

CASE MIX ASSESSMENT TOOL (CMAT) DRAFT 7.0 version 1.0

For research purposes only - Final operational instrument will retain only items useful for case mix. Paper version of automated CMAT.

PSYCHIATRIC and COMORBID CONDITIONS (cont)**18. Psychotic Symptoms** (Code for indicators observed in the last 3 days)

- 0. Not exhibited
- 1. Not exhibited in last three days but is reported to be present
- 2. Exhibited 1-2 of last 3 days
- 3. Exhibited daily, not persistent
- 4. Exhibited daily, persistent

- a. **Hallucinations:** Erroneous/false perception involving any of the senses (hearing, vision, smell, taste, touch)
- b. **Delusions:** Fixed false beliefs or thoughts
- c. **Disorganized Thinking/Speech:** Loosening of associations, blocking, flight of ideas, tangentiality, circumstantiality, etc.

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19. Mania - grandiosity, talkativeness, racing thoughts/flight of ideas, distractibility, agitation, irritability. Indicate if exhibited in last 3 days.

- 0. Not exhibited
- 1. Exhibited 1-2 of last 3 days
- 2. Exhibited daily

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20. Danger to Others (Code for most recent incidence)

- 0. Never exhibited
- 1. Instance prior to the last year
- 2. Instance in the last year
- 3. Instance in the last 30 days
- 4. Instance in the last 3 days

- a. **Violence toward Others**
- b. **Violent Ideation**

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21. Aggression (Code for frequency within the last 3 days)

- 0. Not exhibited
- 1. Not exhibited in last three days but is reported to be present
- 2. Exhibited 1-2 of last 3 days
- 3. Exhibited daily, not persistent
- 4. Exhibited daily, persistent

- a. **Verbal Aggression**
- b. **Physical Aggression** (e.g., attack or assault)

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22. Self-injury and Suicidality

- a. **Considered performing a self-injurious act in the last 30 days**

- 0. No
- 1. Yes

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- b. **Self-Injurious attempt** (Code for most recent instance)

- 0. Never
- 1. Attempt more than 1 year ago
- 2. Attempt in the last year
- 3. Attempt in the last 30 days
- 4. Attempt in the last 3 days

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- c. **Intent of any self-injurious attempt was to kill him/herself**

- 0. No/No attempt
- 1. Yes

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- d. **Suicide plan** - Patient has a current suicide plan

- 0. No
- 1. Yes

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23. Cognitive Function / Communication

- a. **Short-term memory OK** - seems/appears to recall after 5 minutes

- 0. Memory OK
- 1. Memory Problem

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- b. **Long-term memory OK** - seems/appears to recall distant past

- 0. Memory OK
- 1. Memory Problem

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- c. **Procedural memory OK** - Can perform all or almost all steps in a multi-task sequence without cues for initiation

- 0. Memory OK
- 1. Memory Problem

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- d. **Situational memory OK** - Both recognizes staff names/faces frequently encountered AND knows location of places regularly visited (bedroom, dining room, activity room, therapy room)

- 0. Memory OK
- 1. Memory Problem

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- e. **Daily decision making:** How well patient makes decisions about organizing the day (e.g., when to get up or have meals, which clothes to wear or activities to do)

- 0. **Independent** - decisions consistent/reasonable

- 1. **Modified Independence** - some difficulty in new situations only

- 2. **Minimally Impaired** - in specific situations, decisions become poor and cues/supervision necessary at those times

- 3. **Moderately Impaired** - decision is consistently poor, cues/supervision required at all times

- 4. **Severely Impaired** - never/rarely makes decisions

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- f. **Insight into mental health problems** - Degree of patient insight

- 0. Full
- 1. Limited
- 2. None

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- g. **Making self understood (Expression)** - Expressing information content -- however able

- 0. **Understood** - Expresses ideas without difficulty

- 1. **Usually understood** - Difficulty finding words or finishing thoughts BUT if given time, little or no prompting required

- 2. **Often understood** - Difficulty finding words or finishing thoughts, prompting usually required

- 3. **Sometimes understood** - Ability is limited to concrete requests

- 4. **Rarely/never understood**

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