

Summer to Love



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AUG 5

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AUG 12

Mark Cool Folksinger

AUG 19

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Ice Age 4

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You may have noticed that we've had a lot of trees in the paper lately.

A focus on the natural world around us isn't exactly something new for us -Ken Moore's "Flora" column (on the front page of The Citizen each week) is one of the most-read items in the paper, and we know that's cause v'all have an appreciation for all things green and growing (and for Ken's expertise). But in a recent issue, we found ourselves with no fewer than three articles focusing on trees (and four photos of trees, to boot).

A couple of weeks ago, lightning struck one of the beloved willow oaks on the Weaver Street lawn and readers informed us of the damage within a few hours. We sent a photographer out there a few days

later, and he found lawn-regular Bruce Thomas adorning the tree's wound with bright flowers. Other readers asked us about the tree's prognosis, and still others sent in photos they'd taken.

Days later, a storm struck Carrboro and Chapel Hill, and within a matter of minutes trees were down around town, taking out power lines, roofs and cars as they fell. The storm is mostly cleaned up now, but a few ragged stumps and branches are still visible.

This is all to say that trees have had a pretty rough couple of weeks around here, so forgive us if we're giving them a lot of play. It seems like they're pretty important to y'all, right?

-Susan Dickson



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This has been quite a summer so far. July 2012 will be remembered as among the driest – number five on the all-time list for the United States. It was also a reminder that it's probably time I dropped my annoying custom of refusing to use the word "hot" until August. June and July were plenty hot, especially that string of days above 100. If the climate's going to change, I might as well too.

As extreme as the heat has been, the tropics have been fairly calm. You may recall that the season began with a couple of named storms before hurricane season officially started. Since then, it's been quiet - too quiet.

There's some indication that the season will start to busy up a bit. Texas, the Gulf Coast and the Mississippi Valley sure could use a soaker. We're not quite as dry, but a little light tropical relief would certainly be welcome.

August is one of those months in which the extent of daylight changes at quick pace. We lose almost a full hour over the course of the month.

Aug. 1 - Sunrise: 6:24 a.m.; Sunset: 8:21 p.m.

Aug. 31 - Sunrise: 6:48 a.m.; Sunset: 7:45 p.m.

🦛 Full Moon – Aug. 1 🖣 Last Quarter – Aug. 9

New Moon – Aug. 17 馨 First Quarter – Aug. 24

Full Moon – Aug. 31

The full moon in August is the Red Moon, Green Corn Moon, Sturgeon Moon, Grain Moon, Lightning Moon and Dog Moon

Planets & Stars

Over the month, three bright objects – Saturn, Mars and Spica – slowly converge and then diverge low in the early-evening western sky. Look for Saturn about 5 degrees (half the width of a fist held at arm's length) above Spica, a bright bluish-white star. Mars lies to the right (west) of Saturn and Spica until nearly mid-month, when Mars passes in between them, heading to the left (east). Jupiter and Venus dominate the eastern morning sky; Venus is the brighter and lower of the two planets. At mid-month Mercury pops up in the eastern morning twilight. -Amy Sayle, Morehead Planetarium and Science Center

Significant dates

August is Water Quality Month, Catfish Month, Peach Month and National Picnic Month.

- Aug. 3 is National Watermelon Day
- U.S. Coast Guard Day and National Mustard Day are on Aug. 4
- Left Hand Day is Aug. 13
- National Creamsicle Day is Aug. 14
- National Bad Poetry Day is Aug. 18
- Kiss and Make Up Day is Aug. 25
- National Dog Day is Aug. 26

rossalmanac.com/journal

ART NOTES



Nick Joerling's "Pocket Vase," on display at Eno Gallery through Aug. 26

In the galleries

Carol Joy Shannon's "City Days and Island Dreams" exhibit is on display at The ArtsCenter through Aug. 31, with an opening reception to be held during the 2ndFriday Artwalk on Aug. 10 from 6 to 9 p.m. Through the exhibit, composed of mostly large-scale acrylic paintings on canvas, Shannon attempts to convey the essence of the places she's lived in and loved, as well as other cities and regions that have caught her interest.

In Hillsborough, the exhibit of Jacob Cooley's landscape paintings and Donna Polseno's ceramic figurative sculptures continues this month at Eno Gallery. In the lower gallery, the work of ceramic artist Nick Joerling is on display. The exhibitions will be on display through Aug. 26.

"Give Me Wings," an exhibit featuring depictions of various winged creatures, continues at FRANK through Sept. 5. A gallery tour and discussion with the artists will be held Aug. 2 from 6 to 7:30 p.m.

At the Ackland Museum Store, "Earthly Delights: Pottery and Textiles," a show featuring the work of potter Joseph Sand and textile artist Sondra Dorn, has been extended through Aug. 10. Both artists exhibit in their creations a deep devotion and connection to the natural world.

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CAUGHT ON FILM

BY MARGOT C. LESTER

WRITER-DIRECTOR ROB UNDERHILL

Filmmaker Rob Underhill's latest project is a "sci-fi featurette" based on the Carrington Event. No, not that first epic catfight between Alexis Carrington and Krystle Carrington on *Dynasty* – we're talking a full-on solar flare and resulting electromagnetic pulse (EMP) like the preppers have been warning us about.

"In 1859 a tremendous solar flare exploded from our sun, the coronal mass ejection on collision course for Earth," Underhill recounts. "The cloud of charged particles was so powerful that the American telegraph system was sent offline and even set machines on fire. In newspaper accounts people all over the country claimed they could read by the light of the Northern Lights that stretched across the sky all the way to the equator."

Underhill and Larry Gardner co-wrote *The Carrington Event*, inspired by a 2005 NASA report predicting that a similar "event" today would be catastrophic.

"What if a solar super-storm as powerful as the historic Carrington Event happened today? We take you there," Underhill explains. "We make it very personal by concentrating on a family on the outskirts of a large Southern town. No electricity. And without electricity there's no water from the tap, no gas from gas stations. All communications go down. Phones do not work, no TVs, no radio signals. The family has to figure out what is happening in time to switch to survival mode. In little time, the all-essentials – food, water, gas – run out or become inaccessible, and a life-and-death struggle is close behind." (Learn more at TheCarringtonEvent.com)

You may know Underhill from one or all of his three films on Emmett Till, two of which – Empty Space and Wolf Call – have won a combined 23 festival awards, including Best Actor and Audience Choice awards at the Carrboro Film Festival. Wolf Call received a 2012 Black Reel Award for Outstanding Short Film nomination. The third, DAR HE: The Lynching of Emmett Till, has won six Best Film awards on the festival circuit.

"I grew up in Michigan. I knew a *lot* about Nazi Germany and the persecution of the Jewish populations in World War II. I had never known the story, or that it is considered by some as the 'spark' that ignited the civil rights movement in America," Underhill says of the murder at the center of these works.

Making sure others knew – or didn't forget – was the impetus for the first film. They others were products of the momentum and Underhill's deepening exploration of the story and the people involved in it.



A funeralhome scene from writer-director Rob Underhill's first feature, Still Life, which he completed in 2009

PHOTO COURTESY OF ROB UNDERHILL

Carrboro Film Festival Deadline
The early-bird deadline for submitting shorts to the Carrboro Film Festival is
Aug. 20. The submission fee is \$10/film for filmmakers 19 and older and \$5 for filmmakers 18 and under. After Aug. 20, rates increase by \$5.

Details: bit.ly/Submit2CFF7

For Underhill, depicting historical events is more than just good storytelling.

"I love telling history because that's the only way to learn and do one's part in helping us not repeat terrible things in human history. It was important for me to do my part in educating a new generation of people. By showing the past actions and consequences, this is how we keep history from repeating itself," he asserts.

That's part of his mission for *The Carrington Event* too. The film warns about the dangers of an electric-dependant society vulnerable to real solar events that, he says, could be sent back to the dark ages with a strong enough solar super-storm.

"I was on a radio interview with EMPact Radio recently and the moderator put it like this: We can have all the high-profile scientific panels decree time and again that we need to protect our electric grid from a Carrington Event-like happening, but no action will happen unless the people get behind it. Like it or not, he said, a popular television show will spur action far more effectively than all the top scientists telling us something needs to be done."

Check out Underhill's work, including trailers for all his films, at robunderhill.com

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Dr. Dan Ariely

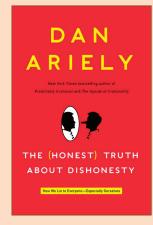
The Honest Truth about Dishonesty: How We Lie to Everyone - Especially Ourselves

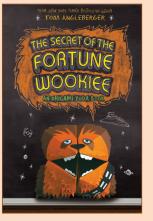
Wed 8/15 3:30pm

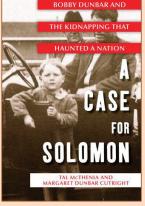
Tom Angleberger
The Secret of the Fortune Wookiee: An
Origami Yoda Book

Mon 8/20 7pm

Margaret Dunbar Cutright
A Case for Solomon: Bobby Dunbar and the
Kidnapping That Haunted a Nation







HIDDEN IN PLAIN SIG

orth Carolina leads the nation in two distinct categories: We produce the finest basketball players in the country and we hold the dubious distinction of leading the nation in snakebites. This bad boy is responsible for the majority of those bites. The copperhead, Akistrodon contortrix, is the only venomous snake in the Chapel Hill area. Anyone who insists that they have seen the more venomous water moccasin in our region is mistaken. The water moccasin is related to the copperhead, but they do not live here.

Let's start with the basic facts. The copperhead is a medium-sized pit viper. Most adults do not exceed three feet in length, but they are quite stout snakes and tend to grow in girth with age. They have the classic triangular pit viper head in a solid copper hue. A heat-sensitive pit is clearly visible between the eye and the nostril on each side of the head. The pit enables the copperheads to locate warm-blooded prey in their immediate vicinity. The diet of the copperhead includes toads and frogs, lizards, large insects and small rodents.

The coloration of the copperhead is varied, but most southern copperheads have dark hourglass markings on a sand background. The shades of brown may be darker or lighter, but the markings are rather classic. Some individuals may have broken bands or an occasional dark spot on the light background.

The eye has an elliptically shaped pupil, much like a cat, but it is inadvisable to make your identification on this observation, as you would need to get a bit too close. Baby copperheads look exactly like their parents, except that they possess a sulfur-colored tail, which they use as a bright lure to attract small reptiles.

Looking at the photograph, you may wonder how so many people get bitten by such a boldly patterned, obvious creature. When viewed on leaves, the copperhead's camouflage is superb. You probably walk past them all the time and simply never notice them in the leaf litter. The copperhead is generally an ambush predator. Although it will actively pursue cicadas and beetles in the woods, it is more likely to rely on its excellent camouflage and sit lump-like and silent in the leaves, waiting for some hapless prey to wander by.

It does not rattle in the leaves or quickly flee when a human is near. The copperhead will remain frozen and silent. Most bites occur because people simply don't see them and step next to them or directly on them. Gardeners get bitten when they reach in with their hands to clear weeds from under shrubs. Fortunately, the venom of the copperhead is relatively weak, and it is extremely rare for a human to die from



The southern copperhead does not rattle in the leaves or quickly flee when a human is near, instead remaining frozen and silent **PHOTO BY MARY PARKER SONIS**

the venom causes massive swelling, but the bite is not fatal.

There are two other reasons that copperheads bite people so frequently. Copperheads are abundant and they are comfortable in our environment. They are quite at home tucked into your woodpile or hiding beneath the stacked boards of the deck that you have not quite gotten around to finishing. An overturned bucket in your yard is a handy hiding spot to wait for a mouse or shrew.

Now that I have you horrified by the idea of walking in your own backyard, keep in mind that the copperhead is also very willing to bite. OI' Chunkhead will not slither away quickly if you put your booted foot next to him in the yard; he will strike. If you're lucky, he may give you a dry bite. He is simply warning you to go away, smart enough not to waste venom on a creature that he has no intention of eating.

For all the above reasons, the copperhead is hated in North Carolina. Everyone has a horrendous copperhead story. One neighbor's son was bitten when her child jumped off the family trampoline into the leaf litter, and another neighbor's daughter was bitten when she ran past that overturned bucket in her own backyard. In the summer, when the daytime heat is extreme, the copperhead comes out at night to hunt, which means you might not notice the resting copperhead in your own

This snake is not hunting for human prey. It has no more intention of harming you than the shard of glass that embeds in

a copperhead bite. The pain is severe and your foot when you walk barefoot through a nent of keeping "hot" snakes. I have no demeadow. A copperhead bite is an unfortunate accident and nothing more. You probably know I'm going to try to convince you not to harm copperheads, so I'll make my argument.

When it comes to snakes in North Carolina, I have grown very impatient with the "shovel factor." For some reason, people get out the shovel to kill any and all snakes that are encountered. Most people tell me they have small children they need to protect, and most times they're wrong about the snake ID. I have been called to identify tiny headless worm snakes, misidentified as baby copperheads. I have been told of people killing beautiful (and very gentle) hognose snakes because they couldn't take the chance that it was a copperhead. Northern water snakes with their brown bands are regularly targeted. They are a declining species, and non-venomous. One woman killed a young northern water snake in Jordan Lake, where all wildlife species are legally protected. The snake was swimming by, but she thought her children were in danger.

As our fear grows, so do the myths surrounding the object of our fear. A welleducated man told me that many black snakes are actually a "cross-up," or hybrid, of a black rat snake and a copperhead. Of course, this is utterly impossible. The black snake is an egg-laying snake and a copperhead gives birth to live young. This hybrid is as likely as a chicken-goat hybrid.

So what should you do when you encounter a copperhead? Walk away. The snake will not chase you. I am not a propo-

sire to handle them. Just let them alone. An owl or opossum might make a meal of the snake, and the reliable king snake is notorious for eating copperheads, so I think we should simply be aware when we are in the woods, but not interfere with nature.

Still not convinced that the copperhead doesn't deserve the shovel? Frank Markland of the University of Southern California has isolated a protein in southern copperhead venom called contortrostatin. It's a protein that shows great promise in destroying breast cancer cells and preventing the spread of these cells to other organs like the lung. The snakes are milked for their venom and the venom is then dried and concentrated. The snakes are not harmed. Many of our commonly used medicines come from natural plant and animal sources. Wouldn't it be wonderful if North Carolina could use our abundant copperhead population to provide this amazing elixir?

If you are unfortunate enough to be bitten by a copperhead, seek medical attention at once. One handy bit of advice is to remove your rings if bitten on the hand or arm, as the swelling will be extensive. You will most likely not be given CroFab antivenin at the hospital, as the possible side effects of the antivenin are more dangerous than the copperhead venom.

Al Baldwin found the southern copperhead photographed for this article in his own cul de sac. He thoughtfully relocated the snake to a less densely populated area, but brought the snake to my front yard for its glamour shots before releasing the snake back into the wild. Many thanks, Al!

CALENDAR

LITERARY

Carrboro Branch Library Story Time - Aug. 4, 11, 18, 10:30am Chapel Hill Public Library

Ongoing Events — Story Time, Time for Toddlers, Family Story Time, Computer Classes, Baby Time, Knitting for Charity (919) 968-2780 for dates

Family Movie - Aug. 3, 17, 2pm (919) 968-2778 for movie title

Adult Movie Nite - Aug. 7, 6:30pm (919) 968-2778 for movie title

Americas Next Top Monster — Come dressed as your favorite monster and strut your stuff in a monstrous fashion show. Aug. 7, 7pm

Lunch Money — Family concert. University Mall Stage, Aug. 10, 2pm

Teen Book Club — Open to teens in grades six and up. Aug. 14, 28, 7pm

Monday Night Book Group — To discuss Years of Discord by John Morton Blum. Aug. 20, 7pm Pajama Story Time — Program Room. Aug. 29,

Chatham County Community Library

Ongoing Events - Storytime, Aspiring Authors' Workshop, Crafting Group, Coupon Exchange, Computer Classes, Geneology Assistance (919) 545-8086 for dates and times

Rags to Riches Theatre — Aug. 3, 1pm Free **Sheri Castle** — To discuss *The New Southern* Garden Cookbook. Aug. 8, 7pm

Orange County Main Library

Teen Game Day — For ages 11-18. Aug. 7, 3-5pm

Family Fun Day — Begins with craft making, followed by a tour of Historic Hillsborough. Aug. 11. 9:30am

 $\label{eq:movie at the Library} \textbf{Movie at the Library} - \textbf{Family movie matinee}.$ Aug. 11, 2pm (919) 245-2525 for movie title Evening Book Club — To discuss Women Who Wrote The War: The Compelling Story of the Path-Breaking Women War Correspondents of World War II by Nancy Caldwell Sorel. Aug. 14, 6:30pm Daniel Wallace — To present a short film adapted from one of his stories. Aug. 18, 2pm (919) 245-2525 to register

DVD Viewing Party — For Suzanne Collins' popular book, with refreshments, games and prizes. Aug. 21 5pm (919) 245-2525 Vickie McDaniel — Presents a home-decorating workshop. Aug. 25, 2pm (919) 245-2525

McIntyre's

NCPS Series — Featuring writers Joe Mills, Mimi Herman and Scott Owens. Aug. 26, 2pm

Flyleaf

Ongoing Events — Story Time, Writing Class, Pre-School Story Time, UNC Humanities Sandra Carrington Smith — To discuss Killer In Sight. Aug. 2, 7pm

Tatyana Feeney — Brings her book Small Bunny's Blue Blanket. Aug. 4, 10:30am Bull Spec Magazine — Literary Festival with

authors T.C. McCarthy and Michel J. Sullivan. Aug. 5, 2pm

The Nation — Political discussion group. Aug. 6, 7pm (919) 370-4114

Karen Metzguer - To discuss end-of-life planning. Aug. 7, 7pm

Kay Hooper — To discuss her new book, *Haven*. Aug. 9, 5:30pm

Dan Ariely — To discuss his book *The Honest* Truth About Dishonesty: How We Lie to Everyone-Especially Ourselves. Aug. 13, 7pm

Margaret Dunbar Cutright — To discuss A Case for Solomon: Bobby Dunbar and the Kidnapping That Haunted A Nation. Aug. 20, 7pm

Book Lovers Club — To discuss *The Sense Of An* Ending by Julian Barnes. Aug. 21 7pm

Cathy Davidson — To discuss Now You See It: How The Brain Science of Attention Will Transform the Way We Live, Work, and Learn. Aug. 22, 7pm **Carol Henderson** — To read from Farther Along: The Writing journey of Thirteen Bereaved Mothers. Aug. 25, 2pm

Book Launch — Barbara Claypole White to read from The Unfinished Garden. Aug. 29, 7pm **Ted Obamanu** — To discuss *Drive to Passion*. Aug. 30 7pm

THEATER

The ArtsCenter

ARTSCENTERLIVE.ORG

(919) 929-2787 FOR TICKET PRICING

A/V Geeks — Presents *Those Troubled Teens*. Aug. 18.8pm

The Amazing Kreskin — Aug. 24, 8pm Sacrificial Poets — Poetry Slam. Aug. 25, 7pm No Shame Theatre — Open performance venue for original works of theatre. Aug. 25, 10pm

DSI Comedy

DSICOMEDYTHEATER.COM

Schools Out For Summer — With comics Josh Gondelman and Chip Cantry. Aug. 2-3, 7:30pm

Mister Diplomat — Fridays, 10:30pm Free Sketch CageMatch — Saturdays, 9pm \$12 Three Dollar Bill — Saturdays, 10:30pm \$12 Harold Night — Aug. 10, 17, 24, 31, 9pm \$12

DANCE

Contra Dance — Sponsored by FootLoose/Contrazz. Carrboro Century Center, Aug. 47:30pm lesson/8pm dance \$9

Contra Dance — With caller Jonathan Thielen and music by Boom Chuck. Carrboro Century Center, Aug. 10 7:30pm \$9 tcdancers.org Contra Dance - Third-Friday dance sponsored by Carolina Song and Dance Association. Carrboro Century Center, Aug. 17 7:30pm lesson/8pm dance csda-dance.org

Triangle StarDusters Ballroom — Couples and singles are welcome. Fred Astaire Dance Studio, second Saturdays 8-11pm \$7/StarDusters members and students, \$12/others (919) 942-7232 ${\bf Square}\,\,{\bf Dancing}-{\bf With}\,\,{\bf caller}\,{\bf Connie}\,{\bf Carringer}$ and music by The Terrells Mountain Buddies. Carrboro Century Center, Aug. 3 7:30pm lesson/8pm dance

SPOTLIGHT

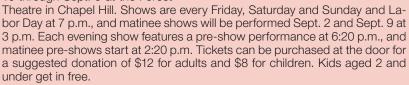
Paperhand Pup pet Intervention's City of Frogs

Giant puppets come to life in Paperhand Puppet Intervention's 13th annual outdoor show, City of Frogs.

Through shadow puppets, stilt walkers, masks and largerthan-life puppets, Paperhand tells a modern fable about a wooden boy taking a journey to find what it means to be alive. The story is filled with colorful characters, such as a junk collector who helps the wooden boy along his journey.

The show is directed by Jan Burger, and more than 100 volunteers came together with Paperhand Puppet Intervention cofounder Donovan Zimmerman to create the show.

City of Frogs runs from Aug. 10 through Sept. 9 at the Forest





The ArtsCenter

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For more information or to order tickets call 919-929-2787 x201 or go to artscenterlive.org



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EILEN JEWELL

Tuesday August 14, 8:00 pm \$12 advance, \$15 day of show

A/V GEEKS present "Those Troubled Teens" Saturday August 18, 8:00 pm \$6/\$8, students & seniors \$5

THE AMAZING KRESKIN

Friday August 24, 8:00 pm \$22/\$24, Friends \$20 (this show for ages 10 and over only)

Y LA BAMBA with BIRDS & ARROWS

Sunday August 26, 7:00 pm \$16/\$20, Friends \$12

GOING FOR THE ONE

(Yes tribute) with MINSTRELS IN THE GALLERY (Jethro Tull tribute) Friday August 31, 8:00 pm \$12/\$15, Friends \$10

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BY KIRK ROSS



There's almost no decent tartar sauce available anywhere, so make your own for a seafood po' boy like this one.

PHOTO BY KIRK ROSS

The basics of tartar sauce

ne of the keys to any decent civilization is a ready supply of fresh-baked bread, and to the delight of many, there finally seems to be enough of the stuff floating around the Triangle.

Much of this is due to the expansion of bakeries in the larger grocery store chains. While a lot of what's offered in the pastry department leaves something to be desired, nearly all of us now have access to perfectly adequate French bread.

Given our abundant coast, this steady supply of fresh French bread means, of course, that there is no reason for the seafood po' boy not to become a regular item on your household menu.

There's one problem, though. Sadly, there's almost no decent tartar sauce available anywhere. This may not seem like such a big deal, but bad tartar sauce can ruin a perfectly good sandwich.

The problem with commercial tartar sauce is the same as with most condiments these days – it's full of sugar, especially high-fructose sugars that when mixed with ultra-sweet relish yield something with a sweetness that rivals pure Karo syrup.

Of several brands sampled, only Louisiana, Thomas's and a couple of expensive specialty-store brands were even

tolerable

The only real alternative is to make your own damn tartar sauce.

Bill Smith of Crook's Corner says there are a few basics to keep in mind.

"The traditional sauce is just mayonnaise and chopped pickles or capers or something sour, and maybe a little lemon juice." After that, he said, there are a lot of variations on what you can add, such as chopped eggs and herbs like parsley and chives for additional flavor and flecks of green.

"My favorite is the remoulade style you find in Louisiana, which in France means adding mustard, but there usually means adding chopped peppers, a blend of hot, Creole seasonings or Tabasco," he said.

Remember, whatever you do, that the idea of the sauce is to complement the fish – not disguise it – and a good version is more about creating a blend of tang and spice than smothering the fishy taste.

OH, SNAP!

A stop at Tom Robinson's the other day confirmed that this is shaping up to be a good year for snapper. Lower fuel prices and favorable weather have helped the catch, which were in good

supply in a variety of sizes.

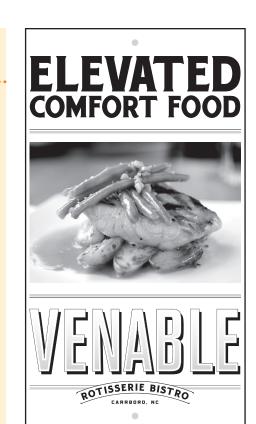
As the late Mr. Robinson would tell you, snapper is one of the best fish to grill. The meat holds up, the skin holds together and crisps up nicely and the fish is thick enough to stuff with herbs and scallions.

Red snapper is the most well known of the family, but our waters also have vermillion, pink (The Eater's house favorite) and even grey snapper, which until recently were known as grunts.

THE AMAZING FISH SPATULA

File this under "why haven't I had one of these all my life?" because that's what you'll say to yourself every time you pick up your fish spatula.

The fish spatula's twist is an additional angle at the business end that makes it easier to lift a fish or anything else off the grilling surface. It's slotted, which helps keep juices where you want them if you're working with a pan, but the design still has enough surface area to easily turn an egg. It's elongated too, which makes it easier to finesse the flip and the right tool for turning larger items like, say, a fish, with a lot more control.



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MILL

BEER CELLARING:

t's been said that patience is a virtue. This age-old axiom rings especially true in the realm of beer cellaring.

Beer cellaring refers to the practice of aging beer under certain conditions in order to produce desirable characteristics that might not yet be present in fresh beer. While some beer styles on the lighter end of the spectrum stand to gain little or nothing from aging, other stronger, more robust styles can indeed mature into a better drink after even just a few months' time.

Cellaring the right beer can be like burying a time capsule - once opened, it provides the opportunity to reflect on the past and what's changed from then to now. Here are some basic guidelines for cellaring beer and tips for choosing appropriate styles to lay down for a while. Fortunately, cellaring is easy; the hard part is refraining from quaffing the goodies you've put away!

For those interested in cellaring beer, don't fret: You needn't add a basement to your house complete with vaulted stone ceilings. All you need to get started is a closet and time. The main idea with cellaring is to provide a relatively stable, consistent environment in which your beer can age undisturbed. This means temperature. humidity and exposure to sunlight must be taken into consideration.

The ideal cellaring temperature is around 55 degrees Fahrenheit; however, if you keep your home consistently around 70 degrees, it's OK – you just might not be able to successfully age your beer past the eight- to 10-year mark.

Humidity becomes relevant with beers that are corked, as arid conditions will dry out corks and compromise the barrier between your beer and the ambient environment, while too much humidity introduces the risk of mold. Ideally, humidity should be in the 50 percent to 70 percent range to preserve corks.

And speaking of corks, beer is unlike wine in that it should not be laid down on its side for storage. Doing so runs the risk of introducing cork flavors into your beer and excessively moistens the cork. Beer is under pressure and thus has its own gas barrier between itself and the cork. In short, always store beer upright, even if it's capped.

Finally, beer should always be stored out of sunlight to ensure that it won't get "skunked." Skunking is what happens when beer is exposed to the sun's ultraviolet rays.

You might be wondering, why should I age beer anyway? Aging beer allows certain styles to achieve their full potential. Most bottle-conditioned beers are good candidates for cellaring. Bottle conditioned simply means that the beer is bottled with brewing yeast still present in the beer. This yeast looks like fine sand and can be found at the bottom of most corked beers. In addition, malty, higher-alcohol styles beg for at least a bit of aging in order to smooth out their flavor profiles. These beers are strong enough that, when fresh, they can taste boozy, or "hot" with alcohol presence. A bit of age will mellow out the booziness and help meld together some of the roasty or dark fruit flavors in these styles.

Other styles are fermented with socalled "wild yeast," such as brettanomyces, and require at least some aging to produce the sour and tart characteristics that are desirable for those styles. As a general rule of thumb, any beer over 8 percent in alcohol can benefit from cellaring. In contrast to the beer styles mentioned above, light lagers and hoppy beers do not stand to gain from aging. Light lagers are intended to be consumed fresh, when they are at their crispest. Hop presence will fade over the course of even a few months, so styles like India pale ale are best served fresh, when the citrus and pine notes of the hops are at their peak. The following are a few specific examples of beers that will get better with age.

For a bottle-conditioned beer to age, try a St. Bernardus Abt 12. This Belgian quadruple-style features dark fruit notes. and at 10 percent alcohol by volume can withstand some age. Laying one of these down for a while will contribute to the nuance of the flavors and result in an extravelvety texture. As an appetizer, this drink

would be well served with aged Gouda but has the versatility to be great as a dessert paired with black forest cake.

Strong, malty beers such as Fullers Vintage Ale tend to develop slightly sweet sherry-like qualities over time. Try an aged one with a soft brie and walnuts, or as an accompaniment to bread pudding.

If you're feeling adventurous enough to cellar a wild yeast beer, the Sierra Nevada and Russian River breweries' collaboration, Brux, just hit the shelves. Given a few months age, this one would go well with fish tacos, as long as they're made with plenty of cilantro and lime to accentuate

If you're interested in starting a cellar of your own, one way to think of it is as a mini science experiment. Cellaring can be very rewarding when you are able to experience the progression of your beers as they mature, and it's easy as long as you have patience and the willpower not to raid vour stash.

Nothing puts an exclamation point on a holiday meal like breaking out a vintage beer - not only as a conversation piece and culinary experience, but also as a way to mark the passing of time.

Remember: The waiting is the hardest part, so consider starting a beer cellar today that will bear fruit for years to come.



OF THE TOWN: VENABLE

he newest addition to Carrboro's restaurant scene, Venable Rotisserie Bistro is certainly off to a good start. On a recent brunch visit, the place was packed, and apparently for good reason.

The restaurant, which opened in Carr Mill Mall in May, serves elevated comfort food featuring fresh, locally sourced ingredients crafted by chef/ owner Drew Moore. Moore was the first chef at The Federal in Durham and has also cooked at local eateries including Tyler's Taproom and the Siena Hotel's Il Palio. Come for dinner and enjoy the free-range rotisserie chicken entrée, or stop by for a brunch cocktail of bourbon, fresh-squeezed lemonade and mint. Leaving a show at the Cradle and got the nibbles? No worries - Venable's late-night menu is available until "at least midnight," Thursday-Saturday.



Venable Rotisserie Bistro's chef/owner Drew Moore opened the restaurant in Carr Mill Mall in May.

PHOTO BY ALICIA STEMPER

WATERMELON, TOMATO AND FETA SALAD

SERVES SIX

INGREDIENTS

- 1/2 watermelon
- 12 ounces Greek whole milk feta cheese
- 18 basil leaves
- 2 large heirloom tomatoes
- 6 tablespoons aged balsamic vinegar
- 6 tablespoons extra virgin olive oil
- 1/2 pint fresh micro bean sprouts

METHOD

Slice the watermelon, feta and tomatoes to equal thickness. Remove the seeds from the watermelon. Layer the above with basil, balsamic and olive oil, seasoning with salt and pepper. Top with bean sprouts and enjoy. This dish is best served slightly chilled and left to marinate for one hour.

Venable's Watermelon, Tomato and Feta Salad with the Gemini cocktail

PHOTO BY ALICIA STEMPER

GEMINI COCKTAIL

INGREDIENTS

mint leaves

1 ounce Domaine de Canton (ginger liqueur)

3/4 ounce lemon juice

2 ounces Stoli Vodka watermelon juice

METHOD

In a rocks class, muddle together mint leaves, liqueur and lemon juice. Fill the glass with ice and top with vodka. Fill to top with watermelon juice, shake to mix and garnish with a lemon wedge.





Lindsey Buckingham (8/2) Old-Time and Bluegrass Slow Jam (8/6) Eilen Jewell (8/14) Old-Time and Bluegrass Slow Jam (8/20) Y La Bamba (8/26) Going For The One, Minstrels in the Gallery (8/31)

BYNUM FRONT PORCH

Lizzy Ross Band (8/3) Justin Robinson and the Mary Annettes (8/10) Smith Family Bluegrass (8/17) The Bluegrass Experience (8/24) Saludos Compay (8/31)

CAROLINA BREWERY (PITTS)

Joe Bell and the Stringing Blades (8/10) Gasoline Stove (8/11)

CAROLINA INN

Mel Melton and The Wicked Mojo (8/3) Big Fat Gap (8/10) The Gravy Boys (8/17) Franklin Street Band (8/24) Down River (8/31)

CAT'S CRADLE

Cosmic Charlie (8/3) Little Feat. The Villians (8/4) Styles and Complete, D.Veloped, Da.Nu.Sha, Kieran Sweeney (8/10) Sebadoh, Circle of Buzzards, Lou Barlow (8/11) Me Without You, Buried Beds, Kevin Devine (8/12) Russian Circles, Chelsea Wolfe, Marriages (8/15) Ricardo Diquez and The Tropic Orchestra, dub Addis, The Brand New Life, M.A.S. Inc (8/17) NC jaycee Burn Center Benefit with The BiilliTones, Rebecca and the Hi-Tones, South Wing Willie Painter Band (8/18) The Brian Jonestown Massacre, Magic Castles (8/21) Holy Ghost Tent Revival (8/24) Chatham County Line (8/25)

THE CAVE

Blackwater Mojo, Melissa and the Swinglers (8/3) Triple Fret (8/4) Passerine (8/6) Doug Largent Trio (8/7) Big Waves of Pretty, Goat and Faun, Field Spirit (8/9) Michael Laslie, Humps and The Blackouts, The Lovey Dovies (8/10) Tom Maxwell (8/11) Kayte Grace (8/13) Johnny Staxx and the Durty Boyz, To Light A Fire, Morning Brigade (8/14) Fox and Cats (8/15) Roshambeaux, Audio Fidelity (8/16) Pagan Hellcats, Burke Hilburn (8/17) Emily Musolino, Bubba Joe and The Bruisers, Those Crosstown Rivals (8/18)The Cardinal Fault, Subculture Danger, Jason Saltiel, Jared Saltiel (8/19) Doug Largent Trio (8/21) Superstar Runner, Old Tire Swingers (8/22) Electrophonic Users Guide (8/23) Chris McFarland, Straight 8's, B-Side Proect (8/24) Hannah Thomas, Beautiful Small Machines, River Rats (8/25) Russ Thompson, David LK Murphy (8/26) Doug Largent Trio (8/28) Beaver Nelson,

Crumb Ctcher (8/29) Darien, Spaceship Days (8/30) Garlic City, Macanikill, Wretched Martyr, Headstone Hollow, The Death of Analog (8/31)

CENTURY CENTER

Paulo Lopes and Friends (8/2)

THE DEPOT

Katie Basden (8/2) Alan MacDonald and The Resistors (8/3) Dr. Drill and The Bits (8/4) Leif Forer (8/9) The Gleaners, Ironing Board Sam (8/10) Andrew Kasab, Be the Moon (8/11) Good Rocking Sam (8/17) Red's Rhythm (8/18) The Doc Branch Band (8/24) Rootzie with Gregory Blaine (8/25) Sentenza (8/31)

HAW RIVER BALLROOM

Johnny Folsom 4 (8/18)

THE KRAKEN

Tokyo Rosenthal (8/3) Good Rocking Sam (8/11) T.C. Costello (8/14) Nanner Head (8/17)

LINDA'S BAR AND GRILL

Robert Griffin (8/2, 8/9, 8/16, 8/23, 8/30)

LOCAL 506

Broncho, Bad Weather California, Phil Venable Band (8/2) The Dearloyes, Free Electric State, Ye Olde Shoppe (8/3) Wild Nothing, Motor Skills (8/4) Slaves On Dope, Saint Diablo, It Gets Worse (8/5) Dead End Path, Basement, Soul Search, Day Light, Handsome Foxes (8/7) Jordan Hull, The Lake Isle (8/8) Dark Water Rising, A Mad Affair, The Set Free (8/9) Blood Red River. The Tremors, Bubba Joe and the Bruisers (8/10) Bad Veins, Stagnant Pools (8/11) Legacy, This Romantic Tragedy, In Alcatraz 1962, One Year Later (8/13) Knucle Up (8/14) The Clockwork Kids, Cowboy Indian Bear, Hawley Shoffner, The Spacemen, JPHONO1 (8/15) Mama's Love (8/16) College, Anoraak, Electric Youth (8/17) Sundress (8/18) Golden Bloom, The Grown-Up Noise, Timmy Williams (8/20) Ezra Furman and His Band, Tripp (8/21) Diali Cissokho and Kairaba, Zansa (8/23) Big Something (8/24) Scarletta (8/30) Virgins, Libby Rodenough (8/31)

MEMORIAL HALL

Tony Trischka, Riley Baugus, Kirk Sutphin, Dom Flemons (8/25)

NIGHTLIGHT

Crowmeat Bob, Preo-historic Horse, TJ Maiani (8/2) The Human Eyes, Ryan Gustafson, Stu McLamb (8/3) Andrew Weathers, Haunter (8/4) Lilac Shadows, White Laces, Jenny Besetzt (8/9) Swanifant (8/10) Right of Way (8/14) Flesh Wounds, Sultan Bathery (8/16) Benefit for Tom Carter with Beloved Binge, Crowmeat Bob, Body Double, David Menestres, Snake (8/18) Reigning Peoples (8/25) Animal Alphabet, Christopher Bell, Justin Johnson (8/28) Crowmeat Bob, Thollem

OPEN EYE CAFE

The Parlour Soldiers (8/4) Laura Thurston (8/10) Fate of Frank (8/11) The Outliers (8/18) Loose Mood (8/24) Chris McFarland (8/25)

SOUTHERN VILLAGE

David Dyer and The Crooked Smile (8/5) Mark Cool (8/12) Great Big Gone (8/19) Southern Routes (8/26)

THE STATION AT **SOUTHERN RAIL**

London Dungeon (8/2) Alex Bowers and Friends (8/3) The Guilty Pleasures (8/4) Tim Stambaugh and Friends, Strange Love (8/5) The Debonzo Bros (8/7) Sarah Shook and The Devil, Radar's Clowns of Sedation (8/9) Alex Bowers and Friends (8/10) Mary Johnson Rockers (8/11) Shake Rag, NC Rhythm Experiment (8/12) Gmish Klezmer (8/15) Saints Apollo, Once and Future Kings (8/16) Alex Bowers and Friends (8/17) Rosa Wallace, Shane Cooley (8/18) Michael Holland (8/19) Doug Largent Trio (8/23) Alex Bowers and Friends (8/24) Lee Gildersleeve and Bad Dog Blues Band (8/25) WestWend, Mahalo Jazz (8/26) Stripmall Ballads (8/28) Gmish Klezmer Band (8/29) Alex Bowers and Friends (8/31)

WALLACE PLAZA

Mipso Trio, Morning Brigade (8/23)

WEATHERVANE

Petit Image (8/7)

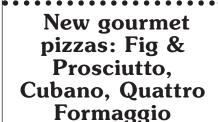
WEAVER STREET CBO

Frankie Alexander and Friends (8/5) Magnolia Klezmer Vand (8/12) The Swang Brothers (8/16) Sawyer-Goldberg Jazz (8/19) Equinox (8/23) Charles Pettee and Friends (8/26) Mystery Hillbillies (8/30)

WEAVER STREET HBORO

Crystal Bright and the Silver Hands (8/2) Roger Gupton (8/9) Jason Kutchma (8/16) Diali Cissokho

Sounds, Last Year's Men (8/24) Chiffon, Lands and Electric (8/29)



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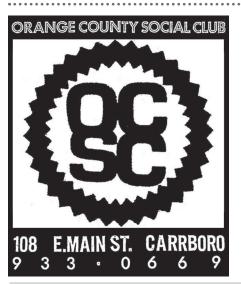
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Ashley Melzer writes the Gimme Five! column for *The Carrboro Citizen's* MILL blog (carrborocitizen.com/mill/tag/gimmefive), in which she asks local bands five probing questions. Below is a selection of favorites from the column to date.





MARC KUZIO OF COASTAL VISION

The Citizen: If your band were a beach toy, what would it be?

Kuzio: We would most definitely be a beach ball. I bounce uncontrollably and am so fidgety, dancey and sporadic – all simultaneously and all continuously. The three of us are a gang of scraggly, semi-awkward guys (although if asked personally, none of us would ever admit to it) and all very light and eccentric. Live, we flail around as if we're getting smacked around repeatedly, so the beach ball naturally seems pretty suitable.



PATRICK CUDAHY OF ROBES

TC: Who/what are a few inspirations or influences that would really surprise people?

Cudahy: Thrasher Skate Rock Comps Vol. 1-3



SARA BELL OF REGINA HEXAPHONE

TC: When did you start to think music might really work out as something more than a living room hobby?

Bell: I never thought my life would become so absorbed with music and I never officially pursued it when I was younger – it just sort of happened after years of hanging out and

playing with friends in living rooms and rock clubs in our hyper-musical little Triangle. But I think something clicked for me after Dish, the band that Jerry and I were in, had the basic exhilarating-then-dreadful major-label experience. It really winded my bandmates, who are all amazing musicians and had more of an ambition of operating in that professional realm. Somehow I came out of it even more energized, thinking (probably because I had been schooled so effectively in the "corporate rock sucks" hardcore era) that the whole machinery was completely absurd and ridiculous, and you have to have other reasons for playing music and judging its success that are not based on artificial big-business management models. It somehow made me want to keep on with it, to prove that whole thing wrong with a band where nobody had to experience that kind of pressure ... this is hard to articulate! Because, you know, don't get me wrong, it's pretty amazing when somebody wants to throw a bunch of money at you to make records and drive around the country with your friends playing rock and roll. It was like when people finally get sick of their corporate jobs and they check out and move to the beach full time. It's the beach-bum model of music making.

SPOTLIGHT



LITTLE FEAT

Longtime bluegrass spirits Little Feat will rock Cat's Cradle on Saturday, Aug. 4.

After more than 40 years of fusing rock, jazz, New Orleans swamp funk and blues, Little Feat continues to jive in the music world with its new album, *Rooster Rag*.

The new CD features legendary Grateful Dead lyricist Robert Hunter and is marked by Little Feat's distinctive energy and craft. Bill Payne, Paul Barrere, Stephen Bruton and Fred Tackett re-create and invent the bond and beat that has fueled their greatness over the years.

Little Feat's soul has produced a few of the greatest live rock albums in music history. There's no surprise that Phish has honored them at one of its Halloween spectaculars.

Come out early for these legends. The doors open at 7:30 p.m. and the show starts at 9. Tickets are \$30.

SPOTLIGHT



HOLY GHOST TENT REVIVAL

Electric and energetic folk rockers Holy Ghost Tent Revival will mark Cat's Cradle on Friday, Aug. 24.

These N.C. artists were homegrown in Greensboro and have spent the past five years whisking away audiences with their ragtime inspired sound. *Sweat Like the Old Days*, which is slated for release later this summer, will reveal their new lush arrangements amid thoughtful lyrics.

Over the years, the band has released an infectious energy across the state. Its first album, *So Long I Screamed*, was an essential acoustic album that was a pinnacle during the national folk boom. After two more successful albums, HGTR has perfected its craft and builds even more on its wholly original sound.

From rich harmonies and ringing bluegrass to catchy melodies and an expanding electric element, these N.C. favorites never fail to captivate an audience.

The doors open at 8 p.m. and the show starts at 9. Tickets are \$10 in advance and \$12 the day of the show.





FR 8/3 JERRY GARCIA'S
BIRTHDAY CELEBRATION
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SA 8/4 LITTLE FEAT**(\$30)
W/THE VILLIANS

FR 8/10 RED RAVE FEATURING **(\$8/\$10)

SA 8/11 SEBADOH**(\$15) W/CIRCLE OF BUZZARDS AND LOU BARLOW

KEVIN DEVINE**(\$15)

WE 8/15**(\$10/\$12) W/CHELSEA WOLFE
AND MARRIAGES

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W/MAGIC CASTLES FR 8/24 HOLY GHOST ENT REVIVAL**(\$10/\$12) SA 8/25**(\$15/\$18) CHATHAM COUNTY LINE W/TONK FR 8/31** ABBEY ROAD LIV

(BEATLES TRIBUTE) SA 9/1 BOMBADIL W/YOU WON'T**(\$15)

SU 9/2 THE OM SHOW

WE 9/5 **ROCKIE FRESH****(\$10) (\$20 MEET & GREET PACKAGE) FR 9/7 PERPETUAL GROOVE**(\$12/\$15)

SA 9/8 WHO'S BAD? (THE ULTIMATE MICHAEL JACKSON TRIBUTE)**(\$15)

SU 9/9 **YEASAYER** W/DAEDELUS**(\$22/\$25)

MO 9/10**(\$13/\$15) STREET DOGS
W/DOWNTOWN STRUTS, ROLL
THE TANKS, KOFFIN KATS
TU 9/11 ARIEL PINK'S

TU 9/11 AR HAUNTED GRAFFITI W/BODYGUARD AND MOON DIAGRAMS**(\$15)

WE 9/12**(\$12/\$15) TH 9/13 FR 9/14/

SA 9/15**(\$18/\$20) **THE FEELI** TU 9/18**(\$17/\$20) TH

WE 9/19**(\$16) TYCHO W/THE ALBUM LEAF

TH 9/20**(\$10/\$12) JO ND THE ALTER

W/LIZZY ROSS BAND
FR 9/21 THE OLD
EREMONY "FAIRYTALES
OTHER FORMS OF SUICIDE" YEP RELEASE PARTY WITH SPECIAL GUESTS MEGAFAUN ACOUSTIC SET) **(\$10/\$12) SA 9/22**(\$25) BETH ORTO SU 9/23**(\$15/\$18) TWIN W/NIKI AND THE DOVE

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TU 9/25 MOURNING IN AMERICA TOUR
BROTHER ALI
W/BLANK TAPE BELOVED
& MORE**(\$14/\$16)
WE 9/26 STARS**(\$22/\$24)
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TH 9/27**(\$15/\$17) 🚣

TH 9/27**(\$15/\$17) ANTIBALA FR 9/28**(\$15/\$17) BEN SOLLI MO 10/1 POLICA**(\$12/\$14) W/GARDENS AND VILLA

TH 10/4 🧲 OUT W/AIRSTRIP SOLD OUT

SA 10/6 EASY STAR W/AGGROLITES**(\$15/\$17)

TU 10/9 **TENNIS** W/WILD BELLE**(\$12/\$14)

WE 10/10**(\$15/\$17)

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W/TAKEN BY TREES

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W/THE NEIGHBOURHOOD FR 10/19 FATHER JOHI MISTY W/LE SERA AND JEFFERTITTIES **(\$12/\$14) SA 10/20 LANGHORNE SI

0/20 LANGHORNE SL & THE LAW**(\$13/\$15)

SU 10/21**(\$35) FGHAN WHIGS

WE 10/24 FAT WRECK CHORDS TOUR
LAGWAGON**(\$18/\$20)
W/DEAD TO ME,
FLATLINERS, USELESS ID

FR 10/26**(\$15/\$17) SHARON VAN ETT

SHARON VAN ETTEN
SA 10/27 OLD 97s "TOO FAR
TO CARE" TOUR WITH SALIM
NOURALLAH AND RHETT
MILLER ACOUSTIC

SU 10/28**(\$18/\$20) EPHEN KELLOG W/MIGGS

TU 10/30**(\$18/\$20) DUVELLE VAGUE

TH 11/1 **ELECTRIC SIX**W/LITTLE

HURRICANE**(\$12/\$14)

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W/DEE-1**(\$18/\$20)

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WE 9/26 NICKI BLUHM & THE GRAMBLERS

SA 8/11 BAD VEINS W/STAGNANT POOLS TU 9/4 A SILENT FILM 9/29 FRONTIER RUCKUS FR 10/19 MILO GREEN W/LUCIUS

TU 8/7 BRANDI CARLILE

10/1 MINUS THE BEAR W/CURSIVE AND CASPIAN

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