[3.7] Replacement for Fill instruction in functions

The *Fill* instruction is useful for building vectors and arrays of constants. However, since *Fill* is not a function, it cannot be used in 89/92+ functions. This can, though:

```
listrmat(seq(val,i,1,nrow*ncol),ncol)
```

where *val* is the constant with which to fill the matrix, *nrow* is the number of rows, and *ncol* is the number of columns. For example

returns this matrix

$$\left[\begin{array}{ccc}2&2&2\\2&2&2\end{array}\right]$$