JOSIAH WOLF	 SA 10/16 DUCK DOWN 15-YEAR ANNIVERSARY TOUR: PHAROAE MONCH, BOOT CAMP CLIK FEATURING BUCKSHOT, SEAN PRICE & SMIF N WESSUN, KIDS IN THE HALL, SKYZOO AND DJ EVIL DEE	 SA 10/30 BLONDE REDHEAD W/PANTHA DU PRINCE
 WE 9/15 JAY CLIFFORD W/JOHN WESLEY SATTERFIELD	 TH 9/30 DEAD CONFEDERATE W/MT ST HELEN'S VIETNAM BAND AND AMINAL	 SU 10/17 TWIN TIGERS AND REWARDS	 SU 11/7 PUNCH BROTHERS
 TH 9/16 SHOOTER JENNINGS & HIEROPHANT	 FR 10/1 STARS W/PETER WOLF CRIER	 MO 10/18 LOS CAMPESINOS	 FR 11/12 AMY RAY W/MT. MORIAH
 FR 9/17 THE OLD CEREMONY RECORD RELEASE SHOW W/LIFTED PRAISE GOSPEL SINGERS	 SU 10/3 MAE W/TERRIBLE THINGS, WINDSOR DRIVE, FLOWERS FOR FAYE	 TU 10/19 CIRCA SURVIVE W/DREDD, CODESEVEN, ANIMALS AS LEADERS	 SA 11/13 BADFISH - A TRIBUTE TO SUBLIME
 SA 9/18 BILLY BRAGG W/DARREN HANLON	 MO 10/4 BLITZEN TRAPPER W/FRUIT BATS, PEARLY GATE MUSIC	 WE 10/20 MATT & KIM W/DONNIS	 TU 11/16 TRISTAN PRETTYMAN
 SU 9/19 JP, CHRISSE & THE FAIRGROUND BOYS FEATURING CHRISSE HYNDE AND JP JONES W/AMY CORREIA	 SU 10/10 REVOLT W/REVOLT	 FR 10/22 GUIDED BY VOICES W/SWEET APPLE	 WE 11/17 INFAMOUS STRINGDUSTERS / TRAMPLED BY TURTLES
 MO 9/20 COCOROSIE	 FR 10/8 THE CLEF HANGERS, J TIMBER AND MADAME SAMBROSA	 SA 10/23 RAILROAD EARTH	 TH 11/18 POSIES / BRENDAN BENSON W/AQUEDUCT
 WE 9/22 PAC DIV, KOOLEY HIGH, ACTUAL PROOF, KING MEZ	 SA 10/9 DEERHUNTER W/CASINO VS JAPAN AND DUCKTAILS	 TU 10/26 GHOSTFACE KILLAH W/SHEEK LOUGH, FRANK DUKES	 SU 11/21 CORNERSHOP
 TH 9/23 JENNY & JOHNNY FEATURING JENNY LEWIS & JOHNATHAN RICE W/ETERNAL SUMMERS	 FR 9/24 THE WAILERS (REGGAE)	 FR 12/3 STEEL CANYON RANGERS	 MO 11/22 JUNIP (JOSE GONZALEZ, ELIAS ARAYA, TOBIAS WINTERKORN)

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Briefs

Fisher pleads guilty to 1984 murder

George Fisher pleaded guilty last week to the 1984 rape and murder of 7-year-old Carrie Ann Wilkerson.

Superior Court Judge Carl Fox sentenced the 61-year-old to two consecutive life sentences for rape and murder and an additional 15 years for arson.

Fisher was accused in June of raping and killing the girl and then setting fire to her mobile home at Rocky Brook Mobile Home Park. The charges were based on new DNA evidence, which came to light after the case was reopened in May when police received a tip about a different suspect. When that didn't pan out, tests were run on evidence using Fisher's DNA.

He has been serving a life sentence plus 50 years since 1985, when he was found guilty of the kidnapping, sexual assault and murder of 8-year-old Jean Fewel.

Town clerk named

Carrboro has named Catherine Wilson as the new town clerk, town officials announced Wednesday.

Wilson has served the last three years as clerk for the Town of Kiawah Island, S.C. The Burnsville, N.C., native holds a bachelor's degree from Appalachian State University and a master's degree in public administration from the College of Charleston.

She was selected from a pool of 105 applicants to replace long-time Town Clerk Sarah Williamson, who retired after 38 years. Wilson starts work at Town Hall on Oct. 4.

Pittsboro traffic circle partially closed

The south side of the traffic circle in front of the Chatham County Courthouse Annex will be closed Monday and Tuesday as the installation of a temporary roof and related repairs on the Historic Chatham County Courthouse are completed.

Detour routes for eastbound and north-south traffic will be marked by the N.C. Department of Transportation.

In related courthouse news, the Chatham County Historic Courthouse Task Force presented a report to the Chatham County Board of Commissioners recommending retaining a judicial courtroom on the second floor and that it look as much like the old courtroom as possible, but with updated sound, lighting and technology and easy access for disabled visitors. In addition, the task force recommended adding new functions to the first floor that would attract more visitors.

Donations needed for displaced family

The Pines Community Center is collecting donations for a mother and her two children whose home was devastated by a fire on Sunday.

The home of Sherlisa Gear, 7-year-old Anyllah and 5-week-old Jakai was gutted by a fire that started in the kitchen when power was restored after an outage. The family was staying with relatives at the time of the fire because of the power outage on the block, and no one was hurt.

The house is uninhabitable, and the family needs a Section-8 approved home in the \$650/month range, financial donations and help with salvage and moving. To volunteer or donate, contact PCC board president Stephanie Perry at 358-7425. Donations may be mailed to P.O. Box 4652, Chapel Hill, NC, 27515. Unless otherwise designated, all cash donations made to PCC in September will help the Gear family.

Carrboro dedicates new fire station

The colorful combination of red fire trucks, Carolina Blue skies and a very green structure marked the dedication of Carrboro's first new building in four decades on Tuesday.

In an afternoon ceremony featuring speeches, the Pledge of Allegiance and an official hose decoupling in place of a ribbon cutting, Carrboro's second fire station was officially opened.

Chief Travis Crabtree, emcee for the event, beamed often as the highlights of the \$3-million building were detailed along with the planning and work that went into seeing it to completion.

Deputy State Fire Marshall Tim Bradley praised the construction and the efforts of Carrboro to plan ahead to keep up with the demands of a growing town. He and Crabtree singled



Members of the Carrboro Fire Department and board of aldermen decouple a firehose to open the new station on Homestead Road.

out former Carrboro Fire Chief Robert Swiger, who had the forethought to put a second station in the department's long-range plan decades ago.

Mayor Mark Chilton said the opening of the station marks the

fulfillment of a promise to both longtime and newly annexed residents on the north side of town of improved fire protection. He also thanked the university for working with the town on the Homestead Road site for the sta-

tion. The university is leasing the property to the town for \$1 per year for 99 years.

Town Manager Steve Stewart said the building, which features extensive use of daylighting and energy-efficient lighting along with flushless toilets and a solar water heater, would likely be certified as a Silver LEEDS building had the town opted to go through the LEEDS process. Instead, the town put the \$60,000 it would have taken to certify it into the features themselves, he said.

Stewart also thanked university officials for their efforts and said the town had just sent payment in full for all 99 years.

Former chief Swiger, who now lives in Cary, was on hand for the ceremony.

"We put this in the plan in about 1977," he said. "It's good to see it finally here."

COMMISSIONERS

FROM PAGE 1

She added that she didn't think the tax would affect business at her shop, an eclectic-gift shop that's been open in Chapel Hill for 33 years.

"It's not necessarily going to affect how people shop. People may grumble for a couple of days, but it's so small that people aren't really going to notice it," she said.

Briggs Wesche, general manager of A Southern Season, a specialty-foods and cookware store, agreed.

"I don't have a feeling that it's going to be affecting our customers a whole lot. Of course, a portion of what we sell that doesn't even apply to because food tax would be unchanged," Wesche said. "In general, I don't have a sense that a quarter cent would make much difference."

Wesche said she hoped that voters would approve the tax.

"Having read how the funds will be earmarked, the fact that there is a substantial portion going to economic development, I do believe that would be a long-term win for the citizens of our county," Wesche said. "If we could use that money successfully to develop some commercial tax base, I think that would pay it back and then some."

The Chapel Hill-Carrboro Chamber of Commerce, Chapel Hill-Carrboro City Schools and the Greater Chapel Hill Association of Realtors also have come out in support of the tax.

Officials to discuss county line, utilities

The Orange County Board of Commissioners will meet with the Mebane City Council today (Thursday) to discuss water and sewer infrastructure for the Buckhorn Economic Development District and other issues of mutual interest to the county and city.

The board and city council will review a utility-services district concept for the Buckhorn Economic Development District. Orange County has looked at possibly creating several utility-service districts, which could help fund future water and sewer expansions.

With the infrastructure, the county hopes to entice new business to the area. In 2008, the board approved Buckhorn Village, a 1.1-million-square-foot development including retail, office space, restaurants, indoor theaters, hotels, government offices and residences, but the project later fell through as a casualty of the poor economy.

Orange County has issued a request for qualifications from engineering consultants for the design of phase II, which will provide core water and sewer infrastructure to the area around I-85/I-40, Gravelly Hill Middle School, West Ten Road and Buckhorn Road.

Officials also will discuss Efland sewer flows and the potential for a future contract between Mebane and Orange County for maintenance and operation of that system, which is currently maintained by the Orange Water and Sewer Authority.

In addition, the boards will review county line uncertainties, which Orange and Alamance counties have been working to resolve for the past two years. The counties plan to submit a final proposed county line to the state for ratification no later than May 15, 2011.

Both counties' staffs developed a property-owner petition pro-

cess, whereby lots within 150 feet of the North Carolina Geodetic Survey line and meeting certain criteria can petition to have their houses and properties remain in the current jurisdiction. Residents have until Sept. 20 to submit petitions and the Orange and Alamance boards of county commissioners will review the petitions at a joint meeting on Nov. 29.

Other agenda items include:

- an update on development activities and the status of utility infrastructure improvements in and around the portion of Mebane located within Orange County;

- discussion of how the county might assist with economic-development efforts beneficial to both the county and Mebane; and

- regional transit and transportation planning items.

The meeting will be held at 6:30 p.m. at the Mebane Municipal Building at 108 E. Washington St. in Mebane.

—Staff Reports

THE CARRBORO CITIZEN

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Reunion Time!

C.H.H.S. Class of

1969 & 1970

Saturday

September 11, 2010

6:00 pm

Rock Quarry Farm

Hwy 54 W., Carrboro, NC

Dance to the Nomads

Barbecue with all the fixins

Reunite with old buddies!

\$35 in advance • \$40 at the door

More info email:

Anne Harvel

jackson54@embarqmail.com

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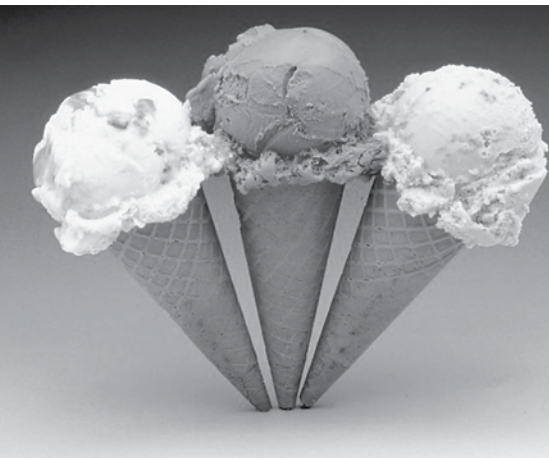
THE CARRBORO CITIZEN

1380 WCHL

the chapel hill Herald



Briefs



United Way ice cream

"United Way," a temporary and celebratory new brand of ice cream, will be on hand at Maple View Farm today (Thursday) for the Second Annual Orange County Ice Cream Social from 6 to 8 p.m. Wear your "Live United" T-shirt to this launch party for the fall United Way campaign and get a free ice-cream cone.

Chef event at Farmers' Market

This Saturday marks the eighth annual Carrboro Farmers' Market Chef Event, which features six local chefs and their culinary celebrations of local food.

This year's participants are Adam Cobb of Glasshalfull, Adam Rose of Il Palio, Amy Tornquist of Watts Grocery, Bret Jennings of Elaine's, Kevin Callahan of ACME and Sheila and Matt Neal of Neal's Deli.

Market goers are welcome to sample the dishes and collect recipes. The event starts at 9 a.m. and runs until the food runs out.

Young Rock

The ArtsCenter is looking for teen bands interested in entering the annual Battle of the Bands on Sept. 24. A cash prize of \$150 goes to the winning ensemble. The contest is free to enter and the top three bands win the right to play at the center's Fright Night on Halloween.

Contact ypac@artscenterlive.org for more information.

Mulch sales resume at landfill

Regular yard-waste mulch is once again available for sale at the Orange County Landfill on Eubanks Road. The natural wood mulch is \$22 for a 3-cubic-yard scoop. Decorative red mulch and compost are also available for sale at \$28 per cubic yard.

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Don't forget a tarp to cover your load. Delivery options for large loads are available within Orange County. Visit www.co.orange.nc.us/recycling/earthproducts.asp for more details or call the Solid Waste Management office at 968-2788 to schedule a delivery.

Volunteers needed for Jordan Lake cleanup

Clean Jordan Lake seeks volunteers to help with the Jordan Lake "Big Sweep" on Oct. 9, either to donate the use of their boats for the day or to hike through the woods to bag and move trash to boats.

The event will involve the U.S. Army Corps of Engineers, N.C. Wildlife Resource Commission, N.C. Division of Forest Resources and Chatham County government. The cleanup will focus on the shoreline downstream of where the Haw River enters the lake.

Last year, more than 200 volunteers filled four large dumpsters with trash removed from Jordan Lake and removed nearly 200 tires.

Visit cleanjordanlake.org for details.

Composting demonstration

Learn the basics of outdoor composting using manufactured and homemade structures and indoor composting with worms at a composting class Sept. 18 presented by Orange County Solid Waste Management. The class will run from 10 to 11:30 a.m. at the Learning Garden Compost Demonstration Site at the Chapel Hill Community Center on Estes Drive.

Harvest dinner

The Eno River Farmers Market will host a Harvest Dinner on Saturday at 7 p.m. at the Public Market House in Hillsborough.

Chefs Chris McKinley and Austin Genke of Box Carr Farms and Dave Ramirez of Geodesic Gardens will use pork, beef, vegetables, fruit, cheese and baked goods from Eno River Farmers Market vendors to prepare an elegant, sit-down, farm-to-fork dinner for 60 guests, including several local farmers. The event is \$40. Music by the JazzTones. Visit enoriverfarmersmarket.com for more information.

HOUSE Calls

Practicing family physicians from the UNC Department of Family Medicine have teamed up with *The Carrboro Citizen* to bring you a weekly feature responding to your questions about health and medicine. Send your questions or comments to yourhealth@unc.edu



This week we respond to questions about strokes and memory loss.

Dear HOUSE Calls,
My father recently had a stroke. He was in the hospital for two days and when discharged was set up to have physical and occupational therapy as an outpatient. The doctors talked about post-stroke rehabilitation. What does that mean? He's doing much better now.

We're so glad to hear that he's doing better. This is the type of rehabilitation that helps people who survived a stroke re-learn the skills that are lost when part of the brain has been damaged. Lost skills could include problems with movement, speech or even just daily activities like dressing and using the toilet. Starting this rehabilitation early is considered critical. This may be done in or out of the hospital, but should involve a multidisciplinary team to insure full functional potential is reached after

the stroke. That team could include a physical therapist, occupational therapist, speech and language therapist, rehabilitation physician and your primary-care doctor. There are other important issues — such as medications, quality of life, sexual function, returning to work and driving — that are also part of rehabilitation. Some people also will require skilled nursing care early in the course of rehabilitation.

Dear HOUSE Calls, *I am 51 years old and I've noticed that sometimes I forget what I'm trying to say. The forgetting doesn't happen all the time, but it happens often enough that I worry that something is wrong. What might be causing this?*

Good question. It happens to us all the time, when we are under time pressure, multi-tasking or stressed. This happens to lot of people, but I think maybe there's something else you may be worried about. We wonder if there has been a perceived change. This kind

of word-finding difficulty can be typical of age-related memory change, which is unusual for a 51-year-old. It really depends on how much difficulty this is causing. A lot of people with new-word-finding difficulty wonder if they are developing Alzheimer's. Generally, early signs of Alzheimer's disease might include confusion, difficulty with language, difficulty with reasoning, getting lost and difficulty completing complicated tasks like paying your bills. We wonder if you're responding to stress, fatigue or maybe even depression. If this represents a change, and it is causing some concern, it might be time to see the doctor and to get this checked out.

HOUSE Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf of Your Health and the UNC Department of Family Medicine.

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ACROSS
1 Play to play
5 Merry
11 Off.
14 Vicious
19 Crawl (with)
20 Culmination
21 Singing
22 Songwriter
23 Greenwich
23 Speaker of remark at
29 Across
25 Writer Rand
26 Stillers' partner
27 Club creed
28 Bit of sunshine
29 Start of remark
31 Columnist
33 Author
33 Umberto
36 When the French fry
37 High rails
38 Part 2 of remark
46 Zinc or copper
47 Quick comeback
48 Lamb product
52 Dennis, for one
55 Cambridge quaff
56 Arkansas hrs.
58 Flowering shrub
59 Cookie quantity
60 Mr. Baba
61 Mako or hammer-head
63 Joan Van
64 Wilde's
66 Ralston or Miles
70 Terminate
71 "Ask — Girl" ('59 film)
72 Part 3 of remark
76 TV's "Major —"
78 Quiet — mouse
79 Singer Tori
80 Jennifer of "Rio Lobo"
83 Ad — committee
84 Put on guard
86 Campanella or Clark
88 Unimprovable
90 Slick comeback
92 Solemnly swear
94 Cauliflower
95 Anxious
96 Pastoral poem
97 Button or snap
100 DC figure
101 Part 4 of remark
107 Bell and Barker
110 Samovar
111 Affirmative vote
112 Give a hoot
113 Part 5 of remark
116 Ring stat
118 Build
122 Don Diego de la Vega
123 Chips
127 Alpine accompaniment
128 End of remark
129 SHAEF commander
130 Shed
131 Around the corner
132 Smallest
133 Spitz sound
134 Loathe
135 Big rig
1 Particle
2 South
3 Wolfe
3 Work in the lab
4 Hammed up "Hamlet"
5 Mouth piece?
6 Work
7 Fountain order
8 Unlikely to allure
9 Born
10 — Peres, MO
11 Cops' org.
12 "— River" ('55 tune)
13 Electronics
14 Verne
15 One of the Waughas
16 Roofing material
17 Alpine area
18 TV's "The Wonder —"
24 Comic
25 Crosby
30 "Agnus —"
32 Insignificant
33 Reason d'—
34 Canvas bed
35 Oil cartel
38 Pyramid, for one
39 Mountain nymph
40 Slowly, to Schubert
41 Autumn
42 Birthstone
43 Mouth watering?
43 Musical
44 Myra
44 Pullover part
45 Youth org.
49 Analyze poetry
50 Well-ventilated
51 Run up the phone bill
53 Caustic
54 Vanduyke site
57 Nest
58 Cosmopolitan
60 Elizabeth
60 Aromatic plant
62 Vex
65 Dickens title
67 Letter from Athens
68 Sleep stage
69 Bother
71 Confidential comment
73 Coach Levy
74 Where to dance the hora
75 Equine accessory
76 Connecticut senator
77 Sore
81 Rent
82 Light tool
83 "Bali —"
84 Singer
84 Guthrie
85 Vegan staple
87 Sarah —
87 Jewett
89 Director
91 Adrian
91 Brownie, for one
93 Cautious
94 Sicilian rumber
95 Air bear?
98 — Ane
99 Langdon
102 Prom dates
102 Capek play
103 "Nightmare on Elm Street" villain
104 Silverware city
105 Word with farm or frog
106 Long-legged waders
107 "— tov!"
108 Faced the day
109 Sealy competitor
114 "— bien!"
115 Throw a party
116 Démonstrative pronoun
117 Holiday of "Mittcock"
119 Piece of fencing?
120 Quahog, e.g.
121 Garr of "Mr. Mom"
124 Energy
125 Vintage
126 Widget for Woods
127 Saucepan

CitizenCryptoquote By Martin Brody

For example, YAPHCYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc.. Apostrophes, punctuation, the length and formation of the words are all hints.

"Team Spirit?"

O V O S A D E C S E C O
P L X R A G R O S U A D C
O V G S Q D M O F D - C F L
J G G S K O B B P O F D
O V M M G D C V ' S U O Q D
R A G R E V C . - M R E P A S
M . D E C D V A G R D Q

Find the answer in the puzzle answer section.

Weekly SUDOKU

by Linda Thistle

2		8	5			7	
		4	9				8
	3			6	9		
6			4			2	
	8	6			3		
	9			1	5	6	
	5	1		4			
3	4		2				1
7				5	9		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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PETS OF THE WEEK

PAWS4EVER — Martha is a 2-year-old brown-and-black domestic shorthair mix. This girl appears to be a lynx mix, with the pointy hairs on her ears and those piercing eyes. Her attitude is somewhat variant, depending on her location. She sometimes likes to hide in cat boxes and prefers to be left alone. When out in the open though, she thoroughly enjoys being petted and loved on. She gets along well with other cats and has even produced a litter of her own. Sadly, none of them made it, so we let her get away with what she wants sometimes, when she's demanding peace and quiet. She is a very lovely, patient kitty that would probably do best in a home with no dogs due to her nervous attitude. She could really blossom in a home that would spend time showing her the devotion and care that we believe every animal genuinely deserves! Contact Paws4Ever, 6311 Nicks Road, Mebane or call 304-2300. You can also go online at paws4ever.org



ORANGE COUNTY ANIMAL SERVICES — Say hello to Denver!

This adorable black-and-tan hound mix is around 2 years old and was found wandering around by a nice family who brought him safely to the county's Animal Services Center. His original family couldn't be found, so he's now ready to find a new place to call home. Denver is a sweet and very well-behaved boy who is eager to please and extremely smart! He already knows the sit and stay commands, sits gently and waits to be approached, loves toys but isn't rough with them and loves car rides! There isn't much this wonderful boy isn't already great at! And as an added perk, he smiles when he's excited!! Don't miss out on this cutie! Come visit Denver today at Orange County Animal Services, 1601 Eubanks Road in Chapel Hill. You can also see him and other adoptable animals online at www.co.orange.nc.us/animalservices/adoption.asp.



Calendar

THURSDAY SEPT 9
Fescue Renovation — A review of fescue and lawn renovation. Agriculture Building Auditorium, Pittsboro. 6:30pm Free Registration required. 542-8202

FRIDAY SEPT 10
The Peru Project — Holds a silent auction with more than 35 artists to raise funds for a community center in Huaripampa, Peru. Fleet Feet Art Gallery. 6pm

Internet Basics — Chapel Hill Public Library. 8:15am 968-2780

UniVarsity Film. — Film scholar professor Gregg Flaxman will introduce Chinatown. Varsity Theater. 9pm Free

Carolina Soul — Lecture by Jason Perlmutter, founder of Carolina Soul, an online encyclopedia of soul music from the Carolinas Wilson Special Collections Library, in the UNC campus. 5pm

"Against the Tide" — A documentary about two former prisoners reentering the community will be shown with discussion following. Church of the Holy Family, 200 Hayes Road. 7:30pm 967-3308

SATURDAY SEPT 11
BBQ for Babies — A fundraiser to support families with babies in ICN, hosted by The Duke Intensive Care Nursery Family Advisory Board. Teer Farm, 7729 Kepley Road, Chapel Hill. 4-7pm. Pamela Norcross 619-6336

Parent Training — On Responsiveness to Instruction. FAN will offer the free training at Orange United Methodist Church. 12noon-2pm. Registration required julie@mhaorangeco.org

The Monti — Season opener with Turning Points features Greg Taylor, George Singleton, David Gessner, Belle Boggs. The ArtsCenter. 8pm

ReCYCLery is Back — A Grand Reopening Celebration. 108 N Graham Street. 1-8pm recyclery.org

Bee Celebration — A honeybee celebration for National Honey Month. South Estes Farmers' Market. 8am-12pm south-estesfarmersmarket.com

Square Dance — With N.C. Squares. Pleasant Green Community Center. Music by Back-Step. 8pm \$8 ncsquares.com

SUNDAY SEPT 12
Not for Kids Only — A celebration of National Literacy Month will teach language skills. Children must be accompanied by an adult. Carr Mill Mall, Ste C-2. 2pm

MONDAY SEPT 13
School Volunteers Needed — An informational session and follow-up training for volunteers to serve in the Chapel Hill-Carrboro City Schools. Seymour Center. 9:30-11am. Pre-registration 968-2057

The Village Band — resumes rehearsals and invites players to join the 2010-11 season. East Chapel Hill High School. 7:30pm thevillageband.org

Time Out — Guest Robert Marotto, director of Orange County Animal Services. 6pm. 103.5FM

TUESDAY SEPT 14
UNC Hospice — Volunteer Training at UNC Hospice, 480 Hillsboro St., Pittsboro. 1pm. Pre-registration required. 542-5545 mhoneycu@unc.unc.edu

WEDNESDAY SEPT 15
Ovarian Cancer Awareness — Composers and performers will provide an afternoon concert of original music to raise awareness of Ovarian Cancer. Children's Hospital, UNC Memorial Hospital. 3-5pm. Free healthgrid.tv/

Lunch Box Lecture Series — "Following My Mother through the Concentration Camps." Speaker Debbie Long. Horace Williams House. 12pm. \$5 suggested donation.

Preschool Fair — Sponsored by The Chapel Hill/Carrboro Mother's Club, 28 schools will be represented. Carrboro Century Center. 6pm. 419-7351 chapelhill-mothersclub.org

Letter Writing Night — Letters to political prisoners. Internationalist Books. 7pm

OdysseyStage — The Readers Theatre at Lunch presents The Curious Case of Benjamin Button. 11:30am. The ArtsCenter. \$5. odysseystage.org

FRIDAY SEPT 17
Contra Dance — Live music by The Donnybrook Lads with caller Linda Cooper. Carrboro Century Center. 8pm. \$8. 967-9948 csda-dance.org

Dance - Participatory Ballroom — Seymour Senior Center, 2551 Homestead Road, fourth and fifth Thursdays. 7-9:30pm. \$2. 968-2070

Carrboro DanceJam — Free-style dance. Balanced Movement Studio, 304 W. Weaver St., upstairs. First Fridays, 8pm 968-8776

Ballroom Dance — Triangle StarDusters. Couples and singles are welcome. Fred Astaire Dance Studio, 4702 Garrett Road, Durham. Second Saturday of every month, 8-11pm \$7/StarDusters members and students, \$12/others. 942-7232

Shag Dancing — Every Monday, beginner class at 7pm, dance at 9pm. Free lesson first Monday of the month. 6pm General Store Cafe, Pittsboro

Ongoing Cancer Support — Support groups for cancer patients and their families. cornucopiahouse.org

Carrboro Chess Club — A casual meeting for people who like to play chess. All skill levels are welcome. Jessee's Coffee and Bar. Saturdays 3pm

Compassionate Friends — Free self-help support for all adults grieving the loss of a child or sibling. Evergreen United Methodist Church. Third Mondays 7-8:30pm. 967-3221 chapelhillcf.org

Walking Group — The Chapel Hill Area Women's Walking Group meets weekly. Weaver Street Market Wednesdays, 9:15am. Julie (967-3221) or Marilyn (932-1411)

Saludamos Group Walks — Front of El Futuro. Saturdays 9am

Job Search Meeting — A networking and support group for job hunters Binkley Baptist Church. Wednesdays, 9:30-11am

Breastfeeding Cafe — An informal drop-in gathering of breastfeeding moms. A La Leche

representative will provide information and answer questions. The Red Hen. Mondays, 1-2pm

Tutoring — Hillsborough Police Department and UNC Habitat for Humanity offer tutoring sessions for students in Orange County School's K-5 classes. Tutors are students from UNC. Community Policing Station, 501 Rainey Ave. 732-2441, ext 26 to register

Chapel Hill Public Library — Story Time, for ages 3-6; Junior Book Club, for readers grades 1-3; Time for Toddlers, for stories, songs and activities; Baby Time, for children between 6 and 18 months; Teen Book Club, for teens in grades 6 and up; Bookworms Club, for grades 3-6. Dates and times vary. chapelhillpubliclibrary.org

Depression and Bipolar Support Alliance Support Group — Tuesdays at Binkley Baptist Church, 7:30-9pm. Free. DBSACHapelHill@nc.rr.com

Gardening Questions? — Ask Orange Co. Master Gardeners at Home Garden Clinic. Walk-ins welcome. N.C. Botanical Garden. Wednesdays and Fridays, 12pm. 262-0522. Hillsborough clinic weekdays, 10am 245-2061

Free Yoga Classes — Support for Cancer Patients, Survivors and Caregivers. CCSP at Carolina Pointe II, 6013 Farrington Road, Suite 101. Mondays, 11am Thursdays 10:30am

Hand In Hand Exhibit at the Carrboro Branch Library — A multimedia exhibition featuring the work of eight local artists who are lending their support to three local social action groups: the (UNC) Student Health Action Coalition (SHAC), also known as the Carrboro Free Clinic; TABLE, the children's weekend backpack feeding program; and the Orange County Literacy Council. Through Nov. 30. 969-3006

NAMI Classes — Twelve weekly classes for relatives of individuals suffering from chronic mental illness. Seymour Center, Sept 2-Nov 18 6:30pm 968-1777

Single Fathers — due to cancer support groups. 3rd Monday of every month Carolina Pointe II, 3rd Floor 6-7:30pm

UNC Hospice — Offers volunteer training 480 Hillsboro St, Pittsboro Tuesdays/Thursday, Sept 14-28, 1-4:30pm. Pre-registration required. 542-5545

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What's at Market?

Check out what's at the Carrboro Year-Round Farmers' Market . . .

New Item this Week: EDAMAME, muscadines, hiitake mushrooms, hot and sweet peppers, apples, okra, figs, watermelons, zinnias, celosia, sunflowers, lilies, tomatoes, melons, corn, blueberries, potatoes, beans, onions, swiss chard, garlic, sweet potatoes, potted herbs and veggie starters, summer squash, zucchini, eggs, parsley, purslane, sun-dried tomatoes, cornmeal, lettuce, arugula, wheat flour, garlic, salad mixes (spicy and non), fresh herbs, pecans, meats like goat, beef, pork, lamb, chicken, buffalo, and various specialty meats like liverwurst, bologna, hotdogs, etc, cow's and goat's milk cheeses, breads, doughnuts, tortes, pies, cakes, jams, relishes, local beer, and more!

Sunshine Squash and Poblano Soup Serves 6
 From Ben Horner, Market customer

Ingredients:

- 1/2 Sunshine Squash (looks like a wide compressed pumpkin)
- 1 onion chopped (yellow or white)
- 3 Poblano Peppers
- 1-2 Sweet Peppers (I used Anaheim for this recipe)
- 1 Cup Chicken stock or Vegetable Bouillon
- Salt and Pepper to taste

Procedure:

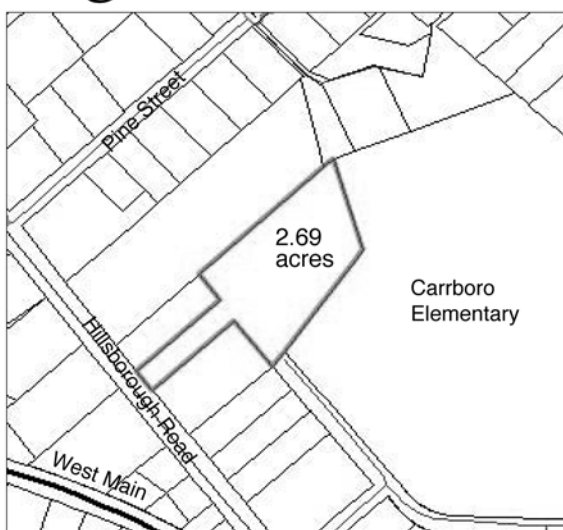
Cut the sunshine squash in half, lengthwise across the belly of the squash. Put 1/2 in the fridge for later use. *You could use the whole squash if you wanted tons of soup, but I've found 1/2 is plenty.* Preheat the oven to 350 degrees. Remove the seeds and place the squash face down in a shallow dish with an inch of water in the pan and place in the oven for 30 minutes or until the squash is tender and soft. Let cool and scoop out the fleshy contents from the skin. Set aside. Roast all 3 poblano peppers and sweet peppers. There are different ways to roast, but I typically put them in a pan under the broiler. Their skin will begin to char. Rotate them so that they are evenly charred all around. Remove from oven, drop in a colander and rinse. The charred skin will peel off and leave the fleshy pepper inside. Cut peppers and remove the seeds. In a large soup pot, sauté the chopped onion in some olive oil. Add the chopped and roasted poblano and sweet peppers. Once the onions are clear, add the cooked sunshine squash with one cup of chicken or vegetable stock and 3 cups of water. Cook on medium heat for about 15 minutes. Blend using a hand-held blender if you have it, or you can pour it into a regular old blender. An electric mixer works fine too. Salt and pepper to taste. Enjoy! Like any soup, the second day is the best!

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FROM THE EDITOR

Redesigning Chapel Hill

We read elsewhere this summer that a former UNC alum returned to Franklin Street and was disappointed that it was not as fantastic as he recalled.

Stop. The. Presses.

Then there is the brave and bold announcement that Orange County is gonna really, really, really try to do some economic development.

Whoa.

There are a lot of very obvious problems to be tackled in southern Orange County, some have lingered so long that they're lore. Former *Chapel Hill Weekly* editor Jim Shumaker once told me he felt compelled to declare that the village is dead at least once or twice a decade.

Unfortunately, the way we tend to deal with our problems – pardon me if I don't call them "hurdles" or "challenges" – is to throw a lot of energy into defining issues and identifying goals.

Town halls across this land are full of well-intentioned, thoughtful reports, and the one on North Columbia Street is no different. We do this kind of thing well; but Chapel Hill, like so many of those other places, could stand to work on its follow-through.

For most people, the workings of government are not particularly exciting and participating in efforts to revise policy in a wonk-filled town that loves to talk it out can be mind-numbingly dull.

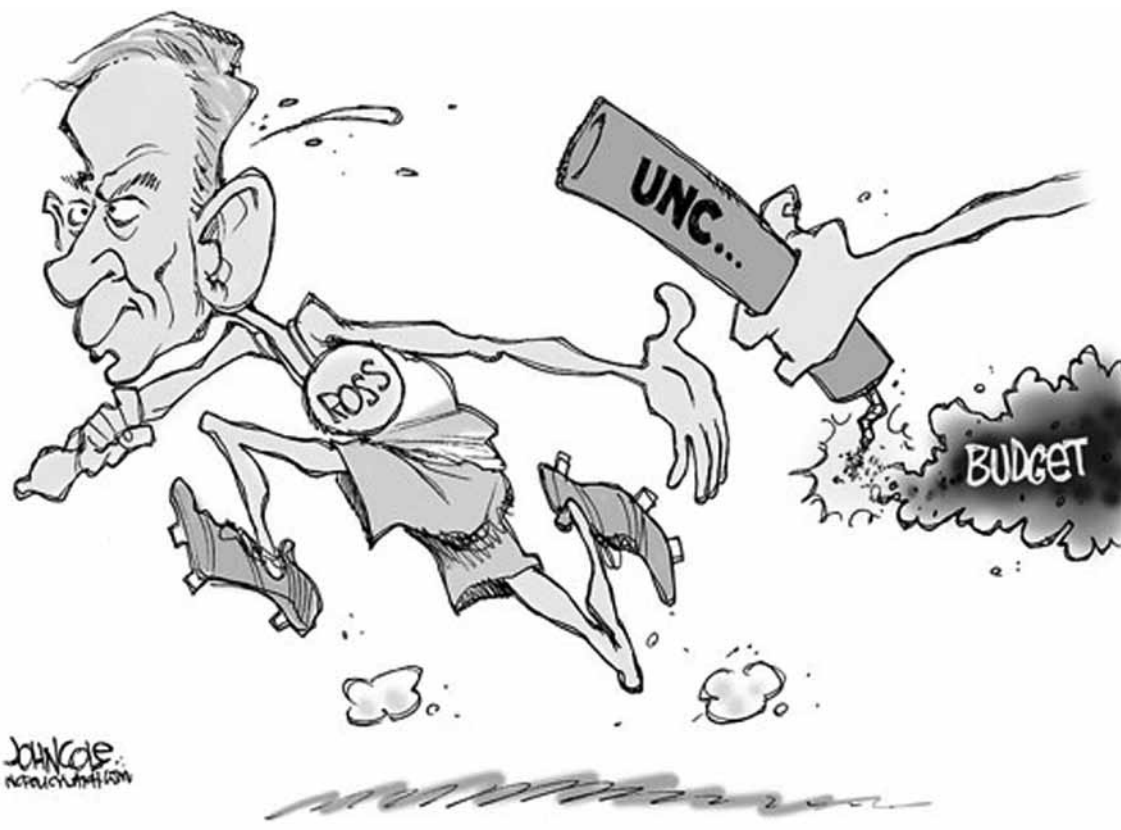
There are, however, moments when participation across a broad spectrum is crucial, and the input received is a little weightier when it comes to shaping the future of the town.

This fall when the Chapel Hill Town Council gets down to business, there will be a discussion about how best to take in the public's thoughts, ideas and reflections on the future direction of the town. This process, which could take a full year, is a little different than the last few times your thoughts, ideas and reflections were solicited, in that it will be used to help draft the first major rewrite of the town's comprehensive plan.

The plan is the guiding document for how and where the town might grow and what things the community values most. It also influences the market forces at play in the community. The large projects downtown and developments like East 54 and the redesign of University Mall are the direct results of the last comprehensive plan, which favored mixed-use development along transit corridors.

One reason we're doing this now is that there's a slight pause in the action due to the recession. But it's only a pause. Just prior to the downturn, a wave of new developments was being contemplated. These projects will be heavily shaped by values and ideals the public and its representatives on the council instill in the next comprehensive plan.

So instead of grumbling about ye olde problems, be thinking about what you'd like the town to be five, 10 or 20 years down the road, and be ready to let policy-makers hear it.



Maximizing returns on economic development investments

DAN COLEMAN

The analogy is simple and the numbers compelling. Suppose you had funds to invest. Suppose further that you had a choice of two investment vehicles, one offering 6.8 percent, the other 4.3 percent, both decent returns in the current economy. All things being equal, you would choose the 6.8 percent return. So much the better if the larger return was coupled with an investment that provided additional benefits.

Economic-development policy in Orange County and the municipalities faces a similar choice. Studies show that for every \$100 spent at a locally owned business, \$68 stays in our community. Spend that same \$100 at a chain store and only \$43 stays local. Clearly, the big returns in economic development come from increasing opportunities to buy local rather than buy chain. These studies refer to retail sales, but similar results can be found in most sectors of the economy.

Locally owned businesses also bring a range of other benefits economically, environmentally and socially. For a typical list, see sustainableconnections.org/thinklocal/why

Yet conventional wisdom in economic-development circles clings to a recruitment model. Rather than build an economy from their own resources and talent, states and communities enter a zero-sum game competing to lure businesses with a variety of incentives.

When economist Michael Shuman spoke to the Carrboro Board of Aldermen a few years ago, he gave the example of Google, which, to locate in North Carolina, was offered incentives of \$800,000 per job, a whopping sum by any standard. What if, Shuman asked, you offered North Carolina businesses such an incentive to grow and create jobs? Or even a fraction of that amount? Wouldn't they give the state more for less, and be more likely to stick around?

To underscore this point, Shuman cited an Oregon study that found that the subsidy per job averaged 30 times as much for a recruited firm as for a local firm, around \$60,000 per job as compared to around \$2,000.

Shuman's point is not that you reject non-local businesses, but rather that you place your economic-development priority on supporting and growing local business, just like investing your money at a 6.8 percent return rather than 4.3 percent. And he offers a simple methodology for determining how to do so.

Localizing the economy is done through a process known as import substitution, whereby you rely more on local products and services than on imported ones. The tool for developing an import-substitution strategy is called a leakage analysis, which looks at various areas of expenditure, determines which ones account for the greatest proportion of imports and which of those can most readily be localized.

Although Orange County discussions tend to focus on retail goods, nationally the five top categories of household expenditure are housing, transportation, food, pensions/social security and health care. Most of these are amenable to localization. Here, for example, we have a strong local-food movement with our various farmers' markets and CSAs (Community Supported Agriculture).

Our commitment to alternative transportation also contributes to economic localization. Investments in fare-free bus, sidewalks and bike lanes allow many residents to live without having to purchase cars and to spend much less on fuel. The money saved can be spent in the local economy.

Recently, Chapel Hill and Carrboro received a federal "Retrofit Ramp-Up" grant that provides funds for energy-efficiency retrofits of existing buildings. Energy is one of the top areas of economic leakage. Investment in retrofits has the potential to support local firms while sending fewer dollars out of Orange County to distant shareholders of energy utilities.

Note that these are all programs or investments that improve the local economy and improve the quality of life of residents.

A paradoxical effect of economic localization is that when a community succeeds it becomes of greater interest to relocating companies. Recently, a couple of software firms relocated to Carrboro, not because of any recruitment efforts (there weren't any), but because they and their workers valued the walkable, unique qualities of our downtown.

What is the potential for economic localization in Orange County? We don't know because it has not been studied. Too often an uncritical reliance on received wisdom guides our efforts in other directions. But it behooves our governments to reassess conventional thinking and to determine thoughtfully which economic-development investments will give the greatest return to our citizens.

Dan Coleman is a member of the Carrboro Board of Aldermen.

FOR THE RECORD

Editor's note: Although it is almost taboo to mention in this most highly anti-union of states, the conditions of those employed here were vastly improved throughout the last century chiefly through the efforts – and often the blood – of organized labor. It is doubtful that the 40-hour week, the minimum wage, tougher safety standards, child-labor laws and a host of other things we take for granted would have come about out of the sheer benevolence of our storied and fondly recalled captains of industry.

In reflecting upon this during the recent Labor Day holiday, we recall the powerful oratory of Eugene Debs, labor's guiding light in the late 19th and early 20th centuries. Following is an excerpt from his statement to the federal court in Cleveland after being convicted of sedition for his opposition to World War I. He was sent to prison, from which he ran (again) for president in 1920, receiving more than 913,000 write-in votes.

I am thinking this morning of the men in the mills and the factories; of the men in the mines and on the railroads. I am thinking of the women who for a paltry wage are compelled to work out their barren lives; of the little children who in this system are robbed of their childhood and in their tender years are seized in the remorseless grasp of Mammon and forced into the industrial dungeons, there to feed the monster machines while they themselves are being starved and stunted, body and soul. I see them dwarfed and diseased and their little lives broken and blasted because in this high noon of Christian civilization money is still so much more important than the flesh and blood of childhood. In very truth gold is god today and rules with pitiless sway in the affairs of men.

In this country – the most favored beneath the bending skies – we have vast areas of the richest and most fertile soil, material resources in inexhaustible abundance, the most marvelous productive machinery on earth, and millions of eager workers ready to apply their labor to that machinery to produce in abundance for every man, woman, and child – and if there are still vast numbers of our people who are the victims of poverty and whose lives are an unceasing struggle all the way from youth to old age, until at last death comes to their rescue and lulls these hapless victims to dreamless sleep, it is not the fault of the Almighty; it cannot be charged to nature, but it is due entirely to the outgrown social system in which we live that ought to be abolished not only in the interest of the toiling masses but in the higher interest of all humanity.

— Eugene Victor Debs,
Sept. 14, 1918

Immigration reform can't wait any longer

CHRIS LIU-BEERS

Three students go on a hunger strike outside a U.S. senator's office. Two young children wave a tearful goodbye to their father, not knowing when they will ever see him again. Hundreds march in the streets of Charlotte, Greensboro and Raleigh. And all of these events occurred because our broken immigration system continues to undermine families across the state.

What lessons can we learn from this summer's immigration debate?

First, Arizona's now-infamous approach represents a step backward, not a step forward. It has been clear from the start that Arizona's SB1070 was both misguided and unconstitutional. Judge Susan Bolton's recent decision to block portions of the law demonstrates that the state's leadership overreached with SB1070 and consequently stumbled into unconstitutional and hazardous legal territory.

Conservative North Carolina lawmakers looking to score cheap political points want to follow Arizona's lead. But this won't get us any closer to addressing the problem of unauthorized immigration. Instead, it will take us down a path that is unconstitutional and impractical, wasting time and money in the process. As a nation, we can't have a complicated patchwork of 50 different immigration laws. We need one comprehensive, rational and humane immigration law implemented and enforced by the federal government.

Instead of figuring out ways to legalize racial profiling, our state's lawmakers should direct their efforts toward pressuring Congress and the president to pass comprehensive immigration reform. Durham's city council recently

passed a strongly worded resolution calling on North Carolina's congressional delegation to "take swift and responsible legislative action to produce fair, humane, effective, and comprehensive federal immigration reform." These kinds of statements prod our political leaders into action on this controversial issue.

This summer has also seen new attacks on the 14th Amendment and birthright citizenship. The very notion that we would change the Constitution to revoke birthright citizenship is as un-American as it is impractical. Michele Waslin, a policy analyst with the Immigration Policy Center, states: "Repealing birthright citizenship does nothing to fix the underlying problems with the immigration system. It does not address the reasons people come here illegally in the first place; it does not reduce the number of undocumented immigrants - in fact, it increases the number because children will be born with no legal status."

Gutting the amendment that gave people of color the rights and responsibilities of citizenship in the 19th century to deny people of color legal status in the 21st century is simply the worst kind of politics. A recent editorial from the *Charlotte Observer* agrees: "Even if the aim is immigration, to muck around in an amendment created specifically to counter slavery's legacy could open nasty racial animosity. [Sen. Lindsay] Graham and others should, instead, work for sensible immigration reform. This constitutional proposal is not a battle worth fighting."

Now is the time for President Obama to lead, and for Republican leadership to engage. The Department of Justice was right to sue Arizona, and indeed the president has voiced his condemnation of SB1070; but it is time for

him to take a more forceful lead on this issue. It's also time for rank-and-file Republicans and Democrats in the Senate to come to the negotiating table in good faith. To delay only invites other jurisdictions to follow in Arizona's misguided footsteps, and allows the underlying problem – our dysfunctional immigration system – to worsen.

From deploying National Guard troops at the U.S.-Mexico border to deporting record numbers of the undocumented, President Obama has already demonstrated his commitment to enforce the law. It's time for Republican leadership in Congress to get equally serious about fixing our broken immigration system. If a comprehensive solution is too much to tackle right before November's elections, Washington should pass the DREAM Act and the AgJobs bill as down payments on the systemic reforms we desperately need. Both bills have broad bipartisan support and have been discussed for years, and there's no reason they can't be passed in the coming months.

We need reform for the thousands of students in this country who want only to educate themselves, work hard and contribute to society. We need reform for the families being torn apart by an archaic system out of touch with the 21st century. We need reform so that immigrants are no longer seen as criminals to be rounded up, but rather as new neighbors to be welcomed. Justice delayed is always justice denied. The time to fix immigration is now.

Chris Liu-Beers is a program associate at the N.C. Council of Churches, where he helps lead the N.C. Religious Coalition for Justice for Immigrants.

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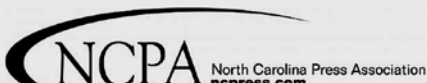
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MEMBER, NC PRESS ASSOCIATION

Addition by subtraction for UNC football

BY EDDIE LANDRETH
Staff Writer

Physics and mathematics explain a host of laws governing the universe in which our Earth is an infinitesimal dot.

One equation lacking from such lofty calculations is "addition by subtraction." While addition by subtraction is not an elegant equation such as E=MC², the formula often works quite nicely in sports.

With the suspension of senior defensive tackle Marvin Austin and the resignation of recruiting coordinator and defensive-line coach John Blake, Carolina can now test this theory. Blake resigned this past weekend under pressure from the school's administration. Blake's greatest legacy from his brief stay at UNC will be the height to which he took self-promotion. The man loved taking credit for signing star athletes, even when he had little or no role in their choosing Carolina.

His egotistical nature could irritate colleagues and players. Athletes and coaches can tolerate arrogance, but only when this trait is grounded in hard, cold results. The longer Blake coached at UNC, the worse his production in recruiting became. Yet this never affected his self-image.

While Blake's act was wearing on the one nerve many of his

fellow coaches had left, Austin was mimicking his hero in the self-absorbed manner in which he carried himself in the locker room and in the world at large. His obsession with Internet social media turned out to be bait for NCAA officials stung by Reggie Bush's blatant violation of the collegiate system during his time at the University of Southern California.

The loss of Blake and Austin are not likely to be the grave occurrences some may believe them to be. Coach Butch Davis could move Ken Browning to coach the defensive line, and the production from that group would increase beyond what it has been under Blake. Recruits would definitely consider playing at Carolina because of Browning's easy-going demeanor and his track record for putting kids in the National Football League. If there are questions regarding Browning's character and integrity, I've yet to meet a person making such a claim. There is a long list of men who have played for Browning and respect him immensely.

UNC needs to get past this NCAA inquiry as quickly as possible. Judging by its performance against LSU - in which the Tar Heels had a chance to win the game at the end despite missing more than a dozen players total

from offense and defense - this team has tremendous potential.

What the school should not do is make the mistake of forcing Davis to resign or firing him without a very good reason. Davis may have made the mistake of hiring Blake, but consider that he had coached Blake from the time Blake was in junior high school. He had an obvious soft place for John Blake, which is a mistake most of us could make in a similar circumstance.

Carolina needs to keep Davis for the rest of his career. The investment already being made in the football program is huge, and Davis has proven he can recruit excellent players and coach them well. When this week began, Blake and Austin were the only casualties from an investigation spreading across two months. If that is the best UNC's investigators and the NCAA can do, then it's time to either show some evidence of wrong-doing or stop the hand wringing and sacrifices to the academics who hate football. After a certain point, stringing everyone along and calling it a thorough look is just a euphemism for not being able to unearth any hard evidence.

And it is somewhere along about now that I insert my lawyer into the mix if I'm the parent of a player who is being falsely accused.

PRICE FROM PAGE 1

a second stimulus to come out of Congress when it returns to work later this month. The job for this fall, as he sees it, is to pass a set of small-business tax cuts and investment incentives along with measures to gin up lending.

To do that though, something has to give.

"It's difficult to get these things past because of partisan polarization," he said, expressing frustration about the strategy of the minority party. "I guess they have an idea that in a time when people are anxious and frustrated that they'll be rewarded for simply standing in the way. It's a pretty cynical attitude, but it does seem to be one that they're operating on."

Price counts himself among those concerned about balancing

spending to stimulate the economy and the growing deficit. The counter-cyclical work is not done, he said, but Congress will have to be ready to make a quick pivot toward long-term fiscal balance. He lays the bulk of the hole the country is in at the feet of the Bush Administration, citing two wars and a massive tax cut.

"We came into this recession in a very deep hole, fiscally, and we've been handicapped ever since," Price said.

In addition to the immediate budget issues, Congress also will deal this fall with its appropriation bills and with laying the groundwork for next year's major reauthorizations of the national surface-transportation program and No Child Left Behind legislation.

All that, Price said, will likely be shaped by the outcome of the November election. Polling may show a multiple-point edge for the

GOP on the generic ballot, Price said, but he's doubtful that will result in a wholesale change in the North Carolina legislative delegation or the leadership in Washington.

The Democrats' roster of candidates this year has convinced him for now that his party won't lose the House.

But there's no doubt, he said, that the enthusiasm gap will be a major factor. A good campaign can change that, Price said, and Democrats know exactly where the votes are to win even improbable races.

"They're right there on the books from '08," Price said. "The big question of this election in terms of campaign capabilities is to what extent can we bring those voters back to the polls."

"The enthusiasm gap is not a fixed quantity in my opinion," he said. "To be determined."

ALDERMEN FROM PAGE 1

Advisory Board and representatives from the N.C. Department of Transportation worked through some of the concerns raised during discussions last spring.

Jason Henning, a resident of the Berryhill neighborhood, said that although he is pleased with the progress of the discussion, he and his neighbors are still concerned about the traffic flow in and out of their neighborhood.

Several board members said they were in support of the project but wanted further details on the possibilities for sidewalk con-

nections on the east side of the Rock Haven Road intersection and whether the town can plan now for a possible connection to an extension of the Fan Branch Greenway from Southern Village. Gist also asked for more information on how construction might impact residents in assisted-living centers along the route.

The board agreed to extend the public hearing to Sept. 28 to allow residents time to review DOT's latest set of drawings for the project, including details of sidewalks, construction easements and curb and gutter design.

In other action, the board:

• set a public hearing for Sept. 21 on the extension of bond authorization for the sidewalk and greenways construction program;

• canceled a Sept. 14 board work session; and

• appointed Sue Millager to the Orange County Animal Services Advisory Board.

RECENTLY FROM PAGE 1

Previously called Shared Journeys, the Peer Connect program creates relationships between volunteer "guide" survivors with a "partner" in the throes of the same kind of cancer. The relationships, which are initially telephone-based support, often become face-to-face friendships. Lawrence shared that one recent match grew beyond the telephone, when a partner asked her guide to accompany her while buying her first prosthetic bra following a mastectomy.

"Our goal is to match as many persons journeying with cancer as need us, with someone who has walked the same path," Lawrence said. "It's a chance for the volunteer guide to give back and the participant to meet someone who has survived their particular cancer diagnosis."

The work of staff and all the programs flow much smoother in the new location, where confidential intakes take place in a private and comfortable room that also serves for support groups. Massage and Reiki are performed in a room dedicated solely to those purposes (rather than having to set up a table in someone's office, as in the former space) and a large corner window-lined room with a soft-surface, uncarpeted floor serves as a yoga studio. A huge walk-in storage closet for mats,



Working together has never been better for Mary Lawrence (left), president and CEO of Cornucopia Cancer Support Center, with a few staff and volunteers: Holly Menard (seated), massage therapist; Kate Mazza, director of development; Kat Burrows, Peer Connect coordinator; Linda Nesbit (seated), volunteer; and Stephanie Bryant, projects coordinator.

PHOTO BY VALARIE SCHWARTZ

pillows and office supplies and a dedicated space with built-in cabinetry for the copier, fax machine, postage machine and paper cutter make completing tasks far simpler. The new kitchen, with full-size refrigerator, dishwasher, microwave, convection/toaster oven and rolling cart, improves food programs.

Lawrence said that the most popular books checked out of their extensive library are cookbooks and those on nutrition.

"We're very fortunate we have everything we need to put on nutritional-food demos for our participants," she said. "We've developed a comprehensive nutrition program that includes samples."

More good news for par-

ticipants is the ample parking right in front of the ground-level front door (as opposed to scant parking in a difficult-to-find second-floor location).

In the four months since Cornucopia moved, participation in services has increased 34 percent.

"We're thrilled," Lawrence said. "We know that more people with cancer have found a place of support and the caring compassion that we offer."

Join Cornucopia's 15th anniversary celebration and tour the new facility on Tuesday from 4 to 8 p.m. For more information, cancersupport4u.org

Contact Valarie Schwartz at valariekays@mac.com or 923-3746.

MARCH FROM PAGE 1

and to challenge the "obstructionism of the ultra right and its politicians who are fighting our pro-civil rights, pro-labor, pro-education, pro-justice agenda, and we want to do it in the areas of jobs, justice and education."

"I would suggest that we really need to push forward with this notion of one nation under God, indivisible, with liberty and justice for all," Barber said.

Barber and other speakers recognized UNC housekeepers in attendance and said the One Nation Working Together movement's pro-labor stance was very much about protecting their rights. The housekeepers have leveled charges against the university of a hostile work environment and were scheduled to file, on Wednesday, a group grievance at a gathering in front of the post office on Franklin Street in Chapel Hill, with a march to South Building on campus to follow.

Another objective, Barber said, was to make it clear to politicians that "we want hands off the 14th Amendment," which protects rights of citizenship.

Barber referenced radio and television talk show host Glenn Beck and his Restoring Honor Rally held last month in Washington. "Restore to what?" Barber asked. "Restore to where, and restore to whom?"

Barber said that such language as "restoring honor" was being used just as it was in the years after the Civil War, to turn back gains made in civil rights and justice, to "skew the minds of people and make them work against the very kind of community that our whole constitution calls for - we the people."

"And so in order to have community," Barber said, "we've got to have truth telling, we've got to have our Dr. Kings with their prophetic dreams and we have to have people who will engage in serious doing."

"I want to be very clear," Barber said, "very clear. This is not a time for bumper-sticker stuff. This is a time for an in-depth conversation about which way America is going to go... We will no longer be quiet; we will call out the anti-labor, anti-civil rights right-wing forces. We will call them out...."

"People get ready; there's a bus a'comin'," Barber said, his voice rising, quoting from Cur-

tis Mayfield's classic '60s anthem, "People Get Ready." "It's a justice bus; a bus of love and mercy," he said, as the assemblage rose in applause.

"I got the report that there are going to be some buses rolling out of Charlotte. I've got the report that some buses are going to be rolling out of Greensboro. I've got the report already that some buses are rolling out of Durham; I got the report the other night that some buses with some young folks are rolling out of Elizabeth City, and they tell me they've got the nerve to be on the bus together because the spirit of the Lord is calling together the human family."

"They tell me there are some buses leaving from Wilmington. They told me the other night that some buses from down in Halifax and Northampton counties are going ... and there are some buses rolling out of Chapel Hill. And you can get on board...."

The spirits of civil and human rights champions will be in front of the Lincoln Memorial that day, Barber told his audience - those of King, Fannie Lou Hamer, Malcolm X and Caesar Chavez, and, he concluded, "They tell me Abraham Lincoln might get up that day."

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TEENAGE BATTLE OF THE BANDS • FRI 9/24
CHRIS WILLIAMSON & FRIENDS • SAT 9/25
CARRBORO MUSIC FESTIVAL • SUN 9/26
DAVID WILCOX • THURS 9/30
CHRIS SMITHER • SAT 10/2
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School Briefs

Reinhardt named leadership director

Smith Middle School Principal Valerie Reinhardt has been named executive director of school leadership for Chapel Hill-Carrboro City Schools.

As executive director of school leadership, Reinhardt will provide increased support to district principals and improved communication with parents who contact the central office with school-related concerns. The position was created from a reorganization of the district's instructional services division.

Reinhardt has served as principal of Smith since 2000 and opened the school in 2001. She was named the district's Principal of the Year in 2009. Before joining the district, Reinhardt served as principal and the director of special education in Pennsylvania's Montgomery Area School District and as the principal of the Selinsgrove Area Middle School, also in Pennsylvania. She holds a bachelor's degree in English education from Montclair State College in New Jersey and a master's degree in education administration and supervision from Lehigh College in Pennsylvania.

Ephesus teacher named math finalist

Penny Shockley, gifted-education specialist at Ephesus Elementary School, was named one of three North Carolina finalists for the 2010 Presidential Awards for Excellence in Mathematics and Science Teaching Program.

Shockley is a finalist in the mathematics category and will be judged at the national level by a committee at the National Science Foundation. She will attend a reception to honor state-level finalists on Nov. 4.

Shockley previously served as Ephesus Elementary's lead math teacher and directed the school's math professional-development efforts.

Nurses, students travel to Guatemala

Eight Chapel Hill-Carrboro City Schools school nurses and three district high school students traveled to Guatemala over the summer to visit various health care organizations.

The group visited hospitals, clinics, orphanages and non-governmental organizations. Participants lived with families during their stay to enhance their appreciation and knowledge of Latin culture and studied Spanish daily.

Group members were nurses Rita Crain, Christine Shooter, Jean McDonald, Beth Murphy, Carol Griff, Edwina Zagami, Irene Slydel and Debbie Lamay; and students Wesley Cochran, Austin Slydel and Alexandra Slydel.

School Lunch

Friday 9/10

*BBQ Chicken on WW, Hot Dog/Chili
Chicken Strip Salad
Cole Slaw, *Baked Beans, *Baked Tater Tots, *Chilled Peaches

Monday 9/13

No School

Tuesday 9/14

*Sliced Baked Turkey/Gravy/Roll
Chicken Tenders
Fruit & Cottage Cheese Plate

*Mashed Potatoes

*Marinated Tomato/Cucumbers
Green Peas
*Orange Smiles

Wednesday 9/15

Whole Wheat Double Stuffed Cheese Pizza
Baked Potato/Broccoli/WW Roll
Chicken Strip Salad
Whole Kernel Corn
Vegetable Pasta Salad
Fresh Spinach Salad

Local Fresh Apple

Thursday 9/16
Cheesy Chicken over Rice
Hamburger on WW Bun

Turkey & Cheese Panini

Lettuce & Tomato Steamed Broccoli
Local Baked Sweet Potato
Sliced Pears

Sports Briefs



Jasper Ludington (left) and A.J. Jackson complete a strategic block and run in one of the Carrboro Falcons' games on Aug. 28 at Pittsboro's Northwood High School. The game was part of the East Chatham Chargers Jamboree, in which teams played three games each with 10 minutes of offense and 10 minutes of defense. The Falcons are the 7- and 8-year-old Carrboro Parks and Recreation Central Piedmont Football League team.

PHOTO BY BECKY WHITE

Author to discuss yoga for athletes

Coach, yoga teacher and author Sage Rountree will discuss how yoga enhances sports training on Sept. 28 at 8 p.m. at Flyleaf Books.

Rountree will discuss how yoga will improve your strength, flexibility and focus and offer ideas about how to incorporate yoga into everyday life.

The event is free of charge. Flyleaf Books is located at 752 Martin Luther King Jr. Blvd., next to Foster's Market. For more information, visit flyleafbooks.com/event/sage-rountree-discusses-yoga-athletes

Ultimate Frisbee results

The Carrboro Recreation and Parks Department's 2010 Fall Adult Ultimate Frisbee League recent match results are as follows:

Sept. 1:

Delicious Disc 15 - Gold with a Silent G 11

Praxis 13 - The Incredible Huck 12

Aug. 30:

The Red Scare 15 - Minnow 3

Harshmellows 16 - 99 Luftballons 14



High school sports reports

BY HENRY GARGAN

Staff Writer

FOOTBALL

Carrboro 34 - Eastern Randolph 20

Chapel Hill-Carrboro's newest high school preserved their perfect record on Friday with a big win against Eastern Randolph. Carrboro (3-0) fell behind for the first time all season and entered the third quarter facing a 20-13 deficit. The defense performed a second-half shutout, however, and quarterback Derek Bryant scrambled for two touchdowns in addition to a 3-yard rushing TD by Douglas Parrish.

Carrboro will face East Chapel Hill (1-2) on Friday.

Chapel Hill High 31 - Durham Riverside 28 (OT)

It took an extra few minutes for Chapel Hill to win their first game of the season, but they got it done. The Tigers (1-2) were able to hang on to win a game

that they led early in the third quarter by a 28-7 margin. An interception returned for a touchdown and a 29-yard Shea Green rushing TD helped make things interesting. By the end of the quarter, the Pirates had pulled even and knotted the score at 28 apiece. After the Tigers blocked two Riverside field goals late in the game, it was eventually a 21-yard try from Andrew Dejong that won the game in overtime for Chapel Hill.

The Tigers will host Northwood on Friday.

Cedar Ridge 38 - East Chapel Hill 35

After a promising first quarter, a dismal second and a similarly painful third, East Chapel Hill (1-2) showed new mental toughness as they rallied in the fourth quarter in front of a substantial home crowd. Cedar Ridge (2-1) eventually walked away with the victory by a margin that belied the actual nature of the game. East struck first, bringing the score to 7-0 at the end of the first quarter. A series of defensive



Jaguars Andie Aldana (left) and Allison Bennett go up for a block in Carrboro High's Tuesday night win over Northwood. Carrboro took the best of five in straight sets 25-19, 25-17, and 25-16

PHOTO BY TED SPAULDING

stops and a couple of blocked point-after attempts boded well for the Wildcats. Cedar Ridge quieted the home bleachers after that, however, stringing together a series of explosive plays, including a kick-off run back for a touchdown. Things didn't turn around for East until the final minutes of the fourth quarter. The Wildcats brought the score from 38-21 to 38-35 in less than a minute, thanks to a successful inside kick and a 54-yard lob on fourth down from Drew Davis to Alex Moore. The same trick failed the second time, however, and the Red Wolves ran out the clock and came out on top.

East Chapel Hill plays undefeated cross-town rival Carrboro

on Friday.

SOCCER

East Chapel Hill (4-0-1) 1 - Broughton (3-3-2) 1

ECH: J.Weinshank 1; BRO: L.Tollison 1

Next up: Riverside

Cary Academy (2-3-1) 1 - Carrboro (6-2-0) 0

CYA: M. Henning 1

Next up: Cary Christian

Chapel Hill (5-2-0) 4 - Riverside (0-3-0) 2

CHL: C.Gillespie 2, C.Strand 1, J.Dell 1; RIV: J.Rist 1, O.Goal 1

Next up: Durham School of the Arts

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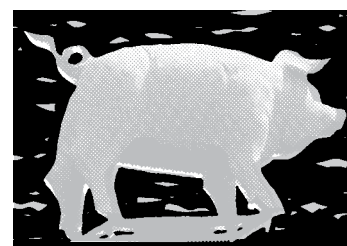
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Tiny camphorweed heads of disc flowers pack a powerful odor. PHOTO BY KEN MOORE

FLORA
FROM PAGE 1

Sally's declaration about *Pluchea* results from her experience of growing it in a garden setting, where single plants become attractive specimens, such as the ones she tends in the Garden of Flowering Plant Families behind the Totten Center of the N.C. Botanical Garden. That's probably the only garden in which you will find distinguished camphorweed.

It is capable of getting around via those delicate flying seeds, characteristic

of most members of the composite or aster family. If you pause and observe the several ditches and swales near the Botanical Garden's new visitor center, you will find some handsome specimens of camphorweed in the assemblage there of other interesting moisture-loving plants, including boneset, several engaging sedges and even cattails. All those plants "planted" themselves from specimens elsewhere in the gardens. It's always interesting to appreciate how nature designs gardens in available spaces.

Take a closer look at those tubular (disc) flowers of camphorweed. Do you recognize those star-shaped disc flower openings? You've seen similar ones in recent Flora stories of other composite family flowers.

I am surprised that camphorweed, with such a pungent aroma, does not have an impressive heritage of medicinal or other practical uses. The common name, marsh fleabane, suggests that some folks may have used crushed plants as a natural insect repellent.

A significant attribute pointed out by Sally is that deer don't like it, so it is desirable as a garden plant. Make note that Sally has potted up some seedlings for the garden's special fall plant sale, Saturday, Sept. 25. That may be your only opportunity to add this deer-resistant plant to your garden.

At least go by and pay it a visit, and don't hesitate to gently crush the plant for that special odiferous experience.

Email Ken Moore at flora@carrborocitizen.com.



A Ye Olde Wedding

Pittsburgh-area musicians Liz Sullivan and Ryan Franceschina moved to Chapel Hill in 2006 to try their luck with the music scene. Finding day jobs at Franklin Street's venerable Ye Olde Waffle Shoppe, they were wait staff by day and rockers by night. After four years, maybe their musical dreams are still a work-in-progress but their personal relationship has found fulfillment. On Aug. 28, the Franceschinas were wed in Mars, Pa. When I heard their story, I asked if we could make an unusual wedding portrait. What I didn't anticipate was the impromptu kiss – and Ye Olde staffers cheering from the front window.



A THOUSAND WORDS

BY JOCK LAUTERER

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- **October 7:** Energy Sustainability? How Do We Get There? Presented by Thomas J. Meyer, Energy Frontier Research Center.
- **October 14:** Is There a Link Between Sustainable Local Food Systems and Better Health? Presented by Alice Ammerman, Center for Health Promotion and Disease Prevention.

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Photo of biology undergraduate Eileen Gardiner by Will Owens, UNC-Chapel Hill



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