101 RAM NAAM
THEME AND THOUGHT
Dr Gautam Chatterjee
101 Ram Naam
Theme and Thought

Dr Gautam Chatterjee
At the feet of Param Guru and Gurudev

New Delhi
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Sadhuvaaad

Ram Naam is the seed mantra which manifests eternally and shines like the brilliant Sun. The fragrance of Ram Naam coming out from the celestial garden is a matter of experiencing. Its essence smoothens the mind and moulds the character of a Sadhak. Ram Naam is the eternal sound which has billions of layers at the phonetic and revelation plane.

Our Baba, Swamiji Satyanandji Maharaj was given this most powerful creative mantra by Param Guru Sri Ram Himsself on the celestial Guru Purnima day. Then Swamiji Maharaj revealed its essence to the Ram Naam Sadhaks and encoded them textually in Sri Amritvani, Sri Bhakti Prakash and in his other writings. Since ever, Ram Naam manifested as thousands of lotuses in the hearts of Sadhaks. Understanding each petal of this cosmic lotus called Ram Naam is a calling of every Sadhak, Ram Naam remains the mode of Sadhana and destiny as well.

Gautam in his 101 Ram Naam Theme and Thought has begun with Ram Naam Vision and concluded his exposition with Viraha encompassing ninety-nine thought provoking titles in between. A figure of 101 is considered highly auspicious in Hindu Mythology. He has covered 101 themes in 101 pages. A page a day will make Sadhak's day. I congratulate Gautamji for his notable revelations on Ram Naam which when contemplated by Sadhaks will bring them peace, joy and bliss.

While doing Ram Naam Sadhana the seekers do experience its manifestive dynamics. To fathom its depth one must delve deep into the cosmic ocean of Ram Naam and every bit of our realization is nothing but a wishful revelation by none other than Param Guru—Sri Ram.

Dr Viswamitraji Maharaj
21st May, 2000
New Delhi
Dedicated to
Param Guru Sri Ram
Swamiji Satyanandji Maharajji
Pujaniya Premji Maharajji
Dr Viswamitraji Maharajji
My Mother Smt. Gauri Chatterjee
My Father Shri Jyotirmay Chatterjee
and
all Ram Naam Sadhaks
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PROLOGUE

Ram Naam—the sound of the eternity
was installed in me
by my most revered Gurudev,
whose utterance
powered with Siddhi
smeared my body
empatterened my thought and
made me humbler.
Today, when I look back
and read
101 Ram Naam Theme and Thought
I only wonder and
ask myself
‘How all these were written?’
Then after pondering
I conclude
more strongly that
I am incapable of
realizing these
dimensions!
Well! Swamiji Maharaj
must have ‘revealed’
those lines and thoughts!
For me those lines
were celestial messages
meant for me
to understand Ram Naam.
So I remain
only a tool
to record
and share
the vision of my Gurujans.
Yet, wherever
I have fumbled
and faltered,
those are my personal
limitations!
I am too mortal
and worst than the worst
of all the Sadhaks.
Yet, this exercise
remains my Sadhana
at the feet of Param Guru.
I bow to Him and seek mercy
as Sri Ram is most merciful.

At the feet of all Sadhaks
Gautam
18th May, 2000
Buddha Purnima
New Delhi
Ram Naam Vision

Sri Ram  Sri Ram  Ram Ram Ram
Jai Ram  Sri Ram  Ram Ram Ram

Ram Ram Simran has one mission
Love one and Love all be the passion
Shelve hatred, jealousy or impure contemplation
Only through Ram Naam attend salvation.

Sri Ram  Sri Ram  Ram Ram Ram
Jai Ram  Sri Ram  Ram Ram Ram

Ram Naam Simran is the divine navigator
It takes one through the Maya Corridor
Ram Naam has eternal vision
To spread love and compassion.

Sri Ram  Sri Ram  Ram Ram Ram
Jai Ram  Sri Ram  Ram Ram Ram

Ram Naam is the primal perennial sound
Search it within where Sri Ram is found
Ram Naam Simran emits divine compassion
‘Forgiveness’ remains the only mission.

Sri Ram  Sri Ram  Ram Ram Ram
Jai Ram  Sri Ram  Ram Ram Ram

Sri Ram is the unique formless Sound Icon
Once installed within activates spiritual electron
Sri Ram personifies the most powerful
He is within so always remain blissful.

Sri Ram  Sri Ram  Ram Ram Ram
Jai Ram  Sri Ram  Ram Ram Ram

Prem Bhava should be cultivated by all
Ram Naam never allows a nasty fall;
Ram Naam travels beyond time and space
Param Guru accompanies you with every pace;
Be a dispenser of Love and Care
Pray for others in Ram Durbar
Almighty is all out to share
Spread Ram Naam everywhere.
Sri Ram—the Jyot and Sound

Swamiji Satyanandji Maharaj
was meditating
at Dalhousie
in search of the Supreme Being;
It was Vyas Purnima
the destined hour
— became a date with Param Guru
being it Guru Purnima.

Ram Dhwun
besieged the valley of silence
and emitted from nowhere;
None—the mortal
sang as this was part of
celestial happenings.
It was Aakashvani
and the Jyot appeared
with subsequent plea
of Swamiji.

It was the hour of enlightenment
as 'unknown' was known
the dynamics of Raam
get spelled out
beyond the mythological character.
The Rupa of cosmic order
emitted through silence of Jyot
yet, powered with acoustic vibration.
Thus Swamiji spread
the message of eternity
through Ram Ram
Naam Sadhana
—the final resort for emancipation
and a salvation mode
for final refuge.
The Beginning—a Quest

There was neither life
nor deathlessness;
None existed
yet, existence
remained uncreative
and unmanifestive!
There was eternal silence
and enveloped light
dwelled in darkness
of beginning!

From nowhere
the ‘Wish’ emerged
as eternal silence prevailed upon.
This was ‘Wish’ of Creation
The Lila—the sport.
The Lila got soaked into
Maya—the all pervading
and illusive kind!
Creativity came to the fore
as Bhur manifested
then earth appeared.

From cosmic water
Life ‘Vibrated’
from Paramatman
—the supreme being
the Atman appeared
with the creative sound
of primal kind.

With Celestial Sound
the search began!
Some concluded on
Aum, few could find a Nama
—the heavenly name.
Some merged into Naman
—the eternal salutation!

All went for the Quest
to know the Unknown!
But most created
chaotic sound
of Noise Kind.
Then much remained Unheard.

Now the time is for
Retreat
from Noise to Silence
—the eternal kind!
Search it in any name
be it Shakti the Mother Goddess
or in Maheshwar, Shyam
or Ram.

Swamiji Maharaj
Satyanandji gave us
Raam the path and goal
through Dynamics of utterance.
Within Raam
the Aum Resides
—the Primal Sound
which created the sound.
So beyond the Aum
The Bliss dwell.
Long for the bliss
to merge into Birthlessness
at the sonic silence
where the most powerful
Sri Ram resides.
Sri Adhistanji

Sri Ram
dwells in the philosophy
of Adwaitavada
and remains an icon
of Nirakar or formless kind!

Swamiji Maharaj
could even
iconize the formless
Sri Ram in
Sri Adhistanji.

Sri Adhistanji
is Cosmos Himself.
The Spiritual Sun
encoded within
with a touch of
solar radiance.
Yet further within
Ram is scripted
which sounds aloud
within the silence of sound.
The light and sound
denotes the mode
and path for emancipation.
The hemming Swastikas
at four quarter of
Universe remains
the beneficce border
of human spiritual
endeavour.
The blooming Lotus beneath
indicates salvation
and nirvana at the manifestive
level of spiritual emancipation
with Ram Naam Yoga.
Ram Naam Salutation

Pronam
Sri Ram
you are my utterance!
You are all powerful;
You are most merciful!
You are sporting
and create Lila
We fail to understand
You—Sri Ram!
You are the embodiment
of Absoluteness
and all pervading.
You wished
So you created.
You are the eternal light
You dance upon acoustic
vibrations!
Your name
Ram Ram
is the pilgrimage in
the sacred corridor!

Sri Ram
Please pave the path
for our enlightenment.
Open our vision
Sri Ram.
You are eternity
You question
and test our
cravings all the time!
For once
Won't you stop our
mortal craving
and allow
to play on your
cosy celestial lap?
The *Nada*

*Ram Ram*
The loving sound
surround me even
while I am asleep!
Its magical vibration
efface our sins and
confusion.

*Ram Ram*
The eternal string
enhances compassion
of living beings!
*Ram Ram*
the heartful utterance
made us also caring
and merciful!

*Ram Ram*
is all pervading
Pray anytime and anywhere
Praying for others is our Mission
and then Emancipation
is assured!

*Ram Ram*
—the coded path for
Salvation always paves the path.
But we must shed our
passion
diminish the *I* in us
and the concept of self as
*Karak and Karta!*
Then Sri Ram would step in
for our *mukti* or salvation!
Sri Ram is the *Param Guru*
Swamiji Maharaj takes us through
his pious words and action
and emancipation
is not far off!
Utterance and Modulation

The *Ram Naam*
Devout
utters and speak
with the base voice
of love.
The art of modulation,
vocal chord
soaked with
deepest devotion
is echoed by Guru.
His voice works to create
the tide of thought.
His *Vani* uttered
in varying frequency
takes one for
eternal bathing.
Let us learn
the art of *Vani*
which
works wonder
at the behavioural plane
and a therapy
for some as well!

He is *Ram Raam Raam*
*Raaum Raaauu.....m*
*Sri Ram  Sri Ram*
*Rm Rm Rm*
*Jai Jai Raum!*
Akhand Jaap

Counting beads
through sonic corridor
in uninterrupted fashion
is Akhand Jaap.
Akhand Jaap
is the Spinal Cord
and Kundalini
swings up
in Sadhana Satsang.
Through Japa
celestial relation
is built up
and Ram Avataran follows
in light and sound
perspective.
Day in and Day out
the Sound of Japa
touches the feet
of Sri Adhisthanji
and then energy
of cosmic light
emits to smear
the mind of Sadhak
and bliss called
Satchitananda
is experienced!
Ram Naam—Musically

Ram Ram Kirtan remains pious linkage with auspicious pulsation of Rhythm and Rhyme.

The vibration of tune the heart-soaked words and the quest for oneness resounds in Ram Ram. The Melody swings the innermost being—where Sri Ram resides.

He gets awakened through the melody of Kirtan and He dances with you in His own name as He is within and You are in Him in musical manner.
Ram Naam—The Seed Mantra

Ram Ram
the seed mantra
is dynamic energy
which manifests
with acoustic pulsation.

The sonic Ram
remains hidden
beneath the silence.
Here Ajapa Japa
remains the linkage.

The sonic vibration
at sound level
works with Japa
and manifests
beyond the sound
and soundlessness
to reach out
to Sri Ram
at seed level
of non-creative
nirguna called
acoustic cosmos
of Ram Naam.
Power of \textit{Ram Naam}

Utterance
which rings
within
is \textit{Ram Ram}.
The silence
within has tides
of various kinds
interwoven
with noise and
chaos.
\textit{Ram Ram}
is silence and sound
smoothen the mind
so the action
is motivated!
Tides of sacred
thought
came up with
\textit{Ram Naam}.
Then noise
within loses
its voice.
The Zig Zag mind
is tied within.
The naughty
senses are
put to sleep
with \textit{Ram Ram}!
\textit{Ram Naam}
is the energy
of all creation
and uncreation.
\textit{Ram Naam}
effaces mortal relation.
\textit{Ram Ram}
elevates
one and all.
\textit{Ram Ram}
\textit{Simran} is salvation
from Birth and Rebirth.
Lotus thy *Rupa* — Sri Ram

Lotus is  
Revered most  
in Hinduism.  
Ancient art and  
aesthetics  
are punctuated  
with holy Lotus  
which is *Mangalic*  
and remains the  
Supreme Symbol of  
Sacredness!

At the yogic level  
Lotus blooms  
as the fragrance of  
*Ram Ram* remains  
within the bud of Lotus  
allowing  
a smooth sprouting  
of enlightenment.  
A Saint even hears  
the inaudible  
sprouting of Lotus  
bearing the dynamic of *Rupa*  
and *Tirtha Guna*  
of *Manas Sarovar*  
nestled in high Himalayas or  
in the yogic body  
of *Padmashan*  
gesture and revelation!
Conversation

O' Lord What's your identity?
'I am Ram!'

How do you look like?
'I am eternal jyot
—the light of creation and uncreation'

What's your rupa?
'I am formless sonic icon.'

How one can reach you?
'Through utterance
of Ram Naam.
One can recite and utter
and within the dynamics of body
I remain within silence!'

Where do you dwell?
'I am in every living creature
and even in non-livings'.

What's their identity?
'They are also Ram.'

How can Ram be many?
'Omnipresent is Ram
It may be in me, you or in all infinity!
I am residing in all. O dear Ram!'

How come I can be Ram as you are cosmic?
'You are part of me
search within and
feel me within the dynamics
of sound and silence
I am there O' my part
You are my Ramansha!'
Communication with Guru

At Sri Ram Sharanam
Guru is the Sevak
of Param Guru Sri Ram.
He utters
Sri Ram’s wishes
and provides
guiding perspective
all the time and
everytime!

After Diksha one
communicates with him
and experience many
mystic messages.
Guru enlightens us
provided we understand
His presence.
He communicates,
passes orders
without utterance.
Guru through
remote connection
plants the seed
in you;
which sprouts if you water it
with deepest
Sraddha.
His answers
get planted within!

Search for those
encoded replies
and solutions!
Be sure of
Finding those
Cosmic Commandments!
Guru is no Mystic
He does what
*Param Guru* wants!
Talk to him
while meditating
He would reply
Positively!

Download the
messages
within
to cruise
spiritually
beyond the mortal
surroundings.
Guru is there
and watching you
all the time!
Watch out!
He is the saviour
Just think of him!
Sri Ram would
speak out
from within.
Counting Beads of *Ram Naam*

On the *Diksha* day
Maharajji gives us
the woollen beads!
It's no ordinary symbolism
It's a *Raksha Kabach*
a saviour in worst of time.
It's a linkage
of celestial kind.
It effaces the sin
and purifies the self.
It has medicinal power
and final path breaker!

With utmost respect
and due reverence
when *Ram Ram*
is uttered with
sound and silence
The fingers rub
the knots
and acoustic vibration
works at conjunctions
as hand become warm
to tune up the nerves
Then *prem-bhava*
emits and linkage
is established
with every knot
which weaves the
spiritual fabric
of *Ram Naam.*
Self - Study

Swadhyay
—the mode of self-study
Remains the cultivation
Within of Spiritual kind.
Swami Maharaj
stressed upon it
to dispel darkness
and fear
and act of
self indulgence
to fathom meaning
which helps
open up mental horizon.

Rishi Patanjali commented
about self-study
as a sure mode of merging
with God—the Ishta Deva.
Swadhyay
remains an Exploration
of the inner self
then the derivatives
become Celestial Commandments.

Sadhak
who channels his energy
towards his Lord
gets impetus of cosmic kind.
Be it Srimad Bhagavat Gita
or Sri Bhakti Prakash
which help enlighten
varying kind
and different perspective
unfolds
like the blooming
petal of Lotus
on every occasion
of self-study.
Self gathering of knowledge is Self-realization and Self-exploration. Thus Swadhyay is Sadhana.

The sacred texts of immortal kind swing the mindset within.

During Sadhana Satsang delving in the Gita allows the dynamics of mind to come to the fore and be sure enlightenment would dance upon your Third Eye as knowledge smear your Bhava. So Swamiji Maharaj taught us the importance of Knowledge or Jnana Marga and Bhakti Marga at the unification level of Swadhayay.
All My Ram

Param Guru
You are Sri Ram
the all pervading
all powerful
and merciful
O’Ram!

O’Guru, O’Param Guru
O’ Swamiji Maharajji
O’Premji Maharajji
O’ Dr Viswamitraji Maharajji
O’Ram
You’re my Ram!

My friend is Ram
My Sakha is Ram
My relations are Ram
O’ my Ram.
Your are Ram
The Seeker is Ram
the Sadhak is Ram
the family is Ram
The Universe is Ram
O’ my Ram.

O’Ram you are
The Doer Ram
The Creator Ram
The Saviour Ram.
Animate are Ram
Inanimate are Ram
The Life is Ram
The Vision is Ram
The Salvation is Ram
O’ my Ram.
Sri Amritvani

The Celestial Nectar
flow by
\textit{Sraddha} envelop all
as utterance
finds a harmony
\textit{Amritvani}
touches upon
the \textit{Bhakti}
chord within.
It's worshipping
who chants
the pious words.
It's \textit{Upasana Karma}
yet mounts upon
the \textit{Karma} path.
The food of
thought
hidden beneath
sedimentation
of layers after layers
is for the
thought to explore.
So it's knowledge
path as well.
\textit{Amritvani}
is encoded
with most pious
\textit{Ram Nada}.
Chant it
to experience
sprouting of
the eternal plant
from the \textit{beaja}
or seed \textit{mantra}
\textit{Ram Ram}. 
Sri Bhakti Prakash

Swamiji Maharaj expressed
The Lila of creation
in Sri Bhakti Prakash.
He taught us
a method
of divine revelation.
He propounded
our conscious mind
is possessed
with subconscious
control device where
the Devi Shakti
presides.
The concept of writing
The plan of the themes
are never done
at conscious level.
The thought fountain
and its stages
of revelations are of
eternal nature under
supernatural control.
So every word
of Sri Bhakti Prakash
remains a direct
communication of
Cosmic order.
What’s HIS Nature?

He is embodiment of light!
He is fond of *Lila*.
He nurtures within all
He is ever playful!
He created all of us
out of Him only!
Gave us Human life
endowed us with
three *Gunas*—*Sattvaguna*,
*Rajoguna* and *Tamoguna*!
With these given *Gunas*
We act with our choice
and so we get results
out of our chosen path!

Suppose we act
too much with *Tamoguna*
of Greed and Lust!
Sensually we feel and
enjoy it as achievement!
But those are layered with pathos
and sorrows are in offing!
So the pain we get
because of our chosen path!
But again if you ask for pardon
He is the first to excuse us
So merciful He is!
He is most caring of all
Provided
You take refuge in Him.

He is within us
With the given choice
choose your path and
be in pain or happiness!
If you suffer
You make Him suffer!
But out of your doings
why make Him suffer!
How HE Looks Like!

Tell me, Tell Me how Sri Ram looks like?
O beholder! Discover Him around you!
Some say He is heavenly blue;
Some say He is charming Lotus hue
Shines like brilliance of million Suns.
Showers light of peace like at night of Purnima!
Some say He is around you as a glowing aura!
Be it His eyes, lips or feet
He is just like petals of Lotus
Whereupon dews shine as million stars!
Some say He is ray of hope
As in the dark cloudy night
He is a streak of light within you
If you search—it becomes a blissful glow
More and more you search
It grows bigger and bigger
It's eternal light which casts no shadow
It takes you there where no darkness prevail
He is Jyotirmay—Sattvaguna—Satyaprakash!
Sri Ram — The Teacher

He has given us this precious life
To teach and to choose from!
Be creative, Be promising
But always remember Him
He will take you to the Pinnacle.
Success would touch your feet!
So loving he is!

Avoid the acts of negations
Recite His name to keep aloof.
See that you are closer to HIM
away from greed and lust!

He is Paramkripalu
He is the bliss
hidden in you.
He plays hide and seek
while residing in you!
He loves you more
when you search Him hard
within the noiseful inside!

His Lila is all pervading
You can talk to him
You can seek help from Him!
He is within you—
Just a sincere call away!
Chant the Naam
Out comes Raaum.
Sri Ram  
The Cosmic Guide  
for mortal and immortal traverse!  
Once we realize  
He resides within  
and Simran of Ram Naam  
is done painstakingly  
then  
brilliance radiates!  
And the question  
of 'To be and not to be'  
never arises!  

Negations and self-control  
become involuntarily  
powered.  
Wrong thoughts  
wither,  
so the negative karma!  

Through the awakened  
Vivek He talks  
and guides for life cruise.  
Live for Sri Ram  
Leave out  
the given negatives.  
Thus Sri Ram  
once awakened within  
guides one and all  
to reach out to the  
eternal frontiers!

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Ram Naam — The Yoga

Away from Maya
Close to our heart
Spiritualism resides!
It’s Science and
Philosophy;
It got reasoning
called
Bhakti which
runs on a belief system
through the Ether
cord called Nama.
Ram Naam is the
essence within
It’s a spiritual path
and destiny as well!
Ram Naam
purifies the Self
beyond the
Identity called I
It has a rhythm
as young as a
splashing rivulet.

Ram Naam
remains unuttered
It runs from spinal base
to vocal cord,
yet remains silent.
Then it springs up to reach
our mind and the flash of
eternal light is seen
at the third eye—
The Shree Nayan
Then Bliss
besmear our heart
for eternal bathing.
Let Bliss
of Ram Naam shower on us
for final emancipation.
Ram Naam Guna

Ram Naam Simran allows attainment of pleasure and peace. Constant remembrance day in and day out remains Upasana and alongside mortal calling Ram Naam Simran facilitates Karma Kanda.

Meditation and contemplation with the touch of silence and utterance of Ram Naam cause the self-control and divine benediction follows. The Naam Guna changes perspective of life and culminates into eternal peace while journeying to the final abode of Sri Ram.
Bhakti Bhava

The Sadhak who nurtures deepest love for Sri Ram gets possessed!
The Bhava called Love or Prem dwells within. It arouses the longing for the ultimate merging with Sri Ram. The love of eternal kind empattern a sort of surrender to Sri Ram beyond the Birthlessness and Deathlessness. This Bhakti Marga is Karmic and also the mode for realization of knowledge. Thus Bhakti Bhava helps weave the cosmic robe for enwrapping the Sadhak while aspiring for salvation!
Sri Ram—Our Sakha

Fall in love
with Sri Ram
He is Sakha
He bestows
Love eternally!

Being lover
We seek him
Around always!
While we do
Simran
He teases us more
When His name
gets intensified
He Plays hide and seek!

But in distress
He appears
With healing touch
and we forget pain
in His love
So dear He is
He smears our mind
and soul
with love and care
He is Sri Ram
He is our Sakha
Beyond the realm of
Birth and Rebirth!
Ram Naam—An Awakening

Ram Naam
the utterance
is the sacredmost
acoustic expression.
It purifies one
from within.
Fear takes the backseat.
Ram Naam
wards off the sins
and erases our
negative qualities.
Ram Naam
if deep in heart
actualizes
the emancipation
from mortal life!
Ram Ram—The Mission

Ram Ram the Question
Ram Ram the Answer
Ram Ram the Lila
Ram Ram the Sport
Ram Ram is Quest
Ram Ram is Riddle.

Life is Ram
Death is Ram
Karma is Ram
Upasana is Ram
Knowledge is Ram.

Ram Naam gives us the Vision
Ram Naam awakens the Mission
Ram Naam is Prem and Invocation
Ram Naam ensures spiritual Salvation.
Melody

The melodious *Ram Ram*

is the Celestial Hymn.

It’s like nectar

for the pious kin

It’s the divine *Japa*

*Ram Ram* within!

Aspirations

*Sri Ram* is eternal

and truthful!

He is the light and the bliss

*Ram Naam* is embodiment

of Cosmic Tranquillity

He remains all powerful

and highest in dynamics

of aspirations.

Sri Ram—The Guide

*Sri Ram* is the cause

and effect of all utterance.

In Him

we find solace.

From Him

the nectars flow.

He who

empatterns our chanting.

He who guides for our salvation.
Where Sri Ram Resides!

Ram Ram has its glory
Hidden beneath —
Discourse
Chanting
and Singing!
The eternity of His forms
Remains the quest
for Sadhak.

Holy Name

Sri Ram is the holy name
His Simran
is the prologue of a song.
Ram Ram is yet
a cosmic punctuation
for the thoughtful Sadhak.
Meditate upon Him—
Source of all solution
So is Salvation
lies within Raam Naam.
The Path of Knowledge

Distinguishing between
truth and untruth
pure and impure
wrong and right
remains the Knowledge!

Knowledge is not
the bundle of
orthodox texts
but fathoming
the truthfulness
within the chaos
of thought and philosophy.

Knowledge is realization
which is in harmony
with natural self.
Because nature within
has dynamics of
God—Sri Ram
and fathoming
absolute truth
remains the cosmic longing
and the path for spiritual
salvation as well.
Final Abode

Ram Ram—
wherever it resounds
it reigns
the eternal pleasure.
Ram Ram—
the eternal Juice
unfolds its mysticism
which lead to
the final abode
of Peace.

The Eternal Cruise

Ram Ram—
the sonic string
links to the
immortal state
of Supreme Soul!
Sadhak who contemplates
and meditates
upon His name
can cruise calmly across
the temporal life-ocean
and finally merge with
Sri Ram
The summing up of life is
Ram Naam.
The Sacred Sound

Ram Ram
when uttered with
utmost Sraddha
the mind gets smeared
with the sacred sound of
Sri Ram.
One finds the abode
of Sri Ram
who dwells nowhere
but in the very name
Ram Naam
within the sound and silence
of Japa.

Mangalic Utterance

Sri Ram is all pervading
who showers the bliss!
He is trouble-shooter
for mortals, as we are!
Yet, in His name
The light of salvation
glows!
He is Mangalic
as the utterance of Ram Ram
remains the
sheet anchor of the Sadhak.
Cleanliness is Sacredness

Sacredness
of mind and body
remains the rim
of the spiritual wheel.
Cleansing
be it of clothes,
or mind body
is coupled
with pious soul.
And self-cleansing
is the process progressing towards
the Dharma
of righteousness.
Contemplation

Meditate upon Him
Contemplate on Sri Ram
—the dispenser of ultimate bliss!
Let your heart sing
in an uttered state!
Then divine realization
will envelop you!
Your mind and body
will stand still!

Instal the *Ram Naam* Icon

Instal
the formless Icon
called *Ram Naam*
in your innermost self
at the first string
of acoustic centre.
Then Bliss will be gotten!
Remember...
Where the sacred name
*Ram Ram* dwells
There resides the Lord of all
the *Vaiṅkuntha*!
Internalizing Purification

Once we instal
the Sonic Icon
Sri Ram in our heart!
We thus endeavour
the self-cleansing process!
The limitations
of double face and
duality of character
get destroyed!

Chittasuddhi
remains the goal
of Sadhak!
Banishing anger
diminishing lust
and nurturing love
beget the purification
within.
The pious inner-core
flashes the fragrance
of sacred kind.
Thus purification
ensures direct linkage
with the God
who is seated within
in the state of trance
—Satchitananda.
Sri Ram Around You

As the acoustic
vibration revolves
in the body
*Ram Naam*
Resounds as reassurance
with Sri Ram
whose abode is
within you.
He watches all your endeavour
So you beware
of His presence
everywhere.
He swings
and feels sad
when a *Sadhak*
nurtures aberration!

Thus Sri Ram
is the witness
He is the guide
and goal as well.
So feel him
around all the time
and seek His guidance.
Then you would
realize
the Dynamics of *Ram Naam*
the eternal spiritual boat
ferries to the final abode!
Ram Naam — The Tranquilizer

While one chants
Ram Naam
it involuntarily effaces
the mortal agonies!
It is a soothing
Tranquilizer
easing the mind
for our spiritual journey!

Ram Naam — The Eternal Exit Gate

Sri Ram remains
the final frontier!
His eternal name
is smeared with bliss!
He is the Exit Gate
for the mortal life.
Ram Naam
is the tree and seed as well
which provides the shade
through its acoustic swell!
Blow off your fear
Do Simran everywhere
Get rid of mental agony
On your spiritual journey.
Ram Naam—The Purifier

Ram Ram
The sacred name
When uttered through
Guru’s voice
becomes dynamic
As that simple
word is processed
in Siddhi
Its utterance
gets brilliance!
Thus once one gets
Diksha with Ram Naam
the life and Karma change!

Ram Ram
remains the source
of mystic Lila
as it effaces the wrong
and purifies within!
It banishes papa or sins
of Karmic level
and negate the negative
contemplation.
The mortal fear and agonies
wither with His name
So Ram Ram remains
the most powerful
seed Mantra!
Patience

Patience dwells in
Will Power
to control human
thought and action.
The Will to control is
the patience to highlight
and experience
the Dharma!

Merciful

Being merciful
is another element
of Dharma.
Avoiding provocation
in any perspective
comes out of self-control
and forgiveness.
When Sri Ram can
pardon the sinners
then why can’t we
follow his footsteps?

Forgiveness
ushers in calmness
which help
inward adjustment
that is linked
with our endeavour.
Ram Naam Miracle

Ram Naam
Diksha
leads to spiritual sphere;
Ram Naam
Yoga
awakens the sleeping self!

Ram Naam
expands our horizon
perspectives and vision.
Ram Naam
helps achieve
spiritual mission!
Yet, the lure
of unending ambition
is Maya’s creation
posed by Sri Ram
as a sign of interrogation!
We the Sadhaks
should realize
that materialism
is not the ultimate frontier.
It is a spiritual barrier!

Ram Naam
is inherent with
mystic values
and spiritual Siddhis.
One has to nurture it
for achieving spiritual
realization and emancipation
through Ram Naam.
O’ Guru, O’ Param Guru help us
to get drenched in
the eternal Naam.
Loving Ram

Since I became
Ram Naam Sadhak
I have fallen in love.
My love with Sri Ram
remained platonic
as Lila and Viraha swunged
within me!
My love affair
with Ram remain
a secret affair!

Today when the world
of lovers enjoying
Valentine Day
Sri Ram teases me
to enjoy a Divine Day.

He is my Sakha
who stands behind
me and plays
hide and seek.
When I look around
He is not found!
He taxes my patience
feigning innocence!

Sri Ram plays the game
'catch my glimpse'
and makes me tame.
Then romance rolls up
and I don't give up.

He utters from distance
and runs away.
I follow the Ram Dhun
but not able to utter!
He beams a passionate look
and make me shudder!
I feel lost
and my heart beats
faster!
The silent light
fascinates me
as I close my eyes
and he plants a kiss
on my ‘Third eye’.
But He never
awaits my response
as He runs away
with a teasing smile!
My love for Him
gets intensified
so my longing.
He comes to me
with Sakha Bhava
and breathes heavily
close to my heart!
He smears me,
with divine grace and I wait
for another date!

Everyday He comes
and goes and
before parting
I hear him saying
‘Same time, Same Place’.

He comes back
to keep His promise.
He remains my
pulsation Ram Ram
I am in bliss
and in deep love
O’ Ram!
Sri Ram—Love Me

Lovely thy name
O' Ram.
Love you bestow upon
to all sinners
like me!
So loving
merciful you are Sri Ram!
Ram is the utterance
of cosmic kind.
I cannot equate your love
my voice
my mouth is not worth
thy name!
Yet, you allow me to chant!
So merciful you are
Sri Ram!

Your Prem Bhava
is all pervading
and engrossing!
Yet I remain ignorant
an ailing patient of
Tama Guna!
Thus I fail
to pronounce your name
with loving care
so I falter!
Give me your love
Even an atom would do!
It will enable me
to experience your
Prem Bhava
which is unfathomable
for an ignorant like me!
Merciful Sri Ram

Asraddha
Adharma
overpower ordinary mortals.
But the sinner
who takes refuge
in Ram Naam
can escape the pitfalls!
Sri Ram is
all merciful
and grants refuge
with no discrimination.
Those who nurture
Tamasik Asraddha
even get respite
through Ram Naam.
Ever pardoning
Sri Ram is there
to salvage those who
surrender to Him
heart and soul.
Ram Kripa

Ram Naam Sadhak longs for the Bliss.
The Bliss and Blessings of Param Guru is Ram Kripa.
Sri Ram being most merciful
His Blessing or Kripa takes away negations of life and death.
Blessed with Ram Kripa one need not bother about salvation.
Ram Kripa is the celestial linkage enjoined with Naam philosophy and realization.
Ram Kripa is absolute truth a spiritual means for emancipation!
Ram Naam and I

We put our
Signature
in our every deed!
The credit line
of our endeavour
remains so pronounced
that I works
too much to cow down
others, belittle many.
I the ego
is the killer of good deeds
and sacred endeavour
gets ruined!
So the blessings are lost!

At Sri Ram Sharanam
Param Guru is the doer
who allows every
benevolence.
It's with His grace
Guru allows
a Sadhak to serve.
Yet some Sadhaks
stand foremost
even with folded hands!
But in course of time
they get smaller
in the eyes of others.

Thus banish
the I in yourself
and dedicate yourself
to Sri Ram.
In the process
I gets crushed
so are its pitfalls.
Think and act
as if He
is enacting in
yourself.
Thus self of shallow kind
gets the back seat!

Sri Ram
the mighty
acoustic vibration
can uncover
our narrowness
and disillusion
follows.
Chanting of
Ram Naam
shortens our
king-size I
and widens
our endeavour
of pious deeds
of selfless kind.
Ram Naam and Maya God

Maya is the Devi
of Wish and Desire.
She is the creator of
Lure and Lust!
She invites
for drinks and drugs
wealth and worthless sensuality!
Mortals become
temporal casualty!
To escape the menace
called Maya
pour no more oil
in your Diya of Desire.
Constant remembrance
of Ram Naam
helps escape the
vicious circle
of unending pleasure
whereafter follows the whirlpool
of agony and pain.
Banish the mortal wish
and Sri Ram would help
to wipe out your sins
and cruise across
the ocean of birthlessness
to his Vaikuntha—
the final abode.
Ram Naam—The Mystic Three Ss

Ram Naam Sadhak
should practise
Samyam.
This is self-control
—a mechanism of
positive punctuation
against greed and lust.
Self-Discipline
pious conduct
is Samyam.
Constant Simran or remembrance
of Ram Naam
serves as a
spiritual link.
Every endeavour
initiated with
Ram Naam is
Simran of celestial kind.

Sewa for Ram Naam
is an act of self-offering
to Sri Ram.
Sewa should not
demonstrate pseudo dynamics
or vanity and ego
emanating from
earthly wealth.
Sewa is complete submission
to Sri Ram
with no question asked!

Samyam, Simran and Sewa
are the three Ss
which illuminate the spiritual vision
of the Ram Naam Sadhak.
Shelve the Anger

Anger is a reflective state of mind. It disturbs mental disposition leading to use of negative words and provocative action.

When Sadhak is angry his patience is tested and tranquillity distanced. Sadhaks who do Simran of Ram Naam should be aware of the enemy—the Anger. Ram Naam processes the mind to evolve peace within! The Prem Bhava once awakened the disturbed state of mind takes the back seat and divine peace reigns within.
Doubt — The Hindrance

Sri Ram
the name of Param Guru
is the finest link
in our spiritual endeavour!
Sri Ram is the embodiment
of Nirguna
Ram Ram — the seed Mantra
is no common commandment
of Swamiji Maharaj.
He asked us to
realize its significance
and as a student of Science
experiment with the formula
of Ram Naam.

But if one nurtures doubts
one will get caught up
in the whirlpool of Sanshay.
Doubt begets doubt
and one will get landed
in the blind alleys of life.
Do away with the doubt
and surrender all your questions
to Sri Ram.
In the process
of cultivating belief
a new vista of Revelation
and Realization
is opened up
and you bathe
in the divine light!
Maan--The Turbulent Heart

The mind
capped with desire of all
absurd kind is Maan.
It's like splashing
rivulet or violent wind
with no bind!
So Swamiji Maharaj
describes it 'Avara Gardh-Maan'.

To checkmate deviation
one should engage oneself
in Karma and Ram Naam.
Then mind would not behave
like the tide of the ocean.

If each day is time-framed
with heavy schedule
so that mind does not remain
idle,
then one can get rid of
negative thought
and action.

Thus if days and years are
well punctuated
with positive endeavour
then life gets disciplined.
Again Simran of
Ram Naam rolls down
the carpet of Dharma
within to help the mind
tread the path
leading to emancipation.
Cultivating Cult of Control

The things
which are not ours,
fascinate us most.
Passionate desire
creates war within
and makes us aggressive.

The desire
for other ‘women’
and other ‘men’
disrupts our Sadhana.

Sadhak who champions
Dharma
should desist
from temptation.
Desire and longing
for anything not ‘ours’
should be banished.

Remember
the most fascinating
thing of the world is
Sri Ram
who is within you
provided
you uncover yourself.
Ram Naam
would facilitate
tranquillity within
which in turn would
keep our desire under control.
That is the manifestation
of Sri Ram.
Daan—The Gift

Charity or Gift when meant to uplift others is Daan. Srimad Bhagavat Gita indicates three kinds of charity—Gift of Knowledge. Gift of Counselling Gift of Service.

Donating knowledge which has benevolent effect for others is Mahadaan. Counselling with positive perspective is Sumati Daan.

The other Daan is Sewa Daan—the mission of service of a devout. Again, Sewa which is selfless and with no expectations is Mahadaan. Service by imparting knowledge, offering counselling and the service itself remain the three types of Daan.
How a Sadhak should be

Shelve thy jealousy
shed vengeance
and let the Karmic level be balanced!

Love and friendliness
to all and sundry
should be the guiding factor
for a Ram Naam Sadhak.
Winning all with love
should be the motto
without discriminating friend and foe.

Compassion for all
demarcation with none
and sincere involvement
in other’s pathos
ensure a Sadhak’s Prem Bhava!

No Sadhak should be ruthless
and nurture aloofness from
anything and anybody.

Banishing the aggressive ego
should be the Sadhak’s goal.
Attitude of Self-control
and mental disposition
to pardon others
need to be nurtured.
The behaviour of a
*Sadhak*
sshould be balanced
even when faced with extreme
happiness and
sorrow.

Self-contentment
with whatever one gets
and unperturbed with
whatever happens around
should be the nature
of a *Sadhak*!

*Sadhak's* heart be linked
with *Sri Ram*
and the self, the mind
and intellect
be dedicated to *Sri Ram*.

*Sadhak's* will power
and his trust in the
chosen path should
be unflinching and unshakable!
Duty is Worship

The whole universe
is created by
Paramatman—the Supreme Being
Sri Ram.
He dwells in all—
animate and
inanimate alike.
He destined all
with their respective Karma.
Deviating from one’s path
of Karma is aberration.
Duty towards parents
or to the family
or to the society
or to the creatures
or even to the flower
and plants
remain the duty of all
as ordained by Sri Ram.
None need to give up his
Karma as Karma itself is worship.
Sri Ram
dwells in all Karma
Discharging one’s
duty is an act of worship.
Fearless Mind

Sadhak
who surrenders
heart and soul
to Sri Ram
fears none
and dares all.
The fearless mind
submerged in
Sri Ram
sails on the celestial cruise
charting seas of life beyond
with no fear of losing anything
even not the mortal life!
Ram Naam — The Medication

Humans, as they grow,
get submerged in
the given negatives of life.
Some get addicted
to drinks and drugs
others get entrapped
in other deeper sins.

These in turn
invite ailments
of incurable type.
Pain and agony
follows
Pathos spread within.

The ailing mind
and the suffering body
can be cured
only with Ram Naam.

Ram Naam Simran
ignites Viveka—the conscience.
The awakened self
beckons the sinner
to lead a sane life
Chanting Ram Naam
all the while.

Constant Ram Naam Simran
effaces all the mental ailments.
Ram Naam remains
the Mahausadhi
as it cures
the mortal craving.
Experiencing *Naam* Medication

Life is full of craving with its attending tension. It disturbs the physical and mental health. *Ram Naam* remains the spiritual medication Swamiji and Gurudev have told us time and again.

It so happened on 19th January, 2000. I had a stroke of cerebral kind, causative factor remains my brain hernia from the frontal sinus. I experienced millions of electron raining down from my head as I was slipping into coma. Numbness spread all over my body left with the feeling of getting paralyzed.

I had no access to medicine as it was late night! Yet, Emergency hospital treatment was unaffordable.

I left myself to Sri Ram *Ram Naam* chanting went on within in an involuntary fashion
I forgot the time and space
I felt myself semi-dead
as the body was fast
turning into bundles of nerves.
But, after hours of this ordeal
I could open my eyes
I got the strength to lift
my hands and legs.

Chanting of Ram Ram
went on
I slept when I knew not
I got up when it was new morn
The whole day passed by
as if in trance
Physically my chest pain was on
But there continued Ram Naam Simran
Finally I slept
to wake up again
My mind and body had no pain!
I took no medicine
during 72 hours ordeal!
Yet I got myself recovered
with spiritual medication—
Ram Naam.
That is what I faithfully feel!
Ram Ram Prayer

Ram Durbar
is the sacred place
where each prayer
is heard
and solution comes forward.

Param Guru
Sri Ram is most merciful
Ask anything from Him
and He would provide you everything!
But ask for something immortal
It’s foolish to ask
for anything mortal.
Pray to Sri Ram for escape
from Life and Death
or grant you
unquestionable
Love and Bhakti
for Him or the final
oneness with Him.
Heighten your Ram Naam Simran
to the highest order
and demand anything from Him
But that must be
towards Spiritual Salvation.
Smaller things of life
like cravings and desire
beget more craving and more desire
with the fulfilment of our
cherished craving and desire.
Sri Ram could give you everything
but at the end
you would be entrapped
and caught
in the net of earthly longing
and die with unfulfilled wish and desire!
Chant Ram Naam
and cherish something sublime
and pray for prosperity of
immortal kind.
Ram Ram—Jai Jai Ram

Ram Ram
Jai Jai Ram
O' Eternal Jyot
You're so caring
Sri Ram!
The sound of your name
dempattern our mind
and deeds
within our Silence and Sound!
Your Nada smear our heart
as we negate our
Given Negatives!
You the Ram Ram
remain our seed Mantra
So please grant us refuge
Give us the power
to do Japa
where you and only you
will rule over our
Body, Mind and Soul—
Beyond the horizon of
Birthlessness and
Deathlessness!
Ram Ram
Jai Jai Ram
O' merciful Sri Ram!
Revelation — A Secret

Ram Naam
the eternal fountain
springs out from within
The Lila of Metaphysics
comes into play internally
With the Guru’s
blessings the Sadhak hears
the inaudible
He sees even
the invisible
and experiences
ecstasy within!
This Lila is the memorable
milestone on Sadhak’s
spiritual journey
Keep this realization a secret!
Share this secret
with none but Guru only
Mortal relations
have nothing to
do with this Lila
Sadhak’s lonesomeness
is facilitated
by Sri Ram
This is Sadhak’s spiritual saving
and it should be multiplied
with nobody knowing anything!
Composure

To aspire for spiritualism and realize the Guna of Ram Naam Sadhak should nurture composure of mind. This is a prerequisite for the realization of Ram Naam. Aspiration follows within the dynamics of Japa when the mind remain calm.

Away from chaos and noiseful within the sedateness reigns and within it Sri Ram resides.

Ram Naam Sadhak has to silence the sound within and without, to cultivate composure of mind to realize Sri Ram!
Sadhana

Sri Ram
O’ my beloved Ram
You remain
my goal and noble soul!
Let me cultivate the
deepest Bhava
with divine Guru Kripa
Let me mend my behaviour
and purify my body
and endeavour!
Swamiji Maharaj taught us
to create the
‘Sacred Temple’
called the self
before installing Sri Ram there
Let me try to do this
though it is impossible
Let me make possible what seems impossible.

Let me understand the cosmic
Ram Dhun
Let me sing and
chant loudly and silently
in Ram Durbar
Let me collect myself completely
Let me find Ram Dham in Ram Naam
O’ my Guru! Help me and guide me to
surrender myself to
Param Guru.
Wish Tree

I wished
to have pleasure;
I became a victim
of Maya. When one
wish got fulfilled
other desires
peeped out
and insistence on their
fulfilment followed.
Of late I found myself
besieged with
pain and pathos.
But Guru Kripa
showered on me
and my Vivek
called conscience
was awakened.
Sri Ram dwelled
in my nervous system
with sonic pulsation!
I was stopped
on every 'negation'
I was warned within
Then I could control
some of my longings!
Wish begets success
and success is often
suffixed with pain!
Such is the impact of wish
called materialism!
Now I hear the voice of Guru
commanding me only
to chant Ram Naam
and aspire for Wish
that begets Bliss.
I have full faith
in Ram Naam
and Sri Ram takes me
from one horizon to another horizon
in search of my salvation.
Faith

Without Faith
in Ram Naam
nothing fruitful
comes out!

Life without
Ram Naam
besiege ourselves
with sorrows
and suffering!

Sri Ram
tests the devout
with inflictions
of pain and pathos!
But unflinching Faith
binds the sincere sadhak
to Sri Ram!

Sri Ram
when faithfully
felt within
elevates the Sadhak
as Peace dawns
and Bliss showers!
Manifestation of Faith
in Ram Naam
is the salvation itself!
Belief in *Ram Naam*

Human beings since childhood
nurture many a Belief
and many a *Samaskar*
grow with them!

Absolute Belief
is the seed of
*Ram Naam Sadhana.*
This Belief is
unquestionable
and the seed-like
Belief sprouts all
spiritual aspirations
be in this life
or the life beyond!
Confidence and *Ram Naam*

Confidence in Guru is the foundation stone of the edifice—Spiritualism. Walking along the spiritual corridor our Guide and Guru we discover who helps clear our doubts and confusions in life! Confidence in *Sri Ram* and confiding the spiritual self to Him is a matter of Faith. Guru has confidence in *Sadhak* thus he unfolds to him the mysticism called *Sri Ram* who is all powerful and all pervading. Confidence remains the key of the spiritual vault—Emancipation!
Divine Revelations

Divine revelations
are no illusions—
rather a matter
of realization.
Commandments
or Akashvani
heard or felt
within
with Guru Kripa
is the mystic thread
which patterns a weaving
of loving relationship
with Sri Ram.
Feel Sri Ram within
and revelation
of divine kind
would flow out
to enable you
to rescue and help others
who need you
to reach out to Him.
Ram Durbar

Here in Ram Durbar
Sri Ram
is surrounded
with His
acoustic presence.

Sri Ram
remains
within the silence
and melodious
sound in
Ram Durbar.

Ram Durbar
is the Tirtha
whereby
acoustic Ganga
flows by.
Ram Naam
Sadhaks
chant in ecstasy and bathe
in the spiritual sound
at Ram Durbar.

Sri Ram dwells
in Ram Durbar
But He requires
no flower
or ritualistic
offering.

Sri Ram can’t be pleased
with fruits and sweets.
He does not descend
at the auspicious hour.
Sri Ram prevails
beyond time and space.
He purifies all—
who offer Him nothing
but only themselves.

*Ram Durbar*

is the escape
route of all mortals
from earthly suffering.

Feel the presence of *Ram Durbar*
everywhere
and pray for others
then and there.
*This pleases*

Sri Ram

who dwells in sonic power
in the omnipresent manner.
Ram Naam and Trust

Trust in
Ram Naam
is the cosmic pillar
whereupon stands
the spiritual stair.
Ram Naam
ensures
conscious stepping
over there
Trust in Ram Naam
is the pivotal hinge
whereupon rests the
Sadhana urge!
Trust in
Ram Naam
is the spiritual manifestation
ending up in final salvation.
Sacred Word—Ram

Ram Naam is the lyrical, sweetest sound of eternal kind. The lucidity within Ram is like the musical aalap. Ram Naam is like listening to rhythmic music of the sacred sound of creation!

The core sound Ram Ram is the cosmic key and at Japa it is the mode or Simran which unfolds the mysticism of unfathomable dynamics of eternal acoustic energy that is Ram Naam.
Pravachan

Sri Ram
wishes
The Guru utters
and proclaims
the path
of eternal kind.

Sri Ram
feels for your
failure and sorrow
Then Guru
casts his attention
and pray for
your salvation—
both mortal and spiritual!

Sri Ram
grants the Kripa
on Sadhak
Through Guru Kripa
the Bliss is showered
Nurturing ultimate
Sraddha on
the words of Guru
is of primary
importance
Guru Vachan or his words
are ordained
by Sri Ram Himself
Guru says
whatever
Sri Ram
wishes to utter.
Guru
remains the medium and through
his Siddhi he guides us
successfully on the spiritual track.
Namaskar

Swamiji Maharaj
proclaims that
before meditation
offer yourself
to Sri Ram
as you lower
your heads.
Self without /
and submission
to Him
should be complete.
Articulate
movement of body
is followed
by Bhakti filled
utterance of Sri Ram.
Thus mind and body
remain harmonized.
Swamiji again
proclaims
that the total
submission
to Sri Ram
not only cause
Mukti but
also efface
Papa
we gather
as a stone
gathers moss.
Sri Ram is the eternal light
and graceful
offering of Self
to that light
pave the path
for the complete
submission and
amalgamation
with Sri Ram.
Dhyan

Installing
Sri Ram
at your third eye
and experiencing
the Bliss
is the secret of meditation
for Ram Naam Sadhak.
Meditation
leads to Siddhi
and then celestial
linkage is established
with Sri Ram.
Mysticism and
salvation is awaiting
the Sadhak
to open up new
vistas of vision
beyond
Deathlessness
and Birthlessness.
Meditation

Swamiji guides us
how to submit
to Sri Ram.
Namaskar
to Sri Adhisthanji
should be
with Bhava-purna
bowing.
Attention should remain
towards the spiritual Sun
whose radiance
beams from the third eye.
Ram Naam
chanting within
helps open up
the ten Chakras
and hence Chittasuddhi
can be attained!

It purifies Buddhhi
and Vivek comes to the fore
For the Ram Naam Sadhak
Salvation reaches the shore!
Ram Ram— The Lyrical Note

Sa re ga ma
It’s Shristi or
the cosmic beginning
called
Ra...au...mma!
Ram Dhun
rings on
eternally!
It’s a musical voyage
as Dhun sings on
Ram Ram Ram!

Ram Ram Ram
is the song and tune
It’s the musical instrument
as well!

Sound of
Ram Naam Dhun
purifies
the mind and soul
and links it up
with sonic Sri Ram.
It’s an Aalap
or Kheyal
yet never changes its
Raga while
hour after hour
Ram Ram Ram
keeps on ringing
the world over!
Ram Naam — The Cosmic Tree

Ram Ram
the seed
when sprouts
slowly Tree it becomes!
It is immortal
or Akshayay
which provides
spiritual shade to all.

Ram Ram
branches out
from one end to the other—
sometime it is a
root; sometime a
stem; sometime a
fruit; sometime a
seed!

Sri Ram resides in
the cosmic tree
which envelops
the whole universe
of active or inactive kind!
He is the shelter
He is the food
He is the means
He is the goal
He is Param Purush
—the Cosmic Tree!
Sonic Sri Ram

Sri Ram
is omnipotent
and omnipresent
He is beyond
the Icon
time and space
He is Arupa
yet Jyoti remains
His true identity.

Sri Ram is above
all the nature
so He is Nirguna
Yet He is merciful
and caring
He remains
for all who take
refuge in Him!

Through rituals of worship
with flower and food
He need not be reached.
He is accessible
through Japa,
Simran and Kirtan
So simple is
Sri Ram.
Complete
surrender to him in
acoustic silence
with Prem Bhava
would please Him.
He distances none—
rich and poor
or the helpless sinner
He resides within you
just you remember!
Sri Ram—The Positive Energy

Sri Ram
dwells everywhere
He is the positive
ergy of the Universe
He comes down
as rain from the space
For a Sadhak
who lives
with Simran
may observe
sparkling rain
without water
pouring from the sky
in a diagonal fashion
This is the positive
energy and if we are
correctly tuned to Sri Ram
we will be bestowed with
divine Ram Kripa.

Ram Kripa is the
eternal energy
raining down
all the time
But it can be
observed only when
we have the capacity
to vision His Lila.
Shelve the Fear

Sojourn in the mortal body is an individual affair.
Individually we feel lonely no matter how big is our family and the spread of our relation! Mortally we flock together only to get rid of pain and fear.

In the lonely life our only partner is Sri Ram who helps us to discharge our duties and dispel our failure and fear.

Ram Naam is the eternal cord It’s an antenna to receive revelations It’s a stick to walk across! It’s a whip to control our aberrations Sri Ram is the friend living within you So then why fear when He is the navigator!
Testing Time for Sadhak

Ram Naam Sadhak
with lukewarm approach
towards Sadhana
sometime lands up in the
whirlpool of suffering.
Then the Sadhak
tends to
abuse his name
and fame
with the acquired
spiritual power
The sweat of
unhappiness
erase the noble
Karma of yester years.

With the passage of time
the Sadhak realizes his mistake
and sets himself steadily
on the path of Sadhana.

Again with the time
temporal sorrow
take the back seat
after the testing time
is over
With divine grace
the Sadhak
is all set to
experience
the bliss of eternal kind.
Cry in His Name

Tears roll down
the cheeks of Sadhak
not for temporal sorrow
not for mortal loss
but for spiritual elevation
Those tears roll down
only for repentence
and spiritual submission
Cry for Ram
Cry with Ram
and more tears you shed
you become more blessed
ever ready to take off
for final emancipation!
Ram Naam Addiction

Drink a glass
of Divine nectar—Ram Naam
It produces
a sort of
spiritual intoxication
The state of
addiction
and the trance
experienced within
is sublime.
The elevation
the swing
the vision
of Ram Lila
open up new vistas
of spiritual experience.
Divine bliss and
piousness
dawn on you
There is no
supplement to
Ram Naam
The life is worth
of addiction
but only with the
Divine nectar—Ram Naam.
Sri Ram Within

Japa Ram Japa Ram
Jai Jai Ram
Japa Ram inwardly
Japa Ram outwardly
Japa Ram Japa Ram
Jai Jai Ram.

Remember Ram
Simro Ram
Japa Ram
while dreaming
or working
Japa Ram
while talking
or walking
Japa Ram Japa Ram
Jai Jai Ram.

Think of Ram
Look up for Ram
Try to feel Ram
Talk to Ram
Live with Ram
Japa Ram Japa Ram
Jai Jai Ram.

Japa Ram Japa Ram
with open heart
and with no halt
Laugh with Ram
Joke with Ram
Eat with Ram
Sleep with Ram
Jai Jai Ram
Ram Japa Ram Japa
Ram Ram Ram.
Karma Yoga

Swamiji Maharaj proclaims—
Narayan resides in one and all
and dedication unto Him at the Karmic level is Nishkama Karma.

He is the absolute one
For the Sadhaks He is Sri Ram
He showers inspiration for human Karma
and through the medium of sound His blessings descend.

Thus life and death
happiness and sorrow
bliss and blessing
are part and parcel of Sri Ram
Dedicate your work to Him
and live for Him
Then Mukti is assured
Karma I do
Karma you do
let it be done piously
in His name
He is the creator and controller
of all Karma and its fallouts.
The Eternal Deepak

Ram Naam
the eternal Deepak
beams light of
enlightenment
amongst Ram Naam Sadhaks.

Ram Naam
clears the vision
Illusion and lust
get faded
The wish and
longing for
Sri Ram
get enhanced!

Ram Naam
burns the
mortal wish
and paves the path
for liberation
of eternal kind!
Ram Naam—The Light

The alphabets
of eternal light
are infinite
The rays and flickers
beam from nowhere
are personification of Sri Ram.

Our knowledge
of colours
is not enough!
The streak of
shining colour
the mixture
and collaboration
of visions
of vivid nature
are all His play!
Sometime it
dances upon the
third eye
sometime it
smears the eyelid
and a feeling
of divine happiness
run through our
nerves
Sri Ram proves
His presence
through the medium of Light—
divine and sublime.
Never Question!

Sri Ram—
the cosmic sound
and embodiment
of formless eternal light!
Sri Ram is unquestionable
and beyond doubt!
He can be reached
only with Sraddha
and not through sheer reasoning
His Guna can smear
all the mortal beings!
Sri Ram is all powerful!
Pray to him while in distress
He is all merciful!
Experience Him
with total
submission to Him!
He is the final goal
of emancipation
Experience it while
doing Sadhana
and get all your reasoning answered!
But question Him not
being a mortal being!
Yet you can
argue with Him
Talk to Him
and even fight
with Him
He would smile and love
as a mother does
So affectionate
is our Ram
Feel Him
through love and Bhakti
and question never
your spiritual endeavour.
Silence Called Sound

Silence is Sound
it is nothing mystic
When sound
loses its pitches
and echo fades
the silence peeps out within
*Ram Naam Japa*
allows this experience
Sri Ram resides in the
sanctum sanctorum
of the heart
hemmed with silence
The state of mind sans
chaos or sound
is the significant
aspect of
*Sadhana Satsang*
I wish I could be able
to fathom
the frequency of *Anahata*
or soundlessness
or silence of
celestial communication.
Ram Bhaj

Ram Bhaj Ram Bhaj
Ram Ram Ram
Feel Ram within
Feel Ram without
Ram Bhaj Ram Bhaj
Ram Ram Ram.

Ram Bhaj Ram Bhaj
Ram Ram Ram
Ram is in pain and pathos
Ram is in happiness and peace
Ram is in distress
Ram is in loneliness
Ram is in love
Ram is in peace
Search Him in work
Search Him in worship
Search Him in self-study
Aspire for Him
Inspire others for Him
Ram Bhaj Ram Bhaj
Ram Ram Ram.
Archana

Ram Naam Archana
is the essence of life
and living
Ram Naam Archana
effaces the negations
of mind — jealousy,
anger or hatred.

Ram Naam Archana
makes the mind pious
and purify our endeavour.

Ram Naam Archana
inspires the mind
for immortal longing
and helps cruise down the
road of mortal duty.

Let us pray to Sri Ram
Let us chant Ram Naam
Let us live a life of dedication
Let us live a life of meditation
This is the essence of
Ram Naam Archana.
Viraha—The Parting

During Sadhana Satsang
we witness the
vision of love and loneliness
Materialism banishes
Spiritualism awakens
Mortal relations
and the sound around
take the back seat.

Introspection is
allowed and
dynamics of elevation
is felt
Maharajji’s voice
His thought
mould our mind
towards spiritual aspiration
In the Akhand Jap
the sound of silence
and chanting of light
spark off
a sort of
repentance
for our earthly deeds!
But at the final hour
we are oblivious
of everything
and find ourselves
playing
on the lap of
Gurudev and Sri Ram
Then time comes
for parting
The sense of parting
or Viraha
looms large on our mind
We wish to come back again and again
at the feet of Param Guru
for furthering spiritual realization.
...“Gautam in his Ram Naam Theme and Thought has begun with Ram Naam Vision and concluded his exposition with Viraha encompassing ninety-nine thought provoking titles in between. A figure of 101 is considered highly auspicious in Hindu Mythology. He has covered 101 themes in 101 pages. A page a day will make Sadhak’s day. I congratulate Gautamji for his notable revelations on Ram Naam which when contemplated by Sadhaks will bring them peace, joy and bliss....”

Dr Viswamitraji Maharaj