

SWEET STUFF: KAREN BARKER'S AMERICAN DESSERTS

KAREN BARKER, UNIVERSITY OF NORTH CAROLINA PRESS, 2004

Suggested Recipe Pairings

Summer

Sautéed Summer Berries with Strawberry Sorbet and Lemonade Sugar Cookies

Double Pecan Crepes with Butterscotch Baked Bananas
and Bourbon Molasses Ice Cream

Deep Dish Brown Sugar Plum Cobbler with Burnt Orange Caramel Ice Cream

Dark Chocolate Peppermint Pattie Cake with Cocoa Fudge Sauce
and Mint Syrup

Key Lime Soufflé Pudding with Strawberry Crush and Whipped Cream

Goat Cheese Cheesecake in a Hazelnut Crust with Red Wine Raspberry Sauce

Buttermilk Vanilla Bean Custard Pie with Sweet and Sour Cherry Compote

Peanut Butter Blondie and Milk Chocolate Malt Ice Cream Cake
with Creamy Peanut Butter and Honey Sauce

Winter

Chocolate Chestnut Tart with Hot Buttered Rum Raisin Sauce

Pumpkin Shortcakes with Cranberry Orange Compote
and Burnt Orange Caramel Ice Cream

Mocha Shoofly Pie with Not-Just-Plain-Vanilla Ice Cream
and Coffee Syrup

Lemon Pecan Tart with Lynchburg Lemonade Sauce and Whipped Cream

Creamy Maytag Blue Cheesecakes with Walnuts in Rosemary Honey
and Winter Fruits Poached in Red Wine

Eggnog Snow Cream with Bourbon Balls and Hazelnut Sandies

Warm Persimmon Pudding with Frozen Sourwood Honey Parfait

Raised Cocoa Waffles à la Mode with Peppermint Stick Ice Cream
and Cocoa Fudge Sauce

