



**THURSDAY**  
Showers  
47/34



**FRIDAY**  
Sunny  
51/30



**SATURDAY**  
Partly Cloudy  
52/44

# C THE CARRBORO CITIZEN



PHOTO BY DAVE OTTO  
Young Gabe Hart helps Joanna Smith with the “tree-hugging” measuring technique on a giant pine in Carrboro’s Adams Tract.

## FLORA BY KEN MOORE

### Get outdoors on New Year’s Day

The annual Eno River Association’s New Year’s Day walk is a decades-old tradition. This year, hundreds of folks, young and old, will enjoy another well-organized walk along the river, welcoming the New Year and celebrating that long corridor of preserved wild lands.

For those of you who prefer walks with fewer people, our area has lots of great walking and hiking options. There are many other trails along the Eno, and Duke Forest has so many trails that you can walk a different one each week for three months without repeating your walks ([www.dukeforest.edu](http://www.dukeforest.edu)).

For folks who don’t want to travel more than a few blocks from downtown Carrboro, you can enjoy the Adams Tract, with its trail head in Wilson Park at the end of Williams Street. This town-managed natural area offers several short trails through different forest communities. In reality, the Adams Tract is an unannounced gateway to the extensive and beautiful, rocky Bolin Creek forest corridor. Cross the creek and beyond you will discover trails through hundreds of acres of the University’s Carolina North property, better known as the Horace Williams tract. So you can easily extend a short walk to a half-day leisurely ramble.

Just before Christmas, a small group of us had a fine time discovering a great number of impressive trees just within the 30-acre Adams Tract. Young naturalist 6-year-old Gabe Hart helped the older folks in measuring some of the larger trees using a “tree-hugging” technique. We discovered that you don’t really need justification for hugging a big tree. Just do it in appreciation of the tree; and while you’re at it, look straight up to get a human-humbling perspective.

SEE **FLORA** PAGE 8

## INSIDE

*In Memoriam*  
page 6

## INDEX

Music .....	2
News .....	3
Community .....	4
Land & Table .....	5
Opinion .....	6
Classifieds .....	7
Almanac .....	8

## A year of major events, great elation and stunning sorrow

BY KIRK ROSS  
Staff Writer

The happenings that drive the news cycle are typically either something big that changes the lives of a few people or something incremental that affects many. Major news — something big that happens to many — is rarer.

The year 2008, however, is an exception. Going into it, we all knew it would be a big year, in part because of the pending election of a new president, governor and much of our council of state.

In Orange County, we entered the year in the midst of a serious drought and prepared for a somewhat less seismic but still significant shift in local

politics and leadership, with a new chancellor search started, a state Senate race contested by two well-known and well-liked candidates and the board of county commissioners expanding from five to seven.

What most of us did not see early in the year were the clouds on the horizon. The national economy may not be in ruins, but it is in tatters. And even though the old bromide that here in Orange County we’re immune, or at least buffered, from downturns has been dutifully repeated, this community enters 2009 far less well off than a year ago, on the street as well as on paper.

Big decisions were made this year, among them the approval of new

developments that will reshape the downtowns of Carrboro and Chapel Hill. The economy may delay or alter these, but the trend is clear — a denser, more populated and multi-story central business district is in the cards.

Other decisions affected the rural areas. One was the much-protested decision by the county to build a new waste transfer station near the White Cross community on N.C. 54. Another decision, this one by state water-quality officials, denied a request by the county for a local public hearing on the continued application of biosolids — a nice word for what comes out of sewage treatment plants — by the City of Burlington.

*A look at the events of 2008*  
pages 4 and 5

The university’s decision to seriously pursue a new airport to replace Horace Williams and the state Legislature’s decision to write into law that it must be in Orange County

SEE **2008** PAGE 3

## The Year in Review



PHOTO BY ISAAC SANDLIN

A celebration of the life of Eve Carson, March 2008, at the Smith Center.

## A hard year for the schools

BY SUSAN DICKSON  
Staff Writer

**CHAPEL HILL** — It has certainly been a year of transition in the Chapel Hill-Carrboro City Schools, with the opening of new schools and facilities and the appointment of new administrators. But while many would like to look back on 2008 and remember the new successes of the sports teams and the first Carrboro High School prom, at the forefront of the memories of many members of the school community are the untimely deaths of three Chapel Hill High School students.

In July, recent Chapel Hill High graduate Lilli Manis was killed when a drunk driver struck the car she was riding in with her boyfriend, Philip Jurov. The two had been returning from

SEE **SCHOOLS** PAGE 3

## Hometown New Year’s resolutions

MARGOT C. LESTER  
Staff Writer

New Year’s resolutions have been traced all the way back to ancient Rome, where citizens offered resolutions to honor the god Janus, for whom January is named. (By the by, Janus was the god of the gates, doorways, beginnings and endings).

Here in the States, we probably have Ben Franklin to thank for the tradition. One of his many adages goes like this: “Be at war with your vices, at peace with your neighbors and let every new year find you a better man.”

So influential was Ben’s advice that today about

one-third of Americans resolve to improve themselves in various ways during the coming year.

How many actually keep them is another issue entirely. In fact, only one out of five resolution-makers had kept their promises two years later. But that doesn’t mean you shouldn’t make them anyhow.

“In many ways, New Year’s resolutions can help us create clear goals, build enthusiasm and fight procrastination,” says Ronald Nathan, creator of the CD *Relieving Your Holiday Stress and Achieving Your New Year’s Resolutions*.

To improve your odds of success, stop stressing about it. The fact is, we’re probably going to backslide. According to Nathan, even successful resolv-

ers reported an average of 14 such slipups or lapses. So the trick is to stay constructive.

“Avoid saying, ‘I’ve blown it and I’ll never be able to succeed,’” he suggests. “Replace this discouraging self-chatter with, ‘Tomorrow’s another day and I’m going to get on with keeping my New Year’s resolutions.’ You may have lost the battle, but don’t convince yourself that you’ve lost the war.”

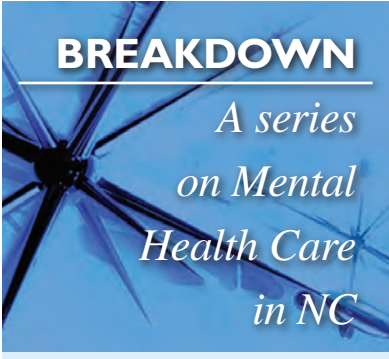
So what have locals resolved for 2009? Here’s a sampling:

Based on the philosophy that if you keep doing things the same way, you get the same results, I’m

SEE **RESOLUTIONS** PAGE 7

## Amid the doom and gloom, positive developments in Orange County

BY TAYLOR SISK  
Staff Writer



**BREAKDOWN**  
*A series on Mental Health Care in NC*

This story is the seventh in a series about mental health care in North Carolina. To read the previous stories in this series, go to [www.carrborocitizen.com/main/2008/10/04/breakdown-series/](http://www.carrborocitizen.com/main/2008/10/04/breakdown-series/)



PHOTO BY AVA BARLOW

Dr. John Gilmore, vice chair of the UNC Dept. of Psychiatry, and Bebe Smith, a licensed clinical social worker, will operate the OASIS program and STEP Clinic from new offices in Carr Mill Mall.

and young adults who are experiencing, or are at risk of experiencing, early psychosis.

The second comes from the Town of Chapel Hill, where Mayor Kevin Foy has convened a Mental Health Task Force, comprised of advocates from the community, local govern-

ment and UNC.

### Community based

John Gilmore, vice chair of the UNC Department of Psychiatry, envisioned a community clinic that would provide services for people with severe and persistent mental illness.

Thanks to \$100,000 from the state’s Mental Health Trust Fund, \$400,000 from the state Legislature and, most recently, a \$900,000 grant from the Duke Endowment, that vision has now become a reality.

SEE **POSITIVE** PAGE 7

SEE **POSITIVE** PAGE 7



# FARMERS' MARKET

SATURDAY MARKET: 8 a.m. - Noon

## Recipe of the Week

**Vermouth Glazed Carrots**  
Recipe provided by Sarah Blacklin

- Ingredients:**
- 2 bunches of carrots\* (depending on the size and variety of the carrot. Heirloom carrots tend to be slimmer and smaller than regular carrots)
  - 2 Tablespoons of butter
  - 2 Tablespoons brown sugar
  - 2 Tablespoons Vermouth
  - salt

**Procedure:**

Peel and wash the carrots. You can cut the carrots up into bite size chunks, or leave them whole if they are already slender and small. Boil the carrots in a pot of salted water until tender. Drain and remove from the heat. In a separate sauce pan, melt the butter over medium-low heat. Once melted, add the carrots, brown sugar and Vermouth. Reduce to low heat. Stir to coat the carrots as the brown sugar thickens and melts. Continue to cook on low heat until the Vermouth is absorbed into the carrots.

## What's at Market?

Lettuce, pac choy, flour, onions, garlic, arugula, beets, broccoli, brussel sprouts, cabbage, carrots, radishes, cauliflower, collards, fresh herbs, kale, leeks, mustard greens, salad greens, spinach, sweet potatoes, turnips, turnip greens, winter squashes, pecans, maple sausage, smoked ham, smoked ham hocks, liverwurst, lamb, bacon, chicken, eggs, cow's milk cheeses, breads, doughnuts, tortes, pies, cakes, jams, relishes and more!

# Community Calendar

**Special Events**  
**Phil Blank Exhibit** — Dec. 12-Jan. 6, 7pm. Wootini

**Pittsboro First Sundays** — 12-4pm. Food, arts and crafts and music on Hillsboro Street. 260-9725, pittsboroshops.com

**CCCC Registration** — Jan. 6, 9am-7pm. Central Carolina Community College will hold open registration for spring semester classes at its campuses in Chatham, Harnett and Lee counties. cccc.edu

**Power of the People: Environmental Justice in Orange County** — Jan. 25, 2:30-5pm. Talk by Omega Wilson of the West End Revitalization Association, Inc. Carrboro Century Center, 100 N. Greensboro St. 960-3875

**The Songs of Zion** — Jan. 31, 7:30pm. Winter concert by Women's Voices Chorus. Music inspired by Jewish texts and composers and Yiddish and Hebrew folksongs. Duke Chapel. \$15 adults, \$5 students, 684-3855, allan@duke.edu, www.womensvoiceschorus.org

**VITA Tax Service** — free tax service families done by trained and certified volunteers. The service will be available Monday through Saturday, Feb. 2 through April 15 at several sites in Orange and Chatham counties. www.co.orange.nc.us/vita.

asp  
**Dance**  
*Dance calendars will now appear once a month in MILL. You can read them in this month's issue on page 9.*

**Faith**  
**Advent Lutheran** — 10:25am worship service  
**Buddhist Teachings and Meditation** — Wednesdays, 7-8:30pm. The Kosala Mahayana Buddhist center teaches traditional Kadampa Buddhist practice. 711 W. Rosemary St. 619-5736, meditationinchapelhill.org

**Film**  
**Pearl Diver** — Jan. 27, 7pm. Story of two sisters haunted by memories of their mother's murder. Fearnington Village Barn, Pittsboro.  
**Brushes with Life** — Feb. 24, 7pm. A documentary exploring the link between illness and art. General Store Café in Pittsboro.

**Health & Wellness**  
**Cancer Support** — Weekly support free of charge for cancer patients and family. www.cornucopiahouse.org

**The Compassionate Friends: Self-help support after the death of a child** — Third Mondays, 7-8:30pm. Free and open

to all adults grieving the loss of a child or sibling. Evergreen United Methodist Church. 967-3221, chapelhillctcf.org  
**DivorceCare** — Mondays starting Jan. 12, 7pm. A support group for those separated or divorced. Orange United Methodist Church. 942-2825, www.connect2orange.org

**Kids**  
**Toddler Time** — Thursdays, 4pm. Carrboro Branch Library. 969-3006  
**Preschool Story Time** — Saturdays, 10:30am. Carrboro Branch Library. 969-3006

**Express Yourself** — Saturdays, 10:45-11:15am, 11:30am-noon. Art program for ages 3-8 & their caregivers. Kidzu Children's Museum, 105 E. Franklin St. \$2, 933-1455, kidzuchildrensmuseum.org

**Literary**  
**Books Sandwiched** — First Wednesday of most months, 11am. Conference room of the Chapel Hill Public Library. 968-2780

**Cybrary Movie/Book Club** — Jan. 15, 7pm. To discuss *Marley & Me: Life and Love with the World's Worst Dog*. See the movie, read the book, or both. Carrboro Cybrary. 918-738, www.co.orange.nc.us/library/cybrary

**The Tipping Point** — Feb. 10, 7pm. The Carrboreaders Non-Fiction Book Club meets to discuss the Malcolm Gladwell book. 918-7387

**Community Book Forum** — Feb. 20, 6:30pm. Cybrary celebrates Black History Month with a discussion of African-American Literature with professor William Andrews. 918-7387

**Volunteers**  
**RSVP 55+ Volunteer Program** — Seeks volunteers at least 55 years of age and over who would like assistance in finding an opportunity that matches their interests. RSVP places volunteers with more than 100 nonprofit agencies in Orange County. 968-2056, www.co.orange.nc.us/aging/RSVPindex.asp

**Meals on Wheels** — Seeks volunteers to deliver meals and/or bake simple desserts for recipients in the Chapel Hill/Carrboro area. 942-2948

**English as a Second Language Conversation Club** — Seeks volunteers to talk with groups of international students Fridays from noon-2pm. University Methodist Church on Franklin St. 967-1448, harwellja@bellsouth.net

**Do you have anything for one of our calendars?** Send your submissions to [calendar@carrborocitizen.net](mailto:calendar@carrborocitizen.net).



## New Year's Day Schedule

### Orange County Solid Waste Management

#### Curbside Recycling

There will be NO SERVICE on Thursday January 1  
The makeup recycling day is **Saturday January 3**  
Please have your bins out by 7:00 am

#### Orange County Landfill

and all associated programs such as the  
Hazardous Waste Collection, electronics recycling and mulch sales  
Closed Thursday January 1  
Regular hours resume Friday January 2  
7:30 a.m. – 4:00 p.m.

#### Solid Waste Convenience Centers

Closed (as usual) Wednesday December 31  
Closed Thursday January 1  
Regular hours resume Friday January 2  
7:00 a.m. -7:00 p.m.

Orange County Solid Waste Management  
968-2788  
[recycling@co.orange.nc.us](mailto:recycling@co.orange.nc.us)  
[www.co.orange.nc.us/recycling/](http://www.co.orange.nc.us/recycling/)



THE UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL


# Paralegal

CERTIFICATE PROGRAM

**Get on the fast track to becoming a paralegal.** Market demand for paralegals is up, and so is competition for the best jobs in the field. If you have an associate's degree or higher, then within a few months you could be competitively positioned to step into the fast-growing paralegal job market with a certificate from one of the nation's top public universities.


UNC-Chapel Hill's Paralegal Certificate Program is an intense program of study that takes place over a four-month period. Classes are held in the evenings and on a number of Saturdays at the Friday Center, UNC's premier adult education facility. Upon completion of the course, you will be prepared to sit for the North Carolina State Bar Paralegal Certification examination.

Learn more at our free information session from 6 to 7:30 pm on Thursday, January 8. Call 800-845-8640 or e-mail [ceinfo@unc.edu](mailto:ceinfo@unc.edu). Visit [fridaycenter.unc.edu/paralegal](http://fridaycenter.unc.edu/paralegal) for more information or to reserve your space online.



**UNC**  
THE WILLIAM AND IDA FRIDAY  
CENTER FOR CONTINUING EDUCATION

*Credit Programs for Part-time Students | Conference Center | Professional Development and Enrichment Programs*



## SUPER CROSSWORD

**ACROSS**

- 1 Singer
- 5 Gusto
- 9 Complain
- 13 Helium and hydrogen
- 18 Israeli airline
- 19 Cultural grp.
- 20 "Picnic" playwright
- 21 Actress
- 22 Strauss' "sprach"
- 23 "Chacun a son"
- 24 Lassie's father
- 25 Diva
- 26 Start of a remark by Milton Berle
- 30 Iron —
- 31 Center of gravity?
- 32 — Pea (Popeye's kid)
- 33 Health resort
- 36 Swore off
- 40 "Little Man —" ('91 film)
- 42 Mock
- 46 Polished the Pontiac
- 48 R&B's Johnny
- 49 Harsh
- 51 Latin 1 word
- 52 Help in a heist
- 53 Baseball's Nolan
- 54 Hiawatha's transport
- 55 Very cold
- 57 King's quarters
- 59 Brilliant bird
- 60 Common antiseptic
- 61 Prone
- 63 Shepard or Snead
- 64 Poet in the past
- 66 Particle
- 67 Middle of remark
- 72 Writer
- 74 Memento start
- 75 Brenda or Brando
- 76 Gob
- 77 Speaker
- 79 Singer
- 81 "Barry —" ('75 film)
- 86 Defamation
- 87 Shoelace part
- 88 Charity
- 91 French airport
- 92 "Unaccus-tomed — am . . ."
- 93 Storage sites
- 95 Burn remedy
- 96 Steep rocks
- 97 Curl up with Cather
- 99 Ho Chi —
- 100 Mobile home?
- 102 Dogpatch's Daisy
- 103 Famous fellow?
- 105 Scrape by, with "out"
- 106 Stout, relative
- 108 End of remark
- 118 "Peter Pan" extra
- 119 Comic
- 120 Seaport or Canal
- 121 Circus sound
- 122 Put on
- 123 Disoriented
- 124 Run in neutral
- 125 — Taft
- 126 Stereo
- 127 Trawler gear
- 128 Tumbled
- 129 TV's "— the Press"
- 2 Raines or Wilcox
- 3 "Boss"
- 4 Hilo hello
- 5 Croatian capital
- 6 Slaughter or Cabell
- 7 Lobe
- 8 "Cheerio!"
- 9 Ached for
- 10 In reserve
- 11 Taj town
- 12 — do-well
- 13 Lawn ornament
- 14 Comes to terms
- 15 Big rig
- 16 Jack of "Rio Lobo"
- 17 — Bernardino, CA
- 21 Response
- 22 "Heavens to Betsy!"
- 28 Montand or Tanguy
- 29 Cosmetician
- 33 Trade
- 34 Sunscreen ingredient
- 35 Lipinski leap
- 37 Happiness
- 38 Actress
- 39 — Tin Tin
- 40 Logical
- 41 Declaration
- 43 Rock acid
- 44 — call
- 45 Transmit by bytes
- 47 LAX letters
- 49 Cul-de- —
- 50 Freud topic
- 53 Mend
- 54 Lerner & Loewe musical
- 56 Dutch export
- 58 Roller-coaster unit
- 59 — jongg
- 60 Perfect examples
- 62 — ear
- 63 Furtiveness
- 65 Mil. group
- 67 Sheik spot
- 68 Destiny
- 69 Siegfried
- 70 Itch
- 71 Strive
- 72 — plexus
- 73 Greet Eos
- 78 Vintage
- 80 Musical syllables
- 82 Postman's Creed word
- 83 Wee serving
- 84 "Eugene Onegin" character
- 85 AMEX rival
- 87 Simian
- 88 Menu phrase
- 89 Tennis stroke
- 90 "— culpa"
- 94 Hammed up "Hamlet"
- 95 Pianist
- 96 Baby bovine
- 98 Mar
- 100 Powerful pooches
- 101 Maestro
- 104 Lorin
- 104 39.37 inches
- 105 Snowy bird
- 107 —
- 108 In — (archaeology term)
- 109 Mediter-ranean port
- 110 "No Way Out" actress
- 111 Scenter of your face?
- 112 Like
- 113 Bare
- 114 Swiss sharp-shooter
- 115 Seep
- 116 Seldom seen
- 117 "Confound it!"
- 118 Oregon hrs.

## PRESENT DANGER

### CitizenCryptoquote By Martin Brady

For example, WUPHUPH is WUPHUPH. One letter stands for another. In this example, A is used for the two W's, Y for the two U's, etc.. Apostrophes, punctuation, the length and position of the words are all hints.

#### "Schedule Change"

K R B V C M H G O V B V I I  
Q H Z M E F L M E W D M O  
E F K M P M V G L Q F K M H E  
G V L Q E . - K F D M D X H J M R ,  
F G J M E V J V G L H C E M J  
E B M G E R - C F W J R M H J D  
H D H G F J H G L M X F W G E R  
X F K K Y D D V F G M J  
*Find the answer in the puzzle across section.*

## Weekly SUDOKU

by Linda Thistle

	7			2				8
	6	1	3				9	
3					4	7		
	2		8				7	
		6		1		2		4
4					3	5		
		5		9				1
2			1		5		4	
	9				8	6		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★**  
★ Moderate    ★★ Challenging  
★★★ HOO BOY!



© 2008 King Features Synd., Inc.

## PETS OF THE WEEK

**PAWS4EVER** — Yo, I'm **Bosco!** I am full of personality and spunk!

I often hear people ask around me, "Who is that cat?," and that's because I am always running through the halls or after a feather wand, making people shriek with delight. I can easily leap a person's height to catch toys and other objects of interest. I like other cats but have no problems occupying myself with anything I can bat around. You will enjoy me as your new family member if you like entertainment from your felines, plus pizzazz to spare. And would you mind sharing your dinner with me? I love the smell and the taste of delicious meal fresh from the microwave, or sharing a bag of potato chips. Come see me at Paws4Ever, 6311 Nicks Road, Mebane, or call 304-2300. You can also go online at [www.paws4ever.org](http://www.paws4ever.org)

**ORANGE COUNTY ANIMAL SERVICES** — Meet **King!** This handsome orange tabby is around 2 years old and loves to lounge and soak up attention. He's a laid-back guy who is gentle enough for anyone, but still affectionate enough to please those who want lots of quality time with their kitty! Don't miss out on King! Stop by Orange County's Animal Shelter, 1081 MLK Jr. Blvd, Chapel Hill or call 967-7383. You can also see him online at [www.co.orange.nc.us/animalservices/adoption.asp](http://www.co.orange.nc.us/animalservices/adoption.asp)





News Briefs

Tax service

Volunteer Income Tax Assistance will provide a free tax service beginning Feb. 2. Clients of any age whose family income is less than \$50,000 are eligible for the service, which is provided by IRS-certified volunteers and the Orange County Department on Aging's RSVP 55+ Volunteer Program. Returns are filed electronically at no charge. The service will be available Monday through Saturday, Feb. 2 through April 15 at several sites in Orange and Chatham counties. Appointments for the homebound or disabled can be made by special arrangement. For more information, visit [www.co.orange.nc.us/vita.asp](http://www.co.orange.nc.us/vita.asp)

Aquatic center opens

The Homestead Aquatic Center will open on Saturday. Area swimmers are invited to enjoy the new facility, run by the Town of Chapel Hill Parks and Recreation Department. The center is located in the northwest corner of the 40-acre Homestead Park at 300 Northern Park Drive off Homestead Road in Chapel Hill. The center has two pools, locker rooms, bleachers, a reception area, offices and public art. For more information on swimming schedules, classes and admission fees at the Homestead Aquatic Center, call 968-2784, or check online at [www.chapelhillparks.org](http://www.chapelhillparks.org)

CCCC spring registration

Central Carolina Community College will hold open registration for spring semester classes, including distance education, on Tuesday from 9 a.m. to 7 p.m. at its campuses in Chatham, Harnett and Lee counties. The registration locations are: Building 2, 764 West St., Pittsboro; Miriello Building, 1075 E. Cornelius Harnett Blvd., Lillington; and Dennis A Wicker Civic Center, 1105 Kelly Drive, Sanford. Classes begin Jan. 9.

Red Cross blood drives

The Orange County American Red Cross will hold a number of blood drives over the next weeks. Locations include: Berry's Grove Baptist Church, 9828 Berry Road, Timberlake, Jan. 4 from 1 to 5 p.m.; Piedmont Electric, 2500 N.C. 86, Hillsborough, Jan. 8 from noon to 5 p.m.; University Mall, 201 S. Estes Drive, Chapel Hill, Jan. 9 from 2:30 to 7 p.m.; UNC Hospitals, Manning Drive behind the hospital, Jan. 14 from 10 a.m. to 2:30 p.m.; and New Sharon United Methodist Church, 1601 New Sharon Church Road, Hillsborough, Jan. 18 from noon to 4:30 p.m. For more information, call 942-4862.

2008 FROM PAGE 1

combined to set off alarms among wary rural residents, particularly those near relatively flat lands within a short drive to the hospital. We spent all too much of 2008 in tears. The early-morning shooting on March 5 of UNC student body President Eve Carson wasn't just another sad example that this community is a lot less safe than it appears. It drove town and campus into deep, profound mourning before the eyes of the world. Shame, anger and soul-searching followed. Carson was a vibrant, brilliant and dedicated woman, and her death weighed on all of us, especially community and campus leaders who knew her well. In 2009, we will relive those events when the two young men accused in Carson's kidnapping and murder go to trial. It won't be the only horrific, brutal killing to be replayed in a court of law. Six young men, most of them in their late teens, stand accused in the late-July killing of Joshua Bailey. The parents of one of those accused have been charged with assisting in the gruesome

aftermath. With so many defendants, there are likely to be pleadings, and as a result we are going to learn more about this crime than we'd ever want to know. The sudden loss of young people, some as victims of crime and most through accidental means, cast a pall over the year (see editorial, page 6, and our schools year in review on page 1). Still, the youth of this community also cast the brightest lights of the year when they showed what an energized, informed and dedicated generation can do in an electoral system that had for too long been characterized by ugly slugfests over handfuls of undecided voters. No attack ad could stem the tide of new voters, and on the morning of Wednesday, Nov. 5 Barack Obama was president-elect. Throughout much of the community, especially in traditionally African-American enclaves, there was a sense that change had indeed come. The youth vote, and the thousands more who voted for the first time or the first time in a long time, significantly altered this state's politics and, along with Virginia's similar shift, changed the common — and wrong-headed — view that the south was a monolithic, predictable entity. Call us the

If past is prologue, then take a deep breath after you toast the New Year.

New New South. Much of what we saw this year will carry over to the next. The challenges facing new administrations at the national, state and county level are tremendous. There are still optimists, but the drumbeat of bad news in the economy is not going to cease with the coming of January. (Anticipate a very loud thud when end-of-year 401k and 403b statements are opened in about two weeks.) Also carrying over to next year are continued disagreements over the waste transfer station, the impact of tight budgets, the negotiations between local governments over the Carolina North project and the airport controversy. The year ahead may not be quite as intense as the one just past, but in many ways '08 set the stage and the tone for '09. If past is prologue, then take a deep breath after you toast the New Year. And buckle up.

SCHOOLS FROM PAGE 1

a 2 a.m. showing of the Rocky Horror Picture Show when the driver ran a red light, killing Manis and seriously injuring Jurov. Then in August, Chapel Hill High senior Atlas Fraley was found dead in his home. He had called 911 earlier that day and told operators he thought he was dehydrated and needed an IV. Fraley, a football player, participated in two scrimmages that morning, and had suffered from dehydration in the past. Orange County Emergency Services has said paramedics arrived at Fraley's home shortly after his call, but have not released information regarding whether or how he was treated. Tragedy again struck Chapel Hill High in November when senior football player Rodney Torain, one of Fraley's good friends, was killed in a hit-and-run car crash. Torain was riding home with two friends along Old Greensboro Highway when a car began closely following their vehicle. The car then began to pass, striking the vehicle on the left side and causing it to run off the road. Police are still looking for information regarding the driver of the car that struck the vehicle. Despite the tragedies, the school community moved forward. Among the 2008 schools' highlights:

**Morris Grove Elementary opens** Morris Grove Elementary School, the district's 10th elementary school, opened its doors to more than 500 students in August. The school, located on the corner of Eubanks and Dromoland roads, was named for Morris Hogan, a freed slave who founded the original Morris Grove School near the site of the new elementary school in the 1880s.

**Thomas replaced** Chapel Hill-Carrboro City Schools officials announced in June that Carrboro High School principal Jeff Thomas had been reassigned to the central office. Superintendent Neil Pedersen said his decision to replace Thomas was based on unsolicited feedback from staff and parents, confirmed by student and teacher surveys, as well as his own ex-

perience working with Thomas. Thomas submitted his resignation from the district in July. **New principal at Carrboro High** Carrboro High School started its second year with new principal Kelly Batten. Batten, a graduate of UNC, came to Carrboro High from Wake County Schools, where he served for a number of years as an assistant principal and high school world-history teacher.

**New facility for Phoenix Academy** Phoenix Academy celebrated 10 years of success and the opening of a brand-new facility this fall. The academy, created by the school board in 1998 and previously housed in three trailers in the parking lot of the Lincoln Center, serves as a school for students who are at risk of dropping out due to long-term suspension. The new facility is located in the old pottery shop building behind the Lincoln Center administrative offices.

**Hemminger resigns, McElveen appointed to school board** Greg McElveen was ap-

pointed as the newest member of the Chapel Hill-Carrboro City Schools Board of Education in November. The board selected McElveen from a pool of seven applicants to fill the seat left by Pam Hemminger, who resigned in order to serve on the Orange County Board of Commissioners. McElveen has lived in Chapel Hill for 14 years and works in corporate market research at IBM. He has six children.

**Scroggs retires** Long-time educator and administrator Steve Scroggs retired in June as assistant superintendent for support services for the school district. Scroggs served as assistant superintendent for eight years and worked in North Carolina public schools for 35 years. He led Chapel Hill-Carrboro City Schools through a period of massive growth, overseeing the construction of five schools. He was replaced by Todd LoFrese.

**New school for Northside** District officials voted in July to build the district's 11th elementary school in the Northside neighborhood in downtown Chapel Hill. The site was the location of the Orange County Training School, a school for black students that later became

Northside Elementary School, which closed its doors when schools were desegregated in the 1960s. The elementary school is scheduled to open at the site between Caldwell and McMasters streets in the fall of 2011.

**Racial slurs used at CHS** The Carrboro High community was left saddened and bewildered in January after racially charged comments led to a fight among three students. The school rebounded, coming together to form a committee of students, staff and parents to hold discussions on race issues at the school.

**Cheating scandal rocks CHHS** Four Chapel Hill High School students were suspended in February in connection with a cheating incident that school officials said involved a stolen master key to the school and dated back several years. According to school officials, a student took pictures of exam answers on a camera phone and emailed them to other students. While investigating the incident, school administration learned about a master key that was stolen a number of years ago. The school then held discussions about the

**THE CARRBORO CITIZEN**

**EDITORIAL** [editor@carrborocitizen.com](mailto:editor@carrborocitizen.com)

**ADVERTISING** [marty@carrborocitizen.com](mailto:marty@carrborocitizen.com) 942-2100 ext. 2

**CLASSIFIED & REAL ESTATE**  
[carrborocitizen.com/classifieds](http://carrborocitizen.com/classifieds) 919-942-2100, 8:30-3 M-F  
Classifieds deadline is midnight Tuesday.

**SUBSCRIPTIONS**  
The Carrboro Citizen is free to pick up at our many locations throughout Carrboro, Chapel Hill, Pittsboro and Hillsborough. Subscriptions are also available via first class mail and are \$78 per year. Send a check to The Citizen, Post Office Box 248, Carrboro, N.C. 27510. Visa/Mastercard are also accepted. Please contact Anne Billings at 919-942-2100 for credit card orders.

**ONLINE**  
[carrborocitizen.com/main](http://carrborocitizen.com/main) Stories are online every Thursday.

**HOW TO REACH US**  
The Carrboro Citizen 942-2100  
P.O. Box 248 942-2195 (FAX)  
Carrboro, NC 27510



TUESDAY-FRIDAY 10-8 • SATURDAY 10-6  
102 EAST WEAVER STREET  
DOWNTOWN CARRBORO  
932-HIVE • WALK-INS WELCOME!

Creative Cuts & Color



ways you can reduce your CO2 emissions



**BURN SALVAGED WOOD FOR HEAT**





Happy New Year from Cliff's Meat Market!

100 WEST MAIN ST., CARRBORO  
919-942-2196 ★ MON-SAT 9am-6pm



**Go Out And Play**  
Custom Outdoor Construction  
Tree Houses, Tree House Offices,  
Gazebos and Garden Structures



[go-out-and-play.com](http://go-out-and-play.com)  
20+ years experience  
919-563-1223

**Peck and Artisans**  
general contractors + plumbers  
933 8485 think green support local farmers



**Artisans:**  
*Farmer John Soehner,*  
Drilling logs  
for shiitake spores

**The UPS Store** 

**Wednesday Copy Special!**  
Color: 35¢  
BW: 5¢  
Email it: [store3651@theupsstore.com](mailto:store3651@theupsstore.com)  
We'll print it out!

- UPS & Freight Shipping
- Custom Packaging
- Mailbox & Postal Services
- Color & BW Printing
- eBay Power Seller
- Moving Supplies
- Passport Photos
- Notary Services
- Business Cards

**Carrboro Plaza Shopping Center**  
MON-FRI 8-6:30 • SAT 10-5  
**919-918-7161**  
©2008 United Parcel Service, Inc.

# OPEN HOUSE

8am-8pm Wed. Jan. 7th and 8am-Noon Sat. Jan. 10th  
Fitness • Wellness • Nutrition Information Day  
Hear personal testimonials from our members  
Millions of women come to the leader in women's fitness!

Join Us!

Back under local ownership  
**CAMILLE ANDREWS**  
Strengthening women in our community for over 6 years.

**ASK ABOUT SPECIAL PRICING!**



**CARRBORO PLAZA**  
104-D Hwy 54 West **919-968-3202**







FOR THE RECORD

Shock and sorrow

In many communities throughout the land, this year will be remembered mainly for the historic election of the first African-American president. In North Carolina, it will also be remembered as the year the state elected its first woman governor.

For the first time in a generation, the state played a significant role in choosing a Democratic nominee for president and, in a community with a large population of young people, the energy of the primary and general election season was palpable.

That part of what happened this year is likely what will make it into the history books.

But for many in this community, 2008 was a year of anguish and remorse, of shock and anger. This was the year we lost so many young people and watched as so many more confront the bitter truth of mortality much earlier than any of us would have wished.

The most-widely reported example of that happened within the campus community, which endured the violent loss of a beloved leader. In the eyes of the thousands who gathered at informal memorials and official remembrances, tears and sorrow were evident, but so was that look of disbelief.

The memorials for Eve Carson were not the first in 2008 to pay respects to young person with promise whose life was cut short. Nor were they the last.

A few more of our young people died at the hands of others, many more died in accidents.

And the pattern of shock and sorrow was repeated so often, you had to worry how their peers would endure.

Shortly after the Chapel Hill High prom, we ran a photo of three happy teens hamming it up for the camera. A couple of weeks later, two of them were gone. It's been difficult to look at that issue ever since.

And many of us remember Atlas Fraley; he was hard to miss — a big, friendly kid who was full of life. Not long after school started back up, he was gone too, and Chapel Hill High was once again in mourning.

No corner of our community was untouched by all this. It's a small world, and these are small towns; and in the days of Facebook and texting, everyone, especially the young and technologically savvy, is linked together more than ever.

While there's maybe a little nostalgia for the simpler life, that connectedness has been a good thing. Our kids, particularly the ones who will very soon become adults and head out into the world, need each other in times like these. And they need us too. They need to know that we know that 2008 was a very hard year for them. They need to know that it's not always like this.

Sometimes being that clear-eyed adult isn't enough. Sometimes the people who look up to you need to see in your eyes the tears and sorrow and that look of disbelief.

Kudos

A warm thank you to that tall DJ known as L in Japanese and his friends for sponsoring a dance party this past week at Cat's Cradle in memory of Chapel Hill Tigers Rodney Torain and Atlas Fraley. It was a good chance for the young and not-as-young to get together for a cause — proceeds went to the families — and celebrate the lives of their friends.

THE CARRBORO CITIZEN

EDITORIAL

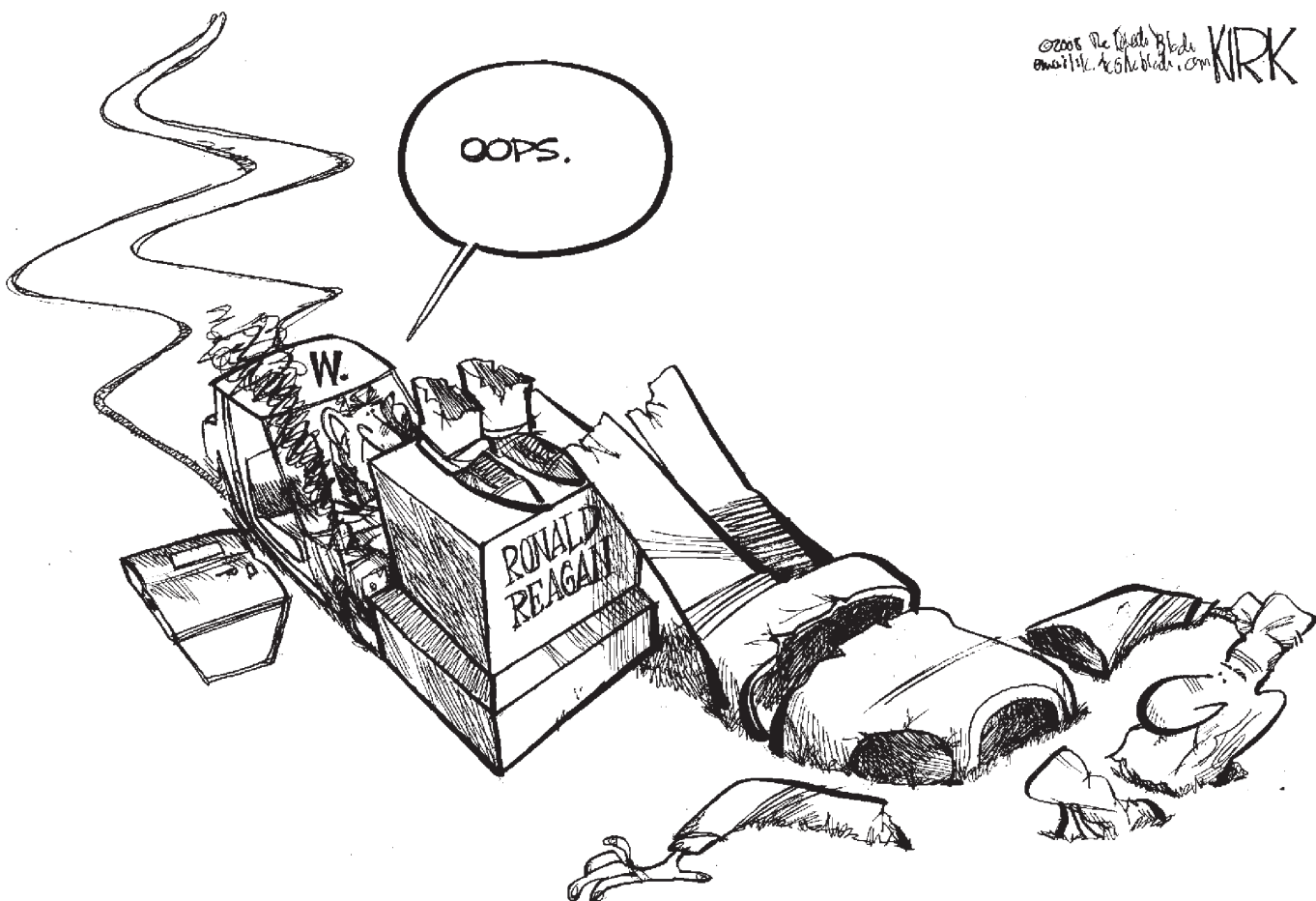
**Robert Dickson, Publisher**  
**Kirk Ross, Editor**  
**Susan Dickson, Staff Writer**  
**Taylor Sisk, Contributing Editor**  
**Liz Holm, Art Director**  
**Ava Barlow, Photographer**  
**Jack Carley, Assistant Editor**  
**Rich Fowler, Contributing Writer**  
**Margot Carmichael Lester, Contributing Writer**  
**Editorial Interns: Betsy McClelland, Mary Lide Parker, Catherine Rierson**

ADVERTISING

**Marty Cassidy, Advertising Director**  
marty@carrborocitizen.com

OPERATIONS

**Anne Billings, Office Coordinator**  
**Chuck Morton, Dylan Jarrell, Distribution**



LETTERS POLICY

Letters should be no more than 425 words in length and must be accompanied by the author's name, address and contact information. Typed letters are preferred and email even moreso.

**Letters to the editor**  
**Box 248**  
**Carrboro, North Carolina 27510**  
**Email: editor@carrborocitizen.com**  
**Fax: 919-942-2195**

In memoriam

**Joshua Bailey**, a gentle soul who loved the outdoors, was taken from his loving family too soon.

**Margaret Ellen Barrett** left this world at age 60 after passing her time baking, teaching, reading and befriending all those she met along the way.

**Eve Carson** was a young leader whose life continues to inspire the entire community.

**Fred Curtis** made all those who knew him feel unique and loved as he traveled through life loving cooking, music, the coast, the Tar Heels and his wonderful family.

**Dr. Christopher C. Fordham III**, a former chancellor of the University who helped it grow into a nationally-recognized center for research and teaching, died at UNC Hospitals at the age of 81.

**Atlas Fraley & Rodney Torain**, talented and beloved Chapel Hill High students and close friends, died too young, a striking tragedy for their aggrieved school, community and families.

**Betty June Hayes**, an active political participant and Orange County Register of Deeds from 1954 to 1988, passed on in late March at the age of 78.

**Ruffin M. Hobbs** created great works of metal sculpture, earning recognition and respect with his skill and talent, and died at his home and studio at the age of 56.

**Mary Hayes Holmes** died at 78 after

leading an active Christian and community life, serving her church and many civic causes and becoming the first female Chatham County Commissioner.

**Margaret McCaull Carmichael Lester** — Graceful and vibrant, the former gourmet retailer was a long-time Democratic Party volunteer.

**Mary Norwood Jones** spent a lifetime in service to the youth she taught and the communities she was a part of, returning to Chapel Hill from Washington, D.C. in 1991 and leading Northside Community Watch while volunteering with many youth programs.

**James Karpinos**, a talented athlete who dedicated much of his time to service, died at 22 in the outdoors. He was a forest firefighter and Wilderness First Responder.

**Hazel Felker Kiser**, 83, passed away in March after living in Chapel Hill and attending Holy Trinity Lutheran Church for over 50 years.

**Dr. Campbell W. McMillan**, alumnus of Wake Forest, traveled the world with the Navy and as a doctor, and was best known for his gift of treating children with respect for the individual.

**Lee Meyer**, owner of Meyer Painting and Contracting, passed on in the summer after a life of hunting, golfing, warm friendship and loving family.

**Marvin Poythress** was a Chapel Hill

native, a true Tar Heel, he worked at the hospital and at Kenan Stadium, served in the Army, practiced carpentry and attended Damascus Church — he loved his God, his family his county and his Tar Heels.

**Mel Rashkis** was a passionate schools and community advocate known for his deep compassion and remembered for his contributions and the elementary school bearing his name.

**Cy Rawls**, beloved member of the music community, passed on this year and left behind many friends who truly cared for him.

**Chuck Tillotson**, carpenter, guitar player and family man left this world suddenly, well-loved and remembered by his close friends and family.

**Bill Thorpe** was Chapel Hill town council member and dedicated servant to his community and voice for the minority.

**Hanson Douglas Sessoms**, 76, was a worldwide leader in leisure studies and recreation and spent his life teaching, volunteering, traveling and photographing the world with his wife.

**Irina Yarmolenko** was found dead at 20, a bright spirit who moved to the States from Russia with her family in 1990 as a refugee and found her place as an active student at UNC-Charlotte.

**Craig Peter Yarnell**, co-founder of Yarnell Hoffer Hardware, passed away suddenly at 49 and is remembered for his kindness.



Joshua Bailey



Eve Carson



Fred Curtis



Atlas Fraley



Christopher C. Fordham, III



Margaret Carmichael Lester



Mel Rashkis



Cy Rawls



Bill Thorpe



Chuck Tillotson



Rodney Torain



Irina Yarmolenko

COMMUNITY Q&A: WHAT IS LOCAL?

Last week in our editorial, we asked the question "What is Local?"

Following are some our readers' responses. Send your thoughts to editor@carrborocitizen.com

You can read the editorial on our web site at carrborocitizen.com/main/2008/12/23/for-the-record-122408

Supporting local

I'm an economist who has been thinking about this topic for many years. To me, the important thing to remember is that when you buy a good or service, you not only receive the good, you also lend support to a (often long) chain of businesses that have been involved in getting it into your hands. Once you are comfortable with that idea, you can see that what you buy and where you buy it affect the shape of the world around you. If you want there to be a local mechanic to repair your car when it

gets old, you need to take it to that mechanic for routine maintenance (like oil changes) long before it needs repairs.

That may be a good way to think about "what is local?" What do you want in your community? If you like to be surrounded by farmland, then buy at the farmers' market. If you want a vibrant downtown, do much of your shopping there. If being able to buy a cup of coffee, a sandwich, or a nice dinner without making a special excursion matters, patronize the local restaurants. If the idea of a dependable, local handyman appeals, hire him or her the next time you have a little-too-complex repair at home--and pass the name along to your neighbors.

Go the next step by thinking farther along that supply chain. Can you buy things that are manufactured locally ...or at least distributed by a nearby firm? Do the profits from

the store stay in the area? How much of the labor content in what you buy is from your region? your state? your country? To only use things that are made within a 50-mile radius (or only in the U.S) is almost impossible, but if you think it through, you can make a difference.

So, maybe it's better to think about "supporting the local" than trying to define "what is local" by remembering that you are buying a community as well as goods when you shop. I don't get hung up on a definition of "local," but I've become willing to pay a little more for a good or service in order to support the kind of community in which I want to live.

TOM TIEMANN  
Carrboro

Real local pork

I've noticed that UNC dining services as well as a few other restaurants around town often refer

to Smithfield bacon and other pork products as "local." This really burns me up. The only thing that Smithfield does locally is pollute. The CEO lives on Park Avenue, the company is owned by shareholders; the business model is putting small pork farmers out of business, thus eliminating competition.

Local is a tricky word and we do perhaps need a replacement. Local means community and relationship-driven commerce — small scale businesses held to high standards because they are identified with a person who lives amongst us and who is committed to treating employees, the earth, the community, and the consumer with care. In the values of local it is better to support a small-scale artisan ham-maker in Tennessee than to buy a North Carolina factory farmed one.

APRIL MCGREGER  
Carrboro



**POSITIVE**  
FROM PAGE 1

The clinic is located on the second floor of Carr Mill Mall and will be called the UNC Center of Excellence for Community Mental Health. Gilmore's long-term goal is to provide comprehensive services to the community, utilizing university resources from the departments of psychiatry and psychology, the schools of social work and nursing and the rehabilitation counseling program.

The clinic will initially be staffed by two full-time social workers and a part-time psychiatrist and psychologist from the university. Students will also work in the program, thereby gaining real-world experience.

"One of the main goals," says Gilmore, "is to develop an interdisciplinary training program in community mental health. We hope to develop evidence-based practices and then go out across the state to train practitioners."

While initially focusing on schizophrenia and psychotic disorders, Gilmore says, "We're going to do the best that we can to see as many people as we can. We'll take all comers at this point."

The OASIS program has moved from offices near University Mall to Carr Mill Mall and has been offering services at Carr Mill for about a month. The STEP Clinic is due to open soon after the first of the year.

**Nowhere to go**

Gilmore is also serving on Chapel Hill Mayor Foy's Mental Health Task Force.

"I think it's a good group," Gilmore says. "Many of the important players in the community are there. The charge is a good one."

That charge is to identify the impact on the community of "changes in the mental health service delivery system ... create awareness and generate discussion about the mental health service system" and then "make recommendations for the future."

The task force is chaired by Dr. Natalie Ammarell, a long-time consultant in the delivery of human services and former president of the Inter-Faith Council. While at IFC, Am-

marell began discussions with Foy about the way mental illness affects the entire community, in particular with regard to homelessness.

Former County Commissioner Margaret Brown has also shared her concerns about the relationship between mental illness and homelessness with Foy, and encouraged him to form a task force.

Mental health reform in North Carolina was initiated in 2001, with a mandate to move the mentally ill out of state institutions and into community-based services delivered by private providers. But community-based services were never sufficiently funded. Without adequate community services, state institutions have become so overcrowded that stays are generally limited to a few days, regardless of a patient's needs.

Brown recognized early on that the premature release of mental patients from UNC Hospitals into a community with very limited options for care was bound to exacerbate the county's homeless problem.

"When you start ending these programs and dumping all these people out, where are they going to go?" Brown asks. "The only places to go are to the emergency room [or] on the street."

"So I went to Kevin Foy and said, 'Kevin, why don't you pull together a meeting of the head of psychiatry and the chancellor and some other people, and let's sit down and talk about mental health reform and the impact it's going to have on the town of Chapel Hill."

"Let's anticipate the impact and see if we can't brainstorm."

Ammarell agrees with Gilmore that Foy's task force represents diverse perspectives on mental health issues in Orange County, but stresses the importance of continually hearing from other voices, particularly of the consumers of mental health care services.

"My goal is to get lots of perspectives at the table," says Ammarell, "but to keep it a manageable size."

She also stresses that while the task force has been formed in Chapel Hill, its mandate is to address the needs of the entire county, "because everyone is affected." In recognition of that mandate, the task force includes Gwen Harvey, Orange County's assistant city man-

ager.

Ultimately, Ammarell says, "The goal is to look at how our work can reach beyond Orange County. The mayor is already looking into that."

"The fact that all of these key stakeholders are coming together to dialogue and strategize is positive," Mark Sullivan, task force member and executive director of the Orange County Mental Health Association, writes in an email reply.

"The issues that we are facing are the results of state policy that we do not have much influence over, and the economic landscape makes things more challenging."

"However, I am hopeful that we can overcome some of the turf issues that are problematic and that we can begin to take responsibility for our community as a community."

**'Down and dirty'**

Chapel Hill psychiatrist Clay Whitehead is another early task force advocate, and is now one of the 15 members.

"The number one objective I have is trying to get people aware of the problem," says Whitehead.

His second objective is to "open the possibility of a community renewal" built on an understanding of the depths of the problem, and to "do something creative and benevolent" to address that problem.

It just makes sense to use local talent and resources, and locally generated funds, to solve a local problem, Whitehead says. Stressing the importance of the university's involvement, he sees the opening of the UNC Center of Excellence for Community Mental Health as exactly the sort of initiative that can begin to address this crisis.

Whitehead says we could create a model program, but it should not be approached as "some rarified research kind of enterprise."

While "the 'great institution on the hill' can offer a great deal" in terms of best-practice and administrative models, he says, "we're talking down and dirty here. We've got to get out there and take care of people."

**Beginning anew**

Newspaper accounts depict a broken mental health care system in North Carolina. But for many advocates, includ-



PHOTO BY AVA BARLOW  
Dr. Natalie Ammarell has recently been appointed by Chapel Hill Mayor Kevin Foy to chair a mental health task force to address the problems of mental health care in Chapel Hill.

ing Margaret Brown and Clay Whitehead, there is no "system" at all.

Reassembling a network that worked relatively well four decades ago isn't an option.

"There's nothing to knit back together," says Brown. Building anew, she urges, must begin at the community level; and the university's involvement is critical.

She stresses that the town must show leadership, and says she has faith in Foy.

"Kevin is the only person of leadership in this community that I can see that could pull this together," she says. She believes Foy understands the issues and potential repercussions, and is uniquely positioned, as mayor of Chapel Hill, to urge the university to commit its considerable resources.

Ignoring this crisis, says Whitehead, is clearly no longer an option. He believes spreading awareness should be the first objective of any local initiative.

"Everyday you see something in the paper about how another clinic is closing up," he says, while yet another state official urges us to be patient with

reform.

"What excites me," Whitehead says, "is that a few people here have perceived that this is not such a great situation, and are trying to figure out what can be done."

Are we as a nation any closer to recognizing that we have a mental health care crisis, and that mental illness is as critical as any other serious illness?

"I think there are more people that know this," Whitehead says. "But it's still very much stigmatized. We're in denial."

He believes though that with a creative approach here in Orange County, "We might be able to illustrate how a local community can tackle and resolve this problem."

Whitehead acknowledges that the task ahead is daunting, particularly within the current economic climate. But, he says, "When people start to think – and they are now starting to think – they're going to realize that we've got a serious problem in this country," and that we must chart a path for providing "the greatest good for the greatest number."

**Breakdown**

This story is the seventh and final installment of *Breakdown: A Series on Mental Health Care in NC*. Go to [www.carrborocitizen.com/main/2008/10/04/breakdown-series/](http://www.carrborocitizen.com/main/2008/10/04/breakdown-series/) to read about:

- A young man diagnosed with paranoid schizophrenia and his experience with our state's mental health care system.
- How a relatively effective mental health care system in North Carolina once provided services, and then unraveled.
- The chaos created by mental health care reform in North Carolina.
- Is the best health care available in Orange County enough?
- A family's struggle to find the care their son required.
- What mental health care advocates say must happen to create a better system.

**RESOLUTIONS**

FROM PAGE 1

going for different results next year by changing those things that didn't work this year.

— Delores Bailey, executive director, EmPOWERment Inc., Chapel Hill

My resolution: To lower my blood pressure. My plan: Play more, work less. My doctor also recommends less fried food – but, hey, let's be realistic.

— Brad Bonneville, Bonneville Renovation & Repair, Carrboro

I have only one resolution for 2009: Give more.

— Valerie Foushee, chairman of the Board of County Commissioners, Chapel Hill

My 2009 resolution is to prioritize my 2008 resolutions.

— Tom Maxwell, singer/songwriter/musician, Pittsboro

I gave up New Year's Resolutions for Lent.

— Mike Nelson, county commissioner, Hillsborough

Make amends with ruffled friends, push for hope, push for change, be more green, improve my cooking skills, eat more oysters.

— Tim Peck, Peck & Artisans, Carrboro

My resolution for 2009 is not to make resolutions. I'd just like to accept the rich gift of my life and live it, as well and deeply as I can. I know there are positive aspects to resolutions, but my soul wishes to disembark from the American ship of poisonous self-help.

— Gary Phillips, Pittsboro

I will finish my second novel in 2009.

— James Protzman, author/artist/activist, Chapel Hill

I think my new year's resolution will be to meditate more.

— Ruby Sinreich, Orange-Politics.org, Chapel Hill

I resolve to let my workdays be guided by my highest priori-

ties, not my inbox. And to make time for exercise so I can keep up with Conrad, who is walking at 10 months.

— Dave Thomas, director of social media for SAS, Carrboro

Here's my resolution: to find new, better and more sustainable ways to use the power of successful businesses to close the opportunity gap between the rich and the rest in our society.

— Kevin Trapani, CEO of the Redwoods Group, Chapel Hill

Same resolution I have every year: not to use so many paper towels. Never achieve my goal.

— Daniel Wallace, author, Chapel Hill

Broker, CSP, SRES, REALTOR®

**Pat Neagle**  
919-368-4068

Your source for Carrboro, Chapel Hill and Triangle area homes  
*Thinking of buying or selling? Let's talk!!*  
visit my website:  
[www.patneagle.com](http://www.patneagle.com)

1526 E. Franklin St., Suite 101  
Chapel Hill, NC 27514  
(919) 869-8346

**BIRDSONG**  
GARDEN DESIGN & LANDSCAPE CONTRACTING  
919.444.1958  
[www.birdsongdesign.com](http://www.birdsongdesign.com)  
Pete Lucey & NC Contractor #1647

**CARRBORO FAMILY VISION**  
full spectrum eye care services  
**(919)968-6300**  
200 W. Weaver St., Carrboro, NC  
[www.CarrboroFamilyVision.net](http://www.CarrboroFamilyVision.net)

**Dan Ryon**  
Financial Advisor  
205 West Main Street, Suite 101  
Carrboro, NC 27510  
Bus. 919-933-3191

**Edward Jones**

- ❖ Investments
- ❖ Retirement Planning
- ❖ College Savings Plans
- ❖ Financial Assessments
- ❖ Free Portfolio Reviews

**MAKING SENSE OF INVESTING**

storytelling - Music - Poetry

**WWW.SHOOFLYAUDIO.COM**

Award-winning CDs/MP3s to delight & inspire your children (ages 3 to 7)

**Try Our Free Sampler!**  
Questions? 1.888.929.9401

**Epting & Hackney**  
“Community Lawyers”  
ROBERT EPTING  
JOE HACKNEY  
KAREN DAVIDSON  
STEVE LACKEY  
CAROLYN KARPINOS  
ELLEN SCOUTEN  
410 Martin Luther King Jr. Blvd.  
Chapel Hill, NC 27514

General Practice  
Family Law & Divorce  
Including Collaborative Law  
Real Estate Law  
Residential & Commercial Closings  
Real Property Law  
Civil & Criminal Litigation  
Traffic Offenses  
DVI  
Juvenile  
Wills & Estate Planning  
Environmental Law  
Personal Injury  
**919-929-0323**

**Dry Clean Warehouse**  
of Chapel Hill

**FREE!** **DRY CLEANING**  
ANY ONE GARMENT  
With Coupon • Limit one free garment per customer  
\* Excludes Suede, Leather, Down, Household and Specialty Items.

EVERYDAY DEALS: Any Garment\* No Minimum, No Limit **\$2.17** Prepaid +TAX  
SAME DAY SERVICE In by 8:30am Ready by 4pm  
MON-SAT  
**Environmentally Conscious Dry Cleaning**  
The Station at Homestead  
2801 Homestead Rd  
(Corner of Airport & Homestead Rds)  
**929-6300**  
Cash & Checks Gladly Accepted

More coupons  
[DCWcleaners.com](http://DCWcleaners.com)  
online!



FLORA  
FROM PAGE 1

If you want more of an adventure, you can take a mountain hike just by traveling a few minutes north to Occoneechee Mountain on the edge of Hillsborough. It's now part of the state park system, and once you make the steep walk up to the looking-off place, you'll have a being-in-the-mountains sensation.

This is one of my favorite local natural areas and I frequently take out-of-town visitors there to get a flavor of Western North Carolina without the long drive. You may be surprised to discover an extensive shrub layer of the evergreen mountain laurel, *Kalmia angustifolia*, with a few rhododendron, *Rhododendron catabiense*, here and there and a groundcover of galax, *Galax aphylla*, an evergreen-leaved wildflower common throughout the Carolina mountain regions. Visitors appreciate learning that these isolated pockets of mountain species in our eastern Piedmont are small "relict" plant



PHOTO BY KEN MOORE  
Sue Morgan, foreground, sharing a real mountain experience at nearby Occoneechee Mountain with her family visiting from England.

communities of former Ice Age boreal forests, left in place clinging to coolish, north-facing, rocky creek and river bluffs.

Whether you stay close to home or travel a few miles away, take time at this turning over of the year for a woods

walk. And even if you are accompanied by a few other folks, stop and be silent for at least 60 seconds, hear the sounds the forest makes, and let that guide you into the New Year.



Cat Baby, 1967

What better way to start the New Year than with a Cat Baby story? For the newcomer wondering who is Cat Baby — think about the movie *Radio* and you'll get the picture. From the mid-'50s until his passing at age 58 in 1993, George "Cat Baby" Cannada of Carrboro was the unofficial beloved team mascot of Chapel Hill High School football. Here we see him posing proudly with an unidentified CHHS cheerleader during a fall 1967 football game that I was covering for Jim Shumaker's *Chapel Hill Weekly*.

The longtime paper "boy" famously called himself — and everybody else in town, regardless of their station — "Cat Baby." He also used the short but drawn out version "Caaaat!" as both a greeting and an exclamation. Ask anybody who grew up here and they're liable to have a Cat Baby story. This is one of Charlie Byrd's favorites: In the early '70s, John Boone of Carrboro took George to Washington D.C., and as they drove past the White House Boone said to George, "Look, Cat; that's where the president lives!" To which George exclaimed, "[Bleep!] I didn't know Mr. Friday lived up here! CAT!"



A THOUSAND WORDS  
BY JOCK LAUTERER

Do you have an important old photo that you value? Send your 300 dpi scan to [jock@email.unc.edu](mailto:jock@email.unc.edu) and include the story behind the picture. Because every picture tells a story. And its worth? A thousand words.

REAL ESTATE & CLASSIFIEDS

Place YOUR ad anytime, 24/7 at [carrborocitizen.com/classifieds!!](http://carrborocitizen.com/classifieds!!)

**APARTMENTS FOR RENT**

**Come Home for the Holidays** to Abbey Court, we offer 1, 2 and 3 bedroom condos starting at \$550. 2 months free rent on 2 bdrm. w/13 month lease! Come check us out today! [ww.tarheelcos.com](http://ww.tarheelcos.com) EHO. 919/929-2220

**HOUSE FOR RENT**

**3 BEDROOM BRICK HOME** Lovely country setting, Manns Chapel Road area. \$650/ month. Serious interest only: 919-606-3591.

**RECYCLE!**


**HOMES FOR SALE**



**NEW YEAR SAVINGS!** Save up to \$15,000. Rose Walk: New Custom Townhomes by local builder, Homescape Building Company. Choose from 3 floorplans. \$280s to \$350s. 2-3 bedrooms. 2.5 - 3.5 baths. Garages. 1.5 miles to Downtown Carrboro. Chapel Hill/ Carrboro Schools. Walk to UNC Park and Ride and University Lake. Gold Winner - 2008 Parade of Homes! YSU Neighborhood Marketing. 919-928-9006.

**LAND FOR SALE**

**CONVENIENT TO CARRBORO-CHAPEL HILL.** Large wooded acre plus subdivision lots. Scenic hills, creeks, walking trails, County water, great value from \$65,000 John Coffey 942-2116



**10 AC ABOVE THE HAW!** Old trees and elevated homesites above one of the most beautiful courses on the Haw - just above the Haw River Dam. 6 lots available. \$250,000 Weaver Street Realty 929-5658

**AUTOS FOR SALE**



**GET GREAT GAS MILEAGE** 1999 Saturn station wagon for sale. 97,000 mi. Dark blue, beige/black interior. Auto, A/C, power windows, cruise, traction assist. 4 cyl. engine gets 30-plus highway mpg. \$2500. 919-801-8589 or [99saturn@mindspring.com](mailto:99saturn@mindspring.com).

**SUPPORT YOUR LOCAL ADVERTISERS!**

**HELP WANTED**

**Web Intern Needed** The Carrboro Citizen is looking for someone to assist us in creating multimedia projects, web design and blogging. Experience with HTML, CSS and Word Press preferred. Send email to [editor@carrborocitizen.com](mailto:editor@carrborocitizen.com).

**PLUMBER** - Experienced, bilingual helpful. All responses confidential. Peck & Artisans / Running Water Plumbing 933-8485.

**HOME IMPROVEMENT**


**MICHAEL EDWARDS BLDG. & GRADING** Serving the area for 25yrs. Remold, Additions, Historical renovation, porchs, decks, roofs, painting, complete home improvment service, Grading and bobcat, foundation repair dumphtruck, clean up, big or small jobs welcome 933-5458

**CLASSIFIED ADVERTISING RATES**

\$5.00/issue for up to 15 words.  
Words over 15: \$0.35/word/issue  
Place your classified ad online until MIDNIGHT Tuesday before publication!

*Hillsborough Yarn Shop*

ANNE R. DERBY  
PROPRIETOR  
[ANNE@HILLSBOROUGHYARN.COM](http://ANNE@HILLSBOROUGHYARN.COM)



114 S. CHURTON STREET  
HILLSBOROUGH, NC 27278  
919.732.2128  
[www.HILLSBOROUGHYARN.COM](http://www.HILLSBOROUGHYARN.COM)



**2009**

*May the new year bring you and your family good health, good friends and good times.*

**Weaver Street REALTY**

WeaverStreetRealty.com  
929.5658  
in downtown Carrboro for 25 years

*A Southern Season*

**15-75% off everything**

**YES, EVERYTHING!**

While supplies last. Available in our Chapel Hill store; not by phone, mail, or online. In stock items only. Not valid on previous purchases. Cannot be combined with other promotional offers.

201 S. Estes Dr. | University Mall | Chapel Hill | 919.929.7133

**MARK TRAIL**



**GOD BLESS AMERICA, LAND THAT WE LOVE**



**LET'S HOPE THAT 2009 WILL BRING PEACE AND HAPPINESS...**



**WE SHOULD ALL REFLECT ON HOW FORTUNATE WE ARE TO LIVE IN SUCH A GREAT COUNTRY!**



**WE ONLY HAVE TO GO OUTDOORS TO RECOGNIZE AND APPRECIATE ONE OF GOD'S GREATEST GIFTS—THE NATURAL WORLD!**



**AND THAT WE WILL DO OUR SHARE IN PRESERVING WHAT WE HAVE BEEN GIVEN**



**GOD BLESS AMERICA, OUR HOME SWEET HOME**



**LET'S ALL WORK TOGETHER TO MAKE OUR COUNTRY A BETTER AND MORE SECURE PLACE FOR FUTURE GENERATIONS**



**puzzle solutions**

9	7	4	6	2	1	3	5	8
8	6	1	3	5	7	4	9	2
3	5	2	9	8	4	7	1	6
5	2	9	8	4	6	1	7	3
7	3	6	5	1	9	2	8	4
4	1	8	2	7	3	5	6	9
6	4	5	7	9	2	8	3	1
2	8	3	1	6	5	9	4	7
1	9	7	4	3	8	6	2	5

**CRYPTOQUOTE ANSWER:**

My wife and I will have to be guided by the spirit of the law - not the letter of the law - to be able to do this.