



**FRIDAY**  
40% Chance of Rain  
56/41



**SATURDAY**  
30% Chance of rain  
56/41



**SUNDAY**  
30% Chance of rain  
56/40

# C THE CARRBORO CITIZEN

★

ELECTION GUIDE

Inside



PHOTO BY KEN MOORE  
The guardrail recently saved wild ageratum above Smith Level Road.

## FLORA BY KEN MOORE

### Eupatorium’s many shades and shapes

Eupatoriums have been featured in past *Flora* columns. Joe-Pye weed, *Eupatorium fistulosum*, that tall mid-summer, dome-shaped, butterfly-covered, pale-purple-flower-headed roadside one comes immediately to mind. Then there is the recently described flat-topped, white-flowered, boneset of medicinal fame; remember, the “perfoliate” leaf one, *E. perfoliatum*?

Well now, I'm not going to try to describe the two dozen or more different species of Eupatoriums growing throughout our state, but there are two that can easily catch your attention now along our roadsides.

First, let me comment a bit on the official name, *Eupatorium* (yew-pat-OR-ium). It's from the Greek and commemorates Mithridates Eupator, King of Pontus, who is credited with the discovery that one species was an antidote against poison. Perhaps it was one similar to our own boneset. So there you have a tidbit about the genus name for this group of wildflowers (call them weeds if you dare) that are a part of the large aster or composite family of plants.

Challenging you regular *Flora* readers, remember the flower characteristics of the aster family? The flowers are really tight clusters, heads, of tiny flowers in configurations of disc (tube) flowers in the center surrounded by a circle of ray flowers, like Black-eyed Susans, or heads of all ray flowers, like dandelions, or heads of disc flowers, like Joe-Pye weeds.

SEE **FLORA** PAGE 8

## INSIDE

**Endorsement letters**  
*See page 6*

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## Mental Health Task Force issues somber report

BY TAYLOR SISK  
*Staff Writer*

BREAKDOWN

A series on Mental Health Care in NC

This story is a follow-up to a series about mental health care in North Carolina. To read the previous stories in this series, go to [carrborocitizen.com/main/breakdown/](http://carrborocitizen.com/main/breakdown/)

A mental health task force convened by Chapel Hill Mayor Kevin Foy has released its findings, and the bad news comes as no surprise: Those living with mental illness in Orange County – most particularly, young adults and

those not covered by Medicaid or private insurance – are dangerously underserved by mental health care services.

The worse news is that state budget cuts mean that mental health care services in Orange, Chatham and Person counties are to be reduced next year by more than \$2 million.

The encouraging news, according to task force chair Natalie Ammarell, is that the resources are within this community to begin turning things around. But awareness must first be heightened and communications improved.

A step in that direction was taken at Monday night's Chapel Hill Town Council meeting, as Foy's Mental Health Task Force presented its final report. The report cites challenges for the community that include critical gaps in post-hospitalization care and in all services for 18- to 25-year-olds, an over-reliance on UNC's mental health resources and the daunting task families and individuals face in

attempting to navigate the state's mental health care system.

Among the recommendations made in the report are the placement of more UNC School of Social Work students in local mental health agencies with paid supervision; improved awareness of mental health issues among local law enforcement and safety personnel; and stronger leadership within the community on mental health, developmental disability and substance abuse issues.

**Confronting the challenge**

In October of last year, Mayor Foy established the task force with a mandate, according to a memorandum submitted then to the town council, to assess the state of the mental health care system in Orange County, create a broader awareness of mental health care issues in the community and provide recommendations on the provisioning of services to county residents.

The 15-member task force was comprised of people representing the OPC Area Program (our local management entity, or LME, tasked with overseeing publicly funded services for Orange, Person and Chatham counties), service providers, social-service agencies, UNC, county government and the Chapel Hill Police Department. The task force held its first meeting in December and met monthly through June. Two public listening sessions also were held.

As Foy noted in announcing the formation of the task force, "The future of mental health care is uncertain."

Reform measures that began in North Carolina in 2001 are now widely viewed as having rendered disastrous results. The thrust of reform was to move people out of state institutions and into community-based services and to privatize those services.

SEE **MENTAL HEALTH** PAGE 7



PHOTO BY DAN SEARS, UNC NEWS SERVICES  
Chancellor Holden Thorp uses lopping shears to cut a garland at the dedication of the new North Carolina Botanical Garden Education Center on Monday. From left are, Bob Winston, chair of the UNC-Chapel Hill Board of Trustees; Bill Bracey, president of the Botanical Garden Foundation; Gov. Bev Perdue; Chancellor Thorp; UNC student and Eve Carson Scholar Elinor Benami; and Peter White, director of the North Carolina Botanical Garden. In her speech at the ceremony, the governor hailed the center as a model for green building.

## A life lived in minuet time, *al fine*

VALARIE SCHWARTZ  
*Staff Writer*

The trees of this place made the greatest first impression when Maxine Swalin arrived as a 32-year-old newlywed with her husband, Benjamin, in 1935. When she sighed her final deeply appreciative breath last week, 74 years later, the trees were the only living things left, older than her 106 years.

School children all over North Carolina of several generations knew this "music lady" whose tremendous efforts made it possible for Benjamin to succeed in resuscitating the first state-funded orchestra in the nation. As comfortable as she was on the stage, as a performing musician, speaker or award recipient, she was every bit as approachable and gracious in her personal life, which she lived according to directions from her



SEE **SWALIN** PAGE 8  
This pastel of Coker Arboretum was painted by Maxine Swalin in 2004, when she was 101 years old.

## Saying the word aloud

RECENTLY ...  
BY VALARIE SCHWARTZ

There used to be words that people simply did not say in "polite company." The "C-Word" was one of them. But it's pretty much unavoidable, now, in these days when the latest statistics show that during the course of a lifetime, one in four people will get the C-Word — cancer.

In this community, our choices when dealing with cancer continue beyond excellent health services to the supportive practices of Cornucopia House, which since 1996 has offered programs and services to help heal the mind and spirit of not only those afflicted with cancer but their loved ones as well. Sooner or later, we all know someone dealing with cancer and learn that whatever the outcome, cancer creates a process that leaves most people profoundly changed. Cornucopia House helps people through the process, with Healing Touch massages, acupuncture, restorative yoga, Reiki and polarity sessions; estate planning; and support groups. Shared Journeys (previously called Peer Connect) offers a match with someone who is one year ahead on a similar path, whether it be a person in treatment or a caregiver.

As the only such support center in the Triangle, Cornucopia House has understandably found itself inundated with people in need.



PHOTO BY VALARIE SCHWARTZ  
Mary Lawrence, executive director of Cornucopia House

MUSIC CALENDAR



**THURSDAY OCT 15**  
**ArtsCenter:** Red Molly. 8:30pm. \$15  
**Captain John's Dockside:** Chris Reynold's Swing 'N' Jazz. 6-8:30pm  
**Carrboro High School:** Carrboro High School Orchestra and Chorus present "From Renaissance Spirit to Spirituals." \$5/adults, \$3/children  
**Cats Cradle:** Bassnectar; Heavy-weight Dub Champion. 9:30pm. \$18/20  
**The Cave:** EARLY: Will McFarlane, Chris Wimberley, Harmonica Bob and Near Blind James. LATE: Firehouse Rhythm Kings. \$5  
**The City Tap:** Great Big Gone. 7pm  
**General Store Cafe:** Tony Gailani Band. 7pm  
**Local 506:** David Bazan, Say Hi. 9pm. \$12/14  
**Nightlight:** Caleb Caudle and the Bayonets, Brad Hoshaw and The Seven Deadlies, Kennebec. 9:30pm. \$5  
**The Reservoir:** The Alcazar Hotel, JokesandJokesandJokes, Tercer Divisa Nacional  
**FRIDAY OCT 16**  
**Blue Bayou:** Andy Coats Band. 9:30pm. \$6/8  
**Caffe Driade:** Daniel Sean. 8pm  
**Carolina Inn:** Down River.

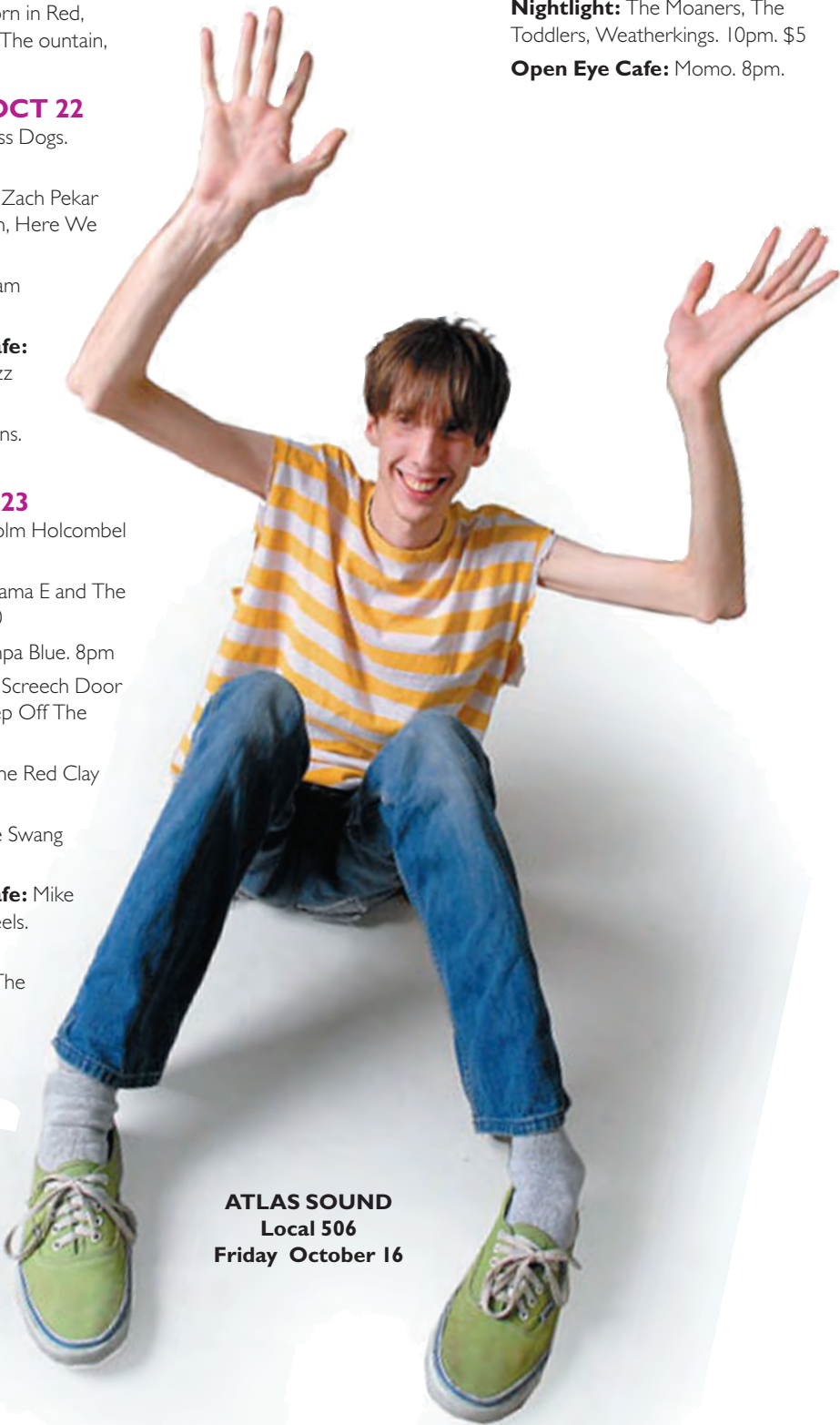
**Cats Cradle:** Om, Six Organs Of Admittance, Lichens. 9pm. \$12/14  
**The Cave:** EARLY: Jake Melnyk, Patrick Turner. LATE: 100 Yorktown, The Mercators  
**The City Tap:** When Cousins Marry. 7-10pm  
**General Store Cafe:** Mary Jo Rockers, Jocelyn Arem. 8:30pm  
**Harry's Market:** Mark Cool. 7pm  
**Local 506:** Atlas Sound, Broadcast, The Selmanaires. 9pm. \$12/14  
**Nightlight:** Megafaun, Black Twig Pickers, Charlie Parr. 9:30pm. \$6  
**SATURDAY OCT 17**  
**ArtsCenter:** Feeding The Fire and Lasting Happiness. 8:30pm. \$8  
**Blue Bayou:** The BackBeat. 9:30pm. \$8/10  
**Cats Cradle:** Polvo, My Dad Is Dead, Savage Knights. 9:30pm. \$10  
**The Cave:**EARLY: Firelight Saga. LATE: The Dirty Little Heaters  
**The City Tap:** Drowning Lovers. 8-10pm  
**DPAC:** The Australian Pink Floyd Show. 8pm  
**General Store Cafe:** Megan Jean. 8:30-11pm  
**Harry's Market:** Shacktown. 5pm  
**Local 506:** Luego, The Tomahawks, The Huguenots, 9pm. \$5  
**Nightlight:** Glen Iris, Valleys. 10pm. \$3

**Open Eye Cafe:** Finger Puppets. 8pm  
**SUNDAY OCT 18**  
**Cats Cradle:** Built To Spill, Disco Doom, Violent Soho. 9pm. \$20/22  
**Local 506:** Japandroids, Real Estate. 9:30pm. \$10  
**Nightlight:** Lisa Kate, Josh Moore, Holopaw. 9:30pm. \$5  
**Weaver Street Market:** Jon Shain. 11am-1pm  
**MONDAY OCT 19**  
**ArtsCenter:** Rickie Lee Jones. 8:30pm. \$39  
**Cats Cradle:** Art Brut, Princeton, Ben Davis and The Jetts. 9pm. \$15  
**Local 506:** Deer Tick, Holy Sons, Christopher Denny, Dolorean. 8:30pm. \$12/13  
**TUESDAY OCT 20**  
**The Cave:** LATE: Voluntary Mother Earth  
**Hanes Theatre:** CHHS Chorus Concert. 7:30pm. \$6 Adult, \$3 Student  
**Local 506:** Dent May and His Magnificent Ukuele, The Drowning Lovers. 9:30pm. \$8/10  
**Nightlight:** Crash, City Center, Sunset. 9:30pm. \$5  
**WEDNESDAY OCT 21**  
**Blue Bayou:** The Fustics. 8:30pm. Free

**Caffe Driade:** Andy Arch. 8pm  
**Cats Cradle:** Dr. Dog, Jeffrey Lewis, 9pm. \$15  
**The Cave:** LATE: NoStar, The Great Nostalgic  
**Local 506:** The Rosewood Thieves, Dead Trees. 9:30pm. \$8  
**Nightlight:** Sea Wolf, Port O' Brien, Sarah Lov. 9pm. \$8/10  
**The Reservoir:** Worn in Red, Death Came Down The ountain, Blix

**THURSDAY OCT 22**  
**Blue Bayou:** Souless Dogs. 9:30pm. Free  
**The Cave:** EARLY: Zach Pekar LATE: Slingshot Cash, Here Vve Go, Boys! \$5  
**The City Tap:** Adam Glover. 7-9pm  
**General Store Cafe:** Keenan McKenzie Jazz Combo. 7-9pm  
**Local 506:** Jer Coons. 9pm. \$5/7

**FRIDAY OCT 23**  
**ArtsCenter:** Malcolm Holcombel 8:30pm. \$15  
**Blue Bayou:** Big Mama E and The Cool. 9:30pm. \$8/10  
**Caffe Driade:** Tampa Blue. 8pm  
**The Cave:** EARLY: Screech Door Porch. \$5 LATE: Keep Off The Grass  
**Chatham Mills:** The Red Clay Ramblers. 8pm. \$17  
**The City Tap:** The Swang Brothers. 7-10pm  
**General Store Cafe:** Mike Slaton and The Wheels. 8:30-11pm  
**Harry's Market:** The SnoCones. 7-9pm  
**Local 506:** Simple, Nathan Oliver, Wild, Wild Geese. 10pm. Free  
**Nightlight:** NAPS, Tavo Carbone, Trevor Wilson. 10pm.  
**Open Eye Cafe:** Saludos Compay. 8pm



**The Cave:** Early: The Venables. LATE: Twilight, Guitar Bomb  
**The City Tap:** Baron von Rumblebuss. 2-3pm. Kitty Box and The Johnnys. 3-4pm. Dexter Romweber. 8-10pm  
**General Store Cafe:** Tommy Edwards and Friends. 8:30-11pm. \$5  
**Local 506:** Benji Hughes. 10pm. \$8  
**Nightlight:** The Moaners, The Toddlers, Weatherkings. 10pm. \$5  
**Open Eye Cafe:** Momo. 8pm.

**CAT'S CRADLE**

**SU 10/18 BUILT TO SPILL**

**WE 10/21 DR. DOG**

**MO 10/19 ART BRUT**

**TH 10/15 BASSNECTAR**  
W/HEAVYWEIGHT DUB CHAMPION\*\*(\$18/\$20)  
**FR 10/16 OM**  
W/SIX ORGANS OF ADMITTANCE AND LICHENS\*\*  
**SA 10/17 POLVO**  
W/MY DAD IS DEAD AND SAVAGE KNIGHTS\*\*(\$10)  
**SU 10/18 BUILT TO SPILL**  
W/DISCO DOOM\*\*(\$20/\$22)  
**MO 10/19 ART BRUT**  
W/PRINCETON AND BEN DAVIS & THE JETTS\*\*  
**WE 10/21 DR. DOG**  
W/JEFFREY LEWIS\*\*(\$15)  
**SA 10/24 ELECTRIC SIX** \*\*(\$12/\$14)  
W/THE GAY BLADES, MILLIONS OF BRAZILIANS  
**SU 10/25 GALACTIC**  
W/THE HOOD INTERNET\*\*(\$18/\$20)  
**MO 10/26 KMFDM**  
W/ANGELSPIT\*\*(\$20/\$23)  
**TU 10/27 PINBACK**  
W/BELLINI\*\*(\$14/\$16)  
**WE 10/28 THE BLACK HEART PROCESSION**  
W/THE MUMLERS\*\*(\$12)  
**TH 10/29 JUNIOR BOYS**  
W/WOODHANDS\*\*(\$12)  
**FR 10/30 WHY?**  
W/AU AND SERENGETI AND POLYPHONIC\*\*(\$10)

**SA 10/31 TOUBAB KREWE**  
W/FLOATING ACTION\*\*(\$14/\$16)  
**MO 11/2 SILVERSTEIN**  
W/MADINA LAKE, I SEE STARS, CLOSURE IN MOSCOW AND THE WORD ALIVE\*\*  
**WE 11/4 BROTHER ALI**  
W/EVIDENCE, TOKI WRIGHT, BK ONE\*\*(\$12/\$14)  
**TH 11/5 THE JESUS LIZARD**  
W/HEX MACHINE\*\*(\$20)  
**FR 11/6 THE OLD CEREMONY**  
W/MODERN SKIRTS\*\*  
**SA 11/7 CHATHAM COUNTY LINE**  
W/MANDOLIN ORANGE\*\*(\$12/\$15)  
**SU 11/8 SAY ANYTHING,**  
EISLEY, MONEEN, MINIATURE TIGERS\*\*(\$16.50/\$19)  
**MO 11/9 BLIND PILOT**  
W/THE LOW ANTHEM\*\*  
**TU 11/10 THE GET UP KIDS**  
W/KEVIN DEVINE AND MANSIONS\*\*(\$18/\$22)  
**WE 11/11 LOTUS**  
W/BIG GIGANTIC\*\*(\$15/\$17)  
**TH 11/12 LAST WALTZ ENSEMBLE**  
**FR 11/13 MINUS THE BEAR**  
W/TWIN TIGERS\*\*(\$18/\$20)

**SA 11/14 DAN AUERBACH**  
W/JUSTIN TOWNES EARLE AND JESSICA LEA MAYFIELD\*\*(\$20)  
**SU 11/15 LANGHORNE SLIM**  
W/DAWES \*\*(\$13/\$15)  
**MO 11/16 MUMIY TROLL**\*\*(\$20/\$23)  
**TU 11/17 PRETTY LIGHTS**  
W/GRAMATIK\*\*(\$14/\$16)  
**WE 11/18 MC CHRIS**  
W/WHOLE WHEAT BREAD, I FIGHT DRAGONS\*\*(\$13/\$15)  
**TH 11/19 BADFISH**  
A TRIBUTE TO SUBLIME  
**FR 11/20 PIETASTERS**  
W/LIONIZE, ANTAGONIZERS\*\*  
**SA 11/21 STEEP CANYON RANGERS** W/SHANNON WHITWORTH\*\*(\$12)  
**FR 11/27 POST TURKEY DAY JAM**  
**SU 11/29 EMILIE AUTUMN**\*\*(\$15)  
**TU 12/1 NEW FOUND GLORY**\*\*(\$17/\$20)  
**WE 12/2 EL VEZ / LOS STRAITJACKETS**  
CHRISTMAS SHOW\*\*(\$14/\$16)  
**FR 12/4 WXYC 80S DANCE**\*\*  
**SA 12/15 TREKKY YULETIDE ORCHESTRA**\*\*(\$8/\$10)

**FR 10/16 OM**  
**FR 10/21 SEA WOLF**  
NIGHTLIGHT  
**TH 10/15 DAVID BAZAN**  
LOCAL 506

**ALSO PRESENTING**  
**LOCAL 506 (CHAPEL HILL)**  
**TH 10/15 DAVID BAZAN**  
(WITH BAZAN) W/ SAY HI  
**TH 10/22 JER COONS**  
**WE 11/4 KURT VILE AND THE VIOLATORS**DAVID BAZAN  
**NIGHTLIGHT (CHAPEL HILL)**  
**WE 10/21 SEAWOLF**  
W/PORT O'BRIEN, SARA LOV  
**THE ARTSCENTER (CAR)**  
**TU 10/27 MIKE DOUGHTY**  
(THE QUESTION JAR SHOW)  
**TH 11/5 MATTHEW SWEET & SUSANNA HOFFS**  
(SID N SUSIE)  
**MO 11/9 ALELA DIANE / MARISSA NADLER**  
**FR 11/20 AMANDA PALMER**  
W/NERVOUS CABARET

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News Briefs

**Board of Aldermen meeting**

It was a short meeting Tuesday at Carrboro Town Hall, as NC Powerdown gave a presentation on an evaluation of Carrboro's 2020 Vision plans.

Tim Peck spoke to the board about what the group felt the weaknesses and strengths of the plans were thus far. The weaknesses, he said, include regional and local rail development and renewable energy, and the strengths include walkability and greenways.

Alderman Jacquie Gist said she was most interested in retrofitting housing for energy efficiency. She said she believes there is stimulus money set aside for that.

The board planned to discuss the matter at a meeting in the future.

**Chapel Hill leaf collection to begin**

The town will begin its annual leaf collection on Monday, Oct. 19. Leaf collection will continue through late February. Residents may place loose leaves and pine straw that are free of limbs and debris at the curb. Leaf piles should not block roadways, bike lanes, sidewalks, fire hydrants, water meters, mail boxes, storm drains or utility boxes or interfere with sight distances at intersections.

Another option is to place leaves in 30-gallon brown-paper yard-waste bags (no plastic) or yard-waste roll carts or other rigid containers used for year-round curbside collection.

Call 9682788 or visit [townofchapelhill.org/leaves](http://townofchapelhill.org/leaves) for updates on the collection schedule in your neighborhood.

**Carrboro candidates forum**

There will be a forum for candidates for Carrboro mayor and Board of Aldermen Oct. 15 at the Lake Hogan Farms Clubhouse at 101 Commons Way. There will be a meet-and-greet from 7 to 7:30 p.m. and then questions will be presented to the candidates from 7:30 to 9. If you have questions, contact Susan Romaine at [romaines@nc.rr.com](mailto:romaines@nc.rr.com)

**OC Complete Count Committee**

There will be a meeting of the Orange County Complete Count Committee on Monday, Oct. 19 at 3 p.m. at the Southern Human Services Center, 2501 Homestead Road to discuss promoting and organizing the 2010 census.



PHOTO BY AVA BARLOW

Tracy Reams, director of the Orange County Board of Elections, sets up computers that will be used to train election workers in preparation for early voting. Early voting starts today (Thursday, October 15) in Hillsborough and Monday (October 19) in Chapel Hill and Carrboro. See times and locations on the cover of our voter guide inside this issue.

APOLOGY  
FROM PAGE 1

McSurely disputed many of the findings in the police report, which exonerated all five officers involved, and Laws asked the council for a full, independent investigation into the matter.

Before apologizing to Brown, Foy said that he wanted to make sure that everyone understood that in releasing the police report the council was not deciding who was right and who was wrong. He said that the council wanted to get the information out to the public to encourage discussion.

"Mr. Brown, I think that you are due an apology," Foy said. "I don't think that anybody in our town should be treated this way. It's an embarrassment that you had to go through this. That is very clear."

"I'm apologizing to you on behalf of the council and on behalf of all of the citizens of Chapel Hill. We do not want anybody mistreated, and we certainly don't want people to feel unwelcome in our community."

Last week, the NAACP sent a letter to the town that called for a

status report on the civilian police review board, a five-year review of the arresting officers' stops and arrests and a report on how black business owners have been treated by government and business organizations in Chapel Hill.

The council accepted the letter and Monday's presentation as a petition and referred it to staff for further review. It also agreed to add Monday's presentation to the research already done by a committee that's working to create a citizens' police advisory board and to try to bring people together to add to previous discussions on creating a board.

Council member Mark Kleinschmidt said that since the town can't create a police review board like Winston-Salem's that looks at personnel records, he felt it was time to do whatever it could short of that. He suggested creating an advisory board that would bring citizens into the police department's policy-making process.

"We fail when we don't have a place to put this kind of complaint in our system, and we need to create that place, even if the legislature isn't going to give us the review committee," Kleinschmidt said.

Council member Ed Harrison

said that after talking to state Rep. Verla Insko, he believed that any police review board bill would have a hard time passing in the General Assembly. He said that the council should do the best it can without relying on the assembly to pass a bill.

Both Foy and Laws wanted to emphasize that they support the Chapel Hill Police Department.

"I don't want there to be a misimpression that somehow or other I don't support the police department," Foy said. "I support our police department. We have an excellent police department, and you know that. But we agree, as Mark has said, that we need to have ways to implement policy changes and to communicate that to citizens of Chapel Hill."

Laws said she had many friends in the police department and that she thought that 95 percent of the police officers in Chapel Hill do an excellent job.

"This is in no way about the NAACP against the Chapel Hill Police Department," Laws said. "This is the NAACP standing and being for what is right and what is just. And in this instance, you had a few bad apples; you had a few police officers acting very inappropriately and very unjustly."

**RECENTLY**  
FROM PAGE 1

"The latest statistics tell us that there are a lot of people out there who need a lot of help," said Mary Lawrence, executive director. "It's quite a challenge."

Lawrence took the helm very suddenly in May 2008. She had lived for 32 years in a Chicago suburb when she found herself spending a lot of time in Chapel Hill, where her parents (and sister and brother) had moved after her father had a heart attack. When it was time for her to return home, her parents begged her to stay, so she took a look at the non-profit (where she'd enjoyed a long career) job market and saw the job available.

"I sent in my resume on Wednesday," she said, noting that it was the only job she applied for. She got a call Thursday for an interview Friday, and by the following Thursday accepted the position.

Money aside — which has been challenging for every non-

profit during these turbulent economic times — the greatest challenge for Lawrence and the agency has been finding ways to serve the growing clientele within the limited space of its location.

"Everything offered happens from the same space," Lawrence said. "We're limited by the services we can provide. We're in a double-bind. We can't really afford more space without the help of an angel."

Yet, they are looking, hoping to find a new space. In the meantime, a very special fundraising theatrical event will be offered on Oct. 23 at 6:30 p.m. at University Mall, when award-winning actress Barbara Bates Smith presents *The C-Word: An Art-Meets-Life Cancer Story*, about how Smith went from being the actress in *Wit*, a one-woman show about a woman's experience with cancer, to being a woman with her own cancer experience. Smith and accompanying musician Jeff Sebens will donate their performances; Debbie DiSabatino, a Pittsboro food stylist, will provide a healthy

table of hors d'oeuvres, including recipes.

"Nutrition and healthy-food demonstrations are the programs that always fill up completely," Lawrence said. "There's a growing awareness of how critical good eating is, especially to survivors."

And of course, we know how healthy it is to laugh — even about something as serious as the C-Word, which Smith will deftly present from a poignant, yet comical perspective.

Tickets are \$50 each, seating is limited and reservations must be made by Oct. 19 by calling 401-9333 — which, by the way, is the same number any angels looking for a place to spread their wings may use.

Special note: Mark your calendars for the Cornucopia House annual fundraiser, "A Chocolate Affaire," being ever-so-decadently presented on Valentine's Day 2010 at the Carolina Club.

Contact Valarie Schwartz at 923-3746 or [valariekeys@mac.com](mailto:valariekeys@mac.com)

**THE CARRBORO CITIZEN**

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**Clean house + happiness guaranteed!**

**Cliff's Meat Market**  
**SIZZLIN' SAVINGS**

Prices good thru 10/22/09

**CORONA EXTRA, NEGRA MODELO, PACIFICO, BUDWEISER!**

**100 WEST MAIN ST., CARRBORO**  
**919-942-2196 ★ MON-SAT 9am-6pm**

  Debit & EBT

We have Boar's Head Deli Meats and Cheeses!	Chorizo Sausage \$2.99/lb	Cut to Order Whole Fresh Chickens \$1.29/lb
Hoop Cheese \$4.99/lb	CERTIFIED ORGANIC Chicken \$2.29/lb	Cut to Order Pork Chops CENTER CUT \$2.99/lb
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**Stay tuned.**  
**carrborocitizen.com**



**wine sale & show!**

**Weaver Street Market's 6th Annual Fall Wine Sale**

**october 2 - october 21**

Featuring a selection of favorite and fine wines from around the world at **discounts up to 50% off** regular price!  
**10% case discount** applies on top of sale price!

All Weaver Street Market locations. As Supplies Last. First Come, First Served.

**Wine Shows:**

**Taste 39 wines!** Enjoy music, hors d'oeuvres, and the opportunity to indulge in your favorite wines at great values!

**SOUTHERN VILLAGE october 3 1-5 PM**

**CARRBORO october 10 1-5 PM**

**HILLSBOROUGH october 17 1-5 PM**

**tickets \$5** . . . available at all Weaver Street Market locations . . . proceeds benefit WSM's Cooperative Community Fund.

**Three Weaver Street Market locations:**

929-2009 Southern Village, 716 Market St., Chapel Hill Open 7 Days 7 am - 9 pm  
929-0010 101 E. Weaver St., Carrboro Open 7 Days 7:30 am - 9 pm M-F, 8 am - 9 pm Sat & Sun  
245-5050 228 S. Churton St., Hillsborough Open 7 Days 7 am - 9 pm

*a sampling*

- No wine less than 20% OFF!
- 18 wines over 30% OFF!
- 28 wines under \$10!
- wines start at \$3.99!

**Tezza Rosso Liter Bottles NV**  
\$6.99 regularly \$9.99 30% OFF

**Famega Vinho Verde '08**  
\$6.99 regularly \$9.99 30% OFF

**Trinity Oaks Pinot Noir '07**  
\$6.99 regularly \$9.99 30% OFF

**La Griveliere Cotes-du-Rhone Rouge '07**  
\$7.99 regularly \$11.99 33% OFF

**Paul Dolan Pinot Noir '06 (ORGANIC)**  
\$15.99 regularly \$24.99 36% OFF

**Red Truck Petite Sirah '07 (ORGANIC)**  
\$8.99 regularly \$12.99 31% OFF

**Neyers Zinfandel Pato Vineyard '06**  
\$17.99 regularly \$32.99 45% OFF

[www.weaverstreetmarket.coop](http://www.weaverstreetmarket.coop)  
for a complete list

Community Briefs

Local author to present work

Carrboro writer and illustrator Ricky Garni will be reading at The Looking Glass Cafe on Saturday, Oct. 24 at 8 p.m., celebrating the re-release of his catalogue of 21 books. Admission is free; RSVPs through Facebook or to rgarni@gmail.com are requested.

Garni will be introduced by poet Jeffery Beam and will be followed by Prince Miah and the Girl Toyz.

H1N1 vaccines to be offered

The Orange County Health Department has received a limited supply of H1N1 nasal mist and will be having walk-in clinics on Oct. 16 at 300 West Tryon Street in Hillsborough and 2501 Homestead Road in Chapel Hill from 1 p.m. until the supply is exhausted. The Centers for Disease Control has prioritized the following groups for this initial round of vaccination efforts: healthy, non-pregnant people between the ages of 2 and 24 and those between the ages of 25 and 49 who are healthy, non-pregnant and live with or care for a child less than 6 months of age. The walk-in clinics will be free.

Concert to honor UNC professor

An Oct. 17 concert will honor retiring voice professor Stafford Wing's 40 years of service to UNC.

"Wing Singers: A Celebration in Song," free to the public, will be at 2 p.m. in Hill Hall Auditorium.

The concert will feature performances by Wing, head of the voice area in the College of Arts and Sciences' music department, and several former UNC music students who studied under him. They include Grammy-nominated Metropolitan Opera mezzo-soprano Victoria Livengood and music department chair and director of opera Terry Rhodes.

Wing came to UNC in 1969 after an active performing career.

Rags to Riches theatre

"The Lion and the Mouse," "The Country Mouse" and "The Tortoise and the Hare" are tales as old as Aesop himself. All three will be performed Sunday, Oct. 18 at 3 p.m. at the Carrboro Branch Library located in McDougle Middle School. Admission is free.

For more information, call the Carrboro Recreation and Parks Department at 918-7364 or the Carrboro Library at 969-3006.

West End Poetry Festival

Now in its third year, with more than 35 participating N.C. writers, the West End Poetry Festival is bigger than ever. It's a one-day event for all ages. Sessions include readings, writing workshops and performances.

Among those who have agreed to speak at the event are award-winning writers Jeffery Beam, Grey Brown, Alex Grant, Katie Bowler, Bruce Lader and novelist/poet Joanna Catherine

Scott. Also reading from their works will be current Piedmont Poet Laureate Jacki Shelton Green.

The festival will be held on Oct. 17 at Carrboro Century Hall. Its theme is "Celebrating Diversity in Poetry." For more information, visit westendpoetsweekend.com

Handmade parade

The annual Hillsborough Handmade Parade will be Oct. 17 at 2:30 p.m. This year's theme is "The Waters of the Eno and Her Creatures-Metamorphosis." The event is free and will be held in downtown Hillsborough on Churton Street

The parade is a walking theatrical performance, with a Mardi Gras-style street parade with giant puppets, stilt-walkers, Brazilian Samba and marching bands through downtown Hillsborough. There will be a grand finale when the parade ends at the Historic Burwell School.

For more information, contact Mark Donley or visit hillsboroughharts council.org/handmade\_parade.html

N.C. Archaeology Day

Discover the science of archaeology and explore 12,000 years of North Carolina history through free hands-on activities, presentations, demonstrations and exhibits on Oct. 17 at UNC.

North Carolina Archaeology Day, for visitors of all ages, will be from noon to 5 p.m. in the Alumni Building, home of the Research Laboratories of Archaeology in the College of Arts and Sciences.

Fifteen-minute tours of the North Carolina Archaeological Collection will start at 12:30, 1:30, 3:15 and 3:45 p.m. The collection includes more than seven million artifacts, including pottery, pipes, spear points and ornaments. Space is limited, and advance registration is encouraged. Email Meg Kassabum, kassabau@email.unc.edu to register.

Morgan Creek Greenway public workshop

There will be a public workshop for the Morgan Creek Greenway on Oct. 19 from 4:30 to 7 p.m. at the Chapel Hill Tennis Club in Carrboro.

The workshop is open to the public to meet and discuss with neighbors, greenway commission members, town staff and projected consultants the proposed Morgan Greenway project.

For more information, contact Jeff Brubaker at 918-7329 or jbrubaker@townofcarrboro.org

Send your submissions to calendar@carrborocitizen.com

Community Calendar

THURSDAY, OCT 15

Origins of Journalism Education at UNC

Tom Bowers, professor emeritus at the School of Journalism and Mass Communication, will speak about the early years of journalism education at UNC, and about his new book *Making News: One Hundred Years of Journalism & Mass Communication at Carolina*. Reception at 5pm, program starts at 5:45pm. Wilson Special Collections Library on UNC campus. Free and open to the public.

**Town Treasures** — Chapel Hill Historical Society unveils the second class of its "Town Treasures" commemorations. Town Treasures are outstanding senior citizens who have made and/or documented Chapel Hill-Carrboro history. 5:30 - 7:30pm at the Chapel Hill Museum, East Gallery. Parking and admission are free.

FRIDAY, OCT 16

An Evening with Filmmaker George C. Stoney

Join award-winning documentary filmmaker George C. Stoney for a screening of clips from his movies and a question-and-answer session moderated by Tom Rankin, director of the Center for Documentary Studies at Duke University. Reception begins at 5pm, program begins at 6pm, Sonya Haynes Stone Center for Black Culture and History. Free and open to the public. For more info, contact Liza Terll at 962-4207 or liza\_terll@unc.edu.

World's Best Pizza

The Goathouse Refuge in Pittsboro, Chatham County's non-profit, no-kill animal sanctuary, will be open for an afternoon celebration featuring authentic Neopolitan pizza. Visitors are invited to meet animals available for adoption, enjoy lively music and savor a taste of the pizza. For more information and directions, visit goathouserefuge.org or call 542-6815. 1-6pm.

**Carrboro Yardsale** — Beginning at 7am, a sale of items ranging from office furniture to folding tables to framed prints. The ArtsCenter will sell some items, and offer others for free. 300-G E. Main St. in Carrboro. For more info: artscen-terlive.org.

**Home Trust Picnic** — Community Home Trust will have its Annual Picnic Meeting at Wilson Park from noon-2 p.m. This is a family-friendly event. RSVP to Tamara Watson at twatson@communityhometrusted.org.

Victoria Windler's Eyes on Opera

A free monthly presentation of world-class opera on the big screen at the Seymour Center in Chapel Hill. This session will present *Nabucco* by Verdi, 10am - 2pm. For more info: meetup.com/Chapel-Hill-Opera.

SUNDAY, OCT 18

Pittsboro Pepper Festival

Festival will take place at the Eco Industrial Plant in Pittsboro, 4-7pm. There will be 40 different varieties of peppers from Farmer Doug Jones to taste and rank, over 12 different restaurants showing off their local pepper dishes, as well as spicy tunes from Howie Dewitt blues/funk band. wow@theabundancefoundation.org or 533-5181 for more info.

Ongoing

**Cancer Support** — Support groups for cancer patients and their families. cornucopiahouse.org

Cancer Survivor Program

Carolina Well, UNC Lineberger Comprehensive Cancer Center's Cancer Survivorship Program, offers a program to aid cancer survivors in the transition from active care to post-treatment. The sessions, open to 20 participants, will be held on six Tuesdays beginning Oct. 13 from 5 to 7:30 pm. at Carolina Pointe II. Participation is open to all cancer survivors, regardless of where they were treated. For more info or to register, call 843-5069 or 866-291-9424 or email elizabeth\_sherwood@med.unc.edu

Compassionate Friends

Free self-help support for all adults grieving the loss of a child or sibling. Third Mondays, 7-8:30pm, Evergreen United Methodist Church. 967-3221, chapelhilltcf.org

DivorceCare

Support group for those separated or divorced. Mondays, 7pm, Orange United Methodist Church. 942-2825, connect2orange.org

Stroke Survivor Support Group

Hosted the second Monday of each month by Durham Regional Hospital, this group aims to educate about stroke prevention and stroke disabilities. 1- 2:30pm in Private Dining Room C at Durham Regional Hospital. Register online at durhamregional.org or by calling Betsy Roy at 470-7205.

**Garden Tour** — Free tour of the N.C. Botanical Garden's display gardens. Saturdays, 10am, in front of the Totten Center at the garden. 962-0522, ncbg.unc.edu

Garden Walk

Discussions on fall planting, garden maintenance, design, and gardening for wildlife with bird and butterfly plants. Saturdays at 10am at Niche Gardens, 1111 Dawson Road, Chapel Hill. Call for directions, 967-0078. nichega dens.com

**Jazz at the Mall** — University Mall presents free jazz concerts every Sunday, 2-4pm

**Job Search Meeting** — A networking and support group for job hunters. Wednesdays, 9:30-11am, Binkley Baptist Church, 1712 Willow Drive. 942-4964

**Open-Mic Poetry** — Tuesdays except first Tuesday, 7-9pm, Looking Glass Cafe & Boutique, 601 W. Main St. 636-5809

**Walking Tour** — The Preservation Society of Chapel Hill offers

"Walk This Way," walking tours of Franklin Street every Sunday at 2 pm. \$5. 942-7818 or dhpreservation@mindspring.com for more information. Reservations recommended for groups of five or more people.

**Breastfeeding Cafe** — An informal drop-in gathering of breastfeeding moms is held every Monday from 1-2pm at the Red Hen in Carrboro. A La Leche representative will be there to provide information and answer questions, 201 Weaver St.

Kids

**Toddler Time** — Thursdays, 4pm, Carrboro Branch Library. 969-3006

**Preschool Story Time** — Saturdays, 10:30am, Carrboro Branch Library. 969-3006

**Express Yourself!** — Art program for ages 3-8 and their caregivers. Saturdays, 10:45-11:15am, 11:30am-noon, Kidzu Children's Museum, 105 E. Franklin St. \$2. 933-1455, kidzuchildrens museum.org

Volunteers

**RSVP 55+ Volunteer Program** — Seeks volunteers at least 55 years of age and older who would like assistance in finding an opportunity that matches their interests. 968-2056, co.orange.nc.us/aging/RSVPindex.asp

**Meals on Wheels** — Seeks volunteers to deliver meals and/or bake simple desserts for recipients in the Chapel Hill-Carrboro area. 942-2948

Orange County Literacy

Seeks volunteers to help with adult literacy, basic math and English language tutoring, creative writing workshops at local homeless shelters and family literacy workshops. New tutor training workshops every month. Skills Development Center, 503 W. Franklin St. 933-2151

SUPER CROSSWORD APT ANAGRAMS

ACROSS

1 Yankee Jorge  
7 Pool shot  
12 Octates  
16 Make chatter better  
19 Diverted  
20 Cara or Castle  
21 Tennis pro  
22 Nastase  
22 New Deal agcy.  
23 SLOT  
MACHINES  
25 Traces  
27 Paleozoic  
28 Aye opponent  
29 Remove  
31 Artist  
31 Mondrian  
32 Prepare pancakes  
34 Sewed a toe  
37 Ruhr Valley city  
39 Victorian ornaments  
42 Capitol gang?  
43 Loyal  
44 Maine town  
45 HMS PINAFORE  
47 Drill sergeant's shout  
50 "O Sole —"  
51 Advantage  
53 Drainpipe part

DOWN

54 New Haven collegian  
55 Prohibits  
57 Coup d—  
58 Openish remark  
61 Automaton  
63 Halloween decoration  
65 Content  
66 Let out the lava  
67 Comic  
68 DORMITORY  
72 Philosopher  
73 Got  
74 Commanded  
75 Lions and tigers and bears  
77 Concur  
78 Condescend  
80 Finish  
81 "Good gracious!"  
84 Woody herb  
85 Fiber source  
87 Connected  
89 — pro  
90 Part of MPH  
91 ENDEARMENTS  
95 Snowy fisherman  
97 — yu  
98 Stilled

APT ANAGRAMS

8 White House spokesman  
9 Spokesman  
10 "Johnny's pal"  
11 "Note" ('37 song)  
11 Keepsake  
12 Enraged  
13 One of the  
14 Showy shrub  
15 Jell  
16 Actress  
17 Word with tea or pepper  
18 — India Company  
24 Fool  
25 "— dixit"  
30 Swerve  
32 Marsh  
33 Crochet unit  
34 Resign  
35 Without —  
36 Brit. fliers  
38 Hold back  
39 Fowl feature  
40 "Turandot" tune  
41 ASTRONOMER  
42 Pay hike?  
43 "Comin' — the Rye"  
45 Prominent  
46 Missouri airport abbr.

CitizenCryptoquote By Martin Brody

For example, YAPHCVAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc... Apostrophes, punctuation, the length and formation of the words are all hints.

“Parenting?”

Y C . O C Q T W F Q R N , T N H M  
H A H M D C U Y U I C B W F T .  
- H T W X R Z Q G F V M H  
O C U N Q T N Q C U I N T W F Q N Z Q  
P W C X W R W H Z W X Z T E Z U U G  
A Z Q C Q N Z Q O C Q T W F Q R N  
X H P Q Z W T V H E B - N U -  
T E Z U U G H F F C Q T T .  
Find the answer in the puzzle answer section.

PETS OF THE WEEK

PAWS4EVER — Meet Onyx!

She's a little 3-yr-old girl with a whole lot packed in. She is thought to have some deer or maybe even frog in her because of the way that she loves to hop around. She is always dancing, jumping, hoping, and on occasion has been caught doing a jig in her kennel. She loves throwing around her toys, making them squeak and then pouncing on them for an extra bit of excitement. In Onyx's day, there is never a dull moment. She is 100% happy and always has a silly grin on her face. Getting a picture of her was quite the challenge because she wanted to show us all her cute poses at the same time!!! Sometimes dogs don't realize that us humans are not as fast as them, or our cameras. If you are an active person seeking a life-long best friend that will never slow ya down, she's your woman. Come on in and ask the staff about our frined Onyx; they will happily show ya the way to Onyx's room of happiness and cheer. Paws4Ever, 6311 Nicks Road, Mebane, or call 304-2300. You can also go online at paws4ever.org

ORANGE COUNTY ANIMAL SERVICES — Meet Frankie!!

This cute white-and-orange tabby kitten is around 5 months old and super cute! He was voted a volunteer favorite this week, and in just seconds you can see why! This boy is fun! He's playful and energetic and always up for the challenge of making you laugh! Give him a soft bed, a few toys and a buddy to play with (human or kitty) and he will be a happy cat! Visit him at Orange County's Animal Services Center, 1601 Eubanks Road, Chapel Hill or call 942-PETS (7387). You can also see him online at co.orange.nc.us/animalservices/adoption.

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Weekly SUDOKU

by Linda Thistle

3				7		1	2
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	8			4			3
2				3	1		4
	9		6				5
5		3			4	2	
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		4		5			1
8			7	6		9	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★ ★

★ Moderate ★ ★ Challenging  
★ ★ ★ HOO BOY!

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LUNCH MENUS

ELEMENTARY

**FRI 10/16** — Cheese Pizza; Pepperoni Pizza; Sloppy Joe on a Bun; Garden Salad; Green Beans; Chilled Applesauce

**MON 10/19** — Chicken Nuggets w/Wheat Roll; Beef Tacos w/Lett, Tom; Cheese & Salsa; Spanish Rice; Sweet Yellow Corn; Fresh Apple Halves

**TUE 10/20** — Pork Egg Roll w/ Wheat Roll; Mozzarella Cheese Sticks w/Marinara Dipping Sce; Brown Rice Pilaf; Asian Mixed Vegetables; Chilled Apricots

**WED 10/21** — Cheese Pizza; Pepperoni Pizza; Chicken Salad w/Lettuce, Tomato and Crackers; Carrot & Celery Sticks; Steamed Broccoli; Fresh Banana

**THU 10/22** — Ham & Cheese Sub; Chicken Tetrazzini w/ Wheat; Roll; "Fun on the Run"; Lettuce & Tomato Salad; Sweet Potatoes & Apples; Seasoned Lima Beans; Chilled Pears

HIGH SCHOOL

**FRI 10/16** — Fried Chicken w/ Wheat Roll; Mozzarella Cheese Sticks w/Marinara Dipping Sce; Carrot & Celery Sticks; Broccoli w/Cheese Sauce; Fresh Oranges

**MON 10/19** — Double Cheese-burger on Wheat Bun; Fishwich; Lettuce & Tomato Salad; Tater Tots; Peas & Carrots; Fresh Apples

**TUE 10/20** — Double Cheese-burger; Three-Cheese Baked Rotini w/Garlic Bread; Chicken Fajitas w/Salsa & Sour Cream; Vegetable Rice; Steamed Broccoli; Chilled Peaches

**WED 10/21** — Chicken Patty Sandwich w/Lett. & Tom. on Wheat Bun; Baked Potato w/Meat & Cheese; Traditional Mixed Vegetables; Chilled Pine-apple Tidbits; Chocolate Pudding

**THU 10/22** — Oven-Baked BBQ Chicken w/Wheat Roll; Grilled Cheese Sandwich; Baked Beans; Seasoned Collard Greens; Fresh Grapes

School Briefs

Hispanic Heritage Month celebration

The East Chapel Hill High School Baile Latino Dancers performed at McDougale Elementary School last week to wrap up the school's observance of Hispanic Heritage Month.

Hispanic Heritage Month is observed annually from Sept. 15 to Oct. 15, stretching across the Independence days of five Latin American countries.

The Baile Latino Dancers performed for the elementary students and taught many of them how to perform some of the traditional Latin dances.

Board of education meeting

The Chapel Hill-Carrboro City Schools Board of Education will meet in closed session on Thursday, Oct. 15 at 7 p.m. to complete the superintendent's annual evaluation. When the closed session is completed, the board will meet in open session to address recommendations for action on the superintendent's request not to be considered for a performance bonus and for a proposed resolution regarding the superintendent's evaluation

Fall concerts

East Chapel Hill's fall concert season is underway. The band

concert is Oct. 20 and the orchestra concert is Oct. 22. All concerts begin at 7:30 p.m. and are \$5 at the door.

Volunteers are needed for the box office and to act as ushers. (Students can earn service hours for this.) If you'd like to volunteer, contact Valerie Hudock at [vwhudcock@mindspring.com](mailto:vwhudcock@mindspring.com). Let her know the date and time you are able to help.

Top graduation rates

CHCCS was honored Monday for having one of the top 10 highest cohort graduation rates in North Carolina.

The award was presented at a special recognition ceremony held at the North Carolina Department of Public Instruction in Raleigh. State Superintendent June Atkinson and former North Carolina Gov. Jim Hunt presented the award to a delegation from the district that included school board chair Lisa Stuckey, Assistant Superintendent for Instructional Services Denise Bowling, Assistant to the Superintendent for Community Relations Stephanie Knott, Carrboro High School Principal Kelly Batten and Chapel Hill High School Principal Jesse Dingle.

Cohort graduation rates track the graduation outcomes of all students who enter the district

as a group in the ninth grade. The cohort graduation rate for the Chapel Hill-Carrboro City Schools is 88.3 percent.

This was the second year this event was held and the second time CHCCS was recognized for being in the top 10.

Walk and race for education

Organizers are celebrating the "Lucky 13th" year of the annual Walk and Race for Education on Oct. 17 to support the Chapel Hill-Carrboro City Schools. The walk concludes with a carnival on the grounds of the Lincoln Center.

To donate for a student or school online, visit the foundation website at [ww2.chccs.k12.nc.us/psf](http://ww2.chccs.k12.nc.us/psf)

Walk festivities begin at 2:30 p.m. and the walkers start at 3 p.m. from McCorkle Place on the UNC campus. There is no registration for the walk; everyone is welcome.

Shuttles will run from Culbreth and Phillips middle schools and then back from the Lincoln Center to the schools and McCorkle Place. Parking is discouraged at the Lincoln Center and will be curtailed on Merritt Mill Road.

The walk will be preceded by the Race for Education, which

begins at 9 a.m. at McCorkle Place and winds through the UNC campus. Runners can register at Fleet Feet Sports in Carr Mill Mall or by going to [SPORToften.com](http://SPORToften.com)

Registration is also available on Saturday morning before the race begins.

Special Ed forum

Fundamentals of Special Education will be held Wednesday, Oct. 28 from 7 to 8:30 p.m. in the Culbreth Middle School Auditorium on Culbreth Road. Doors will open at 6:30 pm for registration and networking.

The program is co-sponsored by the Exceptional Children Department and the Special Needs Advisory Council (SNAC) and is intended for parents of children with special needs in preschool and elementary grades.

A welcome and overview will be delivered by SNAC. This will be followed by a breakout session. Parents may choose one of three: Special Education 101, Programming in PreK and Transition to Kindergarten and Positive Behavior Support in the Home.

Childcare will not be provided. Please contact Karen Patillo at 967-8211, ext. 28234 for more information.

SPORTS



PHOTO BY CHARLIE TYSON  
Will Bunch sprints toward the finish line in route to his first-place finish for Chapel Hill High.

Local teams run in county-wide race

BY CHARLIE TYSON  
*Intern*

Chapel Hill High School dominated at the Orange County Cross Country Championships Oct 10, with both its varsity boys and girls winning their races by substantial margins.

Runners from Chapel Hill High, Carrboro High, Cedar Ridge High, Orange High and East Chapel Hill High faced off at the meet. East Chapel Hill's varsity teams did not compete because coach Steve Marquis said he wanted to rest his varsity runners. He chose to use his JV runners instead.

The meet took place on a breezy afternoon. From the starting gun to finish, CHHS maintained a solid lead.

Chapel Hill junior Will Bunch nabbed first place by a 1.1 second margin, with a 5K time of 16 minutes, 20.9 seconds. Bunch's teammates mirrored his impressive per-

formance, as seven out of the top eight finishers were Tiger runners.

Even so, Chapel Hill's excellent showing failed to completely measure up to coach Ron Olsen's high expectations. When asked how he felt about his boy's team's success, Olsen said, "They weren't successful. They let someone break up their top five."

Nevertheless, Olsen said he is happy with the level at which his boy's team is performing, although he hopes to get 10-15 seconds faster per runner by the end of the season.

The Tigers are racing at the 3-A level this season, but the competitiveness hasn't subsided.

"We still run the same schedule," Olsen said. "It's a new conference, but about as competitive as PAC-6."

Chapel Hill High won the varsity girls' race by a similar margin, but Carrboro High's Grace Morken finished first, with a time of 19 minutes, 8 seconds. Chapel

Hill's Tristan Van Ord finished second, in 19 minutes, 12 seconds. Both runners are freshmen.

Carrboro women's coach Sarah Hallenbeck describes Morken as "very tough and very mature."

"She's good at planning a race and racing a plan," Hallenbeck said.

Hallenbeck is excited about Morken's potential.

"One of the most exciting things about her running is that she's got room to grow," Hallenbeck said.

Morken hopes that her success as a younger runner will both encourage older runners and give incoming freshman confidence.

Morken and Van Ord share an athletic history together, having been teammates on the Triangle United soccer team. They're now happy to compete as friendly rivals.

"I think it's awesome," Van Ord said. "I love running and I hope to be racing with Grace again."



# The ArtsCenter

For more information or to order tickets call 929.2787 x201 or go to [artscenterlive.org](http://artscenterlive.org)  
ArtSchool registration now open!

## Upcoming Shows:


**Red Molly** • THU 10/15  
**Feeding the Fire and The Lasting Happiness** • SAT 10/17  
**Rickie Lee Jones** • MON 10/19  
**Malcom Holcombe** • FRI 10/23  
**Red Clay Ramblers** • FRI 10/23 (Chatham Mills)  
**Red Clay Ramblers** • SAT 10/24  
**NCSC Songwriting Contest** • SUN 10/25  
**Mike Doughty** • TUE 10/27 **Question Jar show!**

**South Wing Band** • SUN 11/1  
**Sid 'n' Susie featuring Matthew Sweet and Susanna Hoffs** • THU 11/5  
**April Verch Band** • SAT 11/7  
**Alela Diane and Marissa Nadler** • MON 11/9  
**Steve Kimock Crazy Engine** • WED 11/11  
**Vector Brass Quintet** • SUN 11/15 **FREE**  
**Amanda Palmer** • FRI 11/20  
**Trachy/Lacy Collective** • FRI 11/20 • UMall  
**John McCutcheon** • SAT 11/21  
**The Subdudes** • SUN 11/22

**Girlyman** • FRI 12/4  
**Robin & Linda Williams** • SUN 1/10/2010

 Look for us on Facebook.

**TICKETS ON SALE NOW !**




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FROM THE EDITOR

Passings in Chatham

I spent much of my first decade in residence in this state in Chatham County and was fortunate to encounter there many fine and inspiring individuals.

On the gray, chilly morning that followed Tuesday’s splendid fall weather, I woke to find that another of Chatham’s greats had left us – the third in three weeks. Our hearts go out to the families of these pillars, but we shed tears also for ourselves. We are the less for their departures, but our lives are much richer from the moments we shared.

**Alec Dunn** was a farmer from the day he was born to the day he died. He had a strong spirit tempered by a gentle manner and a kind, quiet way of speaking that put you at ease. He was worldly in a way that few attain – his knowledge derived from daily life on the family farm in Bonlee and many years behind the counter of his hardware store and post office. He and Nancy, his wife of 69 years, were an inseparable duo and proved the adage that “we two form a multitude.”

His son, Alvis, is one of the closest friends I’ve ever had and despite my being born a little farther north than was acceptable in many places in Chatham, I felt as welcome in the Dunns’ living room as I have anywhere. It was not a boisterous place – most times it was so quiet you could hear the clock tick. Mr. Dunn was not one for small talk. Sitting in his usual chair under a framed portrait of John Kennedy, he asked you real questions about what you thought about the issues of the day, be they national politics or Chatham land use.

He seemed a tireless man. I remember his son complaining to me once that he couldn’t hardly keep up with “Deddy” – then in his early 80s – when the two were out walking the land checking on fences.

He lost a step or two over the past few years, but his spirit was still there. And it was a joy to see him at 93 revel in the arrival of his first grandchild.

He left us Tuesday, with Nancy and his boys by his side and, I’m sure, a satisfied mind.

I first met **Margaret Pollard** over a Hardee’s chicken sandwich in the Democratic Party headquarters just outside of Pittsboro. It was Election Day 1992 and quite a few of us were exhausted from several weeks of work getting ready for the day. We ate and talked a little about the chances for the candidates. No matter what happens, she said, there would always be more work to do.

Over the years, she would prove willing to take on bigger and bigger challenges. She ran and won a seat on the board of commissioners. She would later become the first black woman to chair the board and, true to her word, even after she left that post, she didn’t stop putting in the hours on behalf of the voiceless and the needy of the place she called home.

Every now and again, we’d talk and she would remind me that there was still plenty to do; that, despite all the efforts, far too many were still in need of better health care, better education and a simple, fair shake out of life.

She departed far too soon, and I’m sure she would rather I not take this space to mourn, but to remind you to roll up your sleeves – for the work is unfinished and just as important as it ever was.

I used to joke with **Margie Ellison** about my political “baptism.” It was right there at the counter of the M&R Shopquick on U.S. 15-501. She asked me if I wanted to register to vote and I told her I didn’t believe in it – that no politician was going to look out for me. The sermon I got was not quite fire and brimstone, but stern persuasion – the kind of one-on-one politics that leads to a true conversion. Would that all of us learn the true meaning of the word “enfranchisement” from such a person.

She was a kind woman, and until then we’d always had pleasant conversations. But as I learned many times since, when she was talking politics and what needed to happen in the world, the state and, in particular, in Chatham, there was at her core a fierce determination and an unshakable belief in the power of the vote to change things.

Every time I mark a ballot, I think about her. This week, with the opening of early voting, I’ll do so again, sad to know that she’s not around to straighten out the next generation of young cynics, but ready and, thanks to Margie, able to give ‘em what for.

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CITIZEN

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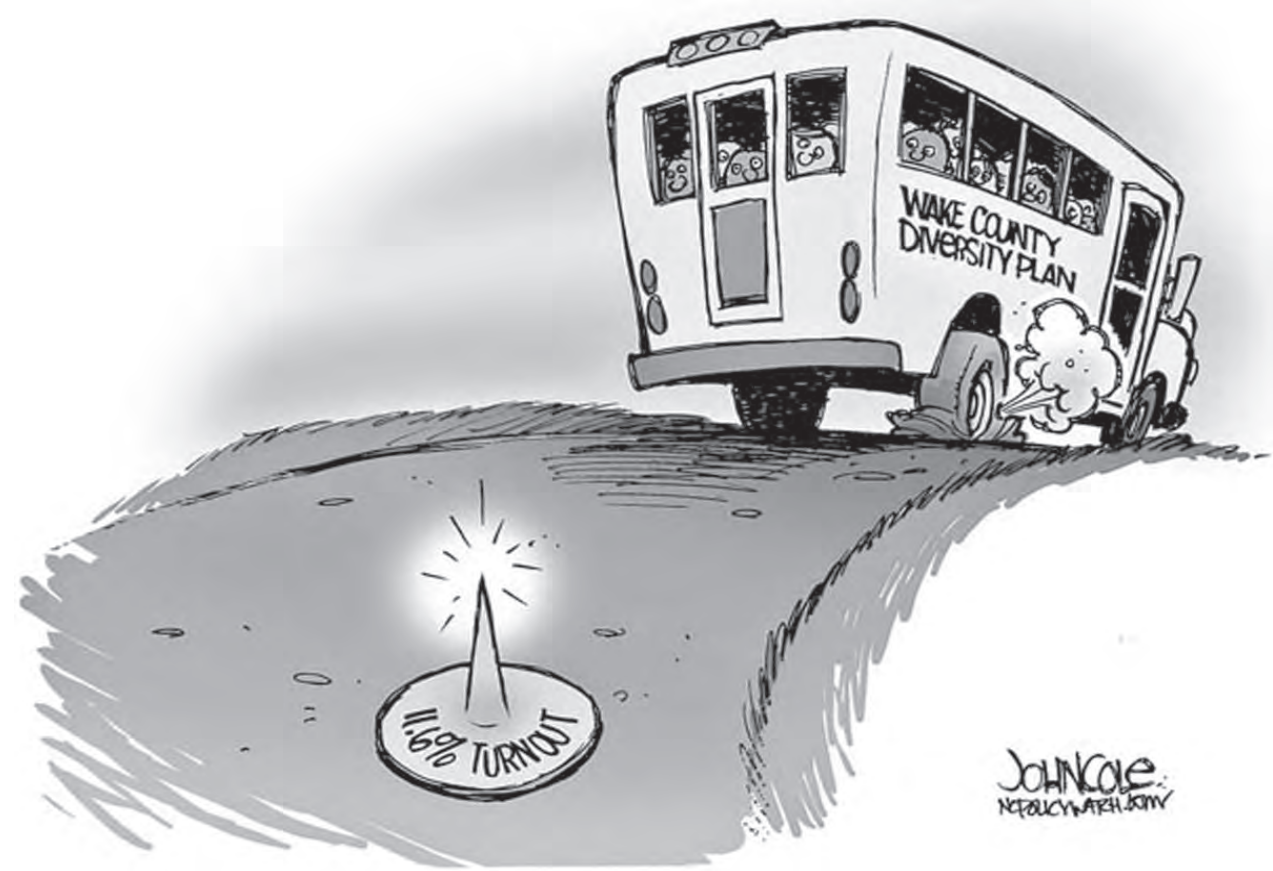
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LETTERS

For Czajkowski

Please permit me to take this opportunity to express my strong support for Matt Czajkowski for mayor of Chapel Hill.

Although I am currently a resident of Chatham County, I have lived in Chapel Hill on several occasions in the past. I have recently chosen to “retire” to the area. I urge Chapel Hill residents to vote for Matt Czajkowski.

Incidentally, I am a 1957 graduate of UNC-CH (BA in economics) and am presently an adjunct professor at the Kenan-Flagler Business School.

LUTHER H. HODGES JR.  
*Chapel Hill*

Support Matt

Our three sons attend a number of UNC summer camps every summer. Over the years, however, we have developed a growing concern about their being on Franklin Street with its current aesthetic and safety issues, including chronic panhandling, dirty sidewalks and dim lighting. We wonder why no visible improvements have been made over the years.

We want Chapel Hill to feel safe, so we have invested in its future. We have sent a contribution supporting Matt Czajkowski’s campaign for mayor.

Nov. 3 is Election Day. Help Matt get the job done and vote for him.

More visitors will come to Chapel Hill and leave happier; that’s good for business, too!

SUSAN AND BILL TUCKER  
*Pinehurst*

Matt for downtown

For three years, I have known Matt Czajkowski and his family.

I have been especially impressed with Matt’s desire to make downtown be and feel safer. He often asks me about the collegiate perspective of safety at night on Franklin Street. As a student, that concern means a lot to me.

Matt wants to improve downtown Chapel Hill, with better lighting and security. He wants us all to feel comfortable on Rosemary and Franklin streets. He cares about the safety of all citizens, including us students.

He is definitely getting my vote!

MELISSA HOFMAN  
*Chapel Hill*

Support Slade

Having known Carrboro Board of Aldermen candidate Sammy Slade for several years now, I am impressed by his deep knowledge of and commitment to Carrboro. He has demonstrated his love of our community and its values through a variety of projects that have helped to make Carrboro a better place to live. He has been at the forefront of innovative projects in Carrboro and would continue to bring path-breaking ideas in service to our community in his capacity as alderman.

In these times of unprecedented political vitriol, Sammy brings a refreshingly gentle and soft-spoken eloquence to political discourse. What an asset to our community to have another voice that combines passionate conviction with a calm demeanor, serving to build bridges and work for consensus.

Please join me in supporting Sammy Slade for alderman.

PAULA MICHAELS  
*Carrboro*

Lee for school board

As a parent of a graduate and eighth-grader in the Chapel Hill-Carrboro school system, I strongly support Christine Lee for school board. Christine brings excellent leadership experience,

most recently with the East Chapel Hill High School Improvement Team (see her web site: electlee.org).

Christine believes in the importance of inspiring every student to a lifetime of learning in our diverse world. This is increasingly important, both locally and globally. Over the years, Christine has supported and modeled positive and engaged education, and has worked tirelessly with everyone, from students to the superintendent, with the goal of enriching every student.

JENNIFER SATINSKY  
*Chapel Hill*

Matt for mayor

I support Matt Czajkowski for mayor of Chapel Hill. His platform issues – fiscal responsibility, managing growth and revitalizing downtown – resonate deeply with me. I’ve also appreciated his commitment to transparency and the actions he has taken to stand by that commitment.

We need a mayor and council that do not simply accept the status quo but constantly question whether policies and plans are working. We need a mayor who will govern through the use of data rather than relying purely on perception. I believe Matt is the candidate who will best lead the council in that direction.

TERRI BUCKNER  
*Chapel Hill*

Cook for alderman

I would like to endorse Sharon Cook for the Carrboro Board of Aldermen. Over the past decade, she has been an advocate for a wide range of issues facing Carrboro’s residents, including neighborhood preservation, pedestrian safety and environmental protection. She has also worked on many more issues as a member of the town’s planning board for the past two and a half years.

Sharon is concerned about whether the citizens living in Carrboro today will be able to afford to stay here. She is concerned that our town government is on an unsustainable economic path, one that would force many longtime residents to move out of Carrboro. Over the past two years, that’s become increasingly clear.

She is a longtime resident of Carrboro and a parent of a UNC undergraduate. She has a personal commitment to keeping Carrboro a safe and welcoming place for students. Sharon is eager to thoroughly discuss and debate the facts in this campaign and the many other issues facing our town.

Vote for Sharon Cook for alderman.

SCOTT JUSTUS  
*Carrboro*

Support Haven-O’Donnell

As a Carrboro business person, I encourage you to vote for Randee Haven-O’Donnell for the Carrboro Board of Aldermen. I’m very impressed with her hard work to improve our community. Strong leaders like Randee is one reason I decided to locate my business here.

Randee proves that environmental preservation and business don’t have to be at odds. She’s very focused on attracting clean-energy companies to our area. The potential benefits of new jobs, reducing our community’s carbon footprint and promoting energy independence is huge! With a Sierra Club endorsement and strong support of local business, Randee is really worth voting for.

BRIAN RUSSELL  
*Chapel Hill*

Vote for Brownstein

I want the voters in our district to understand a little more about Michelle

“Shell” Brownstein. Shell and I met while serving on SNAC, the Special Needs Advisory Committee. We worked together on one of the working groups. We found ourselves having much in common, because we both had multiple children in the CHCCS district, some served by the standard curriculum and others in the exceptional curriculum.

Having children whose abilities and needs span the educational spectrum has helped Shell to recognize the areas in which our district can improve. Her in-depth examination of literacy issues has shown that implementation of research-based curricula in our schools will improve the education of all of our students. This being said, I know that Shell also understands that change does not always mean re-creating the wheel, so to speak, but improving existing programs and implementing a strong system of assessment to ensure success.

Shell’s ability to see the big picture and her track record of success makes her a perfect candidate for our district school board. She has volunteered in all areas of the school system, from one-on-one work with children in the classroom to working with district and state administrators on a variety of issues. Her volunteer work has given her a comprehensive understanding of the obstacles our children and their teachers will face amidst current budget restraints.

We need someone with Shell’s focus, drive, leadership and compassion on the school board to speak for all children in the education spectrum. I trust in Shell’s ability to prioritize short-term goals and help facilitate long-term plans to improve the outcomes of all children. As a minority parent in the CHCCS district, this is important to me, as our achievement gap is an ever-constant reminder that we are not serving all children as well as we could in the CHCCS district.

I know Shell’s passion for making sure that all children receive a quality education will be an asset to our district.

TENA LYGHT  
*Chapel Hill*

For Czajkowski

Kevin Wolff must be putting something funny in his orange juice these days. What is up with his repeated suggestion that FRONTRUNNER Matt Czajkowski should step aside? Even more puzzling is the thought that anyone would want to waste their important vote in favor of Mr. Wolff or Mr. Cho, neither of whom has garnered much support. A vote for either of these gentlemen is, in effect, a vote for Mark Kleinschmidt. Mr. Kleinschmidt is perhaps well-intended and well-meaning, but since December 2001, when he was first elected to the council, we have heard no concrete plan or vision from him for either lowering the burdens of property taxes or offering a vibrant, healthy, comprehensive plan for our wonderful town of Chapel Hill. Matt has displayed clear, sensible leadership over and over, even when it may not have been popular. The logical, crystal-clear conclusion for mayor of Chapel Hill is Matt Czajkowski – a voice and vision for Positive Change and financially prudent leadership.

BARBARA POSTMA  
*Chapel Hill*

Czajkowski for mayor

During Matt Czajkowski’s time on the Chapel Hill town council, he has demonstrated sensible leadership. He was the first one to question council’s

vote to quietly award itself health insurance for life. I applaud his desire to fill the Strom vacancy by appointing the first runner-up from the November election. The unfortunate timing of this resignation, especially coming on the heels of the establishment of voter-owned elections, assures a selection rather than an election. Absent an election, can we at least have transparency regarding the council’s selection criteria? I know where Matt stands on this. He has my vote.

BARBARA CROCKETT  
*Chapel Hill*

Enough is enough

Chapel Hill town employees whose health care benefits are greater than any of which I have ever heard are benefitting at my expense (and yours) from council’s blatant ignorance of proper expenditures. Mayoral contender Kleinschmidt cannot imagine what it is like on our end, since he does not own property and therefore pays no property taxes. I am unwilling to support this kind of thinking, which is ultimately out of my pocketbook (and yours). I trust that Czajkowski, aided by several of the like-minded town council challengers, will work hard to extricate us from this mess.

ED ADKINS  
*Chapel Hill*

Slade for alderman

Sammy Slade is sincerely dedicated to a just and sustainable future for Carrboro. I’ve known him for years as an activist in environmental and grassroots democracy issues, one who consistently lives his beliefs.

Let’s elect Sammy Slade to the Carrboro Board of Aldermen.

FRITZI ROSS  
*Carrboro*

Vote for Czajkowski

Residents should exercise their right to vote; choose Matt Czajkowski for mayor. While the upcoming Chapel Hill mayoral and town council elections may not be as glamorous as ‘08’s presidential election, it is important that voting remain integral. With that in mind, I strongly urge residents to make the smartest choices for Chapel Hill – mayoral candidate Matt Czajkowski and town council candidates Jon DeHart, Matt Pohlman and Gene Pease.

Matt Czajkowski’s history as town councilman exemplifies his devotion to making downtown Chapel Hill a safer, more inviting place. He has been the only council member to advocate for improved lighting, the anti-panhandling ordinance and better parking. Vote Matt Czajkowski for mayor of Chapel Hill – the sensible choice.

CHRISTOPHER B. WILLIS  
*UNC Senior*

For Haven-O’Donnell

As a Friend of the Carrboro Branch Library at McDougale School, I urge all Carrboro voters to support Randee Haven-O’Donnell’s bid for re-election to the Carrboro Board of Aldermen. Since 2005, she has been a staunch supporter of improved library services for Carrboro and southwest Orange County and served with me on the 2007 Orange County Library Task Force. When, in April of this year, the Carrboro Branch Library was faced with dissolution, her efforts were crucial in getting the town to pass a special resolution denouncing the proposed closure.

The Carrboro Branch Library remains open and we are now planning a free-standing Southwest Orange Regional Branch Library to better serve Carrboro residents. Randee Haven-O’Donnell knows all the issues involved in this monumental task. We need her on the board of aldermen for expertise and continuity if this project is to materialize. Please re-elect her. She will get the job done.

NERYS LEVY  
*Chapel Hill*

Good endorsements

I want to express my appreciation to the Orange-Chatham Sierra Club chapter for their candidate forum and their subsequent endorsements of Mark Kleinschmidt for Chapel Hill mayor and of Ed Harrison, Laurin Easthom, Jim Merritt and Penny Rich for Chapel Hill Town Council. As the owner of a small business, I know that concern for the environment is a foundation for long-term economic development, and I feel that Kleinschmidt, Harrison, Easthom, Merritt and Rich will work hard to see that Chapel Hill grows in a responsible and deliberate manner. I hope that readers will carefully examine the environmental positions of candidates before they vote.

BURWELL WARE  
*Chapel Hill*

MENTAL HEALTH  
FROM PAGE 1

As the task force report notes, the vision of a “consumer-responsive, community-based network of care” was not “fully realized” in Orange County. The void of services left by the transition to a new way of providing care was “partially filled by providers whose practices increased the instability of the local system of care,” most notably, “the failure of the Caring Family Network as the primary operator of outpatient mental health clinics.”

According to the report, primary challenges facing the community include the need for more transportation for those who have none, adult daytime programs, after-hours and weekend care, post-hospitalization continuing care, social-work assistance for shelter residents, help for elderly people suffering from depression and help in any and all forms for 18- to 25-year-olds and their families.

Additional challenges cited are an over-reliance on UNC resources “as both first and last resort”; the fact that there is “no simple road map” for navigating the now-privatized mental health care system; people with mental health issues being drawn to the area, both because of services available through UNC and the general attraction of the community; and an inadequate supply of safe and affordable housing.

‘Pretty grim’

Concurrent with the task force’s meetings was the budget debate in Raleigh, and, said Ammarell, the effect was overwhelming.

“You could just see how everyone on the task force was getting crunched,” she said.

Their report indicates that this year’s cuts will mean a reduction of \$2.25 million in funds available for services in Orange, Chatham and Person counties, or approximately 21.5 percent of all non-crisis state-funded services.

“I think things are looking pretty grim in the mental health world,” said Bebe Smith, director of outpatient services for UNC’s Schizophrenia Treatment and Evaluation Program, which has a clinic in Carr Mill Mall.

That being the case, Ammarell said, “We had to make choices, and the choice we made was to see if we could make a difference around messaging.”

Task force members, according to the report, had “long discussions about the importance of promoting a ‘message’ that would help the community better understand the challenges facing those living with mental illness.

Task Force Recommendations

- Increase MSW student placements in provider agencies and add clinical supervision for students and provisionally licensed workers.
- Create a partnership with the Mental Health Association in Orange County to expand the Pro Bono Counseling Network.

**Enhanced local law enforcement/safety personnel awareness of and sensitivity to mental health issues**  
Extend Crisis Intervention Training (CIT) throughout the ranks of local law enforcement and, ultimately, to other safety personnel.

**Strong local government leadership around mental health/developmental disabilities/substance abuse concerns**

Use local government offices (Mayors and Managers) and legislative bodies (Council, Commissioners, Aldermen) as platforms (bully pulpits) and vehicles of support for campaigns/efforts to proactively increase community awareness of mental health/developmental disabilities/substance abuse issues and to reduce associated social stigma.

Better communication is critical, Ammarell said, not just within the community at large but among the agencies that deal with mental health issues.

“If we could really get people to communicate,” she said, the community could take better advantage of an array of services that, relative to the state as a whole, is rich. As examples, she cited the large number of practitioners in the area, the Mental Health Association in Orange County (MHAOC) Pro Bono Counseling Network and the university.

The report recommends that town and county legislative bodies consider establishing ongoing initiatives to provide “issue leadership” that might include standing committees within each of the town and county legislative bodies and a joint committee through the Assembly of Governments. The Chapel Hill Town Council agreed Monday night to further consider a standing committee of the council.

Foy said that a subtext of the report that struck him was the extent to which there still seems to be a stigma attached to mental illness.

“We need to see to it that people get help without that stigma attached,” he said. “Certainly, that’s something we as a community can influence.”

More students in the field

The task force report suggests a means of remedying another problem brought on by the privatization of services, one that would put more help in the field. Prior to reform, social work graduate students would train in mental health clinics. Now they’ve lost those training opportunities, and the opportunity to help.

“Providing good clinical instruction to students takes away from billable activities,” Smith said, “so private agencies have been less inclined to allow their clinical staff to provide field instruction.”

Many graduates, she said, are paying to get the clinical supervision necessary to become licensed.

The report lays out a strategy to offer service-provider agencies a stipend to provide supervision, an initiative Foy applauds.

“Surely, we can tap this great resource,” he said of the students.

The report also recommends creating a partnership with MHAOC to expand its Pro Bono Counseling Network.

“One of the things I’m hopeful of is that some of what we come up with can be used as a blueprint for other communities,” Foy said. “If we figure out a way to start this, we can help others do it.”

Representatives of the task force will make a presentation to the Carrboro Board of Aldermen in November.

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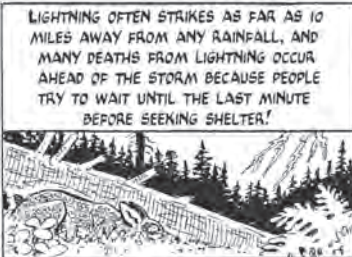
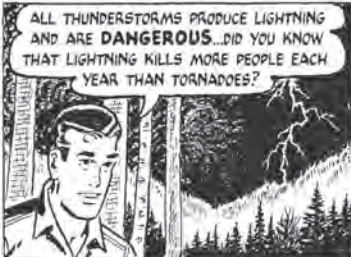
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CRYPTOQUOTE ANSWER:

Mr. President, I have the honor to acknowledge the receipt of your letter of the 14th inst. and in reply to inform you that the same has been forwarded to the proper authorities for their consideration.



Volunteer dog fennel is a show-off in front of swamp sunflower in Diana Steele's wild curbside garden. PHOTO BY KEN MOORE

FLORA  
FROM PAGE 1

Eupatoriums are characterized by flat-topped, dome-shaped or other various-shaped clusters of hundreds and hundreds of heads of tiny disc flowers. You will want to devote at least a few minutes, if not half an hour, for a Eupatorium conversation at your next dinner party.

For a couple of weeks now, I've been admiring a misty purple flowered clump of *E. coelestinum* (see-less-TY-num) protected from mowers by the guardrail along the bypass crossing Smith Level Road. The species name, appropriately, means heavenly or sky blue. The common names include mist-flower, blue boneset and

ageratum, the latter likely familiar to most of us. Perennial ageratum has been passed along from garden to garden for so long that it is generally considered an escape from cultivation rather than the native it is. It's fun to see it occurring in moist fields and roadside ditches this time of year. Next time you see it, take a closer look and try to count the number of disc flowers in a single head.

The other Eupatorium of note is *E. capillifolium*, the weedy dog fennel of pastures. The species name refers to the capillary-thin, thread-like leaves that make the whole plant look like a kid in need of a barber. Head-high perennial stems, gracefully waving thousands of dusty white to pale-burgundy disc flowers, may go un-

noticed when growing so plentifully in fields, but a single plant in a garden border can be a real knockout. The volunteer specimen dog fennel in Diana Steele's wild curbside garden on Mason Farm Road is worth a drive by.

While the merits of ageratum are mainly aesthetic, the merits of dog fennel are enhanced by a heritage of Native-American medicinal use. I'll leave it to you to seek out some details from the *Herbal Remedies of the Lumbee Indians* or *James Dukes' Handbook of Northeastern Indian Medicinal Plants*. I'm not certain I would use the new information for dinner table conversation, but I'll forever admire dog fennel with greater appreciation.



Maxine Swalin, as seen by a 7-year-old

It is altogether fitting that this photograph of Maxine Swalin was made by a child — for it was as children that my generation benefitted from the work and life of the longtime N.C. Symphony stalwart. Ask any local “kid” my age and they’ll tell you they vividly remember hiking across town from the elementary school (now University Square) to Memorial Hall, where the short, jolly while-haired figure stood at stage’s edge, welcoming us to the concert conducted by her husband, Benjamin. When Mrs. Swalin died last week at the age of 106, that was the image that sprang to memory. And then this recent image also came to mind: a kids’-eye-view of Mrs. Swalin taken last year by my then-7-year-old granddaughter, Olive, at the opening of Catharine Carter’s photo exhibit “Town Treasures” at the Chapel Hill Museum. That’s Catharine in the center, speaking to Mrs. Swalin’s caretaker.

To see Catharine’s fine black-and-white image of Mrs. Swalin and other “Town Treasures,” go to [catharinecarter.com/collections/town-treasures/maxine-swalin.htm](http://catharinecarter.com/collections/town-treasures/maxine-swalin.htm)

The Chapel Historical Society will be hosting the opening of Carter’s second round of “Town Treasures,” featuring 12 more village elders, Thurs., Oct. 15 from 5:30 to 7:30 at the Chapel Hill Museum on East Franklin Street.

A THOUSAND WORDS

BY JOCK LAUTERER



Do you have an important old photo that you value? Send your 300 dpi scan to [jock@email.unc.edu](mailto:jock@email.unc.edu) and include the story behind the picture. Because every picture tells a story. And its worth? A thousand words.

SWALIN

FROM PAGE 1

conductor husband: “Study — improve your mind — share your knowledge so it will help someone — keep your friendships in repair — think and act in minut time.” Benjamin Swalin died Sept. 29, 1989.

Twenty years later, Maxine died peacefully on Oct. 8 in her home, having found ways during the long decline toward natural death to strive every day for her ultimate ability. As each diminishment pre-



sented itself, she adjusted, accepting the help of others in achieving her goals. When a shoulder injury in her 80s impaired her piano-playing ability, she took lessons to learn a new way to do what she’d done since age 4.

We became friends when she was a few months shy of 95, and for almost 12 years she modeled how to live joyfully, frugally and fruitfully. She so inspired a group of friends that last year, when she turned 105, a Memorial Hall concert was given in her honor, raising funds and consciousness to further one of her last causes — completion of the Arts Common on the UNC campus. In June, she got to see the site of a bench that has since been built in her honor with those funds.

Maxine found no sacrifice in trading the golds and winter whites of her native Iowa for the verdant greens of North Carolina. With a passion for art, she returned to painting in her 80s, with

trees as frequent subjects. During an outing to the Coker Arboretum in May 2004 (age 101), she plopped down on a bench in front of a giant beech and announced that she was going to study it for a pastel painting. I snuck behind her and took photos to assist her. She painted the tree and “the little white-haired woman,” which later showed up mounted, framed and wrapped (all by her), under my Christmas tree.

Her 2005 handmade New Year’s card included this: “As 101 turns into 102 I’m grateful to be located On a cliff of coloring Overlooking Morgan’s Creek. I live in a house of trees. Best wishes to my friends For the New Year.”

Syd Alexander grew up knowing the Swalins and was their attorney for over 30 years. He said that Maxine was in her 90s when she decided to take a painting course — in Florida — traveling there in

her car. Unable to stop her or to convince her to take a phone, he found someone to drive her there, then waited for her to call him when she was ready to return.

“She called me one day and said she was home,” Alexander said. When he asked her how, she said she had been in a grocery store and mentioned to the cashier that she was headed home to Chapel Hill when the man in line behind her said he was going to North Carolina by bus the next day. He drove Maxine home instead.

At a party a few years ago, she lit up when beer was among the beverage offerings. “Beer?” she asked excitedly. “Oh yes, please.” During the years when she and Ben introduced the symphony to all 100 counties of the state, they spent summers in Innsbruck, Austria, enjoying time with other musicians each afternoon in a beer garden. It became our custom in her last years that my visits to her often included still-warm-from-

the-oven gingerbread I’d take her along with a beer we’d share. The last time, she drank it from a straw, pronouncing it, “strong ... good,” like Maxine.

For over 40 years, she appreciated the service and friendship of Harris Farrington, who kept up her house and drove her around after she quit driving at age 99, and whose sisters prepared her meals.

Millie Beale Stinson, who grew up in Chapel Hill and first saw an orchestra with “lovely Maxine and tall and stately Dr. Ben,” served as her most constant nurse during her last three years. Breakfast time had become a special time for Maxine, Harris and Millie, making it apt that they were both at her side at 8:35 a.m., when Maxine found her way into the next stage of life. “It was very sweet, really,” Millie said.

In Maxine’s musical parlance, she played to the end: *dolce, amoroso, espirando* (sweetly, lovingly, dying away); teaching us how to live until we die.

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