

Sri Ramanuja Mission of Srirangam Srimath Andavan Asramam



With the Blessings of His Holiness, Srimath Andavan
Sri Ranga Ramanuja Maha Desikan
of Srirangam Srimath Andavan Asramam

Recitation Material for

AchAryA pAdhukA Thiru ArAdhanam

Sri:
SrimathE RangarAmAnuja MahAdEsikAya Namaha
SrimathE NigamAntha MahAdEsikAya Namaha
SrimathE BhagavathE BhAshyakArAya MahAdEsikAya Namaha
Sri RanganAtha Divyamani PadukAbhyAm Namaha

AchAryA PAduka ArAdhanam

Do AshtAkshram & PrAnAyAmam

1. Sankalpam:

“Sri Bhagavath AgnayA Sriman NARAyana Preethyartham AchArya (**)
pAdhukA ArAdhanam KarishyE ****

(**)**

If you do for all Padukas - say “ AchArya pAdhukA ArAdhanam KarishyE”

**If you do for specific AchAryA pAdhukA, say “ respective acharya name and
padukaaradhanam karishyE” as illustrated below:**

for Srimath Vazhuthoor Andavan,

**“Srimath vEdhAnta rAmAnuja mAha dEsikAnAm pAdhukArAdhanam
karishyE”**

for Srimath Thirutthuraippondi Andavan,

**“Srimath SrInivAsa rAmAnuja mAha dEsikAnAm pAdhukArAdhanam
karishyE”**

for Srimath PeriAndavan,

“Srimath SrInivAsa mAha dEsikAnAm pAdhukArAdhanam karishyE”

for Srimath ChinnAndavan

**“Srimath pAdhukA sEvaka rAmAnuja mAha dEsikAnAm pAdhukArAdhanam
karishyE”**

for Srimath kAdanthEthi Andavan,

**“Srimath SrInivAsa rAmAnuja mAha dEsikAnAm pAdhukArAdhanam
karishyE”**

for Srimath NammAndavan,

“Srimath vEdhAnta rAmAnuja mAhA dEsikAnAm pAdhukArAdhanam karishyE”

for Srimath Akkur Andavan,

“Srimath SrInivAsa mAhA dEsikAnAm pAdhukArAdhanam karishyE”

for Srimath Thembarai Andavan,

“Srimath ranganaAtha mAhA dEsikAnAm pAdhukArAdhanam karishyE”

for Srimath Thirukkudanthai Andavan,

“Srimath vEdhAnta rAmAnuja mAhA dEsikAnAm pAdhukArAdhanam karishyE”

for Srimath Mysore Andavan,

“Srimath SrInivAsa rAmAnuja mAhA dEsikAnAm pAdhukArAdhanam karishyE”

for Srimath Srimushnam Andavan,

“Srimath Ranga rAmAnuja mAhA dEsikAnAm pAdhukArAdhanam karishyE”

2. Collect water in a Vattil (For Viraja) & purify the water
3. Offer shOshanA, dhAhanA, plAvanAm, surabhi mudhrA and rakshai as follows:

“Om yum nama: pArAya vAyavE namaha : ShOshayAmi”

“Om vum nama: pArAya agnayE namaha : dAhayAmi”

“Om rum nama: pArAya amruthAya namaha : plAvayAmi”

“Om sum surabhi mudhrAya namaha:”

“Om veeryAya asthrAya bhat “

4. Take a spoon of water from the vattil and cover with right hand , above nose level. Recite AshtAksharam 4 times and say Om virajAyai namaha

Put the spoon water back in the vattil

Touch the vattil by right hand and say “Om Namo NArAyanAya SarvArtha thOyam ParikalpayAmi”

5. Take 2 more Vattils, one for Parikalpanam and the other for Pradhigraham

Pour the Viraja Vattil water half in the Parikalpanam for all the UpachArams.

Parikalpanam Vattil is to be used for offering all Upacharams.

Pradhigraha Vattil to be used for collections of spoon water after the offerings of UpachArams.

Offer the following 6 + 3 Upacharams, transferring holy water from Parikalpanam Vattil to Pradhigraham Vattil

for Srimath Vazhuthoor Andavan – Srimath Vedhantha Ramanuja Mahadesikan, recite as follows:

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
DhyAyAmi”

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Asanam samarpayAmi”

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Argyam samarpayAmi”

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Pathyam samarpayAmi”

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Achamaniyam samarpayAmi”

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
SnApayAmi”

for Srimath Thirutthuraippondi Andavan – Srimath SrInivAsa Ramanuja Mahadesikan, recite as follows:

“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
DhyAyAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Asanam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Argyam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Pathyam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- Achamaniyam samarpayAmi”

“SrimathE SrInivAsa rAmAnuja MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

for Srimath PeriAndavan – Srimath SrInivAsa Mahadesikan, recite as follows:

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- Achamaniyam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PADhukAbhyAm Namaha : -- SnApayAmi”

for Srimath ChinnAndavan – Srimath PadhukA sEvaka Ramanuja Mahadesikan, recite as follows:

“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : - DhyAyAmi”

“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : - Asanam samarpayAmi”

“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : - Argyam samarpayAmi”

“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : - Pathyam samarpayAmi”

“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : - Achamaniyam samarpayAmi”

“SrimathE PadhukA sEvaka rAmAnuja MahAdEsika PADhukAbhyAm Namaha : - SnApayAmi”

for Srimath kAdanthEthi Andavan – Srimath SrInivAsa Ramanuja Mahadesikan, recite as follows:

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
DhyAyAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Asanam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Argyam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Pathyam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Achamaniyam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
SnApayAmi”**

for Srimath NammAndavan – Srimath Vedhantha Ramanuja Mahadesikan, recite as follows:

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
DhyAyAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Asanam samarpayAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Argyam samarpayAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Pathyam samarpayAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Achamaniyam samarpayAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
SnApayAmi”**

for Srimath Akkoor Andavan – Srimath SrInivAsa Mahadesikan, recite as follows:

“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- DhyAyAmi”

**“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- Asanam
sarpayAmi”**

**“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- Argyam
sarpayAmi”**

**“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- Pathyam
sarpayAmi”**

“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- Achamaniyam samarpayAmi”

“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- SnApayAmi”

for Srimath Thembarai Andavan – Srimath RanganAtha Mahadesikan, recite as follows:

“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha : -- Achamaniyam samarpayAmi”

“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha : -- SnApayAmi”

for Srimath Thirukkudanthai Andavan – Srimath Vedhantha Ramanuja Mahadesikan, recite as follows:

“SrimathE vEdhAntha rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- DhyAyAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Asanam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Argyam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Pathyam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Achamaniyam samarpayAmi”

“SrimathE vEdhAntha rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- SnApayAmi”

for Srimath Mysore Andavan – Srimath SrInivAsa Ramanuja Mahadesikan, recite as follows:

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
DhyAyAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Asanam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Argyam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Pathyam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Achamaniyam samarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
SnApayAmi”**

**for Srimath Srimushnam Andavan – Srimath Ranga Ramanuja Mahadesikan, recite
as follows:**

**“SrimathE Ranga rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
DhyAyAmi”**

**“SrimathE Ranga rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Asanam
samarpayAmi”**

**“SrimathE Ranga rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Argyam
samarpayAmi”**

**“SrimathE Ranga rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Pathyam
samarpayAmi”**

**“SrimathE Ranga rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Achamaniyam samarpayAmi”**

**“SrimathE Ranga rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
SnApayAmi”**

6. Now recite respective AchArya dhanian and do thirumanjanam to pAdhukAs taking holy water from Parikalpanam Vattil and collecting them in pradhigraha vattil
7. Wipe off the water with dry cloth (PIOtha vasthram) and place the PAdhukAs back in Position and do AlankAram with flowers and recite as follows:

for Srimath Vazhuthoor Andavan,

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Thirutthuraippoondi Andavan,

“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath PeriAndavan,

“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath ChinnAndavan,

“SrimathE pAdhukA sEvaka rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath kAdanthEthi Andavan,

“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath NammAndavan,

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Akkoor Andavan,

“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Thembarai Andavan,

“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Thirukkudanthai Andavan,

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Mysore Andavan,

“SrimathE srInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

for Srimath Srimushnam Andavan,

“SrimathE Ranga rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: -- Pushpam SamarpayAmi”

and then offer the 3 upachArams as follows:

For Srimath Vazhuthoor Andavan,

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Gandham SamarpayAmi”

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Dhoopam SamarpayAmi”

“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Deepam SamarpayAmi”

For Srimath Thirutthuraaippoondi Andavan,

“SrimathE srInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Gandham SamarpayAmi”

“SrimathE srInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Dhoopam SamarpayAmi”

“SrimathE srInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Deepam SamarpayAmi”

For Srimath PeriAndavan,

“SrimathE srInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- Gandham SamarpayAmi”

“SrimathE srInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- Dhoopam SamarpayAmi”

“SrimathE srInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- Deepam SamarpayAmi”

For Srimath ChinnAndavan,

“SrimathE pAdhukA sEvaka rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Gandham SamarpayAmi”

“SrimathE pAdhukA sEvaka rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : -- Dhoopam SamarpayAmi”

**“SrimathE pAdhukA sEvaka rAmAnuja MahAdEsika PAdhukAbhyAm Namaha :
-- Deepam SamarpayAmi”**

For Srimath kAdanthEthi Andavan,

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Gandham SamarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Deepam SamarpayAmi”**

For Srimath NammAndavan,

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Gandham SamarpayAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Deepam SamarpayAmi”**

For Srimath Akkoor Andavan,

**“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- Gandham
SamarpayAmi”**

**“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- Dhoopam
SamarpayAmi”**

**“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha : -- Deepam
SamarpayAmi”**

For Srimath Thembarai Andavan,

**“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha : -- Gandham
SamarpayAmi”**

**“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha : -- Dhoopam
SamarpayAmi”**

**“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha : -- Deepam
SamarpayAmi”**

For Srimath Thirukkudanthai Andavan,

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Gandham SamarpayAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Deepam SamarpayAmi”**

For Srimath Mysore Andavan,

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Gandham SamarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”**

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Deepam SamarpayAmi”**

For Srimath Thirukkudanthai Andavan,

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Gandham SamarpayAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Dhoopam SamarpayAmi”**

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha : --
Deepam SamarpayAmi”**

Important note on Flowers and Neivedhyam

- Flowers exclusively kept for PAdhukA ArAdhanam alone should be used. Flowers once offered to perumAL should not be used and
- also thuLasi should never be offered to pAdhukAs.
- NeivEdhyam :- Only Fruits, Dry Fruits, Cashews, Sugar Candy alone can be offered to PAdhukAs

8. Now do the NeivEdhyam to the pAdhukA(s) of the AchAryA(s) as follows:

for Srimath Vazhuthoor Andavan,

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: --
MahA NeivEdhyam SamarpayAmi”**

for Srimath Thirutthuraippondi Andavan,

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: --
MahA NeivEdhyam SamarpayAmi”**

for Srimath PeriAndavan,

**“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha: -- MahA
NeivEdhyam SamarpayAmi”**

for Srimath ChinnAndavan,

**“SrimathE pAdhukA sEvaka rAmAnuja MahAdEsika PAdhukAbhyAm Namaha:
-- MahA NeivEdhyam SamarpayAmi”**

for Srimath kAdanthEthi Andavan,

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: --MahA
NeivEdhyam SamarpayAmi”**

for Srimath NammAndavan,

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: --
MahA NeivEdhyam SamarpayAmi”**

for Srimath Akkoor Andavan,

**“SrimathE SrInivAsa MahAdEsika PAdhukAbhyAm Namaha: -- MahA
NeivEdhyam SamarpayAmi”**

for Srimath Thembarai Andavan ,

**“SrimathE RanganAtha MahAdEsika PAdhukAbhyAm Namaha: -- MahA
NeivEdhyam SamarpayAmi”**

for Srimath Thirukkudanthai Andavan,

**“SrimathE vEdhAnthA rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: --
MahA NeivEdhyam SamarpayAmi”**

for Srimath Mysore Andavan,

**“SrimathE SrInivAsa rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: --
MahA NeivEdhyam SamarpayAmi”**

for Srimath Srimushnam Andavan,

**“SrimathE Ranga rAmAnuja MahAdEsika PAdhukAbhyAm Namaha: -- MahA
NeivEdhyam SamarpayAmi”**

“Om PrAnAya swAhA”

“Om ApAnAya swAhA”

“Om VyAnAya swAhA”

“Om UdhAnAya swAhA”

“Om SamAna swAhA”

“Om BrahmanE swAhA”

9. Offer KarpooRa HArathi (After all PAdhukA ArAdhanams are over)

- 10. Distribute perumAL theertham first for 3 times and then followed by AchArya PADhukA theertham**
- 11. While taking pAdukA theertham, apply it on the head for the first time and consume it the second time. DO NOT CONSUME directly.**
- 12. Do not recite any mantrAs while taking perumAL theertham & PADhukA theertham**