

## RAM NAAM AND RECESSION

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Economic melt down, sensx crash, lay-off and all kind of uncertainties are in the air as RECESSION is looming large over the world especially in US and Europe. The Challenges of recession are so grave that even our sacred 'Trust' is getting diminished at this juncture. Even Ram Naam Sadhak-families are reeling under "Recession in Ram Naam". And as a scared lot everyone wants a piece of advice from "Maharaj ji" for some kind of solutions, at least a knee jerk response of divine kind.

Dr. Vishwa Mitterji Maharaj ji will be visiting States in May and everyone will be seeking his "Shree Darshan" and hear from his "Shree Mukh". Mortal questions will prevail upon the spiritual quest as we are mortals, after all. Maharajji is carrying the most valuable anti-dote of Recession "pure and Ultimate faith, Shraddha in Ram and HIS NAAM" which will descend on as "RAM Kripa" provided the "patra or the receiving bowl" is clean and properly up kept to accumulate the celestial raining of Ram Naam. This article is the *Suomoto* precursor for the mental preparedness of Ram Naam Sadhaks. Sadhaks in Delhi, do flock around Maharajji to get solutions and blessings for, prosperity, removal of pain, diseases, yet sordidly they drag Maharajji to their mundane "Man made" complexities. Lesser people have spiritual quest as mortal and materialistic questions dominate. The heat of "recession" is also engulfing people here, so the traffic of Sadhaks to "give darshan" (and surely not to have darshan) is increasing enormously. They think with "Magic Wand" Maharajji will spring surprise solutions for them. But we tend to forget how those solutions are a matter of grave absorption of negative Karma of sufferer-sadhaks for "Maharajji" who takes away the pain and through the process of purification and he destroys his ownself so that people can get some relief and respite. Here I want to ask –Is our problem more important than Maharajji? Are we asking too much for our sake at the cost of his spiritual and Mortal health ? Just think and internalize ! But I can assure you that Maharajji never turns a blind eye to any one as he eternally surveys all, through the 64 angles (*Esha Kon or disha*) of scanning the space in any given time to oversee our progress and remove our pain. But he wonders, when Swamiji Maharaj had clearly stated, which was proven with time, that all the key of the solution lies within the dynamic and most powerful "Ram Naam" then why people look for mortal counseling as the greatest adviser "Ram" is seated within us in an unawakened state waiting only to be awakened with complete shraddha and ultimate surrender to HIM. .

Yet I feel Maharajji understands the “Socio-Economic” dilemma as he prays for all and this he is doing, the divine contemplation, after emphatic understanding and analyzing the ongoings of “heat of recession” which is yet to form a demonic shape when crash will happen more prominently, socio culturally, apart from economic nose down. But, it’s not that scary if one has complete *astha* and faith in *Raam Naam*! Because of through *Ram Naam* one can distinguish between Real and “Unreal” and *Param Guru* gives the wisdom of disillusionment.

Depression of Socio-economic kind is surely knocking at our doors, but for *Ram Naam Sadhak* this is another time, to burn the *Karma*, douse the ever expanding “wish-lamp”! It is perhaps easy to say than to face the impending sordid situations! However, I want to take you to the memory of *Jhabua* and then *Ujjain Jail*, where hardened criminals who faced death sentences and in “solitary confinements” (once the judgment was pronounced) they experienced the “point of no Return” and “Blind Ally all around” but I have seen them “escaping” gallows with only one thing” EXTREME MOST SHRADDHA IN RAM NAAM!. Many Life-Termers got pardon as their inner mind almost got the status of Saint and outer-self saw the sea change as piousness prevailed. A life termer was released and blessed to be the caretaker of *Shree Ram Sharanam* in *Madhya Pradesh*. These are epitomes of *Ram Kripa*. Hundreds of hardened criminals could successfully combat the “worst situation” as they believed *Maharajji* and surrendered everything *tann, mann, dhyan, dharana* to *Ram*! These are the functional catch words that mended their lives and can become our inspiration to learn and unlearn.

*Swamiji Maharaj*, placed “*Ram*” atop above all mortals so *Shri Ram* is *Param Guru*! Imbibing the spirit of *Param Guru* and constantly remembering the words of *Guru* and *Raam Naam* are “*Maha Aushadhi*”. In the situation of “crisis” most wonderful thing can be discovered, this has been part of our civilization’s memory. In the onslaught of recession, we tend to get depressed, frustrated and experience an all time low! These are symptoms of ailment which need to be understood in perspective, if we toil for “*santushti*” and try to accept the “givens” and do not get driven by the greed of cravings, then the impacts of recession will be less! However, before we handle recession, we need to understand its ailments, its symptoms in originality before we treat it. Symptoms of recession are thus peeled off.

**R**eeling under Socio-economic uncertainties are first sign of Recession.

**E**conomic slump and debt management become chaotic.

**C**onfidence level touches all time low.

**E**motional fragmentation rules the life style.

**S**ocial security becomes uncertain.

**S**ocial behavior tends towards aberration.

**I**ntant non-Calculative decisions add to the woes.

**O**penings shrink and we feel that we are approaching dead ends.

**N**egativism or *Tamas tattwa* prevails in dynamic fashion.

These are some of the broad symptoms of Recession and is taking lives of people as suicides are mounting high all over the world. But Ram Naam sadhaks are different and can handle grave situations with ultimate SHRADDHA IN RAM NAAM. Let us define the concept which is the anti-dote of recession!

**S**at Guru and Param Guru Ram is surely seated within us,

**H**oliest of Holy word is “Ram” that can dispel all the darkness.

**R**am is epitome of Shraddha that navigates the life of a devont.

**A**wakening of “RAM” within is the cosmic soul empowerment that remains the mission.

**D**evilish life style or its impact runs into “Auto correction mode” with Naam Jaap and Param Guru,

**D**earest Dear is Ram, He is sakha and embodiment of MAA.

**H**indrances of life get diminished once we do complete surrender to Guru and Ram Naam.

**A**ssurance from Ram unfolds automatically once we fill our body and mind with Ram Naam.

**I**nter confidence to perform and discharge one’s duty comes to the fore with Ram Naam.

**N**othingness or void will not bother if we believe that Param Guru Ram is our final destiny.

**R**amamayeness is a state of elevated soul, which descends upon all with trust.

**A**ltering negatives is possible when we increase velocity of Ram Naam Jaap.

**M**inimising the “craving” is possible when we know that there is one truth Ram and rest is Maya.

**N**aam Jaap is a “purifier” that counters and curtails one’s greed and desires.

**A**venues anew from “point of no return” are opened by Param Guru Ram.

**A**tending to duties are eased out when Bhavmaye Ram Jaap continues within

**M**aterialism melts; amassing wealth beyond proportion dies and spiritual *sattvik tattwa* comes to the fore..

Thus we find, Shraddha in Ram Naam alters our situations, purifies our mind and life style. Aberrations and negative tendencies are countered. The Basic Realization of “Ram” within gives inspiration and confidence to face any challenging situation. Now if with deepest Shraddha we re-look at recession then perhaps we can get better empowered. Now Recession will be looked through the periscope of Shraddha in Ram Naam.

**R**ecycle your talent, discover your inner potential and untapped talents to recharge your mindset.

**E**conomic Management to fulfill basics of life becomes practical when we douse our “wish lamp”.

**C**hain of “debt” must be broken and single pocket pay back solutions be worked out.

**E**ducational updates for new opportunities must be enlarged

**S**ocial bond amongst RAM NAAM SADHAK must be reinvented and revitalized.

**S**haring “Crisis Management” expertise must be the catch word for Swamiji Maharaj’s Family

**“I can do and I do have an alternate opportunity”** must be the constant call to the self.

**O**pinions and predictions sound more negative than real as even in darkness we can still see.

**N**o night will be forever: as dawn and new light is bound to come after a short while.

Thus with deep Shraddha towards Param Guru and reverence like “Absolute Truth” for the utterance of Maharajji, we can change our situation.

Crisis provides an opportunity for innovation. So I have invented an idea. Think of a group of Ram Naam Sadhak Professionals, consisting of an Academician, Tax consultant; Software expert; Motivator; Debt Manager, Psychologist; Social counselor and Trouble shooter, Lawyers come together to advise other members of Swamiji Maharaj’s family then many crisis can be easily countered without being taxing to the Sadhaks who are in problem. This idea is an extension of “praying” for others which Swamiji Maharaj had taught us. Because praying for each other allows quicker remedy in Ram Durbar.

In the process of prayers, Naam Jaap and Ramamayeness, no sadhak should undermine Guru and Guru Kripa because Param Guru Ram visions through the eyes of “Maharajji” and speaks through him to guide us till our journey to Vaikumtha. Thus to face the challenges of Recession one must delve deep to get smeared with Guru Kripa. Let us try to re-understand Guru Kripa and then, for sure, no Recession can really unnerve us.

**G**lorious grace of Param Guru emits through Guru's body, mind, words and soul.

**U**ltimate of Reality is hidden beneath the utterance of Guru Vachan.

**R**hythm of silence and melody of Ram Naam echo through Guru in immeasurable terms.

**U**mbrella is "Guru" who shelters all as "Maha-Bodhi Tree": -- the seat of enlightenment.

**K**arma gets mended and soul scales elevation as "Guru Drishti" befalls on us.

**R**ecession does sound Tsunami, but Guru is the celestial buoy who would surely ferry us to safety.

**I**inking spiritual empowerment is his forte. So have complete faith in him.

**P**ace or *Param Shanti* he bestows on all who reels under mortal restlessness and face calamities.

**A**ssurance of resurgence of celestial kind comes only from Guru and Guru only.

My last word for the now, is that no matter how much be the tide of Recession there should not be any Recession in Ram Naam! **RAM RAM**