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NOVEMBER 18, 2010 LOCALLY OWNED AND OPERATED VOLUME III NO. XXXVI

FREE

Wax myrtle berries are a component of bayberry candles. PHOTO BY KEN MOORE

# ORA by KEN MOORE

# Celebrating North Carolina Native-American heritage

wo plants I mentioned last week when leading into the coral honeysuckle story are wax myrtle and yaupon holly. Both are major components in stabilizing our coastal sand dunes. Though very tolerant of wind and sea spray, when they are positioned near the dunes at the leading edge of the wind and wave action they hunker down in prone positions close to the ground. Further back from these harsh conditions, they occur as large shrubs or small trees. Both are beautiful evergreen plants with engaging fruit and are often used in residential and urban landscapes. In addition, they have a rich heritage of use by Native Americans.

You'll find dried specimens of both of these important plants in Raleigh this Saturday at the N.C. Museum of History's 15th American Indian Heritage Celebration. From II a.m. to 4 p.m., the state's eight recognized tribes will be celebrating their rich heritage through colorful ceremonial dancing and singing, storytelling, fluting and demonstrations, including the "burning into shape" of a dugout canoe and hands-on activities with Native-American crafts. A full schedule of events/activities is available at ncmuseumofhistory.org

Mary Locklear, Lumbee wildcrafter and herbalist, will be there to show and describe plant uses. I enjoy learning of the early uses of our native plants and the great stories associated with them.

SEE **FLORA** PAGE 10

# **INSIDE**

# **Chapel Hill names** new police chief

See page 3

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# Council studies University Square plans

**BY KIRK ROSS** 

Staff Writer

CHAPEL HILL — A major redevelopment project on the University Square/Granville Towers property received its first formal review before the Chapel Hill Town Council Monday night.

At its meeting at Town Hall, the council heard a concept plan presentation from representatives of Cousins Properties, which is managing the project.

A redevelopment of the commercial area in the 100 block of West Franklin Street was promised in June 2008, when the property was

purchased by the Chapel Hill Foundation Real Estate Holdings, a university not-for-profit corporation, for \$45.75 million.

John McCall, representing Cousins Properties, said the plan is to tear down the existing University Square and replace it with joint commercial and residential space closer to Franklin Street and office and residential areas around a central greenspace and gathering area at the interior of the project. The plan would not affect the Granville Towers portion of the property.

SEE COUNCIL PAGE 7



Developer's preliminary plan for University Square

# Inmate in custody after escape in UNC police car



SAM ROBERTS/BURLINGTON TIMES-NEWS

SCOTT MUTHERSBAUGH/BURLINGTON TIMES-NEWS

You may soon see the name Farley Linford Bernard popping up on those TV shows devoted to police chases.

Bernard, an inmate at Pasquotank Correctional Institution near Elizabeth City, is in custody after escaping in a stolen UNC Police vehicle while receiving medical care at UNC Hospitals on Tuesday.

UNC police officials say Bernard escaped cus-

tody while at the hospital, then stole a UNC police vehicle during an encounter with a UNC Department of Public Safety officer outside the hospitals just before 1 p.m. He then sped down Emergency Room Drive, turning westbound on Manning Drive as two more UNC police vehicles engaged in pursuit. Bernard then headed northbound on South Columbia Street and eastbound on Franklin

Street to Interstate 40.

In all, Bernard was pursued by officers from UNC, Chapel Hill and Hillsborough police; Orange and Alamance county sheriff's department officers; and the State Highway Patrol. After crashing into the back of a truck on I-40 near Graham, Bernard was apprehended by State Highway Patrol in Alamance County around 1:30 p.m.

# Town turns to trademarks

BY KIRK ROSS

Staff Writer

CARRBORO — It's not like the Town of Carrboro doesn't want to be your Facebook friend. But a recently set-up Town of Carrboro page on the popular social networking platform got a thumbs down from the town's attorney, who said the town should protect itself from people using its official logos on unofficial sites.

So at its meeting Tuesday night at Town Hall, the board of aldermen approved a plan to trademark the town seal and those of its fire and police department.

Once that's done, future requests for use of the trademark would be channeled to Town Manager Steve Stewart for review. No word yet on whether an official Facebook Page is in the works.

Also on Tuesday night, the board of aldermen approved a request by residents near Baldwin Park for town support of a community garden at the park.

Rickie White, a Lloyd Street resident, said the hope is that the garden can help bring the neighborhoods around the park closer together and bridge the gap between its longtime residents and those who have moved in over the past several years.

The garden would be roughly 70 by 50 feet with a rainwater cistern for rainwater and a picnic shelter. In all, 20 4-by-8-foot beds surrounded by deer fencing would be available.

Board member Randee Haven-O'Donnell said the park is a great place to bring people together. "We hope that we will help knit the neighborhood through this project," she said.

SEE ALDERMEN PAGE 3

# **County nixes resolution** opposing Afghan war funding

Staff Writer

The Orange County Board of Commissioners voted 6-1 on Tuesday not to approve a resolution calling for the end of Congress' expenditure of tax dollars on the war in Afghanistan.

County resident Mark Marcoplos first proposed the resolution in September.

The resolution, which requests that members of North Carolina's congressional delegation oppose legislation providing further war funding, states that "an inordinate level of military expenditure is being made by the U.S. federal government for warfare in Afghanistan," which "cre-

**BY SUSAN DICKSON** ates great and unnecessary harm to the people of the nation of Afghanistan and to U.S. military personnel and their families."

> Board members said they did not feel it was appropriate to pass the resolution.

"I think that there are times when this board can appropriately make comments about issues that go beyond the borders of Orange County ... but I also think they have to be well-crafted, carefully thought out and well-balanced, and I don't think that this particular resolution rises to this level," Commissioner Barry Jacobs said.

SEE COUNTY PAGE 5

# Fired workers file complaint with EEOC, grievance with town

**BY TAYLOR SISK** 

Staff Writer

CHAPEL HILL – Two Town of Chapel Hill Public Works Department employees who were fired last month have filed a complaint with the U.S. Equal Employment Opportunity Commission (EEOC) and a grievance with the town.

The state chapter of the NAACP has given its support to the men, say-

ing they should be allowed back to work by Thanksgiving.

The men's attorney, Al McSurely, claims in the filings that the firing of his clients, who are black, is discriminatory and unfounded, while a report issued by a private detective hired by the town describes interviews with co-workers that allege intimidating behavior.

Kerry Bigelow and Clyde Clark were placed on paid administrative leave on Sept. 20 and then fired on

Oct. 29. In his letters of termination, Public Works Department director Lance Norris wrote that he had received a number of complaints from residents and employees about the men's behavior -including "threatening and intimidating actions" toward co-workers and creating a "hostile work environment" – and, after an investigation by town staff and a thirdparty investigator, had concluded that their employment would be terminated immediately.

Bigelow and Clark say they received no warnings and asserted that they were being targeted for having filed grievances in the past alleging racial bias in job placements and promotions.

"They're trying to make an example out of us," Clark told The *Citizen* in October.

SEE WORKERS PAGE 3

# Growing younger through the years

# RECENTLY ...

By Valarie Schwartz

There's so much to do every day, so many details eating away the hours, that if there's no dog that needs to be walked or we didn't begin an exercise routine early in our lives, we're tempted to ignore the fact that our bodies need more than food.

Joyce Biggers learned the perils of that ignorance four years ago, when she discovered she could not pick herself up from the floor after sitting down to pick up some fallen magazines. At a friend's suggestion, she began to train with Matt Golden, owner of Personalized Fitness on West Main Street in Carrboro.

"Mom started working with Matt as a 70th birthday present to herself," said her daughter, Missy Biggers. "She insisted that I work

It had been close to a decade since I'd last seen Joyce, after the sudden death of her husband, Dr. Paul Biggers. When I walked into Golden's studio, the former teacher looked younger than I'd ever seen her – the result of losing 45 pounds and creating muscle with three workouts a week. Missy was there, and while Joyce worked with Golden, we talked.

Matt Golden helps Joyce Biggers stay balanced, flexible and strong in her thriceweekly workouts. PHOTO BY VALARIE SCHWARTZ

SEE **RECENTLY** PAGE 8

# MUSIC CALENDAR



**THURSDAY NOV 18** 

ArtsCenter: Azure Ray. 9pm Cat's Cradle: Brendan Benson,

The Posies, Aqueduct. 8pm. \$18/20 The Cave: EARLY: Doug Keith, Anna Bullard, Patrick Phelan LATE:

The Spinns. \$5

General Store Cafe: Tony Galini Band. 7pm

Kenan Rehersal Hall: Percussion Ensemble. 7pm. Free

Local 506: Ugly Radio Rebellion. 8:30pm. \$10

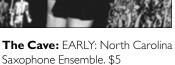
Nightlight: Calico Haunts, Jessica Hernandez and the Deltas, Aaron Berg and the Heavy Love. 9:30pm.

The Station at Southern Rail: The Brand New Life. 10pm

**FRIDAY NOV 19** 

Cat's Cradle: McChris, McFrontalot, Schaffer the Darklord. 9pm. \$13/15

Send your submissions to calendar@ carrborocitizen.com



General Store Cafe: Rye Mountain Boys. 8pm

Jessee's Coffee and Bar: Gmish.

Local 506: Puritan Rodeo, New Town Drunks, Twilighter, Gasoline Stove. 8:30pm. \$5

157 East: Back Beat. 10pm

**United Church of Chapel** Hill: The Old North State Brass

Ensemble. 7:30pm. \$20/family, \$10/ students and seniors **SATURDAY NOV 20** 

Cat's Cradle: Butterflies, The Strugglers, Erie Choir, Cassis Orange, Wes Philips. 8pm. Free The Cave: EARLY: Nikkki Meets

The Hibachi. \$5 LATE: Western Civ, Bridges and Powerlines, Ghost Town Revelry

General Store Cafe: Brenda Linton, 8pm

Local 506: | Was Totally Destroying It, Today The Moon, Tomorrow The Sun, Fan-Tan. 9:30pm. Free



CAT'S CRADLE



Nightlight: Felix Obelix, Velvet Umbrella Orchestra and Chorus

**157 East:** Josh Presler Band. 10pm Open Eye Cafe: Jamie Purnell and Friends. 8pm

University Mall: The Allen Boys. Prior to the football game

**SUNDAY NOV 21** Ackland Art Museum: Gamelan

Nyai Saraswati. 2-4pm ArtsCenter: leffery Broussard and

Local 506: Doomtree. 9:30pm. \$10/12

The Creole Cowboys. 7pm

**MONDAY NOV 22** 

Cat's Cradle: Junip, Sharon Van Etten. 9pm. \$15

The Cave: LATE: Dan Montgomery, Robert Mache. \$5

Local 506: Camp Lo, Stalley, Terry Urban, Kaze, The Applejuice Kid. 9:30pm. \$10/12

Nightlight: Gentle Robot, Lost Trail. 9:30pm

**TUESDAY NOV 23** Cat's Cradle: Iration, The

Movement, The Green. 8:30pm. \$12/14 **The Cave:** LATE: Marionette

Nightlight: Bermuda Triangles, Tate House

**WEDNESDAY NOV 24** The Cave: LATE: David Dondero,

The Moaners, Salt to Bitters. \$5 Local 506: Tim Kasher, Darren Hanlon. 9pm. \$10/12

**FRIDAY NOV 26** 

Cat's Cradle: Jon Shain, Will McFarlane, Sally Spring, Peter Holsapple, Bird and Arrows, New Town Drunks, 8pm, \$10



The Cave: EARLY: OLD 86.\$5 LATE: Morning Stars

General Store Cafe: Pratie Heads. 8pm

Local 506: Rock Band Night Nightlight: Sex Worker, Psychic Reality, DJ Nasty Boots

Open Eye Cafe: Is That A Walrus.

**SATURDAY NOV 27** Cat's Cradle: Da'Gullah Rootz,

Jah Creation, Dub Addis, Anchants. 9:15pm. \$8/12

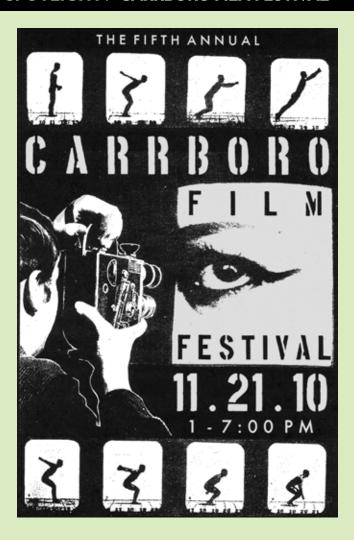
The Cave: EARLY: Lizzy Pitch LATE: Craver, Hicks, Watson and Newberry

General Store Cafe: Hindugrass.

Local 506: L in Japanese. 9pm. \$8

Nightlight: Robobilly Open Eye Cafe: Fell The Trees. 8pm

### **SPOTLIGHT: CARRBORO FILM FESTIVAL**



The fifth annual Carrboro Film Festival will be held Sunday, Nov. 21 from 1 to 7 p.m. at the Carrboro Century Center.

The festival will feature 28 great short films, including tearjerkers, knee-slappers, toe-tappers, edge-of-your-seaters, motivators, feel-gooders, heartbreakers, jump-out-of-yourseaters and a few token head-scratchers.

Festival co-founder Nic Beery said the films have "never been better. Technically and creatively, the films this year have been better than before. There is more variety than before – there's music videos, animations, comedies, dramas."

Festival officials received more submissions this year than ever before.

Following the films, viewers will have the opportunity to learn more in a question-and-answer session and select the winners of two audience awards.

Audience members are invited to join the filmmakers and the actors at an after-party at the Station.

The Century Center is located at 100 N. Greensboro St. Admission is \$7 for adults and \$3 for kids 12 and under. For more information and the schedule of films, see the insert in this newspaper or visit carrborofilmfestival.com

# **MOVIES**

We suggest you call for exact show times

# **OF DURHAM**

Retrofantasma 12th Anniversary Birthday Bash, Friday only: Happy Birthday to Me, 7 p.m., Sweet Alice, 9:30 p.m.; Fair Game, nightly at 7:15 & 9:25 p.m., Saturday and Sunday matinees at 2 & 4:15 p.m.; Inside Job, Saturday-Thursday at 7 p.m., Saturday and Sunday matinees at 2:15 p.m.: Tamara Drewe, Saturday-Thursday at 9:15 p.m., Saturday and Sunday matinees at 4:30 p.m.

**CHELSEA THEATER** Timberlyne, 1129 Weaver Dairy Inside Job; Fair Game; Tamara Drewe

# THE LUMINA

lows - Part I; Megamind; Skyline; The Next Three Days

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DURHAM'S HISTORIC MOVIE PALACE

FAIR GAME Nightly at 7:15 & 9:25; Sat & Sun Matinee at 2 & 4:15pm

TAMARA DREWE Sat-Thu at 9:15pm (No Screenings Fri) Sat & Sun Matinee at 4:30pm

INSIDE JOB Sat-Thu at 7pm

(No Screenings Fri) Sat & Sun Matinee at 2:15pm

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Southern Village, 932-9000 Harry Potter and the Deathly Hal-

Harry Potter and the Deathly Hal-

lows - Part I

123 E. Franklin St., 967-8865

Midnight Cowboy; Inception; Wall Street: Money Never Sleeps

and all things



TU 11/30 DAVE BARNES & DREW HOLCOMB SA 12/11 CAROLINA CHOCOLATE DROPS W/THE LOW ANTHEM

ANDY HULL TH 11/18 BRENDAN BENSON WE 12/1 ANDY HULL & KEVIN DEVINE **KEVIN DEVINE TH 12/16 TREKKY** RECORDS CHRISTMAS (OF THE RACONTEURS) / POSIES AT THE CRADLE W/ **PLAYING THE MUS** OF MANCHESTER ORCHESTRA, BAD TREKKY YULETIDI FR 11/19 MC **BOOKS AND KEVIN** REMONY, FILTHYBI CHRIS\*\*(\$13/\$15) **DEVINE**\*\*(\$11/\$13) **MUCH MUCH MORE** W/MC FRONTALOT AND TH 12/2 HEARNC\*\*(\$10/\$12) Music Video Festival \*\*(\$8/\$10) HAFFER THE DARKLO SA 12/18 K.O. KID, **SA 11/20 ALBUM** KING MEZ, AFIKA NX, CAROLINA RELEASE FREE SHOW BUTTERFLIES CHOCOLATE DROPS
LINCOLN THEATRE FR 12/3 STEEP CANYON RANGERS APPLE JUICE KID, EVOLEWTION\*\*(\$8/\$10) W/MANDOLIN ORANGE\*\*(\$12) WE 12/22 GREAT DOG ALMIGHTY ERIE CHOIR, CASS **ORANGE** SA 12/4 SOUTHERN & BABY **SU 11/21 CORNERSHOP CULTURE ON THE COPPERHEAD\*\*** SKIDS W/THE FO TH 12/23 WYATT CANCELLED FIVES AND PINCHE EASTERLING\*\*(\$15) MO 11/22 JUNIP\*\*(\$15) GRINGO\*\*(\$12/\$14) (JOSE GONZALEZ, FR 12/31 ARROGANCE BBQ BY BEAU CATERING ELIAS ARAYA, TOBIAS A BENEFIT FOR WINTERKORN) W/GUEST NO EYE CARRBORO'S FOOD NEW YEAR'S EVE PARTY!\*\* **PANTRY** PRESENTING TU 11/23

TU 12/7 FRAN HEALY

TH 12/9 AND FR 12/10 BIG STAR'S THIRD!: FR 11/26 POST TURKEY

**IRATION**\*\*(\$12/\$14)

W/THE MOVEMENT

AND THE GREE

DAY JAM NEW TOWN
DRUNKS, BIRDS &

ARROWS, JON SHAIN

WILL MCFARLANE,

SALLY SPRING, PETER HOLSAPPLE\*\*(\$10)

SA 11/27 "GIVE

THANKS" REGGAE

FEST DA' GALLAH

ANCHANTS\*\*(\$8/\$12)

MO 11/29 BEN

**KWELLER** 

W/JULIA NUNES\*\*(\$16/\$18)

ROMANCE 10TH
NNIVERSARY TOU
DASHBOARD

CONFESSIONAL

TU 11/30 SWISS AF

ROOTS, JAH CREATION, DUB AL

OF BIG STAR'S THIRD ALBUM \*\*(\$17/\$20) EACH NIGHT

SA 12/11 **GENE** VEEN (SOLO) W/ BILLY WARDEN AND THE FLOATING SU 12/12 RELIENT

SHERWOOD, DEAS VAIL\*\*(\$15/\$18)

(OF TRAVIS) SEATED SHOW\*\*(\$20)

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**RELIENT K** TU 12/7 FRAN HEALY

WE 1/12 THE WALKMEN\*\*(\$15/\$17) W/LOWER

SA 1/22 AND SU 1/23 YO LA TENGO W/WILLIAM TYLER \*\*(\$20) EACH NIGHT

SA 1/29 BEST COAST/WAVVES W/NO JOY \*\*(\$16) ON SALE 11/19 WHO'S BAD?\*\*

MICHAEL JACKSON **TRIBUTE** TH 2/10 TAPES N TAPES W/ ER\*\*(\$14/\$16)

FR 2/25 LOS AMIGOS INVISIBLES \*\*(\$15) ON SALE 11/19 SA 3/5 GREG **BROWN**\*\*(\$28/\$30)

THE CASBAH (DURHAM) TU 11/16 AUTUMN DEFENSE AND SARAH LEE G TH 11/18 MICHELLE SHOCKED CAROLINA THEATRE (DURHAM) SU 11/21 NEEDTOBREATHE
W/THE DAYLIGHTS CATSCRADLE.COM \* 919.967.9053 \* 300 E. MAIN STREET DISCO RODEO (RALEIGH) TH 1/27/11 **GIRL TALK** \$25 TIX AVAILABLE @ ETIX.( \*\*ASTERISKS DENOTE ADVANCE TICKETS @ SCHOOLKIDS RECORDS IN RALEIGH, CD ALLEY IN CHAPEL HILL

LOCAL 506 (CHAPEL HILL)
M0 11/22 CAMP LO, STALLEY,

KAZE & MORE
WE 12/8 CROOKED FINGERS

WE 1/12 THE GHOST OF A SABER TOOTH TIGER SA 1/29 FRONTIER RUCKUS

TH 11/18 AZURE RAY

W/JAMES HUSBAI AND DEAD FINGER

LINCOLN THEATRE (RALEIGH)
TU 11/30 MINUS THE BEAR
W/TIM KASHER (CURSIVE/GOOI

THE ARTSCENTER

Alid in our Chapel Hill store only, not by phone or online. Cannot be combined with other promotional offers. While supplies last. Not valid on previous purchases. Now thru November 24, 2010.

# **Briefs**

### The Citizen to publish on Wednesday next week

In order to give our hardworking staff a proper holiday, look for your Thanksgiving issue of *The Carrboro Citizen* a day early. We'll return to our Thursday schedule the following week.

### Citations to be issued for pedestrian violations

The UNC Department of Public Safety has launched a campaign to increase pedestrian safety.

While police officers regularly issue both verbal and written warnings, community-response unit officers have started issuing citations to those violating North Carolina pedestrian safety laws.

Citations for \$166 (including \$141 in court costs) are being issued to those who impede traffic by crossing roadways outside of marked crosswalks or crossing against a crosswalk signal.

"The issuance of citations is in keeping with a schedule we set earlier this fall," said Chief Jeff McCracken. "Campus construction, earlier nightfall and the number of larger-scale special events scheduled during after-dark hours underscores the need for vigilance by both motorists and pedestrians."

The campaign reprises a 2006 initiative, when the officers issued hundreds of verbal and written warnings and cited 19

Those wishing to report concerns for motorists or pedestrians on campus are encouraged to call the pedestrian hotline at 843-PEDS (7337).

### CHPD wants help

The Chapel Hill Police Department is seeking information regarding a strong-arm robbery that occurred on Nov. 5 around 12:30 p.m. in the parking lot of the State Employees Credit Union at 110 S. Elliott Road.

The suspect is described as a heavy-set black male in his mid-30s with facial hair and gaps in his teeth. The suspect was seen driving an old black pickup truck, possibly a Chevrolet S-10. White lettering was reported to be on the side of the truck and also in the back window.

If you have any information regarding the suspect or vehicle, please contact investigator Rodney Matthews at 968-2767, ext. 128 or Crime Stoppers at 942-7515. Callers may be eligible for a cash reward of up to \$2,000 for information that leads to the suspect's arrest.

### Information sought in thefts

The UNC Department of Public Safety is calling on the public to help identify suspects in the investigation of an Oct. 21 breaking-and-entering/felonious larceny that occurred at Kenan Football Center. Objects reported stolen included football helmets and numerous other items of football equipment.

Pictures and video of the suspects can be seen at dps.unc.edu The UNC Department of Public Safety urges anyone with information concerning this investigation or the identity of either of the suspects shown in surveillance video and photos to contact Crime Stoppers at 942-7515 or call UNC police Det. Matt Dodson at 962-8176. All callers may remain anonymous.

# **HOW TO REACH US**

942-2100 P.O. Box 248 942-2195 (FAX) 309 Weaver St., Suite 300 Carrboro, NC 27510

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# Chapel Hill picks Blue as chief

CHAPEL HILL – Assistant Police Chief Chris Blue has been chosen as the next chief of the Chapel Hill Police Department, Town Manager Roger Stancil announced Monday.

Blue, who starts his new position on Dec. 1, will replace Brian Curran, who is retiring.

A 13-year veteran of the Chapel Hill Police Department, Blue has held the positions of assistant chief, captain, lieutenant, sergeant, patrol officer and crime-prevention officer in the community services unit. As assistant chief, he was responsible for the preparation of the department's \$12 million annual operating budget and oversaw the management of Homegrown Halloween and critical incident response.



Blue moved to Chapel Hill when he was 12. He lived on Elizabeth Street and attended Phillips Junior High School and Chapel Hill High School. He has a bachelor's degree in radio, television and motion pictures from UNC and a master's degree in public administration from N.C. State. He is president of the N.C. Police Executives Association and past president of Volunteers for Youth.

He's also a marathoner and spent last Sunday running in the Outer Banks Marathon, finishing in 3:48.

"I look forward to continuing the work started by Chief Brian Curran to strengthen our agency's community policing efforts," Blue said. "The Chapel

Hill Police Department is made up of outstanding men and women, and I am excited to lead them as we continue this important work."

Blue had placed second in an exhaustive nationwide recruitment and selection process back in 2007 for the replacement of then-Chief Gregg Jarvies. Although not selected for the position at that time, Stancil said that it was apparent that Blue had significant potential to advance into the role of police chief and that along with his credentials the new chief has a lifelong understanding of the Chapel Hill community and is committed to the department and its employees. — Staff Reports

# Police make arrest in arson case

CARRBORO – After quickly determining that a fire last Thursday at a home in the Weatherhill Pointe complex was likely set intentionally, Carrboro police arrested a Durham man, charging him with arson and other crimes in connection with the incident.

Paul Victor Martin, 48, of 412 Maynard Ave. in Durham was arrested Friday and charged with felony breaking and entering, felony larceny and seconddegree arson at a group home located at 109 Weatherhill Point.

Sgt. Chris Atack said Martin apparently had had a relationship with one of the five women who lived in the group home, which is run by Oxford House, a program that helps people recovering from addiction prob-

Atack said Martin was trying to get back together with the woman.

'She did not want to and he didn't take that too well," Atack said, adding that items taken by Martin from the house belonged to the woman.

SBI arson investigators are still working on the case, Atack said, but soon after getting to the scene firefighters and police

officers found that the house had been broken into and gathered enough evidence to suggest

Atack said residents at the house indicated that Martin may be involved. He was arrested a day later at his residence in Durham and is being held at the Orange County jail on \$100,000 secured bond.

- Staff Reports

### **WORKERS**

FROM PAGE I

In his filings on behalf of the men, McSurely outlines what he contends is retaliation by the town against Bigelow for having claimed racial discrimination in being passed over for a job he believed himself best qualified for, and for raising other workplace concerns. Bigelow was eventually informed in a letter from then human-resources director Valerie Meicher that there were "inconsistencies in the administration of the [job] interview process," but he still didn't receive the promotion. Clark, McSurely alleges, was targeted for his association with Bigelow and for having registered similar complaints.

But a report by Kevin von der Lippe of Capital Associated Industries (according to its website, a "non-profit employers' association" with offices in Raleigh and Greensboro) states that an investigation revealed that Bigelow and Clark had engaged in "ongoing negative and inappropriate interactions" with citizens along their waste-collection route and

that they had been "consistently insubordinate to their supervisor," undermining his authority.

The 14-page report details an incident in July just prior to a Chapel Hill visit by Vice President Joe Biden. A resident allegedly told the collectors on the truck on which Bigelow and Clark work that the vice president would be visiting her neighbor and requested help picking up leaves and waste on the road.

According to the report, "The witness said that when it was mentioned that the Vice President was to arrive, that the collectors wanted to know to what address so they could attend. She perceived this as very hostile and went on to say that they made a comment that the Vice President should visit with the 'common man."

Summaries of interviews with co-workers in the private investigator's report contain allegations of insubordinate behavior and poor job performance by Bigelow and Clark.

McSurely counters that the co-workers were intimidated by the interview process, that his clients received no notice of any resident or co-worker complaints against them and that Bigelow was given excellent reviews by his supervisor until February, when he filed his grievance.

McSurely writes in his filing that the investigator's report was filed a day after the department gave the men notice to attend a pre-disciplinary conference. "In other words," McSurely writes, "it was a foregone conclusion the men were going to be fired, based on a report that had not yet been submitted."

"We want the guys back to work as soon as possible, that's our main objective," McSurely said on Tuesday.

The state chapter of the NAACP held a rally in front of Town Hall last Monday evening and released a statement that read in part, "Mutual respect is the hallmark of a public body, such as the Town of Chapel Hill. What was done to these men showed unilateral disrespect. What is wrong with talking across the table with each other?"

"We've got some momentum," McSurely said, "but we need much broader support, letting people know what the town has done."

# **ALDERMEN**

FROM PAGE I

The board's action cleared the way for the Carrboro Parks Project to begin raising contributions for the project.

In other action, the board heard a favorable report on the town's financial condition during a review of the annual audit report for the past fiscal year, which ended June 30.

Mayor Mark Chilton said Wednesday that while the report shows a strong reserve thanks to cost savings over the past several years, he expects the next budget season will be just as tough as the past few.

"Compared to a lot of municipalities, we're in good shape," Chilton said. But with operating costs and the economy still flagging, he said, "we're likely facing another difficult year." Also on Tuesday night the board:

- approved an update to the town's Capital Improvement Plan;
- appointed Damon Seils as the Planning Board's representative on the Greenways Commission; and
- discussed details for the board's annual retreat in January.



Dain E. Vines, M.D.

Monday - Friday: 8am-5pm

Saturday: 8am-2pm

Closed Sunday

Heather Favhee, F.N.P.

Family Nurse Practitioner Family Medicine

**919-245-3247 for Appointments** 



www.bigalscheaptires.com







carrborocitizen.com/classifieds

# Community

# Calendar

**THURSDAY NOV 18** Romeo and Juliet — Opening performance by Chapel Hill High School. Hanes Auditorium, 7:30pm hanestheatre.org

"Chelsea Girls" — By Andy Warhol. Varsity Theatre, 7pm

#### FRIDAY NOV 19

**Contra Dance** — Music by The Carolina Cut-Ups, caller George Segebade. Carrboro Century Center, 8pm \$8 csdadance.org

Computer Class — In Craigslist. Chapel Hill Public Library, 8:15am Free 968-2780

Christmas Bazaar — Proceeds benefit local and foreign mission projects. Christ United Methodist Church, 5-8pm/Friday 8am-8pm/Saturday 12-1pm/ Sunday cumcbazaar@gmail.com

#### **Brass and Organ Concert**

 Benefits OC Habitat for Humanity and Chapel Hill-Carrboro Peacemaking Scholarship. United Church of Chapel Hill, 7:30pm Suggested donation \$20/family, \$10/student

Artists Salon — "Artists as Entrepreneurs: FRANK on Franklin." The ArtsCenter, 6:30pm arts@co.orange.nc.us

**David Cantor** — To speak on the impact of human land use

on wildlife and humans. Internationalist Books and Community Center, 7pm

**Book Sale** — Last quarterly sale at Chapel Hill Public Library begins for members only at 4pm. Sale continues Sunday and Monday for non-members. chapelhillpubliclibrary.org

### **SATURDAY NOV 20** Turtle Island Tales — By Hobey Ford's Golden Rod

Puppets. The ArtsCenter, Ilam \$7/8 youth, \$9/10 adults Once Upon a Shoe — Pre-

sented by the Youth Repertory Touring Troupe. The ArtsCenter, 7pm \$5/6 Care of Magical Crea-

**tures Party** — Sponsored by CLAWS, Inc. Southern Village,

### **THURSDAY NOV 25**

**Vegetarian Feast** — Annual Vegetarian Thanksgiving Feast. Spice Street, University Mall, 11:30am 943-8784 trianglevegsociety.org/thanksgiving10

### Ongoing

Cancer Support — Support groups for cancer patients and their families. cornucopiahouse.

**Cancer Support** — Support groups and wellness programs. unclineberger.org/ccsp

#### **Compassionate Friends**

Free self-help support for all adults grieving the loss of a child or sibling. Evergreen United Methodist Church, third Mondays, 7-8:30pm 967-3221 chapelhilltcf.org

Hand In Hand Exhibit — Amultimedia exhibition featuring the work of eight local artists who are lending their support to three local social action groups: the (UNC) Student Health Action Coalition (SHAC), also known as the Carrboro Free Clinic; TABLE, the children's weekend backpack feeding program; and the Orange County Literacy Council. Carrboro Branch Library, through Nov. 30 969-3006

VITA Volunteers — Volunteer Income Tax Assistance Program seeks volunteers to provide free IRS tax preparation for eligible clients. Orientation Dec 8, Seymour Center 10-11:30am Pre-registration preferred 968-2054

Food Drive — Farmer Foodshare and the IFC join to provide fresh food for local families. Contributions may be made at the South Estes Farmers' Market, Carrboro Farmers' Market or theabundancefoundation.org/ farmerfoodshare

### Send your submissions to calendar@carrborocitizen.com

# Can you prevent Alzheimer's disease by doing crossword puzzles?

BY SARA PEACH

UNC Health Care

CHAPEL HILL – By stripping patients of their memories, Alzheimer's disease gradually robs people of their very identities. Patients eventually lose the ability to care for themselves and to control basic bodily functions, such as swallowing and urination. No one has a cure.

It's little wonder then that Alzheimer's-prevention tips proliferate on the web and in the media. Many urge older people to stay mentally agile by doing crossword puzzles, learning new languages or remaining socially engaged.

Unfortunately, there no strong evidence that such activities actually prevent the disease, said Philip Sloan, a professor of family

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medicine at UNC.

"I'd be surprised if it actually makes a difference," he said.

In April, an independent panel convened by the National Institutes of Health concluded that there is "no evidence of even moderate scientific quality" that any intervention, including exercise, drugs, dietary supplements or increased social engagement, reduces the risk of Alzheimer's disease.

The disease sickens people by damaging and killing nerve cells. Abnormal structures - beta-amyloid plaques and a twisted protein fragment called tau form in the brain. They

#### to questions about two important children's issues: weight problems and sunscreen.

This week we respond

**HOUSE** Calls

Practicing family physicians from the UNC

feature responding to your questions about

comments to yourhealth@unc.edu

health and medicine. Send your questions or

Department of Family Medicine have teamed up

with The Carrboro Citizen to bring you a weekly

Dear HOUSE Calls, I'm concerned about my child's weight. He is 9 years old and his doctor tells me he is overweight. He eats like my other children, although I do find extra snack wrappers under his bed. Our doctor says that his cholesterol is also high. He is very active, and we are trying to make changes, but it's hard since my other kids are on the thin side.

Any suggestions? Childhood obesity is a really tough and common issue. If parents and siblings are thin, and one child is overweight, he may have been unlucky with genes or have a special medical or psychological issue. You can make family changes or individual changes. Several ideas that may help overweight youth reduce that are also good for families include less TV, computer and video game time; more family and individual physical activity; and less snack and junk food at home or with lunch. Slow down the family meal time with more conversation,

smaller portions, and consider staging meals (serve in courses, when you can). Kids should drink almost no sweetened juices or soda. These are just liquid sugar. Try to minimize fast food and eating out. For individual kids, we recommend no eating in bedrooms. Eat lots of fruits and veggies for snacks. If you give kids with normal body weight 100-calorie portions and overweight children 75-calorie portions, they will not know the difference. You can do this at meal time too, with a little less cereal in the bowl (skim milk only) and a slightly smaller portion of lasagna. We advise parents to really cut back on starchy and fatty foods for kids. Joining a competitive team sport can be a huge help, as it is often harder to be overweight while working out for an hour a day (swimming, basketball, soccer, jump roping, tennis, etc.). Finally, consider seeing a nutritionist for oneon-one counseling. This is a tough situation but important work. Good luck.

Dear HOUSE Calls, What is the best sunscreen for babies and toddlers?

First off, we want to ask you, should babies or toddlers ever be in the direct sun? The best solution is prevention. When out in the sun, keep these young children covered. Stroller canopies, umbrellas and clothing can offer most of the protection that babies need. Avoid direct sunlight between 10 a.m. and 4 p.m. If young children cannot avoid sun exposure (especially as toddlers get more active and independent), use something that has a sun protection factor (SPF) of 30 or higher. Finally, you want a sunscreen that is very water resistant. Most sunscreen products for young children will be PABA free, and this is a good idea because PABA is often irritating to young children. Avoid oil-based and scented products. Remember to apply sunscreen generously and frequently.

HOUSE Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf of Your Health and the UNC Department of Family Medicine.

The disease most often strikes people older than age 65, but it can also affect people in their 30s, 40s and 50s, according to the Alzheimer's Association. About 5.3 million Americans have Alzheimer's disease.

An Alzheimer's patient usually deteriorates over the course of years, and damage to the brain often begins before others notice memory lapses. That slow onset – requiring years of study to track - is a challenge in researching prevention strategies, Sloane said.

In addition, researchers must also show whether activities linked to reduced risk actually regions and then spread to maintaining a wide network of extra weight around the waist, fall hazards from your home.

friends might help your brain stay healthy. But the reverse is also true: If you have a healthy brain, you may be more likely to have plenty of friends. Observational studies, which track groups of people over a number of years, can't distinguish between cause and effect in such cases.

But Daniel Kaufer, an associate professor of neurology and director of the UNC Memory Disorders Clinic, said that even if you can't prevent the disease, you may be able to delay onset. Avoiding metabolic syndrome may be particularly important in staving off the disease. Metabolic syndrome is a group of conditions, build up first in memory prevent the disease. For example, including high blood pressure, put on a bike helmet and remove

mal cholesterol, that increase the risk of cardiovascular diseases and diabetes. Over the long term, abnormalities in the body's metabolic activity may harm the brain, Kaufer said.

elevated insulin levels and abnor-

Although not definitive, current evidence suggests exercise may delay the onset of Alzheimer's disease, he said.

"The kinds of things that are good for your body are also good for your brain," he said.

You should also take steps to prevent serious head injuries, which have been linked to the disease. That means that you should wear a seat belt in the car,

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### Citizen **Cryptoquote** By Martin Brody For example, YAPHCYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc.. Apostrophes, punctuation, the length and formation of the words are all hints. "Indentured Servant?"

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# Weekly **SUDOKU**

by Linda Thistle

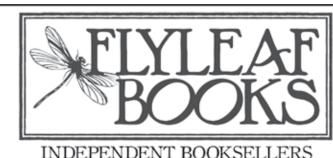
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# **DIFFICULTY THIS WEEK: ★**

★ Moderate ★★ Challenging ★★★ HOO BOY!

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INDEPENDENT BOOKSELLERS Mon 11/22 7pm **Gov. Jim Hunt** 

752 Martin Luther King Jr. Blvd. (Historic Airport Road) Chapel Hill 919-942-7373 flyleafbooks.com

will discuss and sign: Jim Hunt: A Biography Hanukkah Story Time: Sat 11/20 4:30pm



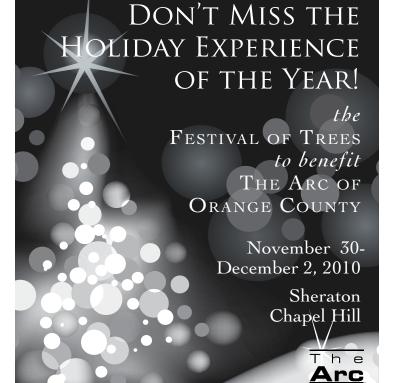
Family Night 5:00-9:00 pm Admission by donation

Thursday, December 2 6:00-10:00 pm Silent Auction Live Auctions Live Music by Equinox Band Semiformal attire Complimentary parking Hors d'oeuvres • Cocktails \$50 per person/\$80 per couple

Festival Gala



Ladies Night Wednesday, December 1 5:30-9:30 pm



TICKETS ONLINE AT ARCOFORANGEFOT.ORG 919.357.8774

# Community

# **Briefs**

### Thanksgiving markets

The Carrboro Farmers' Market, Eno River Farmers Market in Hillsborough and the South Estes Farmers' Market at University Mall will hold their annual Thanksgiving markets on Tuesday.

The Carrboro and South Estes markets run from 3 to 6 p.m. and the Eno River market runs from 4 to 7 p.m. The markets typically feature all the fixings for Thanksgiving dinner, including sweet potatoes, salad greens and collards, as well as other side dishes, breads and pies.

#### Big cat rescues

Carolina Tiger Rescue in Pittsboro took in six big cats from the struggling Wild Animal Orphanage in San Antonio on Friday, including three lions — Tarzan, Sheba and Sebastian — and three tigers — Bali, Titan and Java.

The big cats are the focus of the Carolina Tiger Rescue's "Bring Them Home" campaign, which aims to raise \$7,500 to pay for transportation, medical care and habitat preparation costs for the

To donate to Carolina Tiger Rescue, visit Carolina Tiger Rescue. org. For more information, call 542-4684.

### Blanket Orange County gears up

The 7th Annual Blanket Orange County began this week and runs through Dec. 3. The goal this year is to collect 400 new or gently used blankets for the Interfaith Council (IFC), the Neighborhood House of Hillsborough and The Maggie Alvis Halfway

Blankets can be dropped off at the Chapel Hill-Carrboro YMCA on Martin Luther King Junior Boulevard, the Children's Center at Carol Woods (7511 Sunrise Road), the Orange County Visitor's Bureau (501 W. Franklin St.) or the Wellness Center at Meadowmont.

Cash donations, 100 percent of which are used to purchase new blankets, should be made payable to Blanket Orange County. For more information, visit blanketorangecounty.com or email Jan@ BusinessClassInc.com or Rosemary@nc.rr.com

#### **Concert to benefit local causes**

A concert to benefit Orange County Habitat for Humanity and the Chapel Hill-Carrboro Peacemaking Scholarship will be presented on Friday at 7:30 pm at the United Church of Chapel Hill. Suggested donations for admission are \$20 per family and \$10 for students or seniors.

The Old North State Brass ensemble, a 13-member ensemble of brass and rhythm instrument players, will headline the concert, which also will feature Jonathan Woodbury, soprano cornet soloist, Dr. Daniel Steinert, organist, and members of the UCCH Brass Ensemble.

For more information visit hweb.me.com/dggeorgenc/ONSB/ Welcome.html

#### Art benefit for animals

Artist Emily Weinstein will host a benefit to support the Independent Animal Rescue and the Triangle Wildlife Rehabilitation Clinic at her art studio at 501 Landerwood Lane in Chapel Hill on Nov. 21 from 2 to 5 p.m.

Weinstein will be introducing volume one of a 25-book series, with only 100 to be printed of each. A third of the sales of the book will go to the two nonprofits. For additional information, visit AnimalRescue.net, TriangleWildlife.org or WeinsteinArt.com

### Cycling group honored for philanthropy

Boy Scout Troop 845 Eagle Scout and leader David Hare and the Cycle 20Ten crew received the Youth Philanthropists of the Year award on Nov. 10.

The Cycle 20Ten team was made up of 16 riders, including Boy Scouts and UNC students, and organized by Troop 845 and the Lineberger Cancer Center. The group bicycled 3,470 miles from Aberdeen, Md., to Washington State over 70 days. They raised \$25,000 for cancer research through sponsorships and donations.

The trip is chronicled online at cycle20ten.com

### Chatham Habitat holiday sale

The Chatham Habitat for Humanity Home Store will hold its annual Holiday Preview on Sunday from 2 to 4 p.m.

Attendees will be able to purchase all the Christmas goods that have been donated to the stores since last December. Items range from holiday ornaments to light-up reindeer.

Home Stores are Habitat for Humanity resale stores run by volunteers where community members can donate used, unneeded home goods. The stores' revenue goes directly to helping build new Habitat homes in Chatham County. The Chatham store is located at 467 West St. in Pittsboro.

### COUNTY

FROM PAGE I

Commissioner Mike Nelson said he did not have a problem supporting controversial resolutions, but that he trusted the president to try to figure out the right way to proceed, given the complicated nature of the war.

Commissioner Alice Gordon was the lone dissenter and proposed a revised version of the resolution that included statements regarding the loss of life in the war. Gordon's nephew served three tours in Iraq.

"It's quite on my mind what the human cost could be of a war," she said. "I really felt that the important issue was the war and bringing it to an honorable conclusion ... The financial importance is considerable, but I want to put the emphasis on the human cost of war."

Several veterans spoke against the proposed resolution.

Charlie Cleary, a Vietnam veteran and commander of the 40 and 8 American Legion in Orange County, said his organization voted not to support the resolution.

"By not supporting your veterans, you're telling them that all the things they have done are in vain," he said, noting that many veterans return from war with severe injuries.

Robert Nichols, a World War II veteran, said the government should focus on defend-

ing the country against terror-

"The military people in Afghanistan and the other places that we've got them are our first line of defense, and we're going to need them and we need to pay them. It's a lot better to lose the money than it is to lose the lives," he said. "My son went to get a job, and he'd been to college for a while, and you know what they told him? He's overqualified. So maybe we need to take some of this education money and put it where it's doing most good, and that's keeping terrorists out of the coun-

Marcoplos said he didn't understand why board members said it wasn't their role to communicate to state and federal government officials about such issues, pointing out that they'd done it before with the approval of a resolution opposing the invasion of Iraq.

"It occurred to me that those were the Bush years and they're all Democratic Party members," he said. "In the beginning, I thought they would just pass it, because I felt like a majority of the commissioners had a grasp on the big picture and could see the opportunity for leadership here. I was surprised in the end that they didn't see that."

The Carrboro Board of Aldermen recently approved a version of Marcoplos' proposed resolution.

# **OBITUARIES**

### **Wesley Lowder**

Wesley Marion Lowder, 32, died Wednesday, Nov. 3, 2010 from injuries sustained in an auto accident.

Mr. Lowder was born in Florence, S.C., the son of Melanie "Lanie" Scarborough and the late Dr. George W. Lowder Jr. He graduated from the The Asheville School, Asheville, N.C., and attended Furman University. Wesley was the owner of the Reservoir Bar in Chapel Hill, N.C. Survivors are his mother in Florence; his wife, Kristin Barnett Lowder, Chapel Hill; twin brother, Ashley Wayne (Maya) Lowder, Greenville, S.C.; brother, Christian Bethea (Jodi) Lowder, Columbia, S.C.; sister, Linsey (Edward) Lowder Cooper, Florence; maternal grandparents Mr. & Mrs. J. Banks Scarborough, Florence; paternal grandparents, Mr. & Mrs. G.W. Lowder Sr. Columbia; mother and father-in-law, Ruth and Tom Barnett, Florence; brotherin-law, Tom (Robin) Barnett Ir.,

Cary, N.C.; three nephews and two nieces; and many aunts, uncles and cousins who loved him. Memorials may be made to the Humane Society, PO Box 4808, Florence, SC 29502 or the charity of one's choice.

### **Howard Pendergraph**

Howard Randolph Pendergraph, 86, of Chapel Hill, N.C., passed away Wednesday, November 10, 2010 at the Laurels of Chatham in Pittsboro.

Mr. Pendergraph was a native of Alamance County, North Carolina, and the son of the late Graham and Ina Crabtree Pendergraph. Howard was preceded in death by his wife, Eloise Cozart Pendergraph. Mr. Pendergraph was a World War II veteran, serving in the United States Navy. He retired as a detective from the Chapel Hill Police Department after 35 years of service.

Mr. Pendergraph is the last of his immediate family and is survived by many nieces and nephews.

held in the chapel of Walker's Funeral Home on Sunday, Nov. 14 at 3:00 p.m. Pastor Kelly Blackwood will officiate.

In lieu of flowers, donations may be made to UNC Hospice, P.O. Box1077, Pittsboro, NC

### Dominic A. Paoli

Dominic Angelo Paoli, 89, passed away peacefully on November 10, 2010 at Carolina House of Chapel Hill where he had been a resident for several years.

He was born in Frontenac, Kan., on December 1, 1920. He attended Pittsburg State University and joined the Army Air Corp, serving as a paratrooper during World War II.

He married Eloise L. Paoli on September 9, 1944 in Greensboro, N.C., and lived in Greensboro until moving to Chapel Hill, N.C., in 2005.

He was an accountant for several firms in Greensboro until his retirement.

He was preceded in death by his

A memorial service will be wife of 64 years and his brothers, Jonas Paoli and Antone D. Falletti. He is survived by his daughter, Donna Paoli Cornick of Chapel Hill; sister and brother-in-law, Don and Joan Emerson of Rancho Mirage, Calif.; sister, Marion Ransom of Hilliard, Ohio; sisterin-law, Lois Paoli of Canyon Lake, Calif.; numerous nieces and nephews; and the adopted family of Rachel Goins of Cary, N.C., Tiffany Goins of Cary and Noelle Glass of Charlotte.

Grateful appreciation is extended to the wonderful staff at Carolina House of Chapel Hill, to the doctors at Doctors Making House Calls and the Duke Hospice team members for their care and support.

Graveside services will be held Friday, November 12 at 3:00 p.m. at Chapel Hill Memorial Gardens on Legion Road with military

Memorials may be made to Duke Hospice or Triangle Flight of Honor or to the charity of your choice.

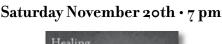


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# PETS OF THE WEEK

# PAWS4EVER —

Bismark is a 12-monthold black-and-white Catahoula leopard dog/Labrador retriever. He really enjoys the company of other dogs and is nervous around the kitties. He is doing much better on his leash walks, but has a little improvement to make. He is only 10 months old, so he is young and willing to learn and, most of all, wants to please you. He is food motivated, so you could have him doing all sorts of tricks in just a short time. Contact Paws4Ever, 6311 Nicks Road, Mebane or call



304-2300. You can also go online at paws4ever.org

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# THE CARRBORO

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### **EDITORIAL**

#### Real pull

The center of gravity in North Carolina politics has shifted. The obvious direction is the one indicated by the most recent election.

The less obvious shift in power was in the direction of the courts.

If the new majority in the General Assembly follows through on its plans for cutting education, mental health and the delivery of social services, it is likely to run smack into a repeat of the lawsuit-riddled era at the close of the 20th century.

That's when major court decisions mandated better state efforts to ensure that all citizens of the state receive equal protection of their constitutional rights. Responding to those decisions and funding their remedies shapes state policy – and budgets – to this day.

Court rulings triggered, among other things, the transition to a community-based mental health system and more equitable school funding formulas – two efforts that remained underfunded even when their proponents were in power.

Now, with such initiatives as lower class sizes, better preparation of at-risk children for school and mental health reform the obvious targets for the budget ax, advocates are no doubt exploring their legal options.

Those who earlier this month rode to victory while waving a copy of the Constitution may be in for a few rude reminders of what the document really means.

### **VIP** treatment

Speaking of mental health reform, one of its chief proponents, Chapel Hill Democratic Rep. Verla Insko got an interesting reception during a recent tour of Dorothea Dix State Hospital.

As the *News & Observer* reported this week, Insko, paying a visit with others at the request of a doctor at the hospital, was summarily ushered out of the tour once the fact that she was on premises worked its way up the food chain.

The incident, which hospital officials said was necessitated by patient confidentiality and for Insko's personal safety, underlines the tension between the Perdue administration, mental health reform proponents and the growing movement by professionals and elected officials to keep Dix open.

As if we need another reminder that turf battles and budget cuts are putting this state's rickety mental health system and its patients in ever greater peril.

# CORRECTION

Last week's For the Record contained an error regarding a proposed resolution opposing funding for the war in Afghanistan. The Orange County Board of Commissioners voted on Tuesday not to support the resolution. We regret the error.

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# **Common decency in common spaces**

### **CAITLIN BREEDLOVE**

When my girlfriend and I went to Cameron Village Mall in Raleigh recently, we were expecting to have lunch. What we got instead was an instruction to leave for being out as lesbians, holding hands and kissing each other on the cheek.

Were we surprised? Yes. Shocked? No.

We were not shocked, because there seems to be a general culture of bullying in this country these days. Bullying is just another word

for violence against marginalized people. It is hard to say we live in a fair and open society when so much hate is directed towards certain communities. Many - including the security guard

who ejected us from Cameron Village – seem to believe that we are not owed basic decency, dignity and respect simply because of who we are.

When this happened to us, we realized that bullying and violence is about so much more than one security guard, one incident or the two of us as people. This happens every day, and not just to gay people.

We need to reclaim the common spaces and public areas of this country as our own, and say that as long as we are not harming anyone else, we have the right to be who we are, where we are,

When we were asked to leave the mall, we were told we were on

"private property," and therefore could be ejected for any reason at all. This made us wonder: Are there any standards for how we treat each other in public, even if we are on private property?

The vast majority of this country is private property, and we believe that does not mean that everyone forfeits the right to common decency, dignity, respect and safety in public. We need a common code of conduct in this country around how we treat each other on public or private property: an agreement that

We need to reclaim the common spaces and public areas of this country as our own.

> regardless of who owns land we are standing on, we can count on having our basic human rights upheld in common space.

Some of the responses my girlfriend and I have received have been hateful. One oft-repeated sentiment is that we should "move to more liberal towns in North Carolina" or move "back" up North – particularly ironic, as we are not Northerners.

We really wonder about this idea that certain kinds of people should be corralled or contained in certain parts of this country – whether that means gay or transgender people to "liberal" towns, immigrants to fields, people with disabilities to institutions or African-Americans to certain poor

neighborhoods in urban centers. If, God forbid, you are a person who holds more than one of these identities, the message is that you are supposed to be out virtually nowhere in public.

This idea of containment draws our minds to the ugliest times in recent and past U.S. history, and we must fight hard against this rhetoric everywhere we see it.

One good thing did come out of all this. Because of thousands of phone calls and emails that our supporters made and sent, we met with the company that owns that mall.

> They apologized and promised new policies and antidiscrimination training. They also told us that their business was being affected by this situation at many levels: their

leasing deals, their work with current tenants and their public relations. That, to be honest, blew us away.

We think this speaks to the power that we had when we walked into that room to talk with those executives: power that is not about having a lot of money or property.

Rather, it is power that comes directly from our communities when we work together to make change - that was the power we knew we had when we talked with them, and the power that made them give us everything we asked for.

Caitlin Breedlove is co-director of Southerners on New Ground.

# **LETTERS**

#### Disregard on road decision

The Smith Level Rd Extension Plan has been bothering me for some time now. I attended the public hearing meeting where the town council, the mayor and the Department of Transportation spoke on what widening the road will entail. Most of the public spoke against widening the road for various reasons: loss of vegetation, condemning property, etc.

After the public spoke, Mayor Chilton got up and spoke for 30 minutes about how he has fought for a bike lane on the road and that this plan is the only way. Every other speaker was given a three-minute timer. Why does Mr. Chilton feel that he has the right to speak for 30 minutes and shame everyone in the room for thinking that widening the road would actually affect the people who live on the road?

I feel very strongly that Mayor Chilton abused his power and acted against the wishes of the public he supposedly serves. In September, the news an-

nounced that regardless of the public, DOT, the town council and Mayor Chilton are going forward with this plan. They completely disregarded the concerns of those that live on the road. How can the citizens of Chapel Hill/Carrboro feel safe with such a government? This government is willing to bulldoze property without the slightest care or thought.

> JACQUELINE MUEHLBAUER Chapel Hill

# Fall noise

Recently, I wrote our local politicians, along with one government official, suggesting that we leave our tree leaves on the ground so as not to disturb nature's process. I mentioned a California trend toward banning leaf blowers and referred to an article in the Earth Island Journal magazine. The only real response I received was from the non-elected government official who reminded me that in 2004 a brave Chapel Hill councilman tried to ban leaf blowers. The councilman was demonized by some citizens with comments like, "You can have my leaf blower when you pry it from my dead, garden-gloved hands."

We need more brave politicians who will stand up to reactionary comments and encourage environmentally friendly practices. We need to encourage leaves being decomposed. Leaves provide natural fertilizer, conserve moisture, modify temperatures and prevent soil erosion, according to experts. The environmentally correct thing to do would be to allow the leaves to mulch or rake them as needed into a compost pile.

We should start now by stopping the practice of using leaf blowers, which pollute the air and disturb the peace of animals and people alike. We need visionaries to provide environmental legislation that would help this community for generations. Let's leave the leaves and encourage neighborhoods to rake their leaves only for compost, rather than putting them into a pile and having the city move them to another spot.

This process is wasteful on so many fronts.

Perhaps this does not have to be legislated, but neighborhood covenants could be more accommodating of leaves left on the ground. Let's stop the practice of manicured lawns and discourage the practice of using leaf blowers and weed eaters. Leaves provide natural fertilizer. This is one small environmental practice that citizens could do individually.

Many people are already doing this, but many more are needed now. Our leaves are better left mulched on the ground or raked onto a compost pile. This is what my grandparents did. And businesses could stop blowing their leaves, an annoying noisy practice to their customers. We need to pick up a rake and start composting.

> D. L. NICHOLS Chapel Hill

# **LETTERS POLICY**

Letters should be no more than 425 words in length and must be accompanied by the author's name, address and contact information. We will publish one letter per author per month. Lengthy letters written in longhand will mysteriously become lost. Emailed letters are preferred. That said, send your

Letters to the editor Box 248 Carrboro, North Carolina 27510

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**FAX:** 919-942-2195

# A Brandis-**Manley** boardroom at Lincoln **Center**

#### **EDDIE DAVIS**

In late-summer of 1960, the Chapel Hill-Carrboro City Schools became the eighth school district in North Carolina to host the early stages of school integration, when three black first-graders enrolled at Estes Hills Elementary School.

A year earlier, in 1959, two of the members of the CHCCS board, Henry Brandis and J.R. Manley, were on the losing end of a vote that would have allowed Stanley B. Vickers, a 10-year-old black student from Carrboro, to transfer to an all-white school in the district. The motion to allow Vickers to attend a white school was defeated 4-2.

The reasoned votes of Brandis and Manley foreshadowed the ultimate decision by federal Judge Edwin Stanley in the landmark case of Vickers v. Chapel Hill City Board of Education.

At the time, Brandis was the dean of the UNC School of Law. Manley was, and still is, the pastor of First Baptist Church. Their courageous votes carried a legal and moral connotation that still rings powerfully more than a half-century later. In fact, Dean Brandis ultimately resigned from the board based on what he called the "indefensible" position taken by the majority. Rev. Manley, who was the first black member of the board, had received the highest number of votes in the preceding school board elections.

The reasoned votes of Brandis and Manley foreshadowed the ultimate decision by federal Judge Edwin Stanley in the landmark case of Vickers v. Chapel Hill City Board of Education. In that case, which was originally filed on behalf of the Vickers family by attorneys Conrad Pearson and Thurgood Marshall, the judge ruled that the constitutional rights of Stanley Vickers had been violated solely because of his race.

We have now reached the 50th anniversary of the first phase of school integration in Chapel Hill-Carrboro. May I suggest that one way for the school district to commemorate this anniversary and to commemorate the spirit of justice, fair play and inclusiveness would be for the current board members, none of whom were involved in the actions of the late 1950s and the early 1960s, to name the boardroom at the Lincoln Center in honor of Brandis and Manley.

I know that there have been many members of the board who have given quality service to the school district and that designating the boardroom the Brandis-Manley Boardroom might raise the issue of special treatment for these two former board members.

However, such a designation would send a strong message about the continuing commitment that the school district has to diversity and inclusion. This designation would allow the current board to honor the courageous stand on behalf of individual students by Brandis and Manley. The designation would honor the legal and moral legacy of Dean Henry Brandis. Finally, the designation would honor the lifelong advocacy that has been given to Chapel Hill, Carrboro, and the entire state of North Carolina by Dr. J.R. Manley.

This proposal has been submitted to the individual members of the Chapel Hill-Carrboro City Schools Board of Education and to the school administration.

I hope citizens, parents and students of the school district will urge the school board to give ample consideration and deliberation to this proposal during this 50th anniversary season of school integration in the Chapel Hill-Carrboro school system.

Eddie Davis is a retired public school teacher who lives in Durham.

# What's next for local economic development?



### **MARGOT C. LESTER**

Since the quarter-cent tax initiative was put down on Election Day, there's been a lot of talk lately about what we should do to help build the local economy. But what do the actual small-business owners want? While the big boys looked for bailouts, owners of smaller enterprises just want a little help.

"Administering and paying for health care and social security for employees is a large expense for businesses," says Bill Soeters, owner/operator of The **UPS Store** (theupsstorelocal. com/3651) in Carrboro Plaza. "Changes that result in individuals doing business directly with health care providers and directly saving for retirement would be an improvement."

Sarah Vignola, owner of Taqueria Tres Amigos (tresamigoscarrboro.com) on Main Street, also has an idea for the feds. "Perhaps tax breaks or some other sort of help for owners of small businesses. I have tried to reach out for help getting student loans deferred, and because I didn't have a pay stub, I was denied. I tried showing documentation from my business but that didn't count."

Local government could also lend a hand.

"I would like to see the county spearhead a countywide Think Local First Campaign that would tie together local farm and food, professional and trade services, green building, banking and retail – and to promote the benefits of supporting them to the public," says Soeters, who also is chairman of the Carrboro Economic Sustainability Commission. As a part of that, Vignola suggests 'some incentive for owners of [commercial] property to keep the rent low for local businesses."

Brian Russell, owner of Carrboro Creative Coworking (carrborocoworking.com) on Lloyd Street, also wants more local involvement in supporting the business base. And as a member of the Orange County Economic Development Commission Advisory Board, he certainly has the ears of the right people.

"I'd like to see the county manager propose areas of local government that could be performed more efficiently and more cost effectively by start-up for profits and nonprofits - new businesses only," he says. "We have several successful examples of organizations that perform valuable services to our community independent of government, such as OWASA, Community Home Trust and the Inter-Faith Council for Social Service. I am not suggesting wholesale privatization of public services but a realization that expertise exists outside of government that can accomplish the people's goals. Paying outside organizations could accomplish the creation of new local businesses and save tax payers money."

#### Show me the money

Of course, none of these ideas can come to fruition without money. And without funds from the quarter-cent sales tax available, local economic-development officials are looking elsewhere for the bucks to grow the local economy.

County economic-development officials looked to the federal government for help with the Piedmont Food and Agricultural Processing Center in Hillsborough. Scheduled to be completed next spring, the project was awarded a \$193,100 American Reinvestment and Recovery Act grant last week. The infusion of cash will go toward the purchase of commercial-grade walkin coolers, food processors and dehydrators that will enable area entrepreneurs to process local agricultural and food products.

Chapel Hill decided to selffund enhancements to its economic-development program with a \$100,000 allocation approved at last week's town council meeting. Despite coming less than a week after voters turned back the quarter-cent tax, some of which would have gone to economic development, the funding had been in consideration since the spring budget cycle.

Thirty thousand dollars – in two \$15,000 increments - will be used to retain a local land planner to help the town and prospective developers "generate a preliminary concept plan that comes close to meeting all expectations," explains Dwight Bassett, Chapel Hill's economic-development officer. The planner will work with the developer to make sure their proposals include elements that meet town requirements. This should make the review process more effective and efficient. "It's not anything more than facilitating our process."

The remaining \$70,000 will be used to help Chapel Hill "become a real participating player in the Triangle market," Bassett says. An office market study done earlier this year showed the town would benefit from growing that sector, and these funds will help do that. The town will join the Research Triangle Regional Partnership, a public-private organization designed to drive business in the 13-county area. Bassett's

team also will use the funding to respond to data requests from and create proposals for developers and companies looking to site projects in the area.

We need to do a better job of telling our story," Bassett allows. "A lot of people think we're business unfriendly. We're trying to be *more* friendly. We're not all the way there yet, but I think this initiative will have an impact on how people start to think about Chapel Hill."

#### Open for business?

Honestly, though, it's not just Chapel Hill that has that reputation.

"I think Orange County is known' to the surrounding area to be hard to work with when opening a new business," says Sherry Gray, president of the Yesterday and Today Frame Shop (yesterdayandtodayframeshop.com) in Hillsborough. "I can't say that is my own experience since I bought an existing business in 1995, but I do hear other potential business owners have that opinion. I'm sure no one really wants the Orange County I-40 corridor to be one Tanger Outlet Center after another, but it's easy to imagine the economic iolt that Mebane and Alamance County is getting since that opening last weekend."

In truth, building the commercial tax base enough to significantly ease the burden on private citizens will require a vibrant and sustainable local economy made up of larger responsible companies and homegrown entrepreneurs. (I know some of you just branded me a heretic.)

"Small business is beautiful, but not the only kind we need in Orange County," Russell says. "We can have small, medium and large businesses in Orange County that have shared values with citizens."

Yes, we can!

#### Visart going dark

Downtown Carrboro will lose a longtime business early next year when Visart closes its doors. Andrea Kubachko, who owns the business with her husband, says the store will cease operation in mid-February when the lease expires.

"The video business isn't what it used to be," Kubacho laments. "With Netflix and computer downloads and payper-view, it's not a good business model. We've been in it over 20 years and it's time to

DVDs and other merchandise in the store's vast inventory will be on sale to the public sometime in December, but a firm date has not been set.

The store's 7,000-squarefoot floorplate will leave a gaping hole in the commercial landscape. No word yet on any plans to fill the space.

# COUNCIL

FROM PAGE I

In raw numbers, the project would affect about 6.15 acres of the 11.92-acre site, replacing the existing 120,000 square feet of space with a mix of office, retail and 150 housing units totaling about 560,000 square feet of floor space and 510 parking spaces.

Several council members said they had concerns about the traffic flowing in and out only on Franklin Street.

Council member Jim Ward said the project was large enough that some kind of access to Cameron Avenue or a plan to do so in the fu-

ture would be necessary. Council member Penny Rich said in addition to the interior space, which will try to replicate the success of the outside dining and gathering space at Weaver Street Market in Carrboro, she would like to see sidewalk cafe spaces close to Franklin Street. She said she and her children several years

ago started calling University Square downtown's "missing tooth" because it was set so far back from the street.

Mayor Mark Kleinschmidt raised concerns about apartments planned for spots adjacent to Little Frat Court and how buffered the area would be.

The mayor noted that when he was a resident of Granville South as a student, "we knew Little Frat Court was there.

In other action Monday night, the council reviewed a revised concept plan for The Cottages of Chapel Hill, a student housing complex on Homestead Road that was heavily criticized at a previous concept review as being too dense for the area.

Capstone Development, a Birmingham, Ala.-based company that specializes in college-town housing, changed the proposal for the 33-acre site to include a small commercial area near Homestead Road and a reduction in total housing units from 300 to 188.

John McCall, representing Cousins Properties, said the plan is to tear down the existing University Square and replace it with joint commercial and residential space closer to Franklin Street and office and residential areas around a central greenspace and gathering area at the interior of the project.

the development lined up to urge the

council to reject it. Robin Wallace, president of the Homestead Homeowners Association, said she and her neighbors have known for years the parcel would be developed, but not as anything as densely packed as what Capstone envisions.

Kleinschmidt said he was concerned about the density as well.

Bring your

bins to the curb by 7 a.m.

it's about the number of people and cars that come with that number of units," he said.

"It's not about the number of units,

Also on Monday, the council held public hearing on the proposed Old Durham-Chapel Hill Road bike and pedestrian plan.

Several residents praised the long awaited improvements. But representatives of Blue Cross Blue Shield of North Carolina said they had strong objections to a route across part of the nonprofit's property. Craigie D. Sand-

> ers, a lawyer representing BCBSNC, said the company was worried about the potential loss of 294 trees as well as safety and security concerns.

Council member Ed Harrison, a longtime proponent of the plan, said he hopes a solution with the company can be reached soon. He noted that the project is about 19 years in the making.

N.C. Department of Transporta-

Despite the changes, residents near tion representatives said they plan to start right-of-way acquisition next fall. The \$4.7 million project would add bike lanes on both sides of Old Durham-Chapel Hill Road, a traffic circle at Pope Road, a paved 10-foot-wide path to replace the gravel path along the BCBNC frontage and pedestrian crossing along the road. The town's share of the local match for the project is estimated at \$324,730.

# **Business Briefs**

### Santa Paws?

Just in time for your holiday shopping, Paws4Ever (paws4ever.org), the animal-welfare and adoption organization, will open a resale store on Dec. 3 at 115 John Earle St. in Hillsborough. Profits will go toward the care (and hopefully adoption) of abused and neglected animals. For more information, or to donate or volunteer, contact Trish Rafalow at p4e@rafalow.com

# Program for single women

Need help eliminating debt? The Women's Center is offering a free program for 10 single women beginning Jan. 11. The Financial Coaching and Support Program consists of eight consecutive weeks of group classes and four individual coaching sessions over the course of one year. For participation details, call 968-4610 or visit womenspace.org

# Fearrington Inn awarded

The Fearrington House Country Inn (fearrington.com/house) was named the number-two small hotel in the nation and 58th in the world by Conde Nast Traveler readers. The 2010 Readers' Choice awards were based on nearly 26,000 responses.

# Chamber networking slated

The Chapel Hill-Carrboro Chamber of Commerce's monthly Business After Hours will be held tonight (Thursday) from 5:30 to 7:30 at The Carolina Inn. No registration is required and the event is free for chamber members. Questions? Contact Laura Morrison at 357-9989 or Imorrison@carolinachamber.org

### Tires, cheap

Big Al's Cheap Tires (bigalscheaptires.com) has opened at 1059 N.C. 54, specializing in quality used tires. "There is a growing place in this economy for affordable tires, especially with the materials [costs] for new tires rising so dramatically, not to mention the environmental implications," says Michael Overstreet, the store's manager.

Local pharma news

Chapel Hill's WomanCare Global (womancareglobal.com) expanded its global product portfolio to include Roselle®, a combined oral contraceptive pill, and Optinor®, a progesterone-only emergency contraception pill. Both are included in the WHO Interagency List of Essential Medicines for Reproductive Health. WomanCare Global will market these products to publicand private-sector markets worldwide via its global supply chain and logistics network.

# **Business condos sold**

Dawson Hall, a 72,000-squarefoot Class-A office building in Chapel Hill 40 off Weaver Dairy Road, gained two new tenants last month. Joel M. Wagoner, DDS, purchased a 3,467-square-foot office condominium and Susanne P. Jackson, **DDS**, purchased a 2,913-squarefoot office condominium. Both practices are relocating from other locations in town.

# There will be NO CURBSIDE RECYCLING. SERVICE THANKSGIVING DAY **THURSDAY NOV. 25** MAKE-UP RECYCLING

DAY FOR THANKSGIVING IS SATURDAY NOVEMBER 27!

The Orange County Landfill will be CLOSED Thursday November 25. Normal operating hours will resume November 26.

Solid Waste Convenience Centers will be closed as usual on Thursday, November 25.

The Solid Waste Administrative office will be **CLOSED** Thursday and Friday, November 25 and 26.

Orange County Solid Waste Management (919)968-2788 recycling@co.orange.nc.us www.co.orange.nc.us/recycling/





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Transactors Holiday Extravaganza • FRI 12/3 Charlie & the Chocolate Factory • FRI 12/10-12/19

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N.C. State carried an intensity

# **School Briefs**

### **CHHS** presents Romeo and Juliet

The Chapel Hill High School drama department will perform Romeo and Juliet today (Thursday) through Saturday in the school's Hanes Auditorium.

All performances, directed by Thomas Drago, will begin at

Tickets are \$10 for adults and \$5 for students and may be reserved by emailing hanesboxoffice@gmail.com. For more information, visit hanestheatre.org

### Smith math teacher honored

Smith Middle School teacher Nicholas Von Hoene was named a 2009-10 Outstanding Secondary Math Teacher at the N.C. Council of Teachers of Mathematics annual conference last month.

Von Hoene was one of 42 North Carolina teachers who received the honor. The award recognizes and rewards teachers who make mathematics exciting and who nurture their students'

Von Hoene has taught at Smith for 10 years.

#### Students selected to honors choirs

Two Chapel Hill-Carrboro middle school students were selected for 2011 American Choral Directors Association Honors

Smith Middle School eighth-grader Claire Hoke was selected for the Junior High-Middle School Honors Choir, and McDougle Middle School seventh-grader Abby Kameny was selected for the Treble Honors Choir. They will attend four days of rehearsals in Chicago in March and will perform in concerts for the ACDA 2011 National Convention at Roosevelt University.

The ACDA sponsors national honors choirs every two years. More than 4,000 recorded auditions were submitted for this year's four honors choirs.

#### CHHS to hold orchestra benefit tea

Chapel Hill High School will hold its sixth annual Orchestra Benefit Tea on Dec. 5 from 3 to 5 p.m. at the Carrboro Century

Raffle tickets are \$2 each. Prizes for this year's raffle include a Lenovo Thinkpad laptop, an Apple iPod Touch, UNC basketball tickets, symphony tickets, N.C. ballet tickets and dinners at local restaurants.

Admission is \$8 for adults and \$5 for students. Tickets may be purchased at the door.

### Student to perform at Carnegie Hall

East Chapel Hill High School senior Matthew Lee has been named a finalist in the Honors Orchestra of the Americas High School Performance Series and will perform in New York City's Carnegie Hall on Feb. 19.

Lee, a violinist, will perform locally on Dec. 11 at 7 p.m. during a free concert of the Duke University String School Youth Orchestra. The concert will be held in Baldwin Auditorium on Duke's East Campus, located at 1336 Campus Drive in Durham.

# Giving the rivalry its due

BY EDDY LANDRETH Staff Writer

Butch Davis is a smart man,

but there is one thing he's taken too much time to absorb

The North Carolina-N.C. State football game is not just another game, not just another Saturday in the season. This is the annual civil war in football in North Carolina, with the majority of the rosters on both teams pulled from all corners of the state.

"Coach Davis doesn't put one team above the other, and these guys have us circled all year," senior safety Deunta Williams said. "When we step out on the field, I think the players have to take it more personally."

This is the final game at Kenan Stadium for the seniors.

"It bothers me personally," Williams said. "When I first started getting recruited, N.C.

State was one of my top picks. So it's a little bit personal for us.

"All I care about is beating them," Williams said. "That would be the first time [during Williams' career], on Saturday. It's going to be our last time playing at Kenan

Stadium. There are going to be old mistake last Saturday by a lot of emotional feelings."

One cannot talk about this game without including the alumni bases. They comprise, far and away, the majority of the collegiate sports fans in the state. Sure, there are a lot of Duke basketball fans in Durham; but the farther one gets from those city limits, the more it becomes about the Wolfpack and Tar Heels.

Alumni from these two schools work together in every part of the state, attend church

together and even intermarry. And there is one fact that simply cannot be disputed under Davis, this game has meant more to the Wolfpack than it has to

Carolina. Davis made the same calling it another game on

the schedule. This is not another game on the schedule, certainly not for anyone who plays, coaches or roots for the Wolfpack.

When Mack Brown first came to North Carolina, his first few teams did not have the personnel to compete with the Wolfpack. But as he began

to recruit better players, it still

took him some time to under-

stand that the game against

that would be matched by few opponents in any given year. Once Brown grasped this fact, UNC did not lose another game to the Wolfpack under him. This was one of the few bright spots under John Bun-

ting. As an alumnus, Bunting had a fierce dislike for N.C. State and he managed to translate that to his team more often Maybe after saying what he

did following Carolina's ugly loss to Virginia Tech, Davis had some second thoughts. He certainly seemed to when he addressed the media this week.

"It's obviously going to carry an enormous amount of magnitude," Davis said. "You want to win this game for a multitude of reasons. Everybody associated with this program wants to win this game very badly."

# **High school sports reports**

BY HENRY GARGAN

Staff Writer

# **FOOTBALL**

#### Carrboro: 55 -Whiteville: 33

With both Chapel Hill and East Chapel Hill unable to make the postseason, Carrboro competed last week as area fans' sole remaining hope for Friday night football. Thankfully for us, the Jaguars stayed alive, as they rolled over Whiteville for a 55-33 victory in the school's first-ever home playoff contest.

The Wolfpack (5-6) managed to hang with Carrboro at the outset, as the teams spent the initial minutes getting their playoff feet under them. After two periods, the score was tied, 20-20, due to three rushing touchdowns from Carrboro's Torrell Farrar and a pair of TDs from Quamine Rose of Whiteville.

Against any other team, Whiteville's 351 yards of total offense and 33 points would have likely been enough for a win. Not so against the Jaguars. In the second half, Carrboro (9-3) outscored the Wolfpack 35-14, making good use of the balanced offensive attack that had propelled them to a school-best eight wins.



Carrboro High's Kris Holmquist prepares to strike, as the Jags advance in the state playoffs.

PHOTO BY TED SPAULDING

# School Lunch

### Friday 11/19

Japanese Teriyaki Turkey/Rice; WW Dbl Stuffed Cheese Pizza; Tuna Salad Plate/Pita Points; Wild Greens Salad; Seasoned Carrots; Fresh Orange Smiles; Blueberry Crisp

Monday I I/22 WW Macaroni &

Cheese/Ham; Chicken Nuggets with Whole Wheat Roll; Taco Chef Salad; Vegetable Medley; Mashed Potatoes; Wild Greens Salad: Pineapple Cup

Tuesday 11/23 Vegetable Lasagna/ Garlic Bread; Cheesy Nachos/Chili; Triple Decker PB&J; Broccoli/ Carrot Veggie Cup; Fresh Spinach Salad; Pinto Beans; Chilled Peaches

> NO SCHOOL Wednesday 11/17 Friday 11/25

as he found the end zone twice more. He was, however, perfectly happy to share the spotlight with teammates DeAndre White, who ran in two of his own, and Nassar Omar, who scored another on an 83-yard pass from quarterback Derek Bryant. Bryant, who went 10-13 for 250 yards on the night, worked efficiently, averaging an astonishing 25 yards per completion. All told, the Jags tallied

Farrar continued to produce,

close to 500 yards for the game, thanks to the 228 rushing yards Farrar and White added to Bryant's own impressive total.

Carrboro's playoff run continues on Friday night at 7-5 Fairmont.

### **SOCCER PLAYOFFS ROUND 3 (NOV. 10)**

Carrborol - Roanoke Rapids (18-4-1) 0 CAR: E. Lytle, 1

Chapel Hill 3 - Southern Lee (21-4-0) 2 CHL: J. Dell 2, W. Martin 1

# **ROUND 4 (NOV. 13)**

Carrboro (21-4-1) 3 – Trinity (19-5-2)2CAR: B. Beatty 1, C. Roach 1, S. Hickey 1.

Cardinal Gibbons (21-1-2) 3 -Chapel Hill (17-7-2) 0

As a playoff loss, this game concluded the season for Chapel

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# **Carrboro promotes** healthy lifestyles

BY MARY STEWART ROBINS Courtesy of the

Carrboro Commons

CARRBORO – Is Carrboro a healthy and active town? Folks in Carrboro seem to think so, and the state has given the town some extra cash to further encourage healthy

lifestyles. Carrboro was awarded a \$24,900 grant to promote healthy environments and active lifestyles and influence state policies concerning these issues. The money will be allocated over a 15-month timeframe, which began Oct. 1, according to Jeff Brubaker, project manager and Carrboro's transportation planner.

The grant was given to Carrboro and 10 other towns in North Carolina by the N.C. Division of Public Health's Physical Activity and Nutrition Branch under the Built Environment Policy Initiative Grants Program. The money comes from the American Recovery and Reinvestment Act.

The Carrboro Planning Department has named the working project generated from this grant Incentivizing More Physical Activity through Carrboro's Transportation System (IMPACTS). This project is still in the planning process and the direction of the money is yet to be determined, Brubaker said.

"We hope to create a local action plan," Brubaker said. "This action plan will identify policies that inadvertently hinder or help physical activity." Brubaker said the three-person project team will gather information from N.C. Department of Transportation policies, in addition to using focus groups, dynamic mapping and other research methods, to establish the direction of the action plan.

"Despite the fact that we are known as a community that values physical activities, there are still some gaps," Brubaker said.

Mary Stewart Robins is a UNC student writing for the Carrboro Commons, a bi-weekly online lab newspaper for Jock Lauterer's Community Journalism class at the School of Journalism and Mass Communication.

**RECENTLY** 

"I've had Type 1 diabetes since I was 5 and Mom has had Type 2 for 20 years," Missy said. "The impact that working out/resistance training has had on diabetes management for both of us is dramatic."

FROM PAGE I

She said that each workout reduces blood-sugar levels for at least 24 hours, so she doesn't have to inject insulin and Joyce doesn't need medication. "Any time you can reduce blood-sugar levels to normal range without taking or making more insulin, your body benefits greatly."

Golden works with one client at a time and tailors each session to help clients achieve personal goals. Currently, his clients range in age from 15 to 82, but he has worked with children as young as 12 and adults to age 91. He grew up in Rochester, N.Y., and discovered Carrboro after his parents retired to Southern Village. Besides a short stint playing soccer while in grade school, Golden, 33, never got involved in organized sports, though he enjoyed exercise and studied kinesiology science in college.

"Friends saw my success with exercise and approached me to help them develop rou-

tines for them," he said. He did it first for fun, and then people started offering him money to devise routines. Five years ago, he took it to the next level and became certified through the American Council on Exercise.

"If it weren't for Matt, I'd probably still be sitting on the couch watching TV right now," Joyce said.

Instead, she was the center of attention as her son, Bill, dropped in to lend encouragement, followed later by her daughter, Joy, in town from Mebane.

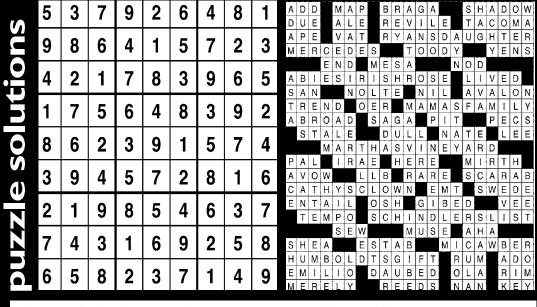
'What's Granny's two favorite things?" Bill asked as he was leaving.

"Hugs and kisses," Joyce answered, as she went to him for both.

"Becoming powerful in your body and successfully completing a workout grounds your mind and body," Missy said.

"It does a lot for self-esteem," Golden said. Dispelling the myth that weight training makes people muscle-bound he said, "Pushing oneself above your threshold doesn't make people gargantuan, it keeps people young."

Contact Valarie Schwartz at 923-3746 or valariekays@ mac.com



# **CRYPTOQUOTE ANSWER: Indentured Servant?**

I will be working for the bank for the rest of my life. I will never own anything - not even a car. Manolo Marban, of Toledo, Spain, who will owe one hundred and forty thousand dollars to a bank after foreclosure.



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THE CARRBORO CITIZEN SEEKS individuals interested in volunteering with the newspaper and its web operations. Experience with newspaper writing, proofing, photography and web applications is preferred. An interest in schools, sports and community events would be helpful as well. Contact editor@carrborocitizen.com



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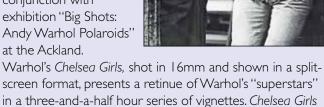
ILLUSTRATION BY PHIL BLANK

#### **SPOTLIGHT: WARHOL ON FILM**

The Ackland Art Museum will present a series of films by Andy Warhol and others evoking the artist's New York City. The films will be shown at the Varsity Theater over the next two weeks. The series, "Warhol on Film: 4 Snapshots," is presented in

conjunction with exhibition "Big Shots: Andy Warhol Polaroids" at the Ackland.

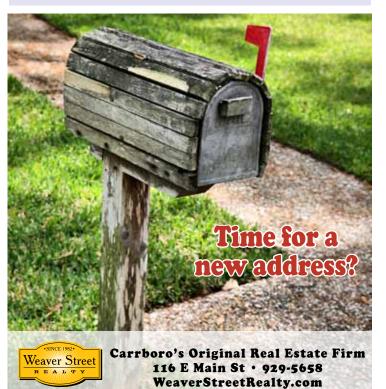
will be shown today (Thursday).



Midnight Cowboy, a heartbreaking and gritty story of friendship by John Schlesinger, will be shown on Saturday. Julian Schnabel's Basquiat tells the story of the meteoric rise to fame of Jean-Michel Basquiat, a teenage graffiti artist who lived in a cardboard box in New York City's Lower East Side. The film will be shown on Dec. 2.

Empire, Warhol's "portrait" of the Empire State Building, consists of a single shot of the building filmed over eight hours one summer evening from dusk until after its lights were turned off. The film will be shown from 2 to 10 p.m. on Dec. 4.

All of the screenings except Empire will be preceded by a related talk at the Ackland at 6 p.m. Admission to the films and talks is free.







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### **FLORA**

FROM PAGE I

I make frequent reverence to Herbal Remedies of the Lumbee Indians by Arvis Locklear Boughman and Loretta O. Oxendine, in addition to Daniel Moerman's definitive Native American Ethnobotany.

The wax myrtle, Myrica cerifera, is often called southern bayberry, associated with popular bayberry candles. The waxycoated, silver-gray berry-like fruits are the source for the scent of those candles. The Houma Indians of the Louisiana territories are described as boiling the wax from the berries of our southern species for candle making. These days, I suspect the northern bayberry, Myrica pensylvanica, with larger fruit, restricted in our state to Dare and Currituck counties, is most likely the plant used.

Numerous descriptions include decoctions of leaves, stems and roots for all manner of medicinal use. from headaches to stomachaches. I particularly enjoy reflecting on a wax myrtle use attributed to the Seminoles. They are reported to have used the plant as a tobacco substitute. With strong-scented glands on both sides of the



Yaupon holly leaves make the 'black drink.' PHOTO BY DAVE OTTO

leaves, that must have provided a mighty memorable smoke, indeed!

Ms. Lucy Mae Hammonds Locklear, a Lumbee elder, boiled the leaves from this tree, which she called the Merker tree, into a tea to treat whooping cough.

The beautiful redberried yaupon holly, *llex* vomitoria, is the source of the "black drink." Fresh and dried leaves of this native holly do make a drinkable green tea, but the strong drink decocted by Native Americans throughout the Southeast was definitely an effective emetic and thus became a legendary seasonal ceremonial drink.

Osceola, a great chief of the Seminoles, was named after this ceremonial drink. His name meant "black drink singer." Closer to our region, the Cherokees are reported to have traveled from the west to trade flint and other objects with the eastern Lumbees for the "black drink."

Enjoy this and more at the celebration this Saturday.

Email Ken Moore at flora@carrborocitizen. com.

With last week's Flora column, we inadvertently ran the same photo twice. To see all three photos, go to carrborocitizen.com/ main/2010/11/11/ botanical-surpriseson-the-beach-dunes



Our Walden Pond, 2010

t may not be New England with its sugar maples, or even the Blue Ridge Parkway with its rolling ridges of color, but our part of the world has its own special autumn glory, albeit muted in comparison. Those of us lucky enough to live in "Greater Carrboro" and drive daily on Jones Ferry Road experience the delight of the near-waterlevel crossing of University Lake. When commuters descend to the egret's-eye-view, we are almost transformed from motorists into boaters. There's something a little magical about that crossing: the light, the water, the colors, the wildlife, the watercraft. University Lake may not be Lake Tahoe, but it is our own little Walden Pond.



#### A THOUSAND WORDS

BY JOCK LAUTERER

Do you have an important old photo that you value? Send your 300 dpi scan to jock@email.unc.edu and include the story behind the picture. Because every picture tells a story. And its worth? A thousand words.

# WATER WATCH Source: owasa.org Tuesday, November 17

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