

public organizations, including the Johnson & Johnson Charitable Trust, MacArthur Foundation, and the West Family Foundation.

The project has been developed through the cooperation of many Federal and State mental health organizations, advocacy groups, mental health providers, researchers, consumers and family members. A Web site (<http://www.mentalhealthpractices.org>) was created as part of Phase I of the project, which included the identification of the first cluster of evidence-based practices and the design of implementation resource kits to help people understand and use these practices successfully.

Basic information about the first six evidence-based practices is available on the Web site. The six practices are:

1. Illness Management and Recovery
2. Family Psychoeducation
3. Medication Management Approaches in Psychiatry

4. Assertive Community Treatment
5. Supported Employment
6. Integrated Dual Disorders Treatment

Each of the resource kit contains information and materials written by and for the following groups:

- Consumers
- Families and Other Supporters
- Practitioners and Clinical Supervisors
- Mental Health Program Leaders
- Public Mental Health Authorities

Material on the Web site can be printed or downloaded with Acrobat Reader, and references are provided where additional information can be obtained.

Once published, the full kits will be available from National Mental Health Information Center at <http://www.health.org> or 1-800-789-CMHS (2647).

Appendix F: Effective Substance Abuse Treatment Practices

To assist potential applicants, SAMHSA's Center for Substance Abuse Treatment (CSAT) has identified the following listing of current publications on effective treatment practices for use by treatment professionals in treating individuals with substance abuse disorders. These publications are available from the National Clearinghouse for Alcohol and Drug Information (NCADI); Tele: 1-800-729-6686 or <http://www.health.org> and <http://www.samhsa.gov/centers/csat2002/publications.html>.

CSAT Treatment Improvement Protocols (TIPs) are consensus-based guidelines developed by clinical, research, and administrative experts in the field.

- Integrating Substance Abuse Treatment and Vocational Services. TIP 38 (2000) NCADI #BKD381
- Substance Abuse Treatment for Persons with Child Abuse and Neglect Issues. TIP 36 (2000) NCADI #BKD343
- Substance Abuse Treatment for Persons with HIV/AIDS. TIP 37 (2000) NCADI #BKD359
- Brief Interventions and Brief Therapies for Substance Abuse. TIP 34 (1999) NCADI #BKD341
- Enhancing Motivation for Change in Substance Abuse Treatment. TIP 35 (1999) NCADI #BKD342

- Screening and Assessing Adolescents for Substance Use Disorders. TIP 31 (1999) NCADI #BKD306
- Treatment for Stimulant Use Disorders. TIP 33 (1999) NCADI #BKD289
- Treatment of Adolescents with Substance Use Disorders. TIP 32 (1999) NCADI #BKD307
- Comprehensive Case Management for Substance Abuse Treatment. TIP 27 (1998) NCADI #BKD251
- Continuity of Offender Treatment for Substance Use Disorders From Institution to Community. TIP 30 (1998) NCADI #BKD304
- Naltrexone and Alcoholism Treatment. TIP 28 (1998) NCADI #BKD268
- Substance Abuse Among Older Adults. TIP 26 (1998) NCADI #BKD250
- Substance Use Disorder Treatment for People With Physical and Cognitive Disabilities. TIP 29 (1998) NCADI #BKD288
- A Guide to Substance Abuse Services for Primary Care Clinicians. TIP 24 (1997) NCADI #BKD234
- Substance Abuse Treatment and Domestic Violence. TIP 25 (1997) NCADI #BKD239
- Treatment Drug Courts: Integrating Substance Abuse Treatment With Legal Case Processing. TIP 23 (1996) NCADI #BKD205
- Alcohol and Other Drug Screening of Hospitalized Trauma Patients. TIP 16 (1995) NCADI #BKD164
- Combining Alcohol and Other Drug Abuse Treatment With Diversion for Juveniles in the Justice System. TIP 21 (1995) NCADI #BKD169
- Detoxification From Alcohol and Other Drugs. TIP 19 (1995) NCADI #BKD172
- LAAM in the Treatment of Opiate Addiction. TIP 22 (1995) NCADI #BKD170
- Matching Treatment to Patient Needs in Opioid Substitution Therapy. TIP 20 (1995) NCADI #BKD168
- Planning for Alcohol and Other Drug Abuse Treatment for Adults in the Criminal Justice System. TIP 17 (1995) NCADI #BKD165
- Assessment and Treatment of Cocaine-Abusing Methadone-Maintained Patients. TIP 10 (1994) NCADI #BKD157
- Assessment and Treatment of Patients With Coexisting Mental Illness and Alcohol and Other Drug Abuse. TIP 9 (1994) NCADI #BKD134
- Intensive Outpatient Treatment for Alcohol and Other Drug Abuse. TIP 8 (1994) NCADI #BKD139

Other Effective Practice Publications

- CSAT Publications—
- Anger Management for Substance Abuse and Mental Health Clients: A Cognitive Behavioral Therapy Manual (2002) NCADI #BKD444
- Anger Management for Substance Abuse and Mental Health Clients: Participant Workbook (2002) NCADI #BKD445
- Multidimensional Family Therapy for Adolescent Cannabis Users. CYT Cannabis Youth Treatment Series Vol. 5 (2002) NCADI #BKD388
- Navigating the Pathways: Lessons and Promising Practices in Linking Alcohol and Drug Services with Child Welfare. TAP 27 (2002) NCADI #BKD436

- The Motivational Enhancement Therapy and Cognitive Behavioral Therapy Supplement: 7 Sessions of Cognitive Behavioral Therapy for Adolescent Cannabis Users. CYT Cannabis Youth Treatment Series Vol. 2 (2002) NCADI #BKD385
 - Family Support Network for Adolescent Cannabis Users. CYT Cannabis Youth Treatment Series Vol. 3 (2001) NCADI #BKD386
 - Identifying Substance Abuse Among TANF-Eligible Families. TAP 26 (2001) NCADI #BKD410
 - Motivational Enhancement Therapy and Cognitive Behavioral Therapy for Adolescent Cannabis Users: 5 Sessions. CYT Cannabis Youth Treatment Series Vol. 1 (2001) NCADI #BKD384
 - The Adolescent Community Reinforcement Approach for Adolescent Cannabis Users. CYT Cannabis Youth Treatment Series Vol. 4 (2001) NCADI #BKD387
 - Substance Abuse Treatment for Women Offenders: Guide to Promising Practices. TAP 23 (1999) NCADI #BKD310
 - Addiction Counseling Competencies: The Knowledge, Skills, and Attitudes of Professional Practice. TAP 21 (1998) NCADI #BKD246
 - Bringing Excellence to Substance Abuse Services in Rural and Frontier America. TAP 20 (1997) NCADI #BKD220
 - Counselor's Manual for Relapse Prevention with Chemically Dependent Criminal Offenders. TAP 19 (1996) NCADI #BKD723
 - Draft Buprenorphine Curriculum for Physicians (Note: the Curriculum is in DRAFT form and is currently being updated) <http://www.buprenorphine.samhsa.gov>
 - CSAT Guidelines for the Accreditation of Opioid Treatment Programs <http://www.samhsa.gov/centers/csat/content/dpt/accreditation.htm>
 - Model Policy Guidelines for Opioid Addiction Treatment in the Medical Office http://www.samhsa.gov/centers/csat/content/dpt/model_policy.htm
 - NIDA Manuals—Available through NCADI
 - Brief Strategic Family Therapy. Manual 5 (2003) NCADI #BKD481
 - Drug Counseling for Cocaine Addiction: The Collaborative Cocaine Treatment Study Model. Manual 4 (2002) NCADI #BKD465
 - The NIDA Community-Based Outreach Model: A Manual to Reduce Risk HIV and Other Blood-Borne Infections in Drug Users. (2000) NCADI #BKD366
 - An Individual Counseling Approach to Treat Cocaine Addiction: The Collaborative Cocaine Treatment Study Model. Manual 3 (1999) NCADI #BKD337
 - Cognitive-Behavioral Approach: Treating Cocaine Addiction. Manual 1 (1998) NCADI #BKD254
 - Community Reinforcement Plus Vouchers Approach: Treating Cocaine Addiction. Manual 2 (1998) NCADI #BKD255
- NIAAA Publications—* These publications are available in PDF format or can be ordered on-line at <http://www.niaaa.nih.gov/publications/guides.htm>. An order form for the Project MATCH series is available on-line at <http://www.niaaa.nih.gov/publications/>